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Autosomal Dominant Pseudohypoparathyroidism type Ib: a novel inherited deletion ablating *STX16* causes Loss of Imprinting at the A/B DMR.

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31 **Abstract**

32 Pseudohypoparathyroidism type Ib (PHP-Ib) is a rare imprinting disorder characterized by end-organ resistance
33 to parathyroid hormone and thyroid-stimulating hormone. PHP-Ib familial form, with an autosomal dominant
34 pattern of transmission (AD-PHP-Ib), is typically characterized by an isolated loss of methylation at the A/B
35 DMR, secondary to genetic deletions disrupting the upstream imprinting control region in the STX16 locus.
36 However, deletions described up to nowadays failed to account for some cases of patients with a methylation
37 defect limited to the A/B DMR, thus it is expected the existence of other still unknown rearrangements,
38 undetectable with conventional molecular diagnostic methods. Hence the need to use different methods to
39 search for novel pathogenetic defects in PHP-Ib patients, such as methylation specific-multiplex ligation-
40 dependant probe amplification (MS-MLPA).

41 In the present study we report the clinical, biochemical and molecular analysis of a AD-PHP-Ib patient with a
42 novel *STX16* deletion that overlaps with previously identified 3.3 kb and 4.4 kb *STX16* deletions, but that,
43 unlike these genetic defects associated with AD-PHP-Ib, goes unnoticed with commonly used first level
44 diagnostic techniques.

45 Our work highlights the importance of performing accurate investigations in PHP-Ib patients with methylation
46 defects, as in case of deletions the segregation ratio is about 50% and the disease phenotype is transmitted in an
47 autosomal dominant fashion via the mother.

48

49 **Introduction**

50 Pseudohypoparathyroidism type Ib (PHP-Ib; MIM # 603233) is a rare imprinting disorder characterized
51 by end-organ resistance to parathyroid hormone (PTH) and thyroid-stimulating hormone (TSH), without
52 physical features of Albright hereditary osteodystrophy (AHO), such as short stature, rounded face,
53 brachydactyly, ectopic ossifications and mental retardation, that are instead typical of PHP type Ia (PHP-Ia;
54 MIM # 103580).

55 PHP-Ib has been associated with methylation defects in the *GNAS* imprinted cluster (MIM #139320), a
56 complex locus that generates 5 transcripts using alternative first exons. Gs alpha, the alpha subunit of the
57 heterotrimeric stimulatory G protein (G_{α}), is the best characterized *GNAS* product (Figure 1A) (1-6).

58 Contrarily to the other *GNAS* products, G_{α} promoter is not differentially methylated and G_{α}
59 expression occurs from both alleles in most tissues, albeit in some tissues, including proximal renal tubules,
60 pituitary, gonads and thyroid, this gene is transcribed predominantly from the maternal allele (7-13). G_{α}
61 tissue-specific imprinting is assumed to be controlled by the upstream A/B differentially methylated region
62 (DMR), that likely has cis-acting, methylation-sensitive and tissue-specific negative regulatory elements for the
63 G_{α} promoter, as methylation defects affecting the maternal A/B DMR lead to biallelic expression of the A/B
64 transcript and the loss of G_{α} expression in renal proximal tubules, but have little effect in tissues where G_{α} is
65 biallelically expressed (4,14-17). The A/B DMR epigenetic status is maintained by an imprinting control region
66 (ICR) located in the upstream syntaxin-16 gene (*STX16*; MIM # 603666).

67 PHP-Ib is often sporadic (spor-PHP-Ib) but it may occasionally present as familial, with an autosomal
68 dominant and maternally inherited pattern of transmission (AD-PHP-Ib) (18). No clinical differences have
69 been observed between the sporadic and the familial form (19). Sporadic PHP-Ib cases show broad *GNAS*
70 imprinting abnormalities involving multiple DMRs, with no known underlying genetic lesion (20,21). AD-
71 PHP-Ib cases are typically caused by an isolated loss of methylation (LoM) at the A/B DMR, secondary to
72 genetic deletions disrupting the *STX16* ICR or, less frequently, by loss of all the maternal *GNAS* imprints due
73 to deletions removing the NESP55 DMR (22-26) (Figure 1A).

