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Drivers and barriers to adopt best management practices. Survey among Italian dairy farmers

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1 **Title**

2 **Drivers and barriers to adopt best management practices. Survey**
3 **among Italian dairy farmers**

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20 **Abstract**

21 Best management practices that could improve sustainability of dairy farming systems in northern
22 Italy include crop rotation, green manure, sprinkler or drip irrigation, incorporation of crop residue,
23 and adoption of a nutrient management plan. Despite the numerous advantages that scientific
24 literature reports for these Best management practices, they are not always adopted by farmers,
25 because other factors e of financial, technical, or social nature e limit their adoption. The theory of
26 planned behaviour, based on the identification of outcomes, referents surrounding the farmers, and
27 control factors, was applied through a detailed questionnaire to study individual farmer beliefs that
28 influence the intention to adopt best practices. More than 50% out of the farms applied incorporation
29 of crop residue, rotation with a grass or a legume meadow, sprinkler or drip irrigation, and adopted a
30 nutrient management plan. Reasons for applying them were mainly related to soil sustainability
31 (improvement of soil organic matter content, soil structure, fertility and yield) or to environmental
32 sustainability (reduction of nitrogen losses, use of fertilizers, herbicides or insecticides). Among the
33 main barriers to their adoption, the most important ones were an increase in direct or indirect costs.
34 The only practice that was not adopted and, despite a limited number of barriers, will not be adopted
35 by farmers, is green manure. Likely, our survey did not capture the real barriers against the adoption
36 of this practice. Across all best management practices, the main difference between adopters and non-
37 adopters was found in referents' opinion on applying them. This means that it is very important, for
38 the adoption of best management practices, that the community of family members, neighbor farmers,
39 and various advisors, are in favour of adoption. This important finding should be used by public
40 authorities to promote the development of focus groups, demonstration days, demonstration farms,
41 and especially good and updated independent farm advisors who could substantially increase the
42 adoption of best management practices by farmers.

43 **Keywords**

44 Crop residue, Green manure, Irrigation, Temporary meadow, Theory of planned behavior, Nutrient
45 management plan

46 **1. Introduction**

47 Most dairy farming systems in northern Italy have a number of characteristics that make them
48 particularly intensive. They rely on cereals produced on-farm and on feed inputs from outside the
49 farm. The livestock number per farm unit, animal productivity and stocking rate (number of heads
50 per unit of cultivated area) are generally high (Bassanino et al., 2007). Animals are kept in a stable
51 all year round. Faeces and urine are collected as slurry and to a minor extent as farmyard manure,
52 and then used as fertilisers for forage crops.

53 Studies carried out in the recent past question about the sustainability of these farming systems
54 because of issues related to excessive or unbalanced N loads (Bechini and Castoldi, 2006; Bassanino
55 et al., 2007, 2011), P loads (Castoldi et al., 2009a and 2009b) soil cover (Bechini and Castoldi, 2009),
56 biodiversity, gaseous emissions (Alluvione et al., 2010), water management (Gaudino et al., 2014),
57 and weed management (Castoldi and Bechini, 2010a and 2010b). Since manure nutrients are not
58 completely accounted for when calculating the application rates of mineral fertilisers, too much N
59 and P are commonly applied to soils of these farms. Other environmental threats are an insufficient
60 winter soil cover, as most of farm area is cultivated with maize; a low crop diversity (because the
61 forage system relies on a rather small number of species - mostly maize, both as silage and for grain,
62 and to a minor extent wheat, barley and alfalfa); and inefficient irrigation, as frequently applied using
63 the surface system. Low levels of soil organic matter (SOM) are not an issue, mainly due to abundant
64 applications of animal manure (Bechini et al., 2011).

65 Best Management Practices (BMPs) that could mitigate these sustainability problems are crop
66 rotation, incorporation of a green manure, sprinkler or drip irrigation, incorporation of crop residue,
67 and adoption of a nutrient management plan. Crop rotation diversifies the crops cultivated and reduces
68 weed and pest issues. Without rotation, high production levels can be assured only by the use of
69 mineral fertilizers and pesticides (Mitchell et al., 1991; Crookston et al., 1991; Bullock, 1992).
70 Incorporation of a green manure provides winter soil cover between two summer crops, thus
71 contributing to reduce nitrate leaching (Kuo and Sainju, 1998; Lemaire et al., 2004; Tonitto et al.,

72 2006), reduce wind and water erosion (García-González et al., 2018), control weeds and pests (Cherr
73 et al., 2006; Osipitan et al., 2018), contribute to N supply (Gselman and Kramberger, 2008; Vaughan
74 et al., 2000), and improve soil fertility by increasing soil organic matter (Poeplau and Don, 2015).
75 Sprinkler and drip irrigation are more efficient compared to surface irrigation and thus contribute to
76 reduced water consumption and nutrient leaching (van der Kooij et al., 2013; Gadanakis et al., 2015).
77 Crop residue incorporation, compared to residue removal, contributes to maintain or increase soil
78 organic matter (Zibilske and Materon, 2005; Dong et al., 2009; Lehtinen et al., 2014), improves soil
79 structure (Powlson et al., 2011), reduces soil erosion due to mulching, enhances soil life (Perucci et
80 al., 1997), and may contribute to crop nutrition (Buyanovsky et al., 1994; Paustian et al., 1997; Palm
81 et al., 2014).

82 Despite a number of advantages scientific literature reports for these BMPs, they are not always
83 adopted by farmers, suggesting that other factors e of e.g., financial, technical, or social nature e
84 influence their adoption. Quantitative information is lacking in Italy about the adoption rate of these
85 practices and the reasons why the adoption rate is high or low.

86 A better understanding of the drivers and barriers to BMP adoptions by farmers may result from the
87 adoption of a behavioural approach, which means investigating the decision-making process of
88 individual farmers using quantitative methodologies (Burton, 2004; Edwards-Jones, 2006). The
89 theory of planned behaviour can be used to study individual farmer's beliefs and understand the
90 intention to adopt agricultural management practices. According to this theory, individual beliefs
91 about a behaviour or practice determine intention and behaviour (Ajzen, 1988, 1991). The intention
92 to behave increases the probability that an individual will actually perform a certain behaviour. The
93 intention of a farmer to adopt a BMP is influenced by the benefits the farmer perceives as connected
94 to the adoption of the practice (attitude), the feeling of social pressure from others towards adoption
95 (subjective norm), and the subjective beliefs about the ease or difficulty of successfully performing
96 the BMP (perceived behavioural control) (Fig. 1). More in detail, the theory of planned behaviour
97 states that attitude is thought to be a function of the belief that the behaviour will be associated with

98 a set of outcomes (behavioural belief strength), weighted by an evaluation of these outcomes
99 (outcome evaluation). Subjective norm is formed by how much we perceive others (called referents)
100 think we should perform the behaviour (normative belief), weighted by our motivation to comply
101 with these referents. Finally, perceptions of behavioural control depend on the belief that a set of
102 control factors facilitate or obstruct the behaviour (control strength), weighted by the expected impact
103 that these factors would have if they were present (control power). All these underlying subjective
104 beliefs influence a farmers' intention to adopt a certain practice, and are acting as cognitive drivers
105 or barriers which encourage or discourage the farmer to adopt a specific practice. This theory has
106 been successfully applied in agriculture to understand farmers' behaviour for example by Beedell and
107 Rehman (2000), Wauters et al. (2010), Wauters and Mathijs (2013), Martínez-García et al. (2013),
108 Borges et al. (2014), Borges et al. (2014), Yazdanpanah et al. (2014), Donati et al. (2015), Sereke et
109 al. (2015), Bechini et al. (2015), Lalani et al. (2016), and Bijttebier et al. (2018). All these authors
110 have applied the theory of planned behaviour to investigate reasons for adopting or not adopting one
111 single practice, in few cases two or three practices. Lalani et al. (2016) analyzed reasons for endorsing
112 conservation agriculture techniques in Africa. Martínez-García et al. (2013) unraveled the processes
113 behind adoption of techniques to improve grassland quality in Mexico. Similarly, Borges et al. (2014)
114 described factors that determine the intention of improving natural grassland by fertilisation or
115 introduction of new forage species in Brazil. Donati et al. (2015) focused on the acceptance of two
116 different strategies of land use in durum wheat farms in Southern Italy. Yazdanpanah et al. (2014)
117 analyzed farmers' behaviour about water conservation strategies in Iran. Wauters et al. (2010)
118 compared factors affecting the adoption of three agricultural practices to prevent erosion e buffer
119 strips, cover crops and reduced tillage in Belgium. Bijttebier et al. (2018) investigated farmers'
120 reasons behind the implementation or not of noninversion tillage in four European countries. The
121 present work differs from most of the literature cited as it compares six different agricultural practices
122 at a time, and because it attempts to analyse in detail drivers and barriers, also through the separate

123 analysis of the two components (beliefs and evaluations) that constitute outcomes, referents and
124 control factors.

125 The aim of the work described in this paper was to identify farmers' barriers and drivers towards the
126 adoption of a number of practices that are expected to improve sustainability of crop management on
127 dairy farms located in northern Italy: incorporation of crop residue, green manure, crop rotation with
128 grass meadows, crop rotation with legume meadows, sprinkler or drip irrigation, and adoption of a
129 nutrient management plan. We surveyed farmers' opinion using the theory of planned behaviour as a
130 framework, through a mixed approach of qualitative interviews and a detailed quantitative
131 questionnaire. In this paper, we decided not to analyse the psychological gap between intention and
132 behaviour, nor to explore the external factors that condition the farmer's intention, but rather to
133 analyse separately the two components that constitute an outcome, referent or control factor in the
134 theory.

