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Comparison of two nucleic acid extraction and testing systems for HCMV-DNA detection and quantitation on whole blood specimens from transplant patients.

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# UNIVERSITÀ DEGLI STUDI DI TORINO

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1COMPARISON OF TWO NUCLEIC ACID EXTRACTION AND TESTING SYSTEMS
2FOR HCMV-DNA DETECTION AND QUANTITATION ON WHOLE BLOOD
3SPECIMENS FROM TRANSPLANT PATIENTS

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#### 21Abstract

22Quantitative detection of human cytomegalovirus (HCMV) DNA on whole blood is currently the 23primary choice for virological monitoring in transplant patients and for determining the appropriate 24antiviral strategy, however specific issues of variability remain in terms of extraction methods, 25amplification efficiency, and variability. This study compared the performance characteristics of 26two nucleic acid extraction and testing systems for HCMV-DNA quantitation, the artus® CMV QS-27RGQ kit, associated with a fully automated DNA extraction and assay set up by Qiagen (system 1) 28and the Q-CMV Real Time Complete kit by Nanogen, associated with a semiautomated nucleic 29acid extraction system by Biomérieux (system 2) in 189 specimens from transplant patients and 10 30from 2012 HCMV Quality Control for Molecular Diagnostics (QCMD). The two systems exhibited 31a 80.4% concordance. Differences between the two systems were within  $\pm 1 \log_{10}$  copies/ml of the 32averaged  $\log_{10}$  results for 88.9% of the tested specimens. For all qualitatively discordant specimens, 33mean viral load was  $\leq 3 \log_{10}$  copies/ml. Considering viral load measurement, system 1 gave earlier 34positives that system 2, with a 14.8% of specimens resulted positive at low viral loads with system 351 and negative with system 2. In QCMD specimens, difference was below 0.7 log10 copies/ml for 36both the systems.

37In conclusion, the two systems provided reliable and comparable results. Some specific 38performance characteristic and automation could be taken into account in terms of less hands of 39time, fewer errors and reliability.

**Keywords**: human cytomegalovirus; nucleic acid; extraction; quantitative PCR; efficiency; 43variability

#### 441. Introduction

45Human cytomegalovirus (HCMV) is an important viral pathogen in both solid organ transplant and 46hematopoietic stem cell transplant recipients in terms of morbidity and mortality. The frequency of 47HCMV infection and disease in the post-transplant period depends on the interaction of factors 48related to the host, virus and transplantation practices, with HCMV serostatus being considered the 49single most important predictor of disease. Among virus-related factors, the development of HCMV 50 disease has been directly related to the degree of viral replication. Management of HCMV disease 51 varies considerably among transplant centres. A panel of experts on HCMV and solid 52organ/hematopoietic stem cell transplant was convened to develop international guidelines for the 53management of HCMV including diagnostics, immunology, prevention, and treatment (Kotton et 54al., 2010; Zaia et al., 2009). Currently, the diagnosis of HCMV replication and disease in solid 55organ and hematopoietic stem cell transplant patients can be performed using different methods, 56including histopathological analysis, quantitative pp65-antigenaemia in peripheral blood leukocytes 57and quantitative nucleic acid testing. Quantitative detection of HCMV-DNAemia by real-time PCR 58is currently the primary choice for virological monitoring of HCMV infection in transplant patients; 59in fact, HCMV-DNA quantitation provides sensitive and specific data for viral detection as well as 60monitoring the development and course of infection, thus being fundamental for determining the 61appropriate antiviral strategy. A relevant issue in HCMV routine diagnostics is the interassay 62quantitation variability (Hirsch et al., 2013; Lilleri et al., 2009), possibly complicating the clinical 63management and therapeutic decision process in patients evaluated in different laboratories. 64Recently, the first World Health organization international standard for HCMV quantitative nucleic 65acid amplification-based assays has been made available (Freyer et al., 2010). Although the 66availability of the international standard should contribute to improve interassay agreement, specific 67issues of variability remain in terms of extraction methods and DNA elution, amplification 68efficiency, and operator-dependent variability (Hirsch et al., 2013; Kraft et al., 2012).

