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Primary aldosteronism in pregnancy

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(Article begins on next page)

PA SUSPECTED DURING PREGNANCY
(high BP +/- hypokaliemia)



Screening Test (ARR)

PA excluded



Consider re-screening in the post-partum in case of persistent hypertension

PA confirmed (high PAC + low PRA/DRC)



Postpone confirmatory test and subtype differentiation
Start pregnancy approved anti-hypertensive drugs +/- potassium

NO change

BP controlled

BP NOT controlled or persistent hypokaliemia



MRI-scan

Bilateral alterations or no alterations

Consider MRA (eplerenone) or amiloride

Unilateral adenoma

Consider MRA (eplerenone) or amiloride
OR
Adrenalectomy (preferably 2° trimester)