135 This work contributes to improve knowledge in two ways. First, it sheds new light on the reasons
136 why farmers are reluctant in adopting environmental-friendly practices. Second, it provides a
137 knowledge basis and guidance for an effective policy-making to boost the diffusion of good practices
138 among dairy farmers in the critical area of the Po plain.

139 .

140 **2. Materials and methods**

141 **2.1. The study area**

142 We concentrated on dairy farms lying in the Po plain in northern Italy. The Po plain is a 2.7 million
143 of hectares-wide intensively cultivated area where more than 85% of Italian milk is produced.
144 (www.ompz.it). The average number of dairy cows per farm is 106, with a stocking rate of 2.62 cows
145 per hectare (Pieri, 2016). Cows' diet is often based on silage maize, apart from areas where silage
146 maize is banned to produce Parmigiano Reggiano cheese (Mantovi et al., 2015). Maize is in fact the
147 most productive forage crop in this area, highly fertilized and irrigated. Italian ryegrass is frequently
148 grown in winter between two maize crops, to be ensiled and used as feed (Zavattaro et al., 2012).

149 **2.2. General strategy**

150 We applied a sequential mixed method that involves a qualitative technique first, and a quantitative
151 technique subsequently (Creswell and Clark, 2011). The qualitative step involved semi-structured
152 interviews with a small number of farmers, to identify the major outcomes, referents and control
153 factors for each BMP studied. The definitions of the BMPs are reported in Table 1. Based on the
154 result of this preliminary step, we conducted a quantitative large scale survey as a second step of the
155 mixed method. The interview methodology was already described by Bechini et al. (2015), who
156 reported results from the same survey discussed here but focused only on the soil incorporation of
157 crop residues, in a wider set of farm types.

158 **2.3. Preliminary semi-structured interviews**

159 We carried out preliminary interviews with seven dairy farmers in the study area during November
160 2012eMarch 2013. During the interviews, we asked each farmer to list the outcomes that she/he would
161 expect to happen if the BMPs were applied in her/his farm, the control factors that encourage (or
162 make it more difficult) the application of the BMP on the farm, and the persons (referents) who
163 stimulate or hamper the adoption of the BMP. Each semi-structured interview lasted about 45 min.
164 During the interview we took care not to influence the farmer; thus, we avoided suggesting answers
165 to the questions that we had put.

166 **2.4. Preparation and test of the questionnaire**

167 The questionnaire for the survey was prepared based on the results of preliminary semi-structured
168 interviews. Pooled together, the answers given by farmers during the preliminary interviews consisted
169 of a long list of outcomes, referents and control factors for each BMP. We decided to include in the
170 questionnaire only the outcomes, referents and control factors that were mentioned more than once
171 as they were considered to be more important than those mentioned only once. The list of outcomes,
172 referents and control factors retained in the questionnaire is reported in Table 2. To quantify the
173 beliefs associated with each of the outcomes, referents and control factors, we asked questions like
174 those listed here (with examples of one outcome, one referent and one control factor for the adoption
175 of green manure):

176 **Outcomes.** “Cultivating green manure increases soil organic matter; 1: not likely, 5: very likely”
177 (**behavioural belief strength** of the outcome ‘increased soil organic matter’). “What do you think
178 about increased soil organic matter? 1: not desirable; 5: very desirable” (**outcome evaluation** of the
179 outcome ‘increased soil organic matter’).

180 **Referents.** “Feed advisors think I should (or should not) cultivate green manure; 1: I should not; 5: I
181 should” (**normative belief** for the referent ‘feed advisors’). “I take into consideration the opinion of
182 feed advisors; 1: not at all; 5: completely” (**motivation to comply** for the referent ‘feed advisors’).

183 **Control factors.** “My soils have a bad structure; 1: no; 5: yes” (**control strength** for the control
184 factor ‘bad soil structure’). “With a bad soil structure, it is very difficult (or very easy) to cultivate
185 green manure: 1: very difficult; 5: very easy” (**control power** for the control factor ‘bad soil
186 structure’).

187 The questions asked can therefore be divided into “evaluation questions” (to quantify outcome
188 evaluation, normative belief and control power) and “belief or strength questions” (to quantify
189 behavioural belief strength, motivation to comply and control strength) (Fig. 1).

190 The questionnaire also included an introductory section with general questions about the interviewee
191 (e.g. age and sex), the farm (e.g. localisation, utilised agricultural area, land use, soil texture, tillage

192 method, number of livestock heads), and information sources used (on a 1 to 5 scale). Finally, for
193 each practice we included (i) questions whether the practice was adopted or not (and on which farm
194 area), and (ii) three intention questions that represented the same concept with different wording (e.g.
195 “I will cultivate green manure next year”, “I will adopt green manure next year”, and “Next year I
196 have the intention to cultivate green manure”). The intention questions were randomised in the
197 questionnaire, and were used to assess reliability of the measurement scale for intention.
198 In June 2013, before starting the survey, the questionnaire was tested with a few farmers to verify
199 that all questions were correctly interpreted by the farmers.

200 **2.5. The survey**

201 With the help of a large network of advisors we distributed the questionnaire to dairy farmers in the
202 study area, during summer and autumn 2013. We received 92 completed questionnaires.

203 **2.6. Data analysis**

204 To identify if an outcome, a referent or a control factor could be considered a driver or a barrier by
205 farmers, we followed this procedure, separately for each BMP.

206 We first calculated the combined effects for each outcome, referent and control factor by multiplying
207 the strength question by the evaluation question diminished by three:

$$208 \quad \text{attitude} = \text{behavioural belief strength} \times (\text{outcome evaluation} - 3) \quad [1]$$

$$209 \quad \text{subjective norm} = \text{motivation to comply} \times (\text{normative belief} - 3) \quad [2]$$

$$210 \quad \text{perceived behavioural control} = \text{control strength} \times (\text{control power} - 3) \quad [3]$$

211 The strongest score for a driver was then +10, the strongest score for a barrier was -10.

212 Second, we identified adopters as farmers who applied the practice on at least a field in their farms.

213 Third, we identified all the outcomes, referents and control factors for which the combined effect
214 (attitude, subjective norm and perceived behavioural control) was not significantly different between
215 adopters and non-adopters, that we distinguished using a Kruskal-Wallis test at $P < 0.05$. The non-
216 parametric test was used due to the non-normal distributions of the combined effects to be compared.

217 Fourth, for these outcomes, referents and control factors we identified drivers and barriers when they
218 met two criteria simultaneously. For outcomes: the absolute value for attitude was higher than 3
219 (consistent combined effect) and the underlying behavioural belief strength was 3 or more (outcome
220 very likely). For referents: both the absolute value for subjective norm (consistent combined effect)
221 and its underlying motivation to comply (the interviewee wants to comply with the referent) were 3
222 or more. For control factors: both the absolute value for perceived behavioural control (consistent
223 combined effect) and its underlying control strength (the control factor is strongly present at the
224 interviewee's farm) were 3 or more. Drivers had a positive attitude, or subjective norm, or perceived
225 behavioural control, while barriers had negative values. All criteria were evaluated separately for
226 adopters and nonadopters when the two groups were significantly different (step 3). Fig. 2 shows the
227 rationale for these choices.

228 For each BMP, Cronbach's α (Cronbach, 1951) was calculated on the three intention questions to
229 measure internal consistency of the answers. Nunnally (1978), as reported by Reynaldo A. Santos
230 (1999), has indicated 0.7 to be an acceptable value for α .

231 For the preparation of figures and tables, factors that influence the intention to adopt the BMPs were
232 classified into four groups: Soil and environment, Financial issues, Cultivation technique and Social
233 issues.

234 **3. Results**

235 **3.1. Farm characteristics**

236 Table 3 reports a selection of farm information declared by the farmer in the questionnaire. Farms
237 were on average rather large (the mean farm size was 99 ha), were in the plain (97% of the farm area
238 lay on flat or nearly flat soils), and used irrigation (in 95% of the cases). Soil organic matter content
239 was rather good (3.3% on average). Livestock density (on average 1.9 dairy cows ha⁻¹) corresponds
240 to a medium load. Maize was the most important crop in this type of farms (being the main component
241 of cows' diet), followed by permanent grassland, winter cereals and alfalfa. These four crop types
242 occupied on average 93% of the farm area. Most of the farm area lay on loam soils. Only 3% of the
243 respondents produced organically. Farmers who answered the questionnaire were mostly males
244 (97%). Based on these characteristics, we think our sample was not biased.

245 **3.2. Adoption and intention to adopt best management practices**

246 Table 4 reports summary statistics about the answers received. Almost all the farmers answered to
247 the questions for the six best management practices. Adoption varied from 1% for green manure to
248 69% for crop residue incorporation. The intention (expressed on a 1e5 scale) was lowest for green
249 manure and highest for the nutrient management plan; the Cronbach's α , indicating consistence
250 between the three intention questions, was very high for all practices, with the exception of green
251 manure.

252 **3.3. Crop residue incorporation**

253 **Soil and environment.** Farmers expected yields to increase and soil quality to improve (increase of
254 soil organic matter and improvement of soil structure) following the incorporation of crop residues,
255 as indicated by high behavioural belief strengths (Fig. 3a). These were highly desired outcomes, with
256 high outcome evaluations (mean above 4, Fig. 3a). Therefore they acted as drivers (positive attitude
257 of 4.61-6.20; Table 2a).

