

## RESEARCH ARTICLE

# Development of the neurons controlling fertility in humans: new insights from 3D imaging and transparent fetal brains

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## ABSTRACT

Fertility in mammals is controlled by hypothalamic neurons that secrete gonadotropin-releasing hormone (GnRH). These neurons differentiate in the olfactory placodes during embryogenesis and migrate from the nose to the hypothalamus before birth. Information regarding this process in humans is sparse. Here, we adapted new tissue-clearing and whole-mount immunohistochemical techniques to entire human embryos/fetuses to meticulously study this system during the first trimester of gestation in the largest series of human fetuses examined to date. Combining these cutting-edge techniques with conventional immunohistochemistry, we provide the first chronological and quantitative analysis of GnRH neuron origins, differentiation and migration, as well as a 3D atlas of their distribution in the fetal brain. We reveal not only that the number of GnRH-immunoreactive neurons in humans is significantly higher than previously thought, but that GnRH cells migrate into several extrahypothalamic brain regions in addition to the hypothalamus. Their presence in these areas raises the possibility that GnRH has non-reproductive roles, creating new avenues for research on GnRH functions in cognitive, behavioral and physiological processes.

**KEY WORDS:** GnRH neurons, Human development, Fertility, Transparent brain, 3DISCO

## INTRODUCTION

Reproduction and fertility in mammals depend on the function of a small population of cells – the gonadotropin-releasing hormone (GnRH) neurons. These neurons project to the hypothalamic median eminence and release GnRH into the pituitary portal blood circulation for delivery to the anterior pituitary, where it elicits the secretion of the gonadotropins, luteinizing hormone and follicle-stimulating hormone (Christian and Moenter, 2010). Failure of the

GnRH system to develop or secrete properly is associated with clinical syndromes of reduced sexual competence or infertility (Boehm et al., 2015).

The development of the GnRH and olfactory systems are intimately entwined (Boehm et al., 2015). Indeed, during embryonic development GnRH neurons are born in the medial part of the nasal placode [the presumptive vomeronasal organ (VNO)] and enter the brain along a migratory route formed by the central trunk of the terminal (TN; nervus terminalis or cranial nerve 0), vomeronasal (VNN) and olfactory nerves (Schwanzel-Fukuda and Pfaff, 1989; Vilensky, 2014; Wirsig-Wiechmann and Oka, 2002; Wray et al., 1989). In humans, as in other vertebrates, the nasal placodes develop as thickenings of the ectoderm on the ventrolateral sides of the head around the fifth week of gestation (Muller and O’Rahilly, 2004). However, while the sequence and coordination of the events governing the differentiation and migration of GnRH neurons from the nose to the brain have been studied extensively in several species (Abraham et al., 2009; Bruneau et al., 2003; Murakami and Arai, 1994; Murakami et al., 1992; Palevitch et al., 2007; Quanbeck et al., 1997; Ronnekleiv and Resko, 1990; Schwanzel-Fukuda and Pfaff, 1989; Witkin et al., 2003; Wray et al., 1989), data in humans are scarce, relying mainly on scattered embryonic/fetal stages (Kim et al., 1999; Quinton et al., 1997; Schwanzel-Fukuda et al., 1989, 1996). To better understand the prenatal development and spatial organization of these neurons in humans, we combined immunohistochemistry with three-dimensional (3D) analysis of either reconstructed histological sections (Luzzati et al., 2011) or of optically cleared whole-mount embryos/fetuses (Belle et al., 2014; Ertürk et al., 2012; Renier et al., 2014).

Our results provide the first 3D atlas and cell counts of the developing GnRH neuronal system in humans during the first trimester of gestation. The breadth of analysis and level of detail made possible by these technologies reveal previously unprecedented target sites and routes of GnRH migration into the brain.

## RESULTS

### Formation of the olfactory placode and VNO

Most vertebrates possess two anatomically distinct olfactory systems: the main olfactory system, which is responsible for the detection of volatile odorants; and the vomeronasal system, which mediates the detection of pheromones, primarily non-volatile signals related to social and reproductive behavior (Dulac and Torello, 2003).

We first studied the sequential morphogenetic steps leading to the formation of the human olfactory/vomeronasal systems, the appearance of the first GnRH-expressing neurons and the initiation of the GnRH neuronal migratory process. In humans, the olfactory

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placodes develop as thickenings of the ectoderm on the ventrolateral sides of the head around the fifth week of gestation (Muller and O’Rahilly, 2004). Although there is general agreement about the existence of a VNO in the human embryo (Smith and Bhatnagar, 2000), very little information is available about its development and molecular signature. Here, we first observed that the placodes invaginate at Carnegie stage (CS) 16 (~39th day of gestation) to form simple olfactory pits (Fig. 1A,B). An invagination of the medial olfactory placode gives rise to the presumptive vomeronasal organ (pVNO) (Fig. 1C,D). We analyzed the expression of the transcription factors AP-2 $\alpha$  (TFAP2 $\alpha$ ) and PAX6, the graded expression of which defines the site of the VNO anlage in rodents (Forni et al., 2011). AP-2 $\alpha$  immunoreactivity could be detected in the epidermis, dorsal and ventral craniofacial mesenchyme and a few ectodermal cells within the dorsal and ventral portions of the respiratory epithelium (Fig. 1A,B). In the nasal region, PAX6 expression was confined to the medial olfactory epithelium, with a decreasing gradient towards AP-2 $\alpha$ -positive territories (Fig. 1A-C). We were able to identify symmetrical bean-shaped VNOs, located at the base of the nasal septum, in all embryos (CS 16–23,  $n=7$ ; Figs 2 and 3) and fetuses [gestational weeks (GW) 9–12,  $n=8$ ] analyzed. By CS 18, the VNO was closed and almost completely separated from the nasal cavity (Fig. 2A,B), except caudally, where it maintained contact with the olfactory epithelium throughout the first trimester of gestation (Fig. 2C, Fig. 3G).

Whether the VNO retains any proliferative capacity during embryogenesis in humans was unknown until now. At CS 20, numerous VNO cells expressed the proliferation marker Ki67 (MKI67) and high levels of the stem cell marker SOX2 (Fig. 2M,N). By contrast, they were negative for SOX10, a marker of olfactory ensheathing cells (a type of glial cell with myelinating capacity) and HuC/D (ELAVL3/4), a marker of immature neurons (Fig. 2M,N). These observations suggest that the embryonic VNO contains actively proliferating progenitors that could be the precursors of the neurons and olfactory ensheathing cells migrating into the telencephalon from the nasal region.

