Pilot study for validation in-vivo of a supporting device limiting extension of the metacarpophalangeal joint in sound horses

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Background

During the rehabilitation, it is essential to reduce the load and strains on the metacarpophalangeal joint (MCPJ) and flexor tendons/ suspensory ligaments.

Objectives

To evaluate the efficacy of a carbon fiber composite support system (SS) in reducing the extension of the MCPJ in walk and trot in 5 sound horses.

Materials and methods

Sagittal plane MCPJ patterns of forelimbs were recorded using 2 inertial sensor measurement units (IMUs) *per* limb without the SS (S) and with 2 different grades of attenuation of MCPJ extension (1 'minimal' and 4 'maximal') with the SS on the right forelimb (R). The left forelimb (L) was used as control. A paired T-Test was used to compare L and R range of motion (ROM) and maximal extension (ME) of the MCPJ under the 3 conditions.

Results

No statistically difference between L and R ROM and ME at trot and walk without the SS was found. A significant difference was observed in walk for setting 1 for ROM (L $58.7^{\circ}\pm8.8^{\circ}$ -R $35.5^{\circ}\pm10.1^{\circ}$ p< 0.001) and ME reduction (L $-12.8^{\circ}\pm4.5^{\circ}$; R $-5.3^{\circ}\pm3.1^{\circ}$ p< 0.05) and setting 4 (L $62.3^{\circ}\pm6.8^{\circ}$ R $30.7^{\circ}\pm9.9^{\circ}$ p<0.00; L $-13.7^{\circ}\pm3.6^{\circ}$ R $-8.2^{\circ}\pm4.5^{\circ}$ p<0.01). Reduction was significant in trot for setting 1 (ROM mean L $78.9.^{\circ}\pm12.5^{\circ}$ R $51.3^{\circ}\pm14.4^{\circ}$ p<0.05; ME L $-28.9.^{\circ}\pm7.2^{\circ}$ R $-16.8^{\circ}\pm7.3^{\circ}$ p<0.05) and setting 4 (ROM L $80^{\circ}\pm9.1^{\circ}$ R $40.2^{\circ}\pm5.3^{\circ}$ p<0.001; ME L $-26.2^{\circ}\pm5.9^{\circ}$ R $-17^{\circ}\pm4.4^{\circ}$ p<0.05).

Conclusion

SS is effective in limiting MCPJ ROM and ME in sound horses.

Conflict of interest: The authors declare no conflict of interest.

Ethical committee: The study was approved by the Ethics Committee of Turin (protocol n. 0000285/2023; approval date 01 February 2023).

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