258 **Financial issues.** No barriers or drivers were identified here.

259 **Cultivation technique.** A strong barrier to crop residue incorporation was the increase of straw
260 requirements at farm scale to be used as animal bedding. This outcome had a mean negative attitude
261 of -4.21, significantly lower for non-adopters (-6.96) compared to adopters (-3.08) (Table 2a). The
262 availability of adequate machinery was a strong driver: the mean perceived behavioural control was
263 4.92 (Table 2), significantly higher for adopters (5.65) than for nonadopters (3.19). Adopters had
264 significantly more access to adequate machinery (i.e. with a residue-cutting tool on the combine
265 harvest machine) and they were significantly more convinced than nonadopters that availability of
266 adequate machinery would facilitate incorporation of crop residues (different control power: Fig. 3c).

267 **Social issues.** Compared to other practices, both referents (other farmers and advisors of companies
268 selling production factors) had relatively high normative belief, in particular those in contact with
269 adopters (Fig. 3d), meaning that they were perceived as being quite in favour of residue incorporation.
270 However, the motivation to comply with these referents was not very high (Fig. 3d) and therefore the
271 resulting subjective norm for adopters was only about 3 (Table 2a). The advisors of companies selling
272 production factors were classified as a driver only for adopters. Non-adopters did not perceive that
273 other farmers or the advisors were very much in favour or against residue incorporation and just like
274 the adopters they also did not feel a high motivation to comply with these referents.

275 Summarizing, advantages of crop residue incorporation were well-known and acted as drivers. The
276 main barrier was the reduction of straw available for the stable.

277 **3.4. Green manure**

278 **Soil and environment.** Farmers showed to know very well the advantages of cultivating green
279 manure: improved soil structure, increased soil organic matter, reductions of N losses and weeds.
280 These outcomes were considered as advantages (outcome evaluations higher than 4, Fig. 3a) and had
281 an average behavioural belief strength higher than 3, thus they were classified as drivers.

282 **Financial issues.** The increase of cultivation costs (seed, seedbed preparation, sowing operations,
283 and mechanical or chemical termination) was the strongest barrier to the adoption of green manure

284 (negative attitude of -7.17: Table 2b), due to the fact that a non-desirable cost increase (very low
285 outcome evaluation) was expected (high behavioural belief strength) (Fig. 3b).

286 **Cultivation technique.** The outcome “less inorganic fertiliser used” (Fig. 3c) was considered as a
287 driver (Table 2b) because it was perceived both as very likely (3.96) and desirable (4.20; Fig. 3c).
288 The expected lower self-production of forages (Fig. 3c), due to catch crop occupying the soil in the
289 winter instead of winter forages like Italian ryegrass and wheat, was instead a barrier (Table 2b).

290 **Social issues.** None of the referents listed for this BMP had a normative belief higher than 2.5 (Fig.
291 3d), showing that the entire community surrounding the respondents is reluctant to suggest this
292 practice (Fig. 3d). Feed advisors acted as the strongest barrier among referents, with a subjective
293 norm of -4.03 (Table 2b), followed by other farmers with -3.60, which also exerted the highest
294 motivation to comply.

295 Summing up, green manure was considered a valuable but unsuitable practice in dairy farms

296 **3.5. Rotation with grass meadows**

297 **Soil and environment.** The soil-related driver for introducing grass meadows in rotation was the
298 improvement of soil structure (mean attitude of 5.89; Table 2c), an outcome which was both desirable
299 and likely (Fig. 4a).

300 **Financial issues.** No drivers or barriers were identified here.

301 **Cultivation technique.** Farmers know the advantages of introducing grass meadows in rotation.
302 There are several expected outcomes for which the attitude was positive, and which therefore acted
303 as drivers (Fig. 4c): less herbicide and insecticide needed (mean attitude 5.00 and 5.01), improved
304 ration for dairy cows (4.88), and better distribution of labour peaks (4.33). All these outcomes were
305 characterised by high desirability (mean outcome evaluation higher than 4) and were considered to
306 occur likely (behavioural belief strength was on average above 3.5). Higher amount of irrigation water
307 requested for grass meadows, compared to other crops, was a barrier for non-adopters (mean
308 behavioural belief strength of 3.11) and gave rise to a moderately negative attitude (Table 2c).

309 **Social issues.** Three referents (other farmers, advisors of companies selling production factors and
310 feed advisors) had a subjective norm close to zero, and therefore they acted neither as a driver nor as
311 a barrier. However, as seen in other BMPs, normative beliefs and subjective norms were significantly
312 higher for adopters compared to non-adopters, indicating that referents surrounding adopters are more
313 insisting on grass meadows cultivation compared to those in touch with non-adopters.
314 In short, benefits were evident for both adopters and nonadopters, but no clear barriers were found.
315 However, prices of alternative forages could play a role, as well as high irrigation water needs.

316 **3.6. Rotation with legume meadows**

317 **Soil and environment.** Most of the outcomes for legume meadows had very high behavioural belief
318 strengths and outcome evaluations (Fig. 4a), and therefore very high attitudes (Table 2d). This means
319 that advantages of cultivating legumes (e.g. improvement of soil fertility and soil structure, and
320 increased crop yields) are well known by farmers, are expected to occur, and therefore act as drivers.
321 Diversity of forage production, high forage productivity and improved soil structure were
322 significantly considered more important (outcome evaluation) by adopters than by non-adopters.

323 **Financial issues.** Farmers expected that legume meadows would allow to reduce the cost of protein
324 in the ration, compared to buying it (Fig. 4b); this outcome worked as a driver for all respondents
325 (Table 2d). This is confirmed by the fact that high cost of soybean acted as a driver towards inclusion
326 of legume meadows in rotation (Table 2d). Moreover, all farmers expected that forage from legume
327 meadows would increase milk production (driver; Table 2d).

328 **Cultivation techniques.** For adopters, the expertise to cultivate alfalfa - the most common legume
329 used for meadows e was very important (control power of 4.31; Fig. 4c), and was available on farm
330 (control strength of 4.64; Fig. 4c); this made it a driver for adopting legume meadows. Moreover, the
331 expected better distribution of labour peaks obtained with legume meadows acted as a driver (Table
332 2d). The above-mentioned improvement of soil fertility was also recognized to lead to a reduction of
333 fertiliser use for the following crop (Fig. 4c), an outcome which was clearly a driver for all
334 respondents (Table 2d).

335 **Social issues.** For adopters, the referents most convinced about adoption of legume meadows were
336 the advisors of producers associations and feed advisors, as shown by the normative belief (Fig. 4d).
337 Also due to high motivation to comply with them, these referents were the ones with the highest
338 subjective norm (Table 2d), that made them a driver for adopters. Other referents (other farmers and
339 advisors of companies selling production factors) had subjective norms lower than 1 (Table 2d).
340 In brief, several drivers of various domains and no barriers were identified for this practice.

341 **3.7. Sprinkler and drip irrigation**

342 **Soil and environment.** As indicated by high behavioural belief strengths (Fig. 5a), farmers were
343 aware of the advantages of sprinkler and drip irrigation compared to the widely used surface
344 irrigation: less water consumed, with higher use efficiency, no crop water stress and higher yield,
345 lower waterlogging and soil compaction. All these outcomes were classified as drivers and were
346 characterised by positive attitudes (>4 ; Table 2e).

347 **Financial issues.** These irrigation systems require substantial investments, which represent a barrier
348 to adoption. This was clearly testified by the negative attitude of -6.81 for the outcome “higher costs”
349 (Table 2e), which were considered rather likely (behavioural belief strength of 3.66) and completely
350 undesired (outcome evaluation of 1.14; Fig. 5b). No significant differences existed between adopters
351 and non-adopters.

352 **Cultivation technique.** Compared to surface irrigation, a lower diesel consumption (drip irrigation)
353 and a higher diesel consumption (sprinkler irrigation) were identified as a driver and a barrier,
354 respectively (Table 2e; Fig. 5c). The higher work required for utilizing self-retracting hose reel was
355 identified as a barrier only by non-adopters (Table 2e).

356 **Social issues.** Family members were identified as a driver (only for adopters).

357 Summarizing, benefits of this BMP are well known, for both adopters and non-adopters; the largest
358 barriers are related to costs.

359 **3.8. Nutrient management plan**

360 **Soil and environment.** In farmers' opinion, the nutrient management plan has two important
361 advantages: it allows to better valorise livestock manure and to use the proper amount of fertilisers
362 (Fig. 5a). These were two drivers.

363 **Financial issues.** The expected reduction of fertiliser costs was another driver for the adoption of
364 nutrient management plan (Table 2f), while the costs for soil analysis did not act as a barrier (attitude
365 of -2.44, Table 2f).

366 **Cultivation techniques.** Farmers were well aware of the advantages of adopting a nutrient
367 management plan, not only in terms of crop production (higher yield stability), but also for its effects
368 on livestock (higher forage quality, higher livestock health, improved milk quality). All these
369 outcomes were classified as drivers (Table 2f).

370 **Social issues and legislation.** Family members, advisors of producers' associations and feed advisors
371 were identified as drivers for adopters. They were aware of the importance of adopting nutrient
372 management plan (high normative belief). Moreover, their opinion was important for the respondents
373 (high motivation to comply, in particular for adopters).