### Ontogenesis of GnRH neurons and the ‘migratory mass’

In rodents, early GnRH neurons migrate together with a heterogeneous coalescence of placode-derived and neural crest-derived migratory cells (Forni et al., 2011) and olfactory axons, collectively called the ‘migratory mass’ (MM) (Miller et al., 2010; Valverde et al., 1992). This cell migration precedes the targeting of olfactory sensory axons to the developing olfactory bulb (OB). The existence of a similar MM in the human embryo has not yet been described. We thus immunolabeled consecutive sagittal sections of a CS 16 embryo for GnRH and doublecortin (DCX) (Fig. 1D,E,G), a marker of immature migratory neurons (Gleeson et al., 1999). We identified a very small number (50 in total) of immature GnRH-expressing cells in the nasal mesenchyme, in the medial portion of the olfactory placode (Fig. 1C-E), adjacent to the basal lamina of the VNO, showing that the acquisition of cell identity occurs outside the VNO between GW 5 and 6. At this stage, we observed a mixed mass of immature GnRH neurons expressing DCX (Fig. 1F,G) or  $\beta$ III-tubulin (Fig. 1H-J), migrating across the nasal mesenchyme towards the telencephalon. As in rodents (Miller et al., 2010), GnRH neurons in humans only represented a small proportion of the MM (Fig. 1G). Furthermore, these pioneer neurons of the MM expressed the delta/notch-like EGF repeat containing (DNER) (Fig. 1H-J), a transmembrane protein specifically localized in the dendrites and cell bodies of postmitotic neurons.

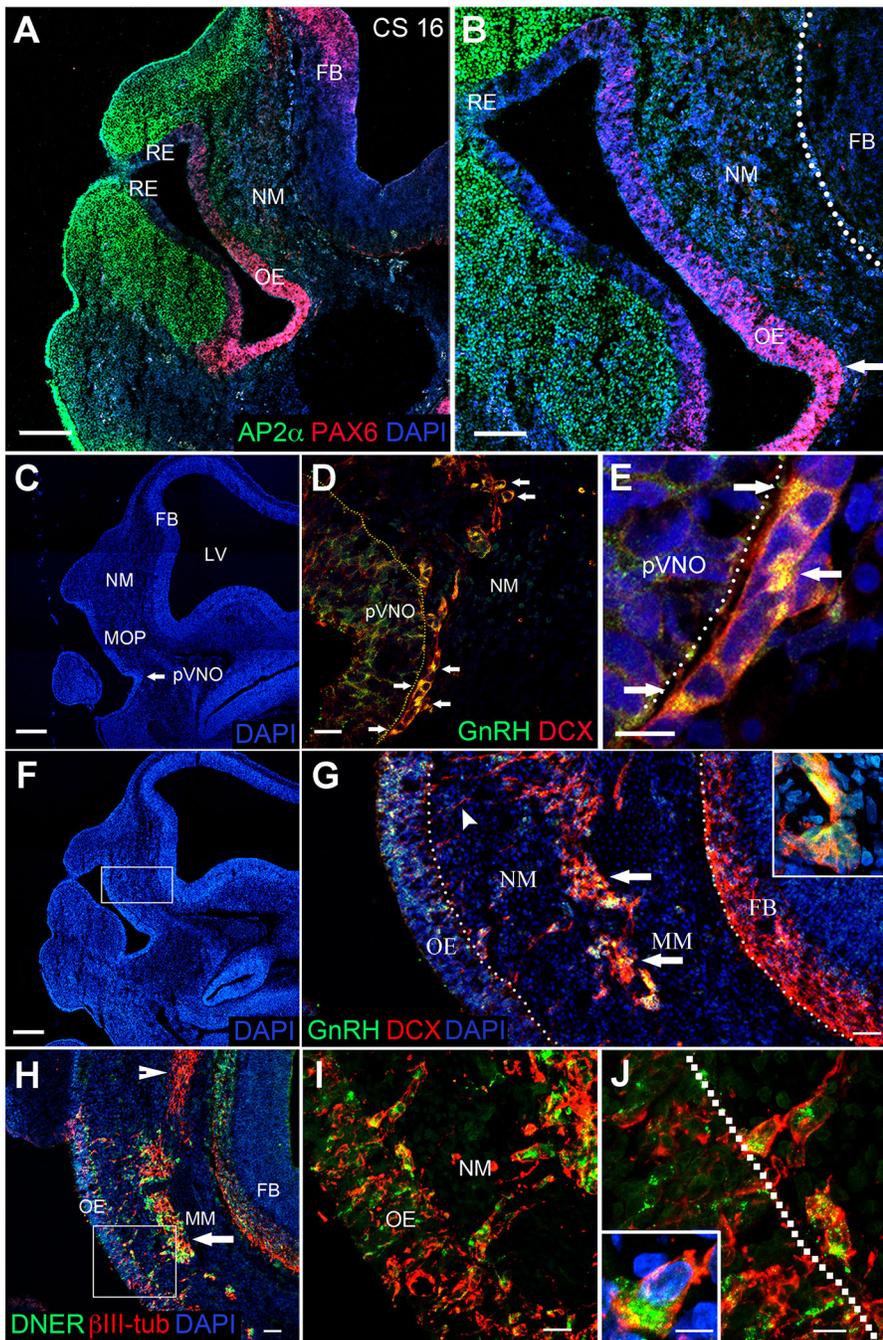
These data suggest that the morphogenetic programs defining the development of the olfactory and vomeronasal systems and the molecular signature of the GnRH migratory route are highly conserved across evolution (Eiraku et al., 2002; Miller et al., 2010).

### Development of the VNN/TN and GnRH neuron migration

Neurons of the VNN and TN, which belong to the accessory olfactory system, develop simultaneously from the medial part of the nasal disc, together with GnRH neurons in mammals, including humans (Muller and O’Rahilly, 2004; Verney et al., 2002). The VNN and TN travel together across the nasal region (Brown, 1987), emerging from the vomeronasal epithelium and running medially from the olfactory epithelium towards the dorsal region of the OB. Their central entry, however, differs: it has previously been shown that the VNN reaches the dorsal region of the OB, namely the developing accessory olfactory bulb (AOB), which is responsible for coding pheromonal information after birth, whereas the TN projects both ventrally and dorsally within the forebrain, primarily to the septal, hypothalamic and limbic areas (Pearson, 1941a,b; Schwanzel-Fukuda and Silverman, 1980; Wirsig-Wiechmann and Oka, 2002).