A 3-kb deletion removing *STX16* exons 4-6 is the most typical genetic defect found in the AD-PHP-Ib form (22), while a 4.4-kb deletion overlapping the smaller one and removing *STX16* exons 2-4 has been detected in few familial cases, confirming that *STX16* contains an important regulatory element involved in PHP-Ib pathogenesis (24). Overall, the finding that the majority of patients share a common sized deletion confirms that this chromosomal rearrangement arises through a specific mechanism involving the DNA sequence.

However, routine molecular and cytogenetic diagnostic methods (i.e. Sanger sequencing and routine or high-resolution karyotyping) fail to detect these deletions in a minority of PHP-Ib patients carrying methylation defects limited to the A/B DMR, suggesting the existence of other unknown genetic rearrangements within the *STX16* gene or elsewhere in the genome (27).

In the present study we report the clinical, biochemical and molecular analysis of a PHP-Ib patient with a novel *STX16* deletion of about 29.6 kb. This new deletion overlaps with previously identified *STX16* deletions (22, 24), but, unlike classical genetic defects associated with AD-PHP-Ib, it is undetectable with commonly used molecular diagnostic methods. Our work highlights the importance of performing accurate investigations in apparently sporadic PHP-Ib patients with GNAS methylation defects, in order to give appropriate genetic counseling to familial cases.

Patient and Methods

Patient

The proband, a 21-yr-old Italian male, was diagnosed as affected by Pseudohypoparathyroidism at the age of 13-ys-old, after he was hospitalized for transient loss of consciousness and brief titanic crisis. Laboratory findings showed a phospho-calcium metabolism disorder (calcaemia: 4.7 mg/dL, normal range: 9-10.5 mg/dL; phosphataemia: 9.5 mg/dL, normal range: 2.8-4.5 mg/dL) consistent with the diagnosis of hypocalcaemic tetanus, whose correction led to a significant clinical improvement. The brain CT scan showed the presence of rough calcifications at the level of the basal ganglia and of the corticomedullary junction. Hypocalcemia,

99 hyperphosphatemia and raised serum PTH levels (PTH: 654.2 pg/mL, normal range: 10-65 pg/mL) in the
100 absence of vitamin D deficiency were suggestive of Pseudohypoparathyroidism.

101 His past clinical history was non-significant, he did not show signs of AHO and there was no familial history of
102 phospho-calcium metabolism disorders.

103

104 *Methylation Specific - Multiplex Ligation-dependent Probe Amplification assay (MS-MLPA) of STX16 and*
105 *GNAS loci*

106 Dosage of allele segments and methylation analyses of STX16 (MIM#603666) and GNAS loci were
107 performed by MS-MLPA using the SALSA MLPA ME031 GNAS probemix (MRC-Holland, Amsterdam, The
108 Netherlands). The protocol was implemented following the manufacturer's recommendations. MS-MLPA PCR
109 products were separated by capillary electrophoresis using ABI3130xl Genetic Analyzers (Perkin-Elmer Corp.)
110 with an internal size standard GeneScan 500LIZ (Applied Biosystems, Foster City, CA). Data analysis was
111 performed using GeneMapper software (Applied Biosystems, Foster City, CA) and Coffalyser v9.4 (MRC-
112 Holland, Amsterdam, The Netherlands).

113

114 *COBRA of GNAS DMRs*

115 Differential methylation of GNAS DMRs was initially assessed on genomic DNA by COmbined
116 Bisulfite-treated Restriction Analysis (COBRA), as previously reported (22). In brief, 360 µg of DNA was
117 treated using the EZ DNA Methylation-Gold Kit (Zymo Research, Orange, CA) according to the manufacturer's
118 protocol, and was amplified by PCR with primers specific for GNAS DMRs (27). Amplified fragments of AS,
119 XL and A/B DMRs were digested with BstUI and NESP DMR was digested with AciI (New England Biolabs,
120 Ipswich, GB), according to manufacturer's recommendations.

121

122 *Investigation of STX16 3-kb and 4.4-kb deletions*

123 We investigated the presence of known STX16 deletions on genomic DNA by multiplex PCR, as
124 previously described (12). Briefly, multiplex PCR was performed using two pairs of primers for both 3-kb and

125 4.4-kb *STX16* deletions giving raise to PCR products of different length according to the presence of the deleted
126 allele.