374 In synthesis, only drivers were detected also for this practice.

375

376 **4. Discussion and conclusions**

377 **4.1. Adoption, drivers and barriers**

378 Among the observed BMPs, the most diffused according to adoption scores were crop residue
379 incorporation and nutrient management plan, while green manure was not used and will not be used
380 (no intention).

381 The extremely low adoption of green manures was bewildering. A low organic matter content and
382 bad structure did not act as drivers for adopting green manure. Likely, low soil organic matter and a
383 bad soil structure are not an issue in these dairy farms (as testified by low control strength in Fig. 3a).
384 Soils have been historically and are presently amended with animal manure produced at the farm, and
385 this contributes to maintain or increase the soil organic matter (Zavattaro et al., 2017). In farmers'
386 opinion, the access to economic incentives was low for green manure. If available, however,
387 incentives do not appear to be conclusive, because their control power was 2.87 only. Therefore it is
388 not expected that they would increase adoption substantially. Moreover, a cover crop during winter
389 (in between two maize crops) competes with a winter forage crop (like Italian ryegrass or triticale)
390 on the same soil, which could be an important barrier for this practice, specific to dairy farms.

391 As far as all practices are concerned altogether, we found that explicit or implicit costs were
392 frequently advocated as barriers, while among the most important drivers we found environmental
393 factors and sustainability issues: soil structure, soil organic matter, soil health, N losses, use of
394 pesticides or herbicides. This means that Italian dairy farmers not only have financial and
395 management goals, but are also keen on sustainability issues and consider soil an important resource.
396 Furthermore, they are well aware of the expected effects of these practices on soil quality. The
397 importance of the attitude towards environmental issues, such as plant biodiversity, was also
398 identified as a strong differential determinant among Irish dairy farmers, as discussed by Power et al.
399 (2013). Another important topic that was touched with the questionnaires is knowledge. The expertise
400 to grow alfalfa was a driver for legume meadows cultivation for adopters. It was also of great
401 importance for them to have alfalfa cultivated in the same area (control power of 4.09; Fig. 4c), which

402 made it a driver for them, probably because this allowed to have more knowledgeable farmers around.
403 In other cases knowledge played a less clear role. For instance, farmers thought they knew fairly well
404 the benefits of crop residue incorporation; therefore this factor did not act as a barrier or a driver
405 either.

406 The number of barriers was markedly smaller than the number of drivers. For example, no barriers
407 were identified for rotations with legume meadows or grass meadows, and although farmers were
408 well aware of their benefits, adoption was limited. A similar situation occurred for the nutrient
409 management plan. We have several hypotheses to explain why only a few barriers were identified in
410 our study.

411 One hypothesis is that semi-structured interviews by which we defined questions for the
412 questionnaires, could have failed in identifying some barriers, for example because of an insufficient
413 number of farmers involved, or because farmers were not sufficiently representative. Actually,
414 outcomes, referents or factors mentioned as barriers in the semi-structured interviews did not end up
415 to be identified as barriers in the questionnaires.

416 Secondly, data analysis could have failed to identify barriers of local nature, because we did not
417 analyse farmers' answers separately by region or by farm characteristics. For example, in the case of
418 crop residue incorporation, the increase of straw requirements was considered significantly less likely
419 by adopters. On the other hand, adopters considered an increase of straw requirements to be less
420 undesirable. Differences between adopters and non-adopters might be linked to different housing
421 systems, with the adopters requiring less or no straw in the stable. Moreover, costs might be more
422 important for a certain farm size, while the lack of economic incentives, depending on regional
423 funding, might be more relevant in a region compared to another. In other cases it is more difficult to
424 make a hypothesis of what can differentiate adopters from nonadopters: for sprinkler and drip
425 irrigation, no significant differences were observed between adopters and non-adopters for
426 behavioural belief strengths, outcome evaluations and attitudes of the outcomes identified as drivers
427 (Table 2e). This suggests that adopters and non-adopters of these irrigation methods operate in

428 environments and farming systems that are similar for what concerns the adoption of this practice, or
429 at least that their perceptions and expectations are similar.

430 Thirdly, missing barriers might be linked to elements not included in the Theory of Planned
431 Behaviour (e.g. self-identify, moral obligation, habit), as stated by some researchers (e.g. Burton,
432 2004; Yazdanpanah et al., 2014). However, this approach remains a good starting point to explain
433 people's behaviour (Beedell and Rehman, 2000).

434 In general, and apart from the case of green manure, referents did not emerge as the strongest drivers
435 or barriers. However, they made a significant difference between adopters and non-adopters. In
436 particular, the normative belief of referents surrounding adopters in many cases was significantly
437 higher compared to nonadopters, while the motivation to comply was not different. This means that
438 most referents in touch with adopters were significantly more convinced that the respondents should
439 adopt the BMP (normative belief) compared to the same referents that were in touch with non-
440 adopters. Because the motivation to comply with these referents was in most cases not significantly
441 different between adopters and non-adopters, when we found a significantly different subjective
442 norm, this did not depend on how these referents were rated by respondents, but on what the
443 respondents thought these referents expected from them. In addition to that, the lack of independent
444 and trustable advisors is felt as a problem by the farmers' community.

445 Finally, legislation never acted as a driver (or a barrier) to adoption, and was mentioned only
446 regarding nutrient management plan.

447

448 **4.2. Policies to increase adoption**

449 These results give hints on how policy makers could promote the adoption of BMPs. To be effective,
450 policies and programs that promote the diffusion of good practices, should recognise farmers' beliefs
451 that are associated with the practices, and how these beliefs may impact on their decisions (Fielding
452 et al., 2005). Wauters et al. (2010), Martinovska Stojcheska et al. (2016) and Donati et al. (2015) in
453 Belgium, Western Balkan countries and Italy, respectively, concluded that trying to solve technical

454 or economic difficulties might be ineffective when farmers' attitudes remain negative. Therefore,
455 they suggested that a policy action directed to people could be more cogent than economic incentives
456 or other types of support directed to solve technical problems. Outside Europe other tools such as a
457 normative action, and economic subsidies were identified as the most effective policies, as attitude
458 was not the main driver (Poppenborg and Koellern, 2013 in South Korea; Borges and Oude Lansink,
459 2015, in Brazil; Yazdanpanah et al., 2014, in Iran; Hyland et al., 2018 in Ireland).

460 In Italian dairy farms, the creation of a favourable environment of referents could be of help, by
461 educating advisors and promoting the communication among farmers. This action should be primarily
462 focused on referents with whom farmers have a high motivation to comply, e.g. feed advisors, and
463 through the reinforcement of local favourable communities, because endorsement from other farmers
464 is certainly a strong determinant to farmers' choice (Fielding et al., 2005), as seen also in our study.
465 In particular, as Beedell and Rehman (2000) pointed out, farmers who most need advice and training
466 often are the least likely to seek it voluntarily, and therefore building up a peer community favourable
467 to the introduction of best practices could be the most efficient way to involve them, starting from
468 potential agents of change such as village leaders or information brokers (Martinovska Stojcheska et
469 al., 2016). Family members are also important referents, this suggesting a generational change could
470 increase adoption when older family members are reluctant to innovations.

471 Economic incentives could make a difference for some BMPs where costs are a barrier, such as green
472 manure and sprinkler and drip irrigation methods. As both adopters and non-adopters are well aware
473 of the benefits of BMPs, extension services should not only focus on raising awareness on the benefits
474 for soil, environment, and cultivation techniques. They should focus more on the cost/benefit
475 relationship, and on giving technical instructions for the optimal application of the BMP. From our
476 direct experience, this is very important for cover crop cultivation.

477 Regarding barriers related to costs, the question arises if costs are really greater than benefits or the
478 non-adopters are not aware that benefits are larger than costs. If the latter, extension and maybe
479 additional applied research should gather data on the cost/benefit and distribute these figures to non-

480 adopters and to those referents for whom they have a high motivation to comply. This involves also
481 gathering data on the financial benefits of improved soil quality, for example. Further local-oriented
482 research is needed in this field to propose tailor-made solutions in promoting the use of good
483 practices.

484

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652

653 **Tables**

654 Table 1. Definitions of the BMPs analysed in this study. Definitions were agreed among the
 655 CATCH-C project working group (Spiegel et al., 2014) and were explained to farmers before the
 656 interview.

Best Management Practice (BMP)	Definition 657
Crop residue incorporation	Crop residue is the fraction of aboveground biomass that is not harvested as a useful product, i.e. the straw of winter cereals or the stalks of maize/sunflower. This is different than the stubble, which is normally left on the field. This BMP involves leaving crop residues on the field after harvesting the useful product. For simplicity, we speak about ‘crop residue incorporation’ also in the case of no-tillage, when residues are left on the soil surface. The alternative to residue incorporation is residue removal.
Green manure	Green manuring consists in sowing and growing a catch or cover crop, which is not harvested but completely buried (or left on the soil in case of no-tillage) before sowing the following cash crop. Incorporation of crop residue in the soil is not classified as green manuring. The alternative to green manuring is leaving the soil bare during the period between two cash crops, normally during the fall and the winter.
Rotation with grass meadows	The rotation of crops involves the variation, from one production cycle to the next one, of the cultivated species in a given field. The new crop that is inserted in this BMP (grass meadow) is cultivated for more than one year. The grass meadow is mostly composed of forage crops of the <i>Poaceae</i> family (with no or few species of the <i>Fabaceae</i> family).
Rotation with legume meadows	Rotation with legume crops involves the variation of the cultivated species in a field over time, by inserting legume meadows, which remain in place for more than one year. The legume meadow that is usually practiced in dairy farms in northern Italy is alfalfa (<i>Medicago sativa</i> L.).
Sprinkler and drip irrigation	Sprinkler and drip irrigation systems apply water to the field with high efficiency by delivering small water drops, either from the air (in the case of sprinkler irrigation: self retracting hose reel and pivot) or from above or below the soil surface (in the case of drip irrigation). These methods were chosen due to the increasing interest in irrigation methods that can save water, compared to the widely used surface methods.
Nutrient management plan	A nutrient management plan is a tool allowing to define the amount of nutrients to be applied, its splitting (dates and amounts), and the type of mineral and organic fertilisers to be used. The calculation is based on expected yield, yield quality, soil properties, climate, and rotation.