Our immunohistochemical studies of CS 18 embryos revealed a mixed population of VNN and TN axons emerging from the VNO, traveling across the nasal septum, crossing the cribriform plate and projecting into the telencephalon (Fig. 2A). In other mammals, this axonal scaffold, which serves as a substrate for the migration of GnRH neurons, expresses transient axonal glycoprotein 1 (TAG-1; contactin 2) (Yoshida et al., 1995), the neuron-specific  $\beta$ III-tubulin (Giacobini et al., 2008), as well as the neuronal type III intermediate filament protein peripherin (Wray et al., 1994). These markers are known to be expressed by a subset of developing olfactory, vomeronasal and terminal axons (Gorham et al., 1990, 1991) and to highlight the entire GnRH migratory scaffold from the olfactory pit to the medial septal area (Fueshko and Wray, 1994). Here, we show that peripherin (Fig. 2D) and TAG-1 (Fig. 2E) are both expressed along this scaffold of vomeronasal/terminal axons in CS 19 embryos. At CS 18–20 (~44 to 49 days of gestation), we observed GnRH-immunopositive neurons outside the VNO (Fig. 2A). These cells were migrating across the nasal septum along  $\beta$ III-tubulin-positive (Fig. 2A) and TAG-1-positive (Fig. 2F,G) VNN/TN axon bundles, which emerged from the VNO to project to the developing OB. Of note, only a few days after their initial appearance, some GnRH neurons had already entered the telencephalon and could be seen in the OB, septum and ventral striatum (Fig. 2A). At CS 18, immunolabeling for the olfactory ensheathing cell marker SOX10 (Barraud et al., 2013; Forni et al., 2011; Miller et al., 2010),  $\beta$ III-tubulin and GnRH revealed that olfactory ensheathing cells enwrapped VNN/TN axons (Fig. 2H). GnRH neurons intermingled with SOX10-positive cells and immature migratory neurons ( $\beta$ III-tubulin positive) in the nasal mesenchyme, on their way from the VNO to the developing forebrain (Fig. 2I-L).

As mentioned above, in most terrestrial vertebrates the vomeronasal neurons project to the AOB. The presence of an accessory olfactory system has also been documented during fetal life in humans (Bossy, 1980). However, there is no evidence so far for a neuronal connection between the VNO and the AOB. We tested this possibility by performing immunohistochemistry for neuropilin 2 (NRP2) and GnRH on sagittal sections of GW 9 heads ( $n=2$ ) containing both the VNO and the AOB (Fig. S1A–D). NRP2, the receptor for semaphorin 3F, is highly expressed by a subset of vomeronasal sensory neurons in rodent embryos and along



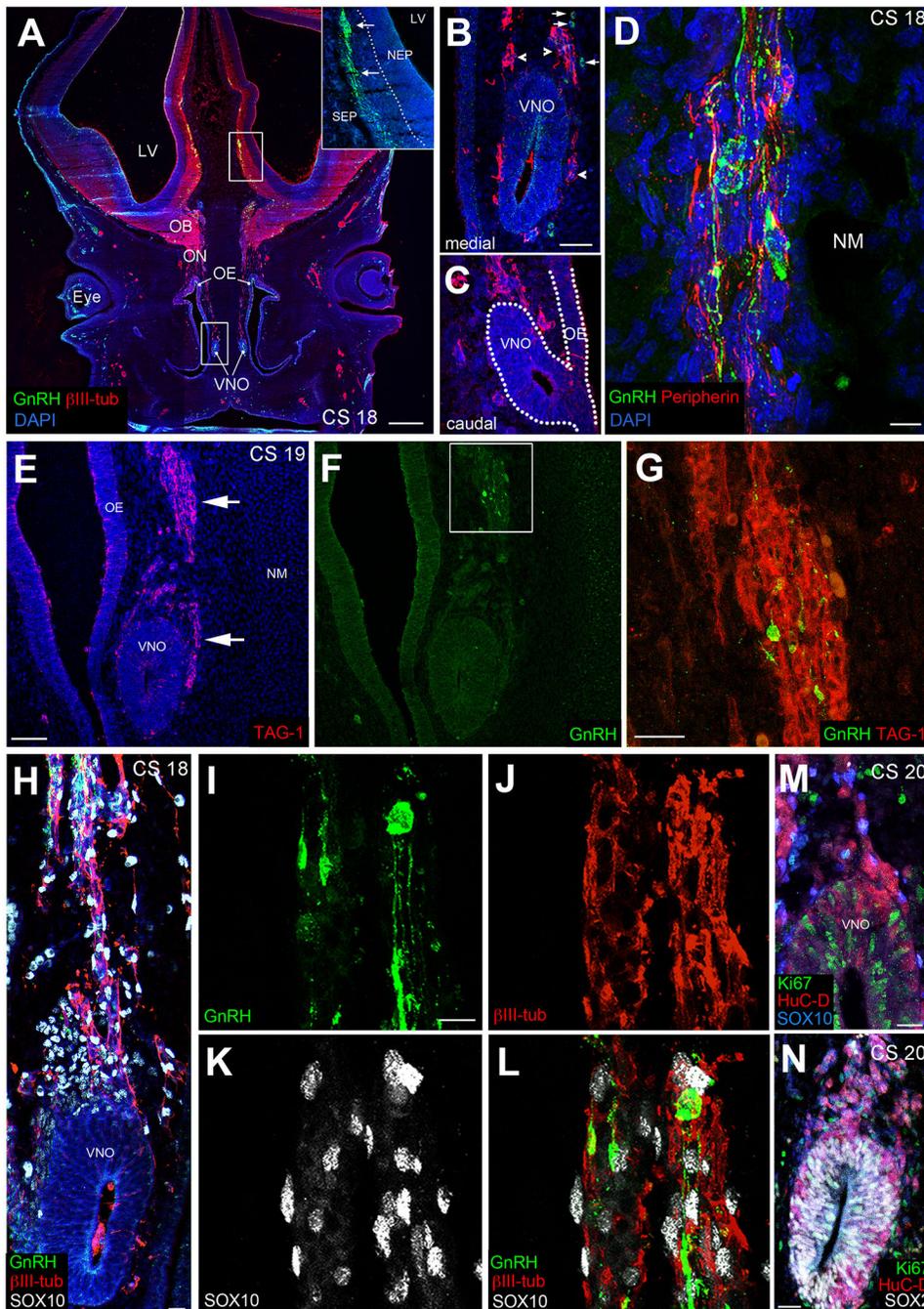
**Fig. 1. Ontogenesis and molecular signature of human GnRH neurons at CS 16.** (A,B) Representative AP-2 $\alpha$  (green) and PAX6 (red) immunoreactivity in a sagittal section of a CS16 embryo head. AP-2 $\alpha$  and PAX6 are expressed in opposite gradients in the nasal mesenchyme (NM) (AP-2 $\alpha$ ) and in the olfactory placodal epithelium (PAX6, arrow). (C) DAPI staining showing that in the olfactory placode an invagination of the medial olfactory placode (MOP) forms the presumptive vomeronasal organ (pVNO, arrow). (D) GnRH neurons (arrows) differentiate outside the pVNO and express DCX. (E) Early GnRH cells (arrows) are detected at the border between the NM and the epithelium of the pVNO. (F) Lateral sagittal section of a CS 16 embryo head stained with DAPI. (G) High magnification of the boxed area in F. Arrows point to cell clusters co-expressing GnRH and DCX. Arrowhead indicates a neurite process of a DCX-expressing migratory cell. Inset is a high-magnification view of migratory neurons expressing both GnRH and DCX. (H-J) The neuronal migratory mass (MM, arrows) expresses DCX. GnRH neurons coalesce with the MM. DNER<sup>+</sup> and  $\beta$ III-tubulin<sup>+</sup> cells are detected in the medial NM forming the MM (H, arrow) and  $\beta$ III-tubulin<sup>+</sup> cells are present dorsally towards the developing olfactory bulb (H, arrowhead).  $\beta$ III-tubulin<sup>+</sup> neurons expressing DNER emerge from the olfactory epithelium (OE) (I) towards the coalescence of cells in the NM in a chain-like fashion. (J) High magnification of a  $\beta$ III-tubulin<sup>+</sup> cell expressing DNER moving from the OE to the NM. The dotted line (J) delineates the boundary between the OE (left side) and the NM (right side). The inset (J) illustrates a migratory neuron, emerging from the OE, co-expressing DNER and  $\beta$ III-tubulin. FB, forebrain; LV, lateral ventricle; RE, respiratory epithelium. Scale bars: A,C,F, 200  $\mu$ m; B, 100  $\mu$ m; D,I, 20  $\mu$ m; E,J, 10  $\mu$ m; inset in J, 5  $\mu$ m; G,H, 50  $\mu$ m.