69The aim of this study was to assess the performance characteristics of two nucleic acid extraction 70and testing systems for HCMV-DNA quantitation, the artus® CMV QS-RGQ kit by Qiagen, 71(Hilden, Germany) associated with a fully automated DNA extraction and assay set up by Qiagen 72and the Q-CMV Real Time Complete kit by Nanogen, Elitech Group (Milan, Italy) associated with 73a semiautomated nucleic acid extraction system by Biomérieux (Marcy l'Etoile, France). Using 74whole blood clinical specimens from transplant patients, the two systems were compared and the 75potential clinical implications were evaluated.

#### 762. Materials and methods

#### 772.1. Clinical specimens

78One-hundred-fifty-six patients referred to the Virology Unit of the Azienda Ospedaliera Città della 79Salute e della Scienza di Torino, Italy, for routine HCMV load testing (90 solid organ transplant 80recipients and 66 hematopoietic stem cell transplant recipients) were included in the study. One-81hundred-eighty-nine specimens of whole blood (EDTA tubes) were collected between January and 82June 2012. Ten HCMV quality control specimens (Quality Control for Molecular Diagnostics 83-QCMD- 2012 CMV panel) were also processed.

## 842.2 Study design

85Two nucleic acid extraction and testing systems for HCMV-DNA were evaluated: the artus® CMV 86QS-RGQ kit (Qiagen), a commercial real-time PCR for HCMV-DNA associated with a fully 87automated DNA extraction from whole blood (Qiasymphony, Qiagen) and automated assay set up – 88system 1 - and the Q-CMV Real Time Complete kit, a commercial real-time PCR (Nanogen, 89Elitech Group) associated with a semiautomated nucleic acid extraction system from whole blood 90(Easymag, Biomérieux) and manual assay set up – system 2. Currently, the Q-CMV Real Time 91Complete kit, validated for EasyMAG extraction system by the manufacturer, is the routinely used 92method.

93For system 1, nucleic acid extraction was performed according to the manufacturer's instructions; 94nucleic acid was purified with the QIAsymphony DNA Mini kit on the QIAsymphony instrument 95(Qiagen). Two-hundred microliters of whole blood were concentrated into a 60-µl eluate, and a 20 96µl aliquot was used for the PCR on the real-time PCR cycler Rotor-Gene Q (Qiagen). The artus® 97CMV QS-RGQ kit targets the major immediate early (MIE) CMV gene. The reaction volume was 9850-µl (20 µl of eluate plus 30 µl of master mix). Analytical sensitivity, as reported by the 99manufacturer, considering purification from whole blood (using the QIAsymphony DNA Mini kit) 100and the use of artus® CMV QS-RGQ kit on the Rotor-Gene Q, is 164.55 copies/ml.

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101For system 2, nucleic acid was purified with the NucliSENS® EasyMAG® instrument 102(Biomérieux), using the NucliSENS® Nucleic Acid Extraction Reagents, according to the 103manufacturer's instructions.

104One-hundred microliters of whole blood were concentrated into a 50- $\mu$ l eluate, and a 5 $\mu$ l aliquot 105was used for PCR assay on the 7500 Real-Time PCR System (Applied Biosystems, Cheshire, 106United Kingdom). The Q-CMV Real Time Complete kit manufactured for Cepheid by Nanogen 107Advanced Diagnostics S.r.L. is specific for the exon 4 region of the CMV MIE gene (major 108immediate early HCMVUL123). The reaction volume was 25  $\mu$ l (5  $\mu$ l of eluate plus 20  $\mu$ l of master 109mix). The limit of detection of the Q-CMV real time kit is 158 copies/ml, as reported by the 110manufacturer. The main technical features of the two systems are summarized in Table 1.

## 1112.3. Statistical analysis

112The correlation between the two systems was determined by linear regression analysis and mean 113differences in quantitation for averaged logs by the Bland-Altman plot. Only viral loads positive by 114both assays were represented on the Bland-Altman graphs. Differences were considered significant 115for p value <0.05.

