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Primary aldosteronism in pregnancy

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**PA SUSPECTED DURING
PREGNANCY**
(high BP +/- hypokaliemia)

Screening Test (ARR)

PA excluded

Consider re-screening in the
post-partum in case of
persistent hypertension

*PA confirmed
(high PAC + low PRA/DRC)*

NO change

BP controlled

**Postpone confirmatory test and
subtype differentiation**

**Start pregnancy approved anti-
hypertensive drugs +/- potassium**

*BP NOT controlled
or persistent
hypokaliemia*

**Consider MRA (eplerenone)
or amiloride**

MRI-scan

*Bilateral
alterations or no
alterations*

*Unilateral
adenoma*

Consider MRA
(eplerenone) or amiloride
OR
Adrenalectomy
(preferably 2° trimester)