vomeronasal axons innervating the AOB (Cariboni et al., 2007; Cloutier et al., 2002). Moreover, *Nrp2*<sup>-/-</sup> mice display a GnRH migratory defect followed by reduced fertility and hypogonadism, supporting the direct involvement of neuropilins and their ligands in the establishment of the GnRH neuroendocrine system (Cariboni et al., 2007).

We observed strong NRP2 expression in developing neurons of the VNO at GW 9, as well as along the VNN (Fig. S1B,C). GnRH neurons migrated in tight association with NRP2-positive fibers (Fig. S1C). Notably, analysis of the VNO target area revealed NRP2-expressing fibers in the AOB but not the main OB (Fig. S1D). These findings provide strong evidence for the anatomical connection between the human VNO and AOB.

### High-resolution 3D imaging of the GnRH migratory pathway in transparent human embryos

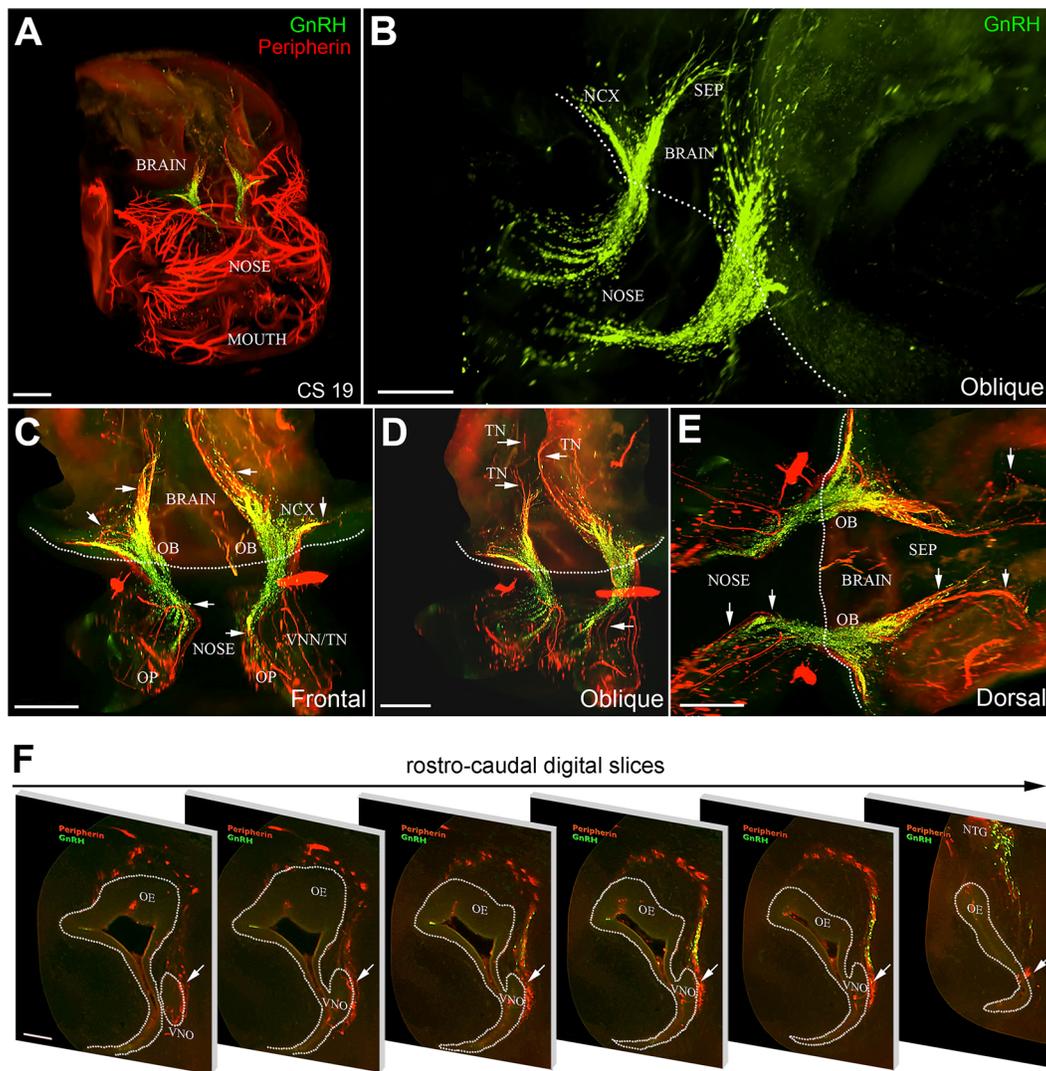
3D imaging of solvent-cleared organs (3DISCO) is a solvent-based clearing method used to make the brain transparent (Ertürk et al., 2012; Ertürk and Bradke, 2013). This method has been combined with an immunolabeling protocol followed by light-sheet laser-scanning microscopy (LSM) to study neuronal connectivity in mouse embryos and postnatal brains (Belle et al., 2014; Ertürk et al., 2012). Here, we adapted this technique for the first time to intact human embryos and fetuses and gained excellent clearing of the specimens (Figs 3, 4, Movies 1-3). Whole-mount immunolabeling of a CS 19 human embryo (~48th day of gestation) for GnRH and peripherin followed by 3DISCO optical clearing and LSM provided