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#### 118**3. Results**

119The performance of the two systems was assessed and compared on 189 whole blood specimens 120from 156 transplant recipients undergoing routine testing in the first year post-transplantation. 121System 1 and system 2 detected HCMV-DNA in 118 and 99 samples, respectively, with a 80.4% 122concordance. In particular, 62/189 (32.8%) were concordantly negative by both systems; 90/189 123(47.6%) concordantly positive; 28/189 (14.8%) positive by system 1 and negative by system 2; and 1249/189 (4.8%) positive by system 2 and negative by system 1 (Table 2). For the 90 specimens that 125were positive by both tests, the population mean (SD) was 4.25 (4.58) log<sub>10</sub> copies/ml with system 1 126and 4.06 (4.29) log<sub>10</sub> copies/ml with system 2. For all the specimens that were qualitatively 127discordant (by one of the two systems), mean viral load was lower or equal to 3 log<sub>10</sub> copies/ml.= 128By referring to the 90 specimens that were concordantly positive, the correlation value between the 129two systems was r = 0.597 (Fig. 1). Bland-Altman analysis showed that differences between the two 130 systems were within  $\pm$  1  $\log_{10}$  copies/ml of the averaged  $\log_{10}$  results for 88.9% of the tested 131specimens (Fig. 2). Table 3 depicts the HCMV load results for the 10 specimens from the QCMD 1322012 HCMV proficiency panel. The sample for which a negative result was expected was found 133negative by the two systems, whereas for the positive specimens the difference was below 0.7 log10 134copies/ml for both the systems (mean  $\Delta \log_{10} 0.1566$  for system 1 and 0.2288 for system 2).

#### 1354. Discussion

136The automation of nucleic acid extraction and availability of commercial real-time quantitative PCR 137assays have the potential to improve the agreement and clinical usefulness of HCMV-DNA 138measurement in routine transplant settings, thus promoting standardization across laboratories and 139enabling correlation with clinical study results.

140In the present study, the HCMV –DNA load results obtained by two nucleic acid extraction and 141testing systems have been compared. Overall, both systems appear as reliable and user-friendly for 142monitoring HCMV-DNAemia in transplant recipients.

143The two systems exhibited an overall concordance of 80.4% in qualitative terms. Considering 144specimens that were positive by both the systems, the mean viral load differs of  $0.19 \log_{10} 145$ copies/ml. On the other hand, when considering specimens that were qualitatively discordant, mean 146viral load was lower or equal to  $3 \log_{10} \text{ copies/ml}$ .

147Considering viral load measurement, system 1 gave earlier positives that system 2, as evidenced by 148the evaluation of frequency distribution for different log of viral load (not shown), with 149approximately 15% of specimens resulted positive at low viral loads with system 1 and negative 150with system 2. This is likely to be attributable to the fact that system 1 employs more blood derived 151material in comparison to system 2, thus improving the recovery ability in the nucleic acid 152purification phase. This should be taken into account in the monitoring of transplant recipients as it 153could be useful for prompt identification of patients at risk and could allow for rechecking on a 154subsequent specimen within a short period.

155Monitoring of HCMV-DNAemia has become critical for early identification of viral reactivation 156with the aim of reducing the occurrence of systemic and/or organ disease in the post-transplant 157setting and of evaluating the response to antiviral therapy. Although both antiviral prophylaxis and 158pre-emptive therapy are useful strategies to prevent the occurrence of HCMV disease, the potential 159exposure to adverse events associated with prolonged antiviral drug administration has limited the 160utility of a universal prophylaxis strategy, thus suggesting its adoption only in high risk patients,

161such as HCMV-seropositive donor/HCMV-seronegative recipients. On the other hand, viral load 162monitoring for guiding pre-emptive therapy is critical. The adoption of a pre-emptive strategy 163appears advantageous in terms of number of treated patients, appropriateness of antiviral 164administration and duration of therapy, costs, risks of onset of drug adverse events, as well as 165emergence of drug-resistant strains.

166By using the Bland-Altman analysis, differences between the two systems were within  $\pm$  1  $\log_{10}$  167copies/ml of the averaged  $\log_{10}$  results for almost 89% of the tested specimens. The occurrence of 168constant and variable quantitation differences among nucleic acid assays underlines the usefulness 169of a general quantitative standardization, that could also allow for a better evaluation of specific 170differences only related to different technical performances of the assays.