658 Table 2. Mean values for attitudes, subjective norms, and perceived behavioural controls of outcomes,
 659 referents, and control factors towards the dairy farms farm typology, as surveyed among Italian
 660 farmers in 2013.

661 The meaning of letters in the last column are as follows:

662 “a”: The first question (behavioural belief strength, motivation to comply, or control strength) is
 663 significantly different between A (adopters) and NA (non-adopters) according to a Kruskal-Wallis
 664 test at $P < 0.05$.

665 “b”: The second question (outcome evaluation, normative belief, or control power) is significantly
 666 different between A and NA, according to a Kruskal-Wallis test at $P < 0.05$.

667 “c”: The combined effect (attitude, subjective norm, or perceived behavioural control) is significantly
 668 different between A and NA, according to a Kruskal-Wallis test at $P < 0.05$. If this is the case,
 669 attitudes, subjective norms, and perceived behavioural controls are provided both as an average for
 670 the whole sample, and separately for A and NA.

671

Attitudes, normative beliefs, and perceived behavioural controls for each BMP	Type of answer	Driver or Barrier	Attitude / Subjective norm / Perceived behavioural control
Crop residues incorporation			
<i>Soil and environment</i>			
Improved soil structure	Outcome	Driver	6.20
Increased crop yield	Outcome	Driver	5.60
Increased soil organic matter	Outcome	Driver	4.61
Reduced weeds and fungi in following crop	Outcome		2.56
<i>Financial</i>			
Access to market of winter cereals straw	Control factor		1.22 b
<i>Cultivation technique</i>			
Availability of adequate machinery	Control factor	Driver	4.92 abc (5.65 A; 3.19 NA)
Lack of knowledge of advantages of incorporation	Control factor		-0.03 bc (0.65 A; -1.65 NA)
Increase straw requirements at farm scale	Outcome	Barrier	-4.21 abc (-3.08 A; -6.96 NA)

Social

Advisors of companies selling production factors	Referent	Driver for adopters	2.07 bc (3.17 A; -0.48 NA)
Other farmers	Referent		1.87 bc (2.90 A; -0.52 NA)

Green manure*Soil and environment*

Improved soil structure	Outcome	Driver	6.10
Increased soil organic matter	Outcome	Driver	5.76
Less weeds	Outcome	Driver	5.23
Less nitrogen losses from soil	Outcome	Driver	4.52
Low soil organic matter	Control factor		0.79
Bad soil structure	Control factor		0.61

Financial

Access to economic incentives for green manure	Control factor		-0.30 a
Cost increase	Outcome	Barrier	-7.17 b

Cultivation technique

Less inorganic fertiliser used	Outcome	Driver	4.81
Availability of livestock manure	Control factor		-2.77
Lower self-production of forage	Outcome	Barrier	-4.23

Social

Contractors	Referent		-1.51 b
Advisors of companies selling production factors	Referent		-1.65
Advisors of professional organisations	Referent		-1.73
Other farmers	Referent	Barrier	-3.60
Feed advisors	Referent	Barrier	-4.03

Rotation with grass meadows*Soil and environment*

Improved soil structure	Outcome	Driver	5.89
Scarce availability of irrigation water in my farm	Control factor		-0.71 bc (0.32 A; -1.64 NA)

Meadows have a lower N uptake compared to other crops, and thus limit the possibility to apply	Outcome		-0.96
<i>Financial</i>			
High forage prices	Control factor		2.45
Economic incentives for cultivating grass meadows	Control factor		1.81 bc (2.61 A; 1.09 NA)
High selling price of maize	Control factor		-2.07 a
Cost for meadow cultivation	Outcome		-2.22
<i>Cultivation technique</i>			
Less insecticides needed	Outcome	Driver	5.01
Less herbicides needed	Outcome	Driver	5.00
Improves ration of dairy cows	Outcome	Driver	4.88
Better distribution of labour peaks in the farm	Outcome	Driver	4.33
High irrigation amount needed	Outcome	Barrier for non-adopters	-2.69 c (-1.78 A; -3.55 NA)
<i>Social</i>			
Other farmers	Referent		0.83 bc (2.29 A; -0.50 NA)
Feed advisors	Referent		0.75 bc (2.68 A; -1.00 NA)
Advisors of companies selling production factors	Referent		0.13 bc (1.92 A; -1.45 NA)

Rotation with legume meadows

Soil and environment

Increased crop yield	Outcome	Driver	7.44 b
Increased soil fertility	Outcome	Driver	6.74
Improved soil structure	Outcome	Driver	6.22 c (6.93 A; 5.32 NA)
Less weeds	Outcome	Driver	5.97
Diversity of forage production	Outcome	Driver	5.77 abc (7.09 A; 4.11 NA)
High forage production	Outcome	Driver	5.69 c (6.38 A; 4.83 NA)
Reduction of insects and pathogens in following crop	Outcome	Driver	4.41

Financial

Increased milk production	Outcome	Driver	6.41 ac (7.31 A; 5.26 NA)
Reduced cost of protein for the ration, compared to buying it	Outcome	Driver	5.91 abc (7.20 A; 4.31 NA)
High cost of soybean	Control factor	Driver	4.34 bc (6.07 A; 2.15 NA)
<i>Cultivation technique</i>			
Reduction of fertilisers in following crop	Outcome	Driver	6.02
Better distribution of labour peaks in the farm	Outcome	Driver	4.24
Expertise to cultivate alfalfa	Control factor	Driver for adopters	4.15 abc (6.22 A; 1.49 NA)
Widespread cultivation of alfalfa in my area	Control factor	Driver for adopters	2.35 abc (4.00 A; 0.23 NA)
Scarce irrigation water availability	Control factor		1.03 bc (1.64 A; 0.24 NA)
<i>Social</i>			
Feed advisors	Referent	Driver for adopters	2.83 bc (4.05 A; 1.27 NA)
Advisors of producers associations	Referent	Driver for adopters	1.93 bc (3.26 A; 0.24 NA)
Advisors of companies selling production factors	Referent		0.97 bc (1.95 A; -0.27 NA)
Other farmers	Referent		0.87 bc (1.79 A; -0.33 NA)

Sprinkler and drip irrigation

Soil and environment

Higher water use efficiency	Outcome	Driver	6.05 a
Higher crop yield	Outcome	Driver	5.76
No crop water stress	Outcome	Driver	5.34
Less waterlogging	Outcome	Driver	5.13
Less water consumption	Outcome	Driver	4.84
Less soil compaction	Outcome	Driver	4.29
Less insects (sprinkler)	Outcome		2.12
High water availability	Control factor		1.41 c (2.59 A; 0.26 NA)
Sandy soils	Control factor		0.80 bc (1.90 A; -0.26 NA)

Financial

Higher costs	Outcome	Barrier	-6.81
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Cultivation technique

Lower diesel consumption (drip irrigation)	Outcome	Driver	5.10
Shorter work in case of pivot	Outcome	Driver	3.30
Small field size	Control factor		-0.76
Longer work for self-retracting hose reel	Outcome	Barrier for non-adopters	-2.69 c (-1.64 A; -3.72 NA)
Higher diesel consumption (sprinkler)	Outcome	Barrier	-4.30
<i>Social</i>			
Sellers of irrigation systems	Referent		2.15 bc (3.00 A; 1.30 NA)
Advisors of companies selling production factors	Referent		0.84 bc (2.68 A; -0.79 NA)
Advisors of irrigation consortium	Referent		0.76 bc (2.00 A; -0.49 NA)
Other farmers	Referent		0.37 abc (2.39 A; -1.42 NA)
My family members	Referent	Driver for adopters	0.12 bc (3.05 A; -2.67 NA)
Feed advisor	Referent		-0.01 bc (2.03 A; -1.81 NA)

Nutrient management plan

Soil and environment

Valorisation of livestock manure	Outcome	Driver	6.62 a
Use of the proper fertiliser amount	Outcome	Driver	6.47
Scarce information on the value of livestock manure	Control factor		-1.73

Financial

Reduction of fertiliser costs	Outcome	Driver	6.07
Low fertiliser prices	Control factor		0.28
Increase of costs due to soil testing	Outcome		-2.44

Cultivation technique

Better forage quality	Outcome	Driver	5.94
Higher yield stability	Outcome	Driver	5.92
Better livestock health	Outcome	Driver	5.73
Improved milk quality	Outcome	Driver	5.40

Social

Advisors of producers associations	Referent	Driver for adopters	3.94 c (4.58 A; 2.29 NA)
My family members	Referent	Driver for adopters	3.32 bc (4.21 A; 1.24 NA)
Feed advisors	Referent	Driver for adopters	2.99 bc (3.98 A; 0.67 NA)
Advisors of companies selling production factors	Referent		2.93
Other farmers	Referent		1.78 bc (2.55 A; 0.04 NA)
Lack of an independent service for fertilisation advice	Control factor		-1.00
<i>Legislation</i>			
Legislative limitations to the amount of livestock manure that can be applied	Control factor		2.48

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674 Table 3. Statistics about farm characteristics declared by the farmer in the questionnaire ($n = 92$).