**Fig. 2. Development of the VNO and related cellular components.** (A–C) GnRH and βIII-tubulin expression in a coronal section of a CS 18 human embryo. (A) GnRH cells migrate along the vomeronasal nerve (VNN), which expresses βIII-tubulin (lower boxed region, as enlarged in B, arrows), in the olfactory bulb (OB), inside the brain at the level of the septum (white square; arrows in inset indicate GnRH neurons that reached the septum). (B) Magnification of the VNO and OE in A. Arrowheads indicate the VNN. (C) Caudally, the VNO is fused with the developing OE. (D) GnRH cells migrate along peripherin<sup>+</sup> axons across the NM. (E–G) Confocal images for TAG-1<sup>+</sup> (E, arrows) and GnRH<sup>+</sup> (F) cells in a CS 19 embryo. (G) Higher magnification of the white box in F. TAG-1 is expressed along the VNN. (H–L) Triple immunolabeling showing expression of GnRH, βIII-tubulin and SOX10 in a coronal section of a VNO at CS 18. GnRH neurons (I) are intermingled in the NM with migratory neurons (βIII-tubulin<sup>+</sup>, J) and ensheathing SOX10<sup>+</sup> cells (K,L). (M,N) Expression of Ki67, HuC/D and SOX10 (M) or SOX2 (N) inside the VNO at CS 20. NEP, neuroepithelium; ON, olfactory nerve; SEP, septum; other abbreviations as Fig. 1. Scale bars: A, 500 μm; B,C, 50 μm; D,I–L, 10 μm; E,F, 60 μm; G,H,M,N, 20 μm.

high-resolution imaging of immunofluorescent signals (Fig. 3A–E, Movie 1). At this stage of embryonic development, a bilateral continuum of GnRH neurons migrated across the nasal region and started to enter the forebrain, directed towards the neocortex (NCX) and the septal areas (SEP) (Fig. 3B). The peripherin antibody allowed us to visualize motor and sensory fibers of the entire peripheral nervous system in human embryos, including cranial nerves, olfactory, vomeronasal and terminal fibers (Fig. 3C–E, Movie 1). The intracranial projections of the TN had already reached the medial septal area by this embryonic stage. Unexpectedly, a considerable subset of TN fibers sprouted dorsally and laterally to telencephalic regions corresponding to the NCX and the developing hippocampus. We found that GnRH neurons were consistently

juxtaposed to the peripherin-positive VNN/TN while migrating from the nose into these telencephalic areas (Fig. 3C–E, Movie 1). We next optically sliced the immunolabeled head of the CS 19 embryo (Fig. 3F) and analyzed these digital coronal slices. The fact that GnRH neurons appear for the first time in the immediate vicinity of the VNO and nowhere else further establishes the VNO as their site of origin (Fig. 3F). These studies also confirm that the VNO maintains continuity with the olfactory epithelium in more caudal positions (Fig. 3F). We next performed whole-mount GnRH immunolabeling of a CS 21 human embryo (~53rd day of gestation) and documented the 3D distribution of GnRH neurons (Fig. 4A,B, Movie 2). At this stage, GnRH cells migrated within the brain in chain-like structures and proceeded dorsally and laterally towards



**Fig. 3. Whole-mount immunolabeling and 3DISCO optical clearing of a CS 19 embryo.** Representative image of a CS 19 human embryo after 3DISCO immunolabeling and optical clearing. (A-E) CS19 embryo labeled for GnRH and peripherin. (B-E) Different views of the entire transparent head depicting the GnRH migratory neurons (green) and the migratory scaffold (red, peripherin\*). Dotted lines define the boundaries between the nose and the brain. Arrows indicate the VNN/TN. (F) Rostrocaudal optical sections of the nasal region of the same embryo. GnRH neurons emerge from the VNO (arrows) and migrate along the VNN/TN. The VNO is separated from the OE rostrally but is fused with the OE caudally. NCX, neocortex; NTG, nervus terminalis ganglion; OP, olfactory placode; TN, terminal nerve; other abbreviations as previous figures. Scale bars: A, 800  $\mu$ m; B, 200  $\mu$ m; C-E, 300  $\mu$ m; F, 100  $\mu$ m.

the septum, OB and cortex (Fig. 4A,B, arrowheads). Moreover, some GnRH-positive cells formed a loop and started turning ventrally towards the developing hypothalamus (Fig. 4A,B).

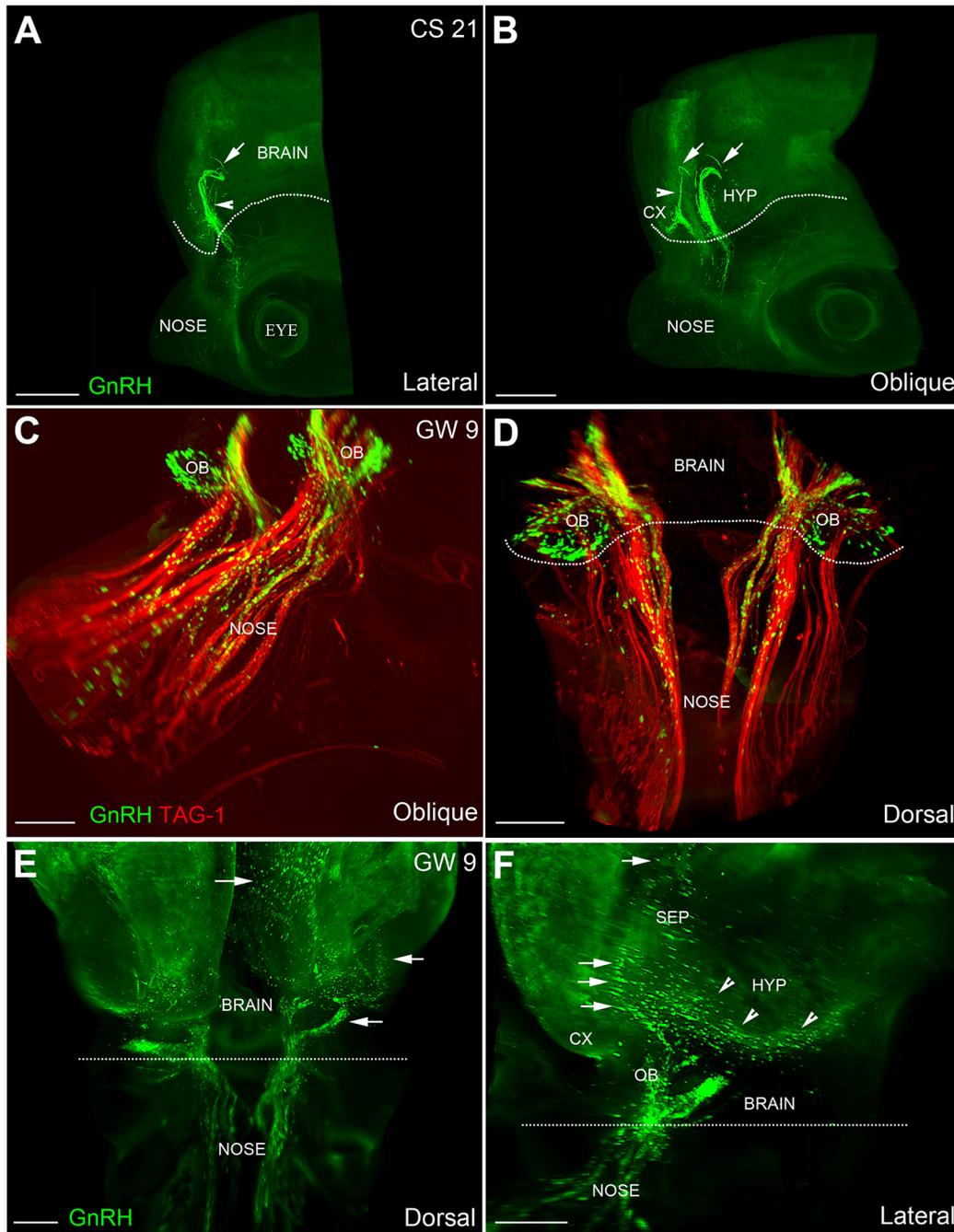
A few days later, at GW 9, many GnRH neurons were still found in the nasal compartment in close association with TAG-1-immunoreactive VNN/TN axons. In addition, some GnRH cells had assumed an unexpected ring-like distribution, forming two symmetric circles around the developing OB (Fig. 4C,D, Movie 3). Inside the brain, GnRH neurons were no longer organized in continuous chains but were rather more widely spaced and scattered across multiple areas (Fig. 4E,F).

