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Primary aldosteronism in pregnancy

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PA DIAGNOSED BEFORE PREGNANCY

Subtype differentiation

Unilateral PA

Bilateral PA

**Adrenalectomy
before planning
pregnancy**

Start pregnancy-approved anti-hypertensive drugs +/- potassium before conceiving

BP controlled

NO change until delivery

BP NOT controlled or persistent hypokaliemia

Consider adding low dose MRA (eplerenone) or amiloride