	Units	Average	Standard deviation	20 th percentile	80 th percentile
Farmer age	yr	47	11	38	56
Farm area	ha	99	115	30	126
Bovine heads	heads ha ⁻¹	3.5	1.8	2.0	5.2
Dairy cows	cows ha ⁻¹	1.9	1.1	1.0	2.9
<i>Land use</i>					
Maize	% farm area	53	23	37	72
Permanent grassland and pasture	% farm area	23	22	1	39
Winter cereals	% farm area	9	11	0	15
Alfalfa	% farm area	8	20	0	10
Legume grains	% farm area	2	5	0	0
Annual grassland	% farm area	2	7	0	3
Other crops	% farm area	2	1	0	0
Tree crops	% farm area	1	6	0	0
<i>Soil texture</i>					
Sandy soils	% farm area	10	23	0	15
Loamy soils	% farm area	72	35	40	100
Clay soils	% farm area	18	29	0	40
Soil organic matter	%	3.3	1.2	2.0	4.6

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677 Table 4. Adoption and intention for six best management practices of dairy farmers in northern Italy.

Best management practice	Number of interviewees	Number of adopters	Intention (average and standard deviation) ^a	Cronbach's α
Crop residue incorporation	91	63 (69%)	3.36 (1.62)	0.97
Green manure	91	1 (1%)	1.11 (0.35)	0.71
Rotation with grass meadows	92	42 (46%)	2.83 (1.72)	0.97
Rotation with legume meadows	92	47 (51%)	3.42 (1.65)	0.96
Sprinkler and drip irrigation	92	49 (53%)	2.64 (1.75)	0.97
Nutrient management plan	91	58 (64%)	3.88 (1.45)	0.98

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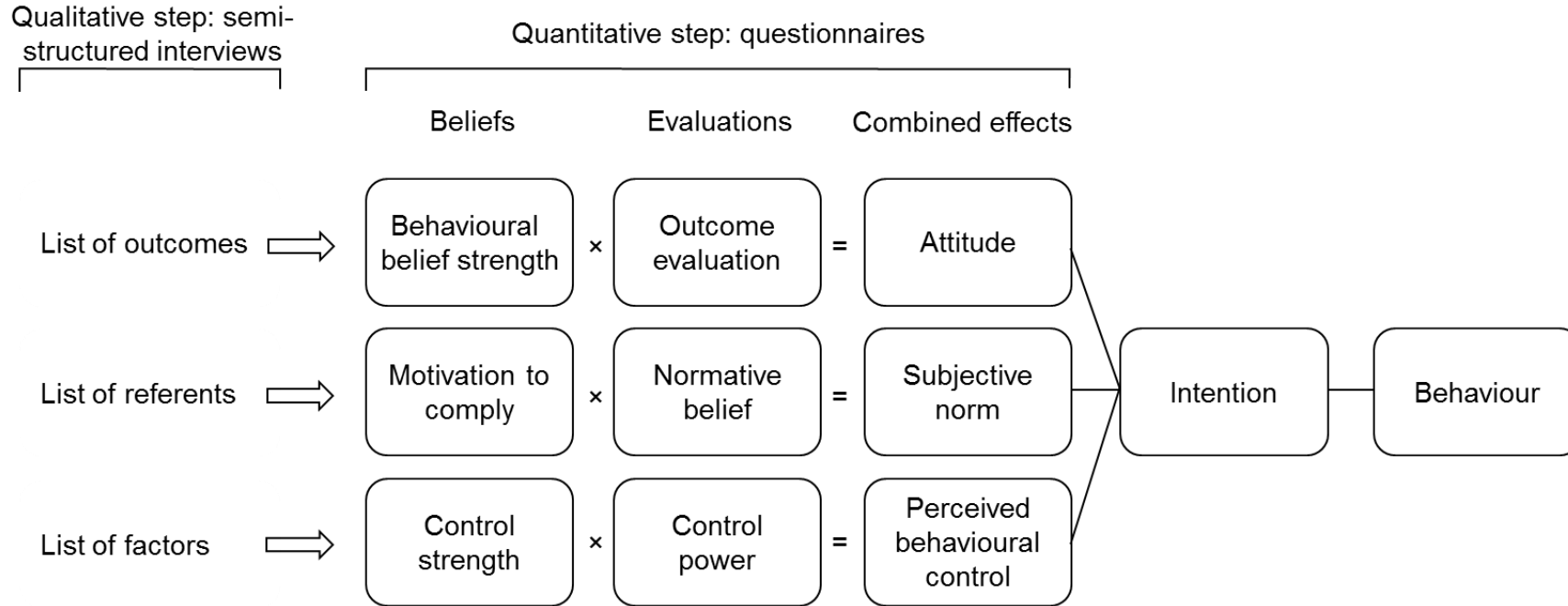
679 ^a Intention is expressed on a 1-5 scale.

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681 **Figures**

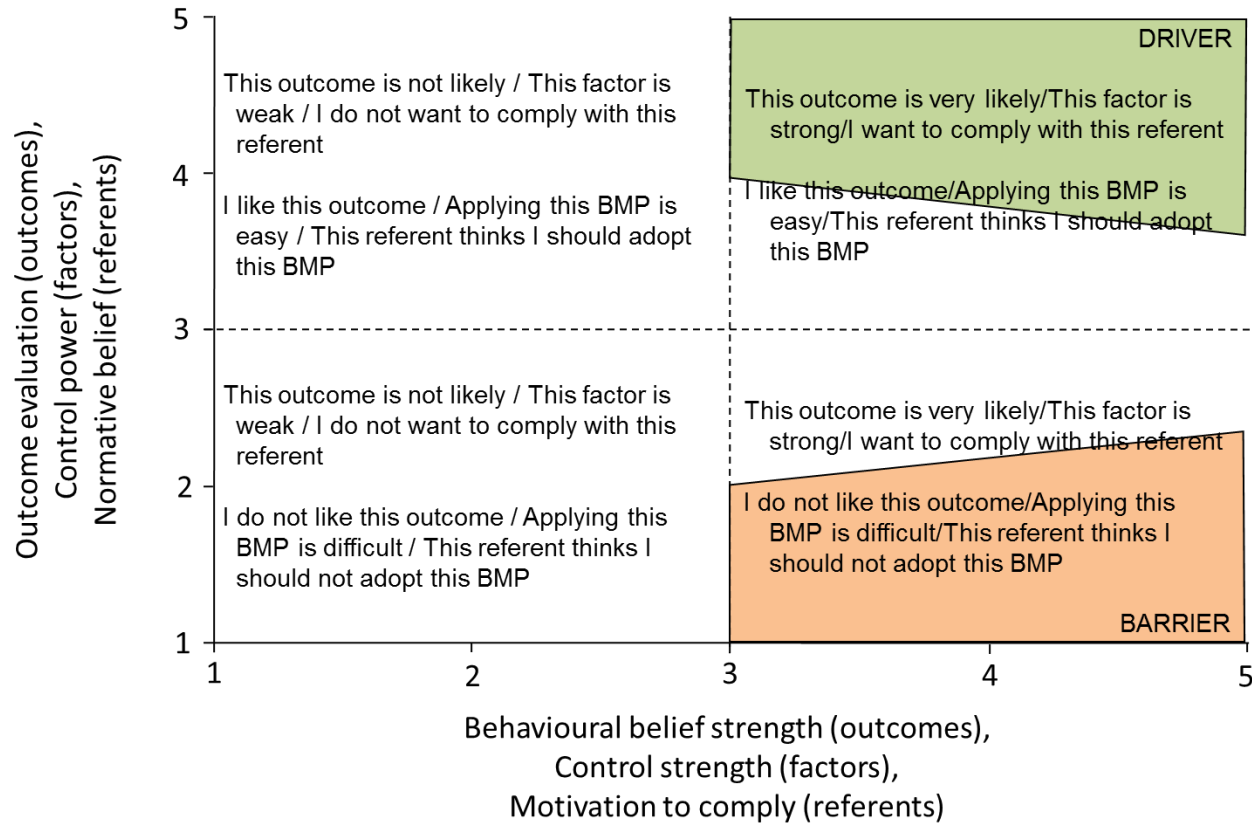
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683 Figure 1. Theory of planned behaviour (adapted from Ajzen, 1991)