#### The distribution and number of GnRH neurons in the human fetal brain

In rodents, GnRH neurons migrate into the forebrain and appear to detach from the peripherin-positive terminals of VNN/TN fibers before entering the septal-preoptic area (Yoshida et al., 1995). In order to determine whether this was also the case in humans,

coronal sections of a CS 23 embryo (~GW 8) were immunolabeled for peripherin and GnRH. Peripherin-positive fibers projected deeper than expected, to the mediobasal hypothalamus and developing median eminence (Fig. 5A). GnRH neurons were detectable in these regions, but always in tight apposition to peripherin-positive fibers right up to their target sites (Fig. 5A, inset). This suggests a fundamental difference between rodents and humans in the mode of migration of GnRH neurons during the last phase of their journey. Alternatively, VNN/TN axonal terminals might also persist in these areas in rodents, but no longer express peripherin.

At GW 9, in keeping with the identification of a dorsal/lateral branch of the TN in CS 19 embryos, GnRH neurons were distributed along two different migratory streams. The first, a ventral migratory pathway directed towards the presumptive hypothalamic regions (Fig. 5B, white arrow), has previously been documented in humans (Schwanzel-Fukuda et al., 1989, 1996). In addition, we provide evidence for an unexpected dorsal migratory pathway for GnRH



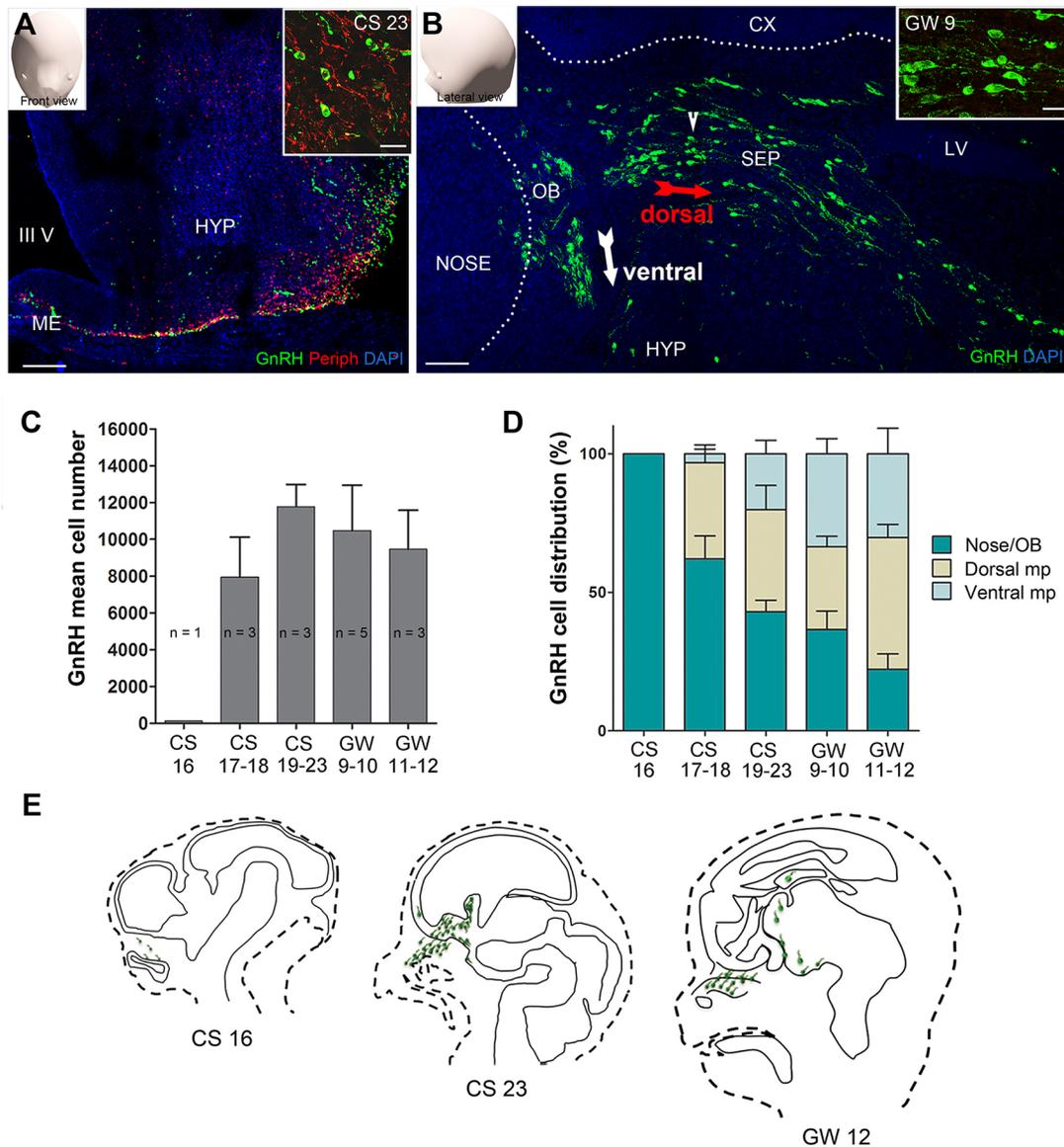
**Fig. 4. Whole-mount immunolabeling and 3DISCO clearing of a CS 21 embryo and two GW 9 fetuses.** (A,B) Lateral and oblique projections of the whole head of a CS 21 human embryo immunolabeled for GnRH. Chains of GnRH neurons enter the brain and progress either dorsally (arrows) or ventrally (arrowheads) toward the developing hypothalamus (HYP). (C,D) Whole-mount GnRH/TAG-1 immunolabeling of a GW 9 fetal nose. (E,F) Dorsal and lateral projections of a GW 9 head immunolabeled for GnRH. At this stage, GnRH neurons are distributed in several brain areas, including the HYP. CX, cortex; other abbreviations as previous figures. Scale bars: A,B, 500  $\mu$ m; C,D, 200  $\mu$ m; E, 300  $\mu$ m; F, 400  $\mu$ m.

neurons, directed towards pallial and subpallial telencephalic regions (Fig. 5B, red arrow).

