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**Comparison of two nucleic acid extraction and testing systems for HCMV-DNA detection and quantitation on whole blood specimens from transplant patients.**

**This is the author's manuscript**

*Original Citation:*

*Availability:*

This version is available <http://hdl.handle.net/2318/146434> since

*Published version:*

DOI:10.1016/j.jviromet.2013.07.042

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## UNIVERSITÀ DEGLI STUDI DI TORINO

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1COMPARISON OF TWO NUCLEIC ACID EXTRACTION AND TESTING SYSTEMS  
2FOR HCMV-DNA DETECTION AND QUANTITATION ON WHOLE BLOOD  
3SPECIMENS FROM TRANSPLANT PATIENTS

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## 21Abstract

22Quantitative detection of human cytomegalovirus (HCMV) DNA on whole blood is currently the  
23primary choice for virological monitoring in transplant patients and for determining the appropriate  
24antiviral strategy, however specific issues of variability remain in terms of extraction methods,  
25amplification efficiency, and variability. This study compared the performance characteristics of  
26two nucleic acid extraction and testing systems for HCMV-DNA quantitation, the artus® CMV QS-  
27RGQ kit, associated with a fully automated DNA extraction and assay set up by Qiagen (system 1)  
28and the Q-CMV Real Time Complete kit by Nanogen, associated with a semiautomated nucleic  
29acid extraction system by Biomérieux (system 2) in 189 specimens from transplant patients and 10  
30from 2012 HCMV Quality Control for Molecular Diagnostics (QCMD). The two systems exhibited  
31a 80.4% concordance. Differences between the two systems were within  $\pm 1 \log_{10}$  copies/ml of the  
32averaged  $\log_{10}$  results for 88.9% of the tested specimens. For all qualitatively discordant specimens,  
33mean viral load was  $\leq 3 \log_{10}$  copies/ml. Considering viral load measurement, system 1 gave earlier  
34positives than system 2, with a 14.8% of specimens resulting positive at low viral loads with system  
351 and negative with system 2. In QCMD specimens, difference was below  $0.7 \log_{10}$  copies/ml for  
36both the systems.

37In conclusion, the two systems provided reliable and comparable results. Some specific  
38performance characteristic and automation could be taken into account in terms of less hands of  
39time, fewer errors and reliability.

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42**Keywords:** human cytomegalovirus; nucleic acid; extraction; quantitative PCR; efficiency;  
43variability

#### 441. Introduction

45 Human cytomegalovirus (HCMV) is an important viral pathogen in both solid organ transplant and  
46 hematopoietic stem cell transplant recipients in terms of morbidity and mortality. The frequency of  
47 HCMV infection and disease in the post-transplant period depends on the interaction of factors  
48 related to the host, virus and transplantation practices, with HCMV serostatus being considered the  
49 single most important predictor of disease. Among virus-related factors, the development of HCMV  
50 disease has been directly related to the degree of viral replication. Management of HCMV disease  
51 varies considerably among transplant centres. A panel of experts on HCMV and solid  
52 organ/hematopoietic stem cell transplant was convened to develop international guidelines for the  
53 management of HCMV including diagnostics, immunology, prevention, and treatment (Kotton et  
54 al., 2010; Zaia et al., 2009). Currently, the diagnosis of HCMV replication and disease in solid  
55 organ and hematopoietic stem cell transplant patients can be performed using different methods,  
56 including histopathological analysis, quantitative pp65-antigenaemia in peripheral blood leukocytes  
57 and quantitative nucleic acid testing. Quantitative detection of HCMV-DNAemia by real-time PCR  
58 is currently the primary choice for virological monitoring of HCMV infection in transplant patients;  
59 in fact, HCMV-DNA quantitation provides sensitive and specific data for viral detection as well as  
60 monitoring the development and course of infection, thus being fundamental for determining the  
61 appropriate antiviral strategy. A relevant issue in HCMV routine diagnostics is the interassay  
62 quantitation variability (Hirsch et al., 2013; Lilleri et al., 2009), possibly complicating the clinical  
63 management and therapeutic decision process in patients evaluated in different laboratories.  
64 Recently, the first World Health organization international standard for HCMV quantitative nucleic  
65 acid amplification-based assays has been made available (Freyer et al., 2010). Although the  
66 availability of the international standard should contribute to improve interassay agreement, specific  
67 issues of variability remain in terms of extraction methods and DNA elution, amplification  
68 efficiency, and operator-dependent variability (Hirsch et al., 2013; Kraft et al., 2012).

69The aim of this study was to assess the performance characteristics of two nucleic acid extraction  
70and testing systems for HCMV-DNA quantitation, the artus® CMV QS-RGQ kit by Qiagen,  
71(Hilden, Germany) associated with a fully automated DNA extraction and assay set up by Qiagen  
72and the Q-CMV Real Time Complete kit by Nanogen, Elitech Group (Milan, Italy) associated with  
73a semiautomated nucleic acid extraction system by Biomérieux (Marcy l'Etoile, France). Using  
74whole blood clinical specimens from transplant patients, the two systems were compared and the  
75potential clinical implications were evaluated.

## 762. **Materials and methods**

### 772.1. *Clinical specimens*

78 One-hundred-fifty-six patients referred to the Virology Unit of the Azienda Ospedaliera Città della  
79 Salute e della Scienza di Torino, Italy, for routine HCMV load testing (90 solid organ transplant  
80 recipients and 66 hematopoietic stem cell transplant recipients) were included in the study. One-  
81 hundred-eighty-nine specimens of whole blood (EDTA tubes) were collected between January and  
82 June 2012. Ten HCMV quality control specimens (Quality Control for Molecular Diagnostics  
83-QCMD- 2012 CMV panel) were also processed.

### 842.2 *Study design*

85 Two nucleic acid extraction and testing systems for HCMV-DNA were evaluated: the artus® CMV  
86 QS-RGQ kit (Qiagen), a commercial real-time PCR for HCMV-DNA associated with a fully  
87 automated DNA extraction from whole blood (Qiasymphony, Qiagen) and automated assay set up –  
88 system 1 - and the Q-CMV Real Time Complete kit, a commercial real-time PCR (Nanogen,  
89 Elitech Group) associated with a semiautomated nucleic acid extraction system from whole blood  
90 (Easymag, Biomérieux) and manual assay set up – system 2. Currently, the Q-CMV Real Time  
91 Complete kit, validated for EasyMAG extraction system by the manufacturer, is the routinely used  
92 method.

93 For system 1, nucleic acid extraction was performed according to the manufacturer's instructions;  
94 nucleic acid was purified with the QIASymphony DNA Mini kit on the QIASymphony instrument  
95 (Qiagen). Two-hundred microliters of whole blood were concentrated into a 60- $\mu$ l eluate, and a 20  
96  $\mu$ l aliquot was used for the PCR on the real-time PCR cycler Rotor-Gene Q (Qiagen). The artus®  
97 CMV QS-RGQ kit targets the major immediate early (MIE) CMV gene. The reaction volume was  
98 50- $\mu$ l (20  $\mu$ l of eluate plus 30  $\mu$ l of master mix). Analytical sensitivity, as reported by the  
99 manufacturer, considering purification from whole blood (using the QIASymphony DNA Mini kit)  
100 and the use of artus® CMV QS-RGQ kit on the Rotor-Gene Q, is 164.55 copies/ml.

101For system 2, nucleic acid was purified with the NucliSENS® EasyMAG® instrument  
102(Biomérieux), using the NucliSENS ® Nucleic Acid Extraction Reagents, according to the  
103manufacturer's instructions.

104One-hundred microliters of whole blood were concentrated into a 50- $\mu$ l eluate, and a 5 $\mu$ l aliquot  
105was used for PCR assay on the 7500 Real-Time PCR System (Applied Biosystems, Cheshire,  
106United Kingdom). The Q-CMV Real Time Complete kit manufactured for Cepheid by Nanogen  
107Advanced Diagnostics S.r.L. is specific for the exon 4 region of the CMV MIE gene (major  
108immediate early HCMVUL123). The reaction volume was 25  $\mu$ l (5  $\mu$ l of eluate plus 20  $\mu$ l of master  
109mix). The limit of detection of the Q-CMV real time kit is 158 copies/ml, as reported by the  
110manufacturer. The main technical features of the two systems are summarized in Table 1.

### 1112.3. *Statistical analysis*

112The correlation between the two systems was determined by linear regression analysis and mean  
113differences in quantitation for averaged logs by the Bland-Altman plot. Only viral loads positive by  
114both assays were represented on the Bland-Altman graphs. Differences were considered significant  
115for p value <0.05.

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### 1183. Results

119The performance of the two systems was assessed and compared on 189 whole blood specimens  
120from 156 transplant recipients undergoing routine testing in the first year post-transplantation.  
121System 1 and system 2 detected HCMV-DNA in 118 and 99 samples, respectively, with a 80.4%  
122concordance. In particular, 62/189 (32.8%) were concordantly negative by both systems; 90/189  
123(47.6%) concordantly positive; 28/189 (14.8%) positive by system 1 and negative by system 2; and  
1249/189 (4.8%) positive by system 2 and negative by system 1 (Table 2). For the 90 specimens that  
125were positive by both tests, the population mean (SD) was 4.25 (4.58)  $\log_{10}$  copies/ml with system 1  
126and 4.06 (4.29)  $\log_{10}$  copies/ml with system 2. For all the specimens that were qualitatively  
127discordant (by one of the two systems), mean viral load was lower or equal to 3  $\log_{10}$  copies/ml.  
128By referring to the 90 specimens that were concordantly positive, the correlation value between the  
129two systems was  $r = 0.597$  (Fig. 1). Bland-Altman analysis showed that differences between the two  
130systems were within  $\pm 1 \log_{10}$  copies/ml of the averaged  $\log_{10}$  results for 88.9% of the tested  
131specimens (Fig. 2). Table 3 depicts the HCMV load results for the 10 specimens from the QCMD  
1322012 HCMV proficiency panel. The sample for which a negative result was expected was found  
133negative by the two systems, whereas for the positive specimens the difference was below 0.7  $\log_{10}$   
134copies/ml for both the systems (mean  $\Delta\log_{10}$  0.1566 for system 1 and 0.2288 for system 2).

#### 1354. Discussion

136The automation of nucleic acid extraction and availability of commercial real-time quantitative PCR  
137assays have the potential to improve the agreement and clinical usefulness of HCMV-DNA  
138measurement in routine transplant settings, thus promoting standardization across laboratories and  
139enabling correlation with clinical study results.

140In the present study, the HCMV –DNA load results obtained by two nucleic acid extraction and  
141testing systems have been compared. Overall, both systems appear as reliable and user-friendly for  
142monitoring HCMV-DNAemia in transplant recipients.

143The two systems exhibited an overall concordance of 80.4% in qualitative terms. Considering  
144specimens that were positive by both the systems, the mean viral load differs of 0.19 log<sub>10</sub>  
145copies/ml. On the other hand, when considering specimens that were qualitatively discordant, mean  
146viral load was lower or equal to 3 log<sub>10</sub> copies/ml.

147Considering viral load measurement, system 1 gave earlier positives than system 2, as evidenced by  
148the evaluation of frequency distribution for different log of viral load (not shown), with  
149approximately 15% of specimens resulting positive at low viral loads with system 1 and negative  
150with system 2. This is likely to be attributable to the fact that system 1 employs more blood derived  
151material in comparison to system 2, thus improving the recovery ability in the nucleic acid  
152purification phase. This should be taken into account in the monitoring of transplant recipients as it  
153could be useful for prompt identification of patients at risk and could allow for rechecking on a  
154subsequent specimen within a short period.

155Monitoring of HCMV-DNAemia has become critical for early identification of viral reactivation  
156with the aim of reducing the occurrence of systemic and/or organ disease in the post-transplant  
157setting and of evaluating the response to antiviral therapy. Although both antiviral prophylaxis and  
158pre-emptive therapy are useful strategies to prevent the occurrence of HCMV disease, the potential  
159exposure to adverse events associated with prolonged antiviral drug administration has limited the  
160utility of a universal prophylaxis strategy, thus suggesting its adoption only in high risk patients,

161such as HCMV-seropositive donor/HCMV-seronegative recipients. On the other hand, viral load  
162monitoring for guiding pre-emptive therapy is critical. The adoption of a pre-emptive strategy  
163appears advantageous in terms of number of treated patients, appropriateness of antiviral  
164administration and duration of therapy, costs, risks of onset of drug adverse events, as well as  
165emergence of drug-resistant strains.

166By using the Bland-Altman analysis, differences between the two systems were within  $\pm 1 \log_{10}$   
167copies/ml of the averaged  $\log_{10}$  results for almost 89% of the tested specimens. The occurrence of  
168constant and variable quantitation differences among nucleic acid assays underlines the usefulness  
169of a general quantitative standardization, that could also allow for a better evaluation of specific  
170differences only related to different technical performances of the assays.

171From an organizational point of view, system 1, being a full-automated system, provides benefits  
172over a semi-automated system, in terms of less hands of time, fewer errors and reliability, that are  
173relevant factors in a high-routine laboratory. It is to note that the present study compared two  
174testing systems with two different extraction methods, therefore it is not known whether the  
175differences came from the nucleic acid purification techniques or from the two HCMV tests or  
176probably both; further studies including cross-test of both extraction methods with both PCR  
177systems could help to clarify this. Further data on a larger number of specimens and evaluation of  
178clinical management based on HCMV-DNAemia results will allow for better definition of the  
179performance characteristics and clinical validation.

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## 182**Acknowledgments**

183This work was partially supported by Qiagen (Qiagen has provided reagents and a financial support  
184to SM). The authors acknowledge Dr. Laura Arboit (Qiagen Italy) for technical support.

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210 **Table 1**

211 Performance characteristics of the two nucleic acid extraction and testing systems.

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<b>Features</b>	<b>System 1</b>	<b>System 2</b>
Target	MIE	MIE
214 Extracted DNA volume in PCR reaction (µl)	20	5
Final volume (µl) in assay	50	25
215 No. type of quantitation standards	4, plasmid	4, plasmid
Analytical sensitivity*	164,55 copies/ml	158 copies/ml
Specificity*	100%	90%
216 Linear range*	1x10 <sup>3</sup> -5x10 <sup>7</sup>	20-1x10 <sup>6</sup> -
217	copies/ml	copies/reaction

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221 \*Technical specifications as indicated in the manufacturer's report.

222**Table 2**

223Detection of HCMV-DNA obtained by systems 1 and 2 on 189 whole blood specimens.

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<b>System 1</b>				
		POS	NEG	
<b>System 2</b>	POS	90 (47.6%)	9 (4.8%)	TOT 99
	NEG	28 (14.8%)	62 (32.8%)	
		TOT 118		

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243**Table 3**

244System 1 and 2 variability within the QCMD 2012 HCMV proficiency panel.

<b>Samples</b>	<b>System 1 results</b>	<b>System 2 results</b>	<b>QCMD results</b>	<b>Difference system 1 /</b>	<b>Difference system 2 /</b>
	<b>log<sub>10</sub> (copies/ml)</b>	<b>log<sub>10</sub> (copies/ml)</b>	<b>log<sub>10</sub> (copies/ml)</b>	<b>QCMD log<sub>10</sub> (copies/ml)</b>	<b>QCMD log<sub>10</sub> (copies/ml)</b>
CMV12-01	4.36	4.46	4.30	<b>0.06</b>	<b>0.16</b>
CMV12-02	3.89	3.86	3.74	<b>0.15</b>	<b>0.12</b>
CMV12-03	2.30	2.14	2.24	<b>0.06</b>	<b>-0.10</b>
CMV12-04	1.43	1.47	2.07	<b>-0.64</b>	<b>-0.60</b>
CMV12-05	2.99	3.40	2.90	<b>0.09</b>	<b>0.50</b>
CMV12-06	3.33	3.51	3.30	<b>0.03</b>	<b>0.21</b>
CMV12-07	3.50	3.50	3.32	<b>0.18</b>	<b>0.18</b>
CMV12-08	negative	negative	negative	/	/
CMV12-09	3.62	3.82	3.67	<b>-0.05</b>	<b>0.15</b>
CMV12-10	2.88	2.69	2.73	<b>0.15</b>	<b>-0.04</b>

246**Fig. 1.** Linear regression plot for log values of system 1 and system 2, by referring to the 90 double  
247positive samples.

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249**Fig. 2.** Mean differences in HCMV-DNA quantitation of 90 positive specimens with system 1 and 2  
250by Bland-Altman analysis.

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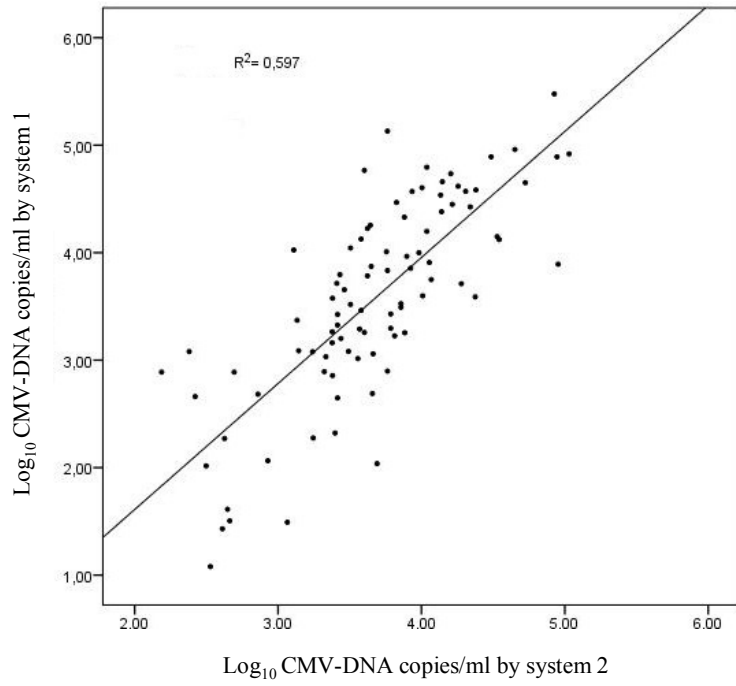
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272 **Figure 1**



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283 **Figure 2**