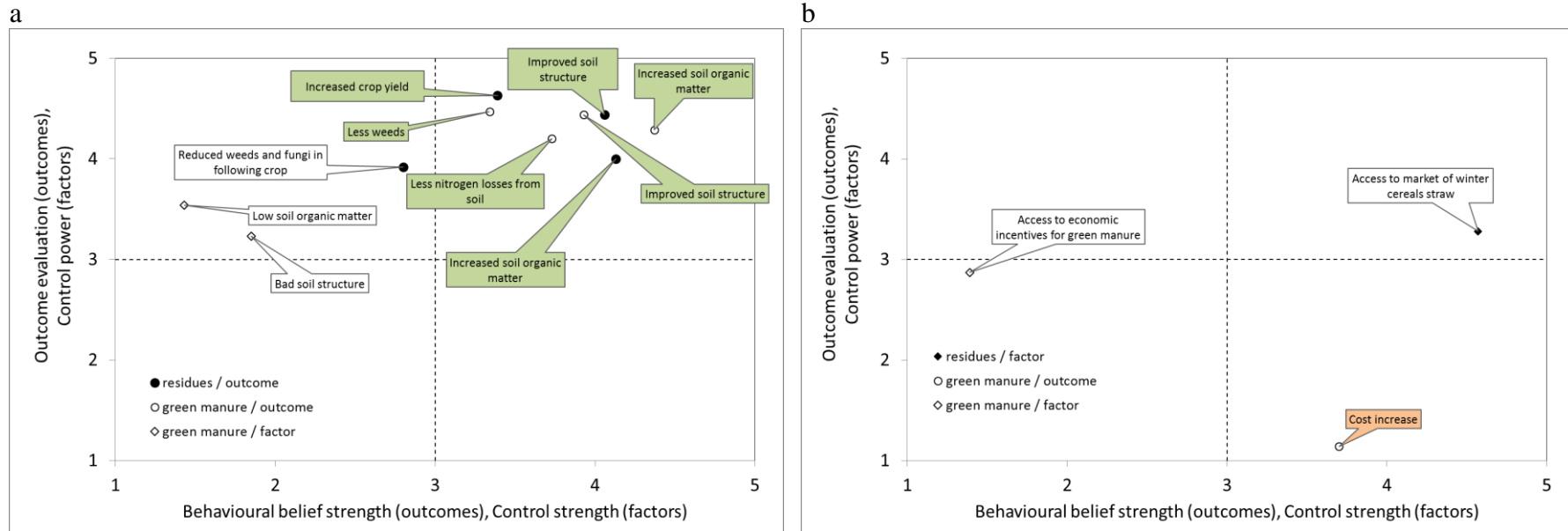
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685 Figure 2. Criteria used to identify drivers and barriers: the absolute value for attitude / subjective norm / perceived behavioural control was higher
 686 than 3 (consistent combined effect) and the underlying behavioural belief strength / motivation to comply / control strength was higher than 3. Drivers
 687 are represented in green, and barriers in orange.

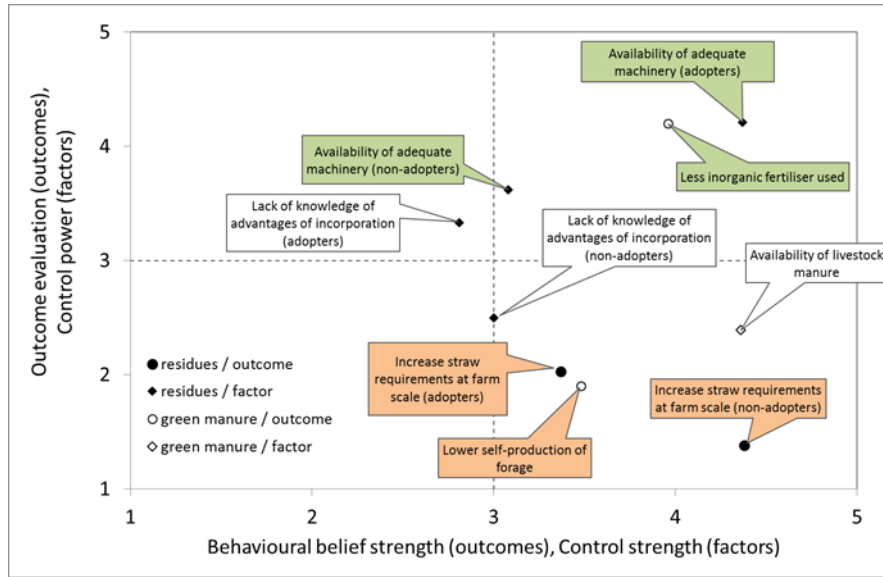


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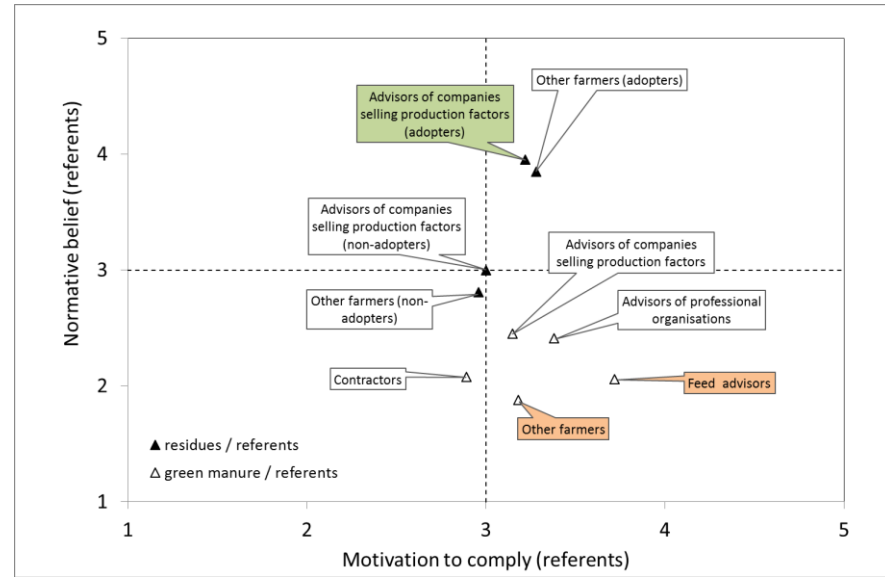
689 Figure 3. Crop residue incorporation and green manure: average of strength questions (X-axis) and evaluation questions (Y-axis) related to (a) soil
 690 and environment, (b) financial issues, (c) cultivation technique and (d) social issues. When the combined effect is significantly different between
 691 adopters and non-adopters, the symbols are presented separately for adopters and non-adopters in the graph. Drivers are represented in green, and
 692 barriers in orange.



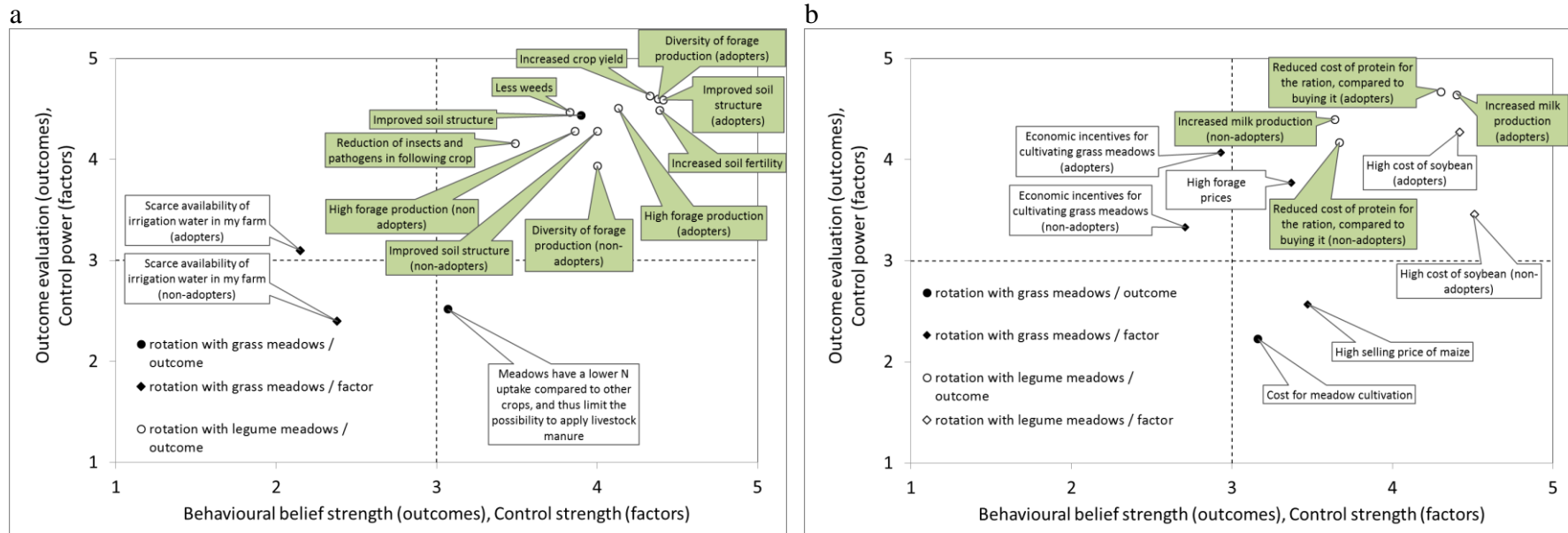
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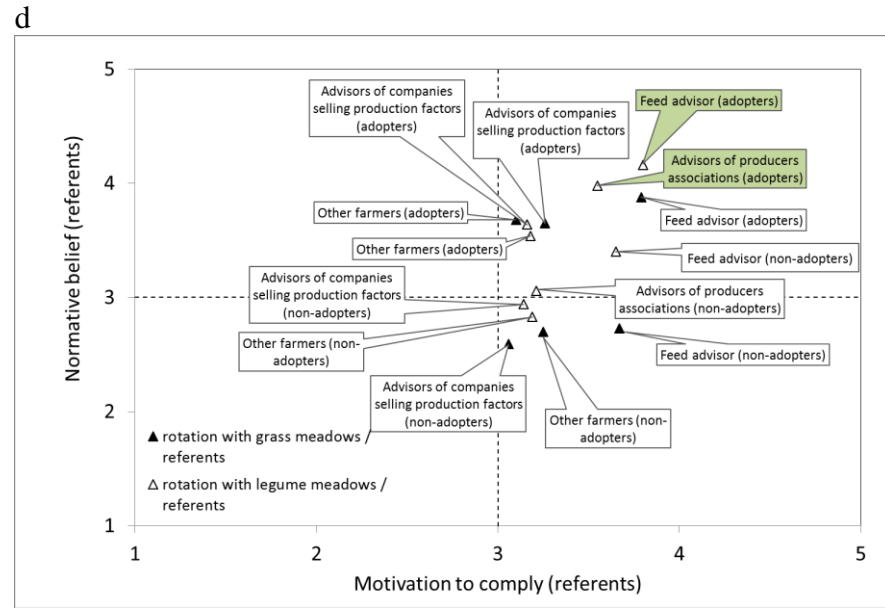
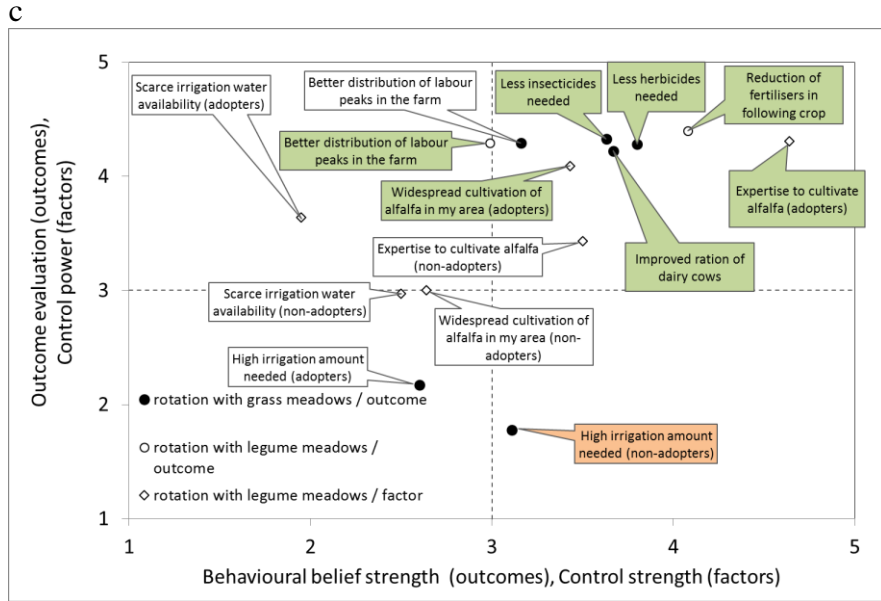