Here, we counted for the first time the GnRH cells at different developmental stages between GW 5.5 (CS 16) and GW 12. At CS 16 (the earliest embryonic stage we had access to;  $n=1$ ), we observed 50 GnRH neurons, all of which were restricted to the nasal region (Fig. 5C). Only a few days later [GW 6 (CS 17-18),  $n=3$ ], the number of GnRH neurons had expanded to  $7951 \pm 2000$ , indicating that (1) full GnRH neuronal differentiation occurs between 39 and 44 days of gestation and (2) GnRH neurons migrate rapidly

during early embryogenesis (Fig. 5C). On average,  $\sim 10,000$  immunoreactive GnRH neurons were detectable at four developmental stages spanning GW 6 to GW 12. This number is five times higher than previously estimated (Crowley et al., 2008; Tobet et al., 2001).

We did not observe any sex difference in the number of GnRH cells in GW 7-10 fetuses ( $n=4$  males, mean GnRH cell number =  $11,123 \pm 2815$ ;  $n=4$  females, mean GnRH cell number =  $10,565 \pm 1693$ ;  $t$ -test,  $P=0.8706$ ). At each stage, we also quantified the relative distribution of GnRH cell bodies in three



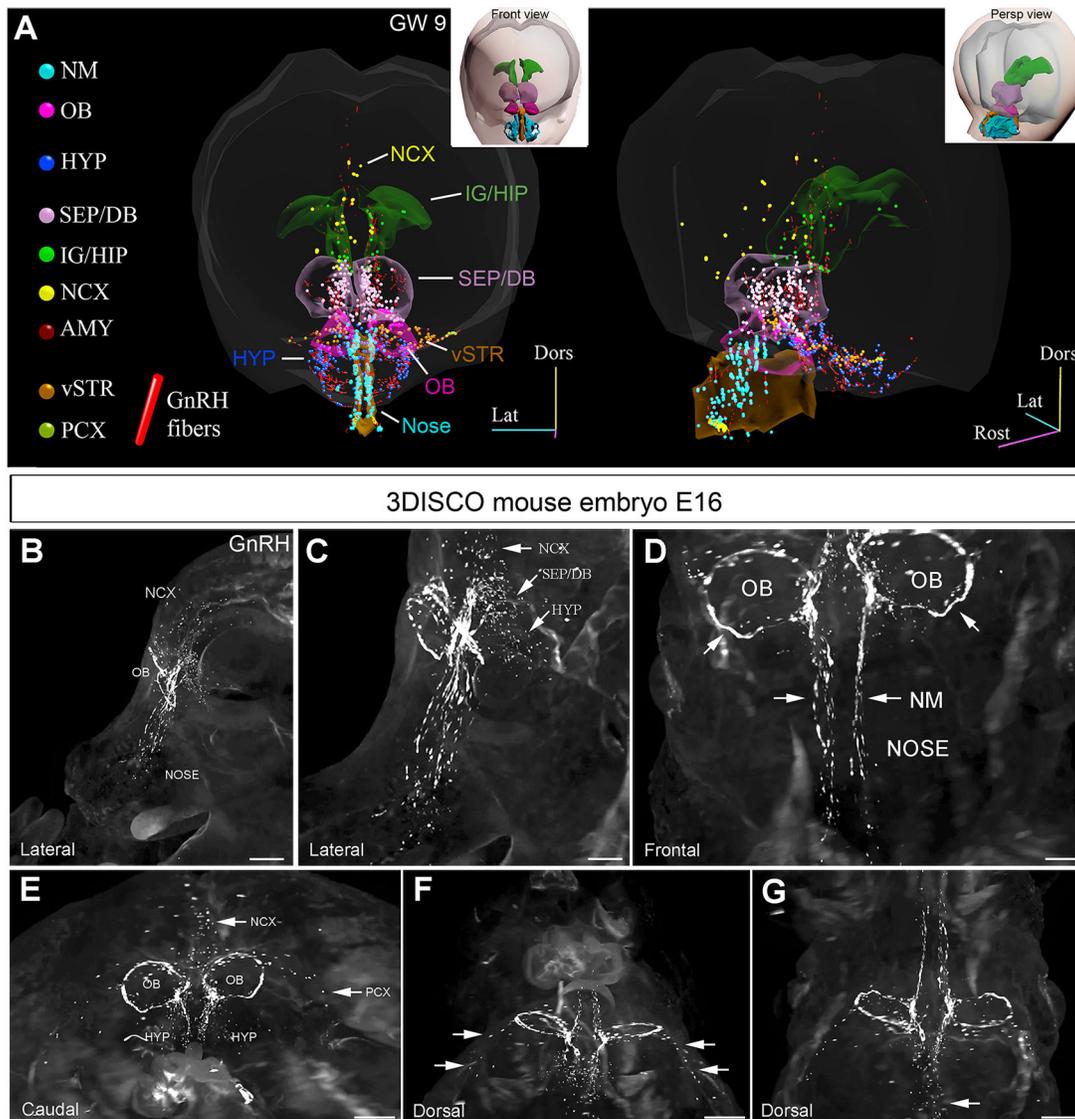
**Fig. 5. Quantification of GnRH neurons during the first trimester of human gestation.** (A) Representative coronal section of a GW 9 human fetal hypothalamus immunolabeled for GnRH (green) and peripherin (red). Peripherin<sup>+</sup> fibers project to the basal hypothalamus and developing median eminence. Inset shows that GnRH neurons migrate to their final hypothalamic target areas in tight association with the peripherin<sup>+</sup> fibers. (B) Representative sagittal section of a CS 23 fetal brain immunolabeled for GnRH. GnRH neurons enter the brain following a dorsal (red arrow) and a ventral (white arrow) migratory pathway. Inset shows migratory GnRH cells in the dorsal pathway at high magnification. Arrowhead indicates the region depicted in the inset. (C) Quantification of the mean total GnRH cell number during the first trimester of gestation in humans as a function of the developmental stages. (D) Distribution of GnRH cells expressed as a percentage of total cells calculated as a function of the developmental stages in three anatomical compartments: nose, dorsal and ventral migratory pathway (mp). (E) Schematic representation of GnRH migration during the first trimester of gestation in humans. Values are mean $\pm$ s.e.m. ME, median eminence; III V, third ventricle; other abbreviations as previous figures. Scale bars: A, 100  $\mu$ m; inset in A, 20  $\mu$ m; B, 50  $\mu$ m; inset in B, 10  $\mu$ m.

areas: the nose/OB, and the ventral and dorsal migratory streams (Fig. 5D). At CS 16, GnRH immunoreactivity was restricted to the nose. At CS 17–18, ~60% of the cells were migrating within the nose, 36% had entered the brain along the dorsal migratory stream and 4% had started to turn ventrally towards the basal forebrain. During subsequent stages (CS 19 to GW 12,  $n=11$ ; Fig. 5D,E), the number of cells in the nose progressively decreased, with a concomitant increase in cells in the dorsal and ventral migratory pathways. At the latest time point analyzed (GW 11–12,  $n=3$ ), only 23% of GnRH neurons were located in the more rostral regions (nose/OB).