127

128 *Southern Blot analysis of STX16 locus*

129 To confirm the *STX16* deletion found by MS-MLPA we performed Southern Blot analysis of patient
130 and wild-type control DNAs. As first step, restriction endonucleases SacI and AlwI (New England Biolabs,
131 Ipswich) were used to cut high-molecular-weight DNA strands into smaller fragments. Digested DNA was
132 resolved by 0.5% agarose electrophoresis, in parallel with the Biotinylated 2-Log DNA Ladder (0.1-10 kb)
133 (New England Biolabs, Ipswich), and then blotted by alkaline transfer method to positively charged nylon
134 membrane Hybond N (GE Healthcare, Piscataway, NJ, USA). The membrane was baked at 80°C to immobilize
135 DNA, then was exposed to 60 ng of biotinylated hybridization probe 5'-BITEG-
136 GGCAGGGCCTCAGCAGGTTTCAGACAAGTCCCCAGAAGGGAGCTGCAGGCGCCCTCGAGT-3'
137 (Eurofins MWG Operon, Ebersberg). The pattern of hybridization was visualized with streptavidin-horseradish
138 peroxidase conjugate using North2South chemiluminescent nucleic acid hybridization and detection kit (Pierce,
139 Rockford, USA), chemiluminescence was detected using the ChemiDoc-IT Imaging System (UVP,
140 Upland,CA) and analyzed using the image analysis program NIH ImageJ.

141

142 *Semiquantitative PCR (sq-PCR) and long range PCR (LR-PCR) of STX16 locus*

143 As a first step toward the delimitation of the *STX16* deletion, a semiquantitative amplification of specific
144 sequences in the region spanning from STX16 and NESP loci and in *STX16* intron 1 was performed (primers
145 available upon request). Briefly, serial dilutions of wild-type DNA were amplified by non-saturated PCR (20
146 cycles) together with patient DNA and, after agarose electrophoresis, were analyzed by densitometric scanning
147 of photographs of gels with NIH ImageJ software. Finally, to locate breakpoints at nucleotide level, long range
148 PCRs with primers flanking the deleted sequence and direct sequencing of amplicons were performed
149 (conditions and primers available upon request).

150

151 **Results and Discussion**

152

153 Pseudohypoparathyroidism type Ib is caused by the disruption of long-range imprinting control regions
154 regulating GNAS cluster methylation status and is often sporadic, but it may occasionally present as familial,
155 with an autosomal dominant pattern of transmission (AD-PHP-Ib). Hormonal resistance develops only after
156 maternal inheritance of the disease, while paternal inheritance of the same defect is not associated with
157 endocrine abnormalities (28). No phenotypic differences have been observed between the sporadic and the
158 familial form (19).

159 About 10 years ago the AD-PHP-Ib form was linked to a region on 20q13.3 and Bastepe et al. isolated
160 the first causative genetic defect, a 3-kb at STX16 locus, that is the predicted chromosomal location for the ICR
161 controlling the A/B DMR imprinting (22). During the last decade, different Research Units reported few other
162 causative STX16 and GNAS deletions, demonstrating the need to investigate for these less common genetic
163 defects associated to PHP-Ib (23-26).

164 Nevertheless, the deletions described up to nowadays do not account for some cases of PHP-Ib patients
165 carrying a methylation defect limited to the A/B DMR, thus it is expected the existence of other still unknown
166 rearrangements, undetectable by routinely used diagnostic techniques for PHP-Ib.

167 To this purpose, in the present study, we extensively investigated a patient showing a clinical PHP-Ib
168 phenotype and an isolated imprinting defect at GNAS A/B DMR but no evidence of classical *STX16* deletions.

169 A powerful tool for evaluating such subtle genetic abnormalities in PHP patients is methylation
170 specific-multiplex ligation-dependant probe amplification (MS-MLPA), a multiplex PCR method that allows, at
171 the same time, a targeted investigation of deletions/duplications affecting GNAS and STX16 loci and of the
172 methylation status of GNAS DMRs.

173 Methylation analysis of GNAS DMRs by COBRA demonstrated LoM limited to the A/B DMR and an
174 hemimethylated status at NESP, AS and XL DMRs (Figure 1B), but multiplex PCR failed to detect known 3.3-kb
175 and 4.4-kb *STX16* deletions in our patient (Figure 1C). Subsequent MS-MLPA analysis confirmed LoM at the

176 A/B DMR associated with the presence of an extended loss of diploidy affecting the *STX16* locus, which
177 pointed for the presence of a large deletion removing *STX16* exons 3-8 (Figure 2, upper panel).