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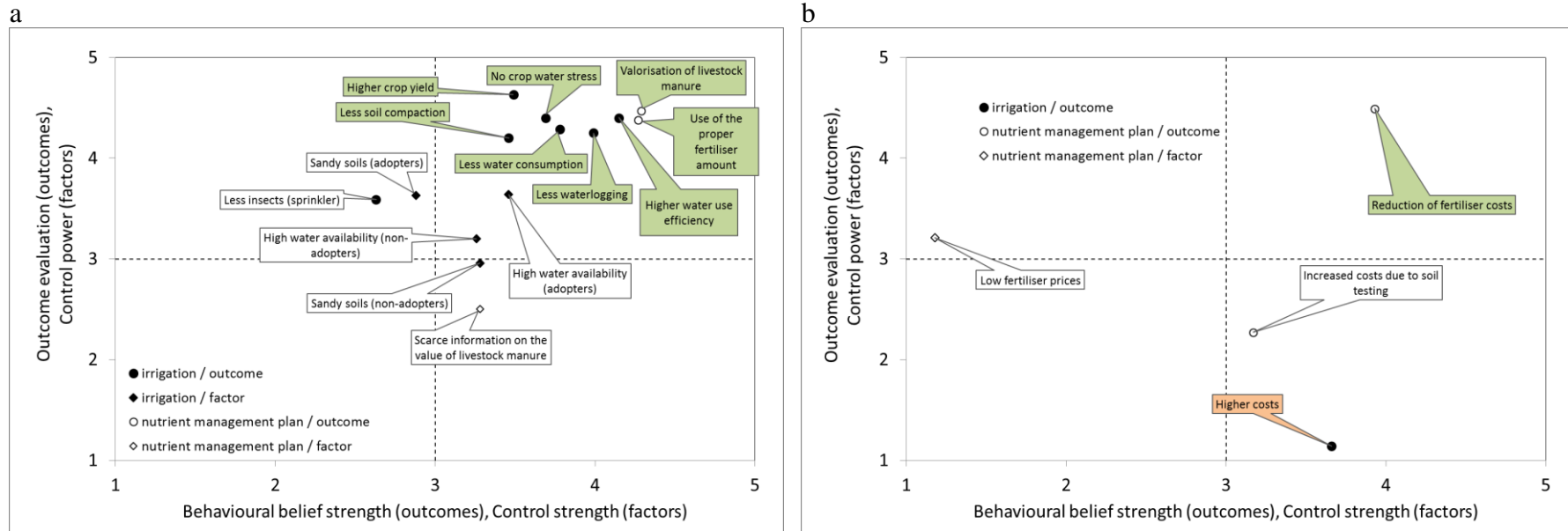


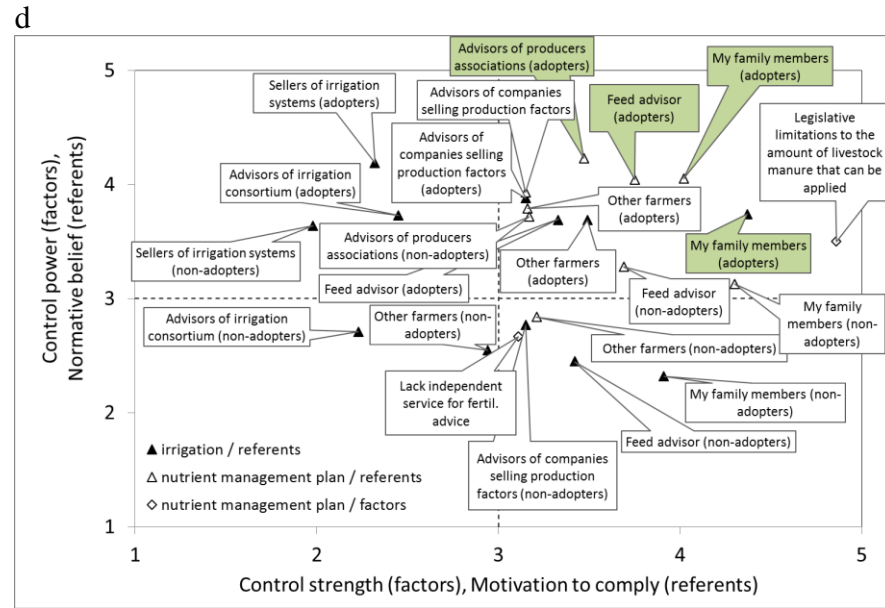
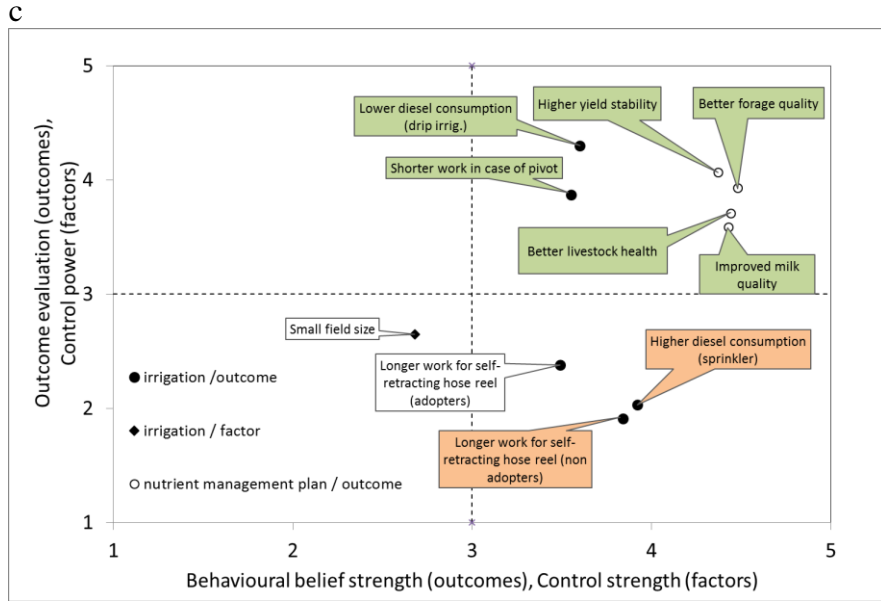
694 Figure 4. Rotation with grass meadows, and rotation with legume meadows: average of first and second questions related to (a) soil and environment,
 695 (b) financial issues, (c) cultivation technique and (d) social issues. When the combined effect is significantly different between adopters and non-
 696 adopters, the symbols are presented separately for adopters and non-adopters in the graph. Drivers are represented in green, and barriers in orange.





698 Figure 5. Irrigation and nutrient management plan: average of first and second questions related to (a) soil and environment, (b) financial issues, (c)
 699 cultivation technique and (d) social issues. When the combined effect is significantly different between adopters and non-adopters, the symbols are
 700 presented separately for adopters and non-adopters in the graph. Drivers are represented in green, and barriers in orange.





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