To understand in greater detail the anatomical distribution of GnRH neurons in human fetal brains, we performed 3D reconstruction

analysis of serial sections at this fetal stage (GW 9,  $n=2$ ; Fig. 6A, Movie 4). Our analysis confirmed that GnRH neurons migrated into the brain along two main migratory pathways, including the newly identified dorsal pathway. The latter pathway comprised two components: (1) one medial, reaching the septum/diagonal band of Broca, indusium griseum/presumptive hippocampus and rostromedial neocortex; and (2) one lateral, reaching the ventral striatum, piriform cortex and amygdala (Fig. 6A).

An anatomical atlas of developing human GnRH cells is currently unavailable. To generate a detailed distribution map of GnRH neurons in GW 12 fetuses (the latest developmental stage available for these studies), we immunolabeled serial coronal sections of GW



**Fig. 6. GnRH neurons migrate following a dorsal and a ventral migratory pathway in both human and mouse fetuses.** (A) Front (left) and perspective (right) views of a 3D atlas of the distribution of GnRH neuronal cell bodies and fibers in a GW 9 human embryo. Each cell is represented by a sphere (100  $\mu\text{m}$  in diameter) colored according to its location (legend on the left). Transparent contours of the NM, OB, septum/diagonal band of Broca (SEP/DB) and indusium griseum/hippocampus (IG/HIP) are also shown for reference. In the inset, the position of these contours, together with the nasal turbinates (cyan), is shown. (B-G) Lateral (B,C), frontal (D), caudal (E) and dorsal (F,G) projections of the whole head of an E16.5 mouse embryo immunolabeled for GnRH and cleared using 3DISCO. GnRH neurons are found in the NCX, SEP/DB and HYP (arrows in C), around the OB (arrows in D), in the NCX and piriform cortex (PCX; arrows in E and F) and in deep brain areas corresponding to the fornix and developing hippocampus (arrow in G). AMY, amygdala; vSTR, central striatum; other abbreviations as previous figures. Scale bars: B, 400  $\mu\text{m}$ ; C, 200  $\mu\text{m}$ ; D, 180  $\mu\text{m}$ ; E-G, 600  $\mu\text{m}$ .

12 heads and performed a 3D reconstruction of GnRH cell bodies and fibers ( $n=2$ ; Fig. S2A,B, Movie 5). This experiment revealed a surprisingly wide distribution of GnRH cell bodies and fibers in the hypothalamus (Fig. S2A-D) as well as several extrahypothalamic areas, including the OB, cerebral cortex, hippocampus, piriform cortex, amygdala and habenula (Fig. S2A,B,E).

Two forms of GnRH are present in the human brain. Mammalian GnRH (GNRH1) regulates the reproductive axis (Guillemin, 1967), whereas the function of GNRH2, originally isolated from the chicken hypothalamus (cGnRH-2) (Miyamoto et al., 1984), is largely unknown. In order to verify whether the GnRH-immunoreactive neurons that we found in the human fetal brain contain the GNRH1 form, each antiserum was preabsorbed for 24 h at 4°C with the GNRH1 peptide (GeneCust, Luxemburg) at 5  $\mu\text{g}/\text{ml}$

(Fig. S3A-D). High sequence homology between the GNRH1 and GNRH2 decapeptides (only three amino acid substitutions) could allow GNRH1 antibodies to cross-react with GNRH2. Therefore, we performed fluorescent *in situ* hybridization (FISH) experiments using a cRNA probe directed against *GNRH1* mRNA, where lack of significant nucleotide sequence homology would rule out any cross-reactivity of the *GNRH1* probe with *GNRH2* mRNA. These experiments confirmed that the fetal GnRH neurons express *GNRH1* (Fig. S3E,F). This was further confirmed by performing dual-fluorescent labeling experiments on a GW 10 and a GW 12 fetus (Fig. S4), combining the use of an anti-GnRH (guinea pig) antibody, which can potentially bind all GnRH forms, with a mouse polyclonal antibody directed against a human GnRH-associated peptide 1 (GAP1) sequence (Skrapits et al., 2015), which is specific

for the GNRH1. These experiments revealed that all GnRH-immunoreactive neurons that we found in the human fetal brain contain the GNRH1 form (Fig. S4A–H).

### Confirmation of novel human findings in the mouse embryo

In light of the various novel observations made above regarding GnRH neuronal migration and distribution in humans, we addressed the possibility that some of these features might have been previously overlooked in rodents due to the scattered GnRH population and the limitations of conventional 2D histology. Using 3DISCO technology coupled with LSM, we performed a detailed topographical analysis of individual GnRH-immunoreactive neurons scattered over large brain areas of an E16 whole mouse embryo (Fig. 6B–G, Movie 6). This analysis confirmed the presence of a dorsal tract of migratory GnRH neurons, comprising two telencephalic cell populations oriented dorsally and laterally (Fig. 6B–D, Movie 6), in addition to the well-known ventral pathway. Our analysis also revealed a small GnRH neuronal population in pallial and subpallial regions (Fig. 6C,F,G). Mimicking our observations in human fetuses (Fig. 4C,D), GnRH neurons in mouse embryos formed a peculiar ring of cells surrounding the trunk of the OB (Fig. 6D). We further investigated whether GnRH neurons were still present in the mouse OB postnatally or if they were lost during development (Fig. 7, Movie 7). In whole-mount GnRH-immunolabeled adult mouse brain hemispheres ( $n=2$ , 4-month-old males; Fig. 7A–E, Movie 7), GnRH neurons and fibers were visible in the hypothalamic regions (Fig. 7B, Movie 7), as expected. Moreover, we detected robust GnRH immunoreactivity at the caudal end of the OB (Fig. 7C, Movie 7), at the border with the cortex. These GnRH neurons maintained their ring-like distribution around the trunk of the OB (Fig. 7D, Movie 8). Within the OB, GnRH neurons were abundantly distributed inside the structure specialized in pheromone detection, the AOB (Fig. 7D,E). In the adult mouse OB ( $n=2$ , 5-month-old females; Fig. 7F,G), GnRH neurons were still detected in the glomerular layer of the main and accessory OB (Fig. 7F,G) as well as in the olfactory nerve layer (Fig. 7H).