178 To confirm this finding we performed Southern Blot analysis and we analyzed parent's DNA. Southern
179 Blot confirmed a 50% signal reduction in the index compared to a wild-type control (Supplementary Figure 1).
180 Moreover, we found that also his unaffected mother carried the same deletion (data not shown), demonstrating
181 the maternal inheritance of the defect.

182 As a first step toward the delimitation of this novel *STX16* deletion, we made a semiquantitative
183 amplification of specific sequences in the region spanning from *STX16* and *NESP* loci and within *STX16* intron
184 1 (data not shown). These experiments allowed the raw localization of upper, between chromosome positions
185 57'229'525 and 57'236'686, and lower breakpoints, between 57'257'525 and 57'290'623.

186 Finally, to locate breakpoints at nucleotide level, we performed long range PCRs using primers flanking
187 the deleted sequence followed by direct sequencing, revealing a 29'591 bp deletion
188 (g.57'235'162_57'259'753del) (Figure 2, lower panel). Based on this data, the deletion, starting in intron 1,
189 removes *STX16* exons from 2 up to 8, overlapping with previously described rearrangements (22, 24).

190 This non-recurrent deletion shares a common genomic region-of-overlap with previously identified 3.3
191 kb and 4.4 kb *STX16* deletions, that encompasses the critical region containing the putative *cis*-acting ICR
192 necessary for the maintenance of the methylation imprint at the exon A/B.

193 In conclusion, in the present work we have identified and refined the boundaries of a novel *STX16*
194 deletion, resulting in a switch from a maternal to a paternal epigenotype at the exon A/B DMR, as a cause of
195 AD-PHP-Ib. Our finding further confirms the parent-of-origin-specific transmission of the disease, the
196 possibility that mothers carrying a disease-causing deletions may be clinically unaffected, and the existence of
197 control elements within the *STX16* region crucial for keeping across generations imprinting at the A/B DMR.
198 Moreover, our work stresses the importance of performing additional investigations in PHP-Ib patients with
199 apparently sporadic methylation defects to allow precise genetic counseling, as in case of submicroscopic
200 structural mutations the disease phenotype is transmitted in an autosomal dominant fashion via the mother.

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302 **Legend to figures**

303 **Figure 1.** Panel A shows a schematic graph of general organization and imprinting at *GNAS* and *STX16* loci. The
304 diagram is not drawn to scale. Exons are indicated as black rectangles, the four differentially methylated regions
305 (DMRs) are highlighted with an asterisk on the methylated allele and the allelic origin of transcription as arrows
306 on the paternal or the maternal allele. *STX16* and *NESP-AS* deletions are surrounded by brackets: a, ref. 24; b,
307 ref. 22; c, ref. 25; d, ref. 23; e, ref. 26; f, the novel deletion identified in the present paper. Panel B shows
308 methylation analysis of *GNAS* DMRs by COBRA. Wild-type *NESP*, *AS*, *XL* and *A/B* DMRs are digested by the
309 enzyme used into two bands, one corresponding to the unmethylated allele and one to the methylated allele. The
310 absence of the digested band at *A/B* DMR indicates loss of methylation on the maternal allele. Our index
311 resulted to have a loss of methylation restricted to the *A/B* DMR. Panel C shows *STX16* deletion analysis
312 performed by multiplex PCR. The normal control shows two PCR products (1496 and 966 bp), whereas the
313 deleted sample shows an additional 1387-bp band amplified on the deleted allele. Our index did not carry *STX16*
314 known deletions; interestingly, the 966 bp fragment appeared faint, as the deleted positive control.

315 **Figure 2** Upper panel. This figure shows a summary chart of the data analysis for copy number determination
316 performed by MS-MLPA. On the X-axis MLPA probes are shown according to their chromosome location,
317 while on the Y-axis the final probe ratio, or ploidy status, is shown. Probes specific to *STX16* exons 3-8 (black
318 bars) give a 35-50% reduced signal during capillary electrophoresis, suggesting the presence of a heterozygous
319 deletion. Lower panel. Characterization of the novel *STX16* deletion breakpoints. This figure shows the
320 chromatogram of the boundaries of the deletion (g.57'235'162 - 57'259'753del) obtained by Sanger sequencing
321 of long range PCR.

322 **Supplementary Figure 1** *STX16* Southern Blot image showing the index and a wild-type control (left panel).
323 The graph of the densitometric quantification shows a marked decrease in the index (black bar), confirming the
324 presence of a deletion removing the recognition sites for *SacI* and *AlwI* endonucleases (right panel).