171From an organizational point of view, system 1, being a full-automated system, provides benefits 172over a semi-automated system, in terms of less hands of time, fewer errors and reliability, that are 173relevant factors in a high-routine laboratory. It is to note that the present study compared two 174testing systems with two different extraction methods, therefore it is not known whether the 175differences came from the nucleic acid purification techniques or from the two HCMV tests or 176probably both; further studies including cross-test of both extraction methods with both PCR 177systems could help to clarify this. Further data on a larger number of specimens and evaluation of 178clinical management based on HCMV-DNAemia results will allow for better definition of the 179performance characteristics and clinical validation.

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## **Table 1**

211Performance characteristics of the two nucleic acid extraction and testing systems.

21 <del>3</del> Features	System 1	System 2
Target	MIE	MIE
214Extracted DNA volume in PCR reaction (μl)	20	5
Final volume (µl) in assay	50	25
215N <sub>o</sub> , type of quantitation standards	4, plasmid	4, plasmid
Analytical sensitivity*	164,55 copies/ml	158 copies/ml
Specificity*	100%	90%
216 Specificity* Linear range*	$1x10^3-5x10^7$	20-1x10 <sup>6</sup> -
217	copies/ml	copies/reaction

221\*Technical specifications as indicated in the manufacturer's report.

# **Table 2**

223Detection of HCMV-DNA obtained by systems 1 and 2 on 189 whole blood specimens.

	System 1			
		POS	NEG	
	POS	90 (47.6%)	9 (4.8%)	TOT 99
-	NEG	28 (14.8%)	62 (32.8%)	
System 2		` ,	. ,	
		TOT 118		

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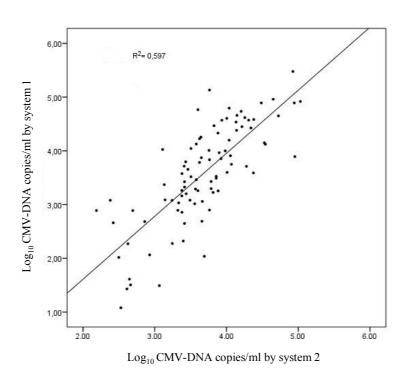
## **243Table 3**

244System 1 and 2 variability within the QCMD 2012 HCMV proficiency panel.

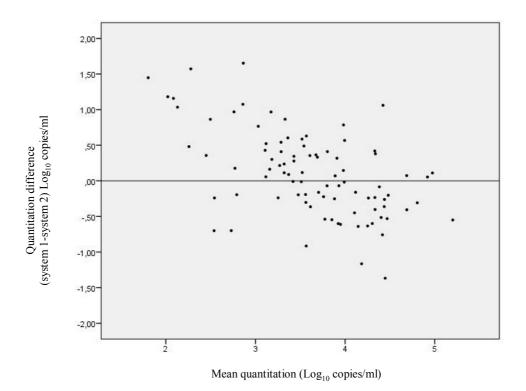
Samples	System 1 results	System 2 results	QCMD results	Difference system 1 /	Difference system 2 /
	log <sub>10</sub> (copies/ml)	log <sub>10</sub> (copies/ml)	log <sub>10</sub> (copies/ml)	QCMD log <sub>10</sub> (copies/ml)	QCMD log <sub>10</sub> (copies/ml)
CMV12-01	4.36	4.46	4.30	0.06	0.16
CMV12-02	3.89	3.86	3.74	0.15	0.12
CMV12-03	2.30	2.14	2.24	0.06	-0.10
CMV12-04	1.43	1.47	2.07	-0.64	-0.60
CMV12-05	2.99	3.40	2.90	0.09	0.50
CMV12-06	3.33	3.51	3.30	0.03	0.21
CMV12-07	3.50	3.50	3.32	0.18	0.18
CMV12-08	negative	negative	negative	/	/
CMV12-09	3.62	3.82	3.67	-0.05	0.15
CMV12-10	2.88	2.69	2.73	0.15	-0.04

246Fig. 1. Linear regression plot for log values of system 1 and system 2, by referring to the 90 double
247positive samples.
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249 <b>Fig. 2.</b> Mean differences in HCMV-DNA quantitation of 90 positive specimens with system 1 and 2
250by Bland-Altman analysis.
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## 272Figure 1



**283Figure 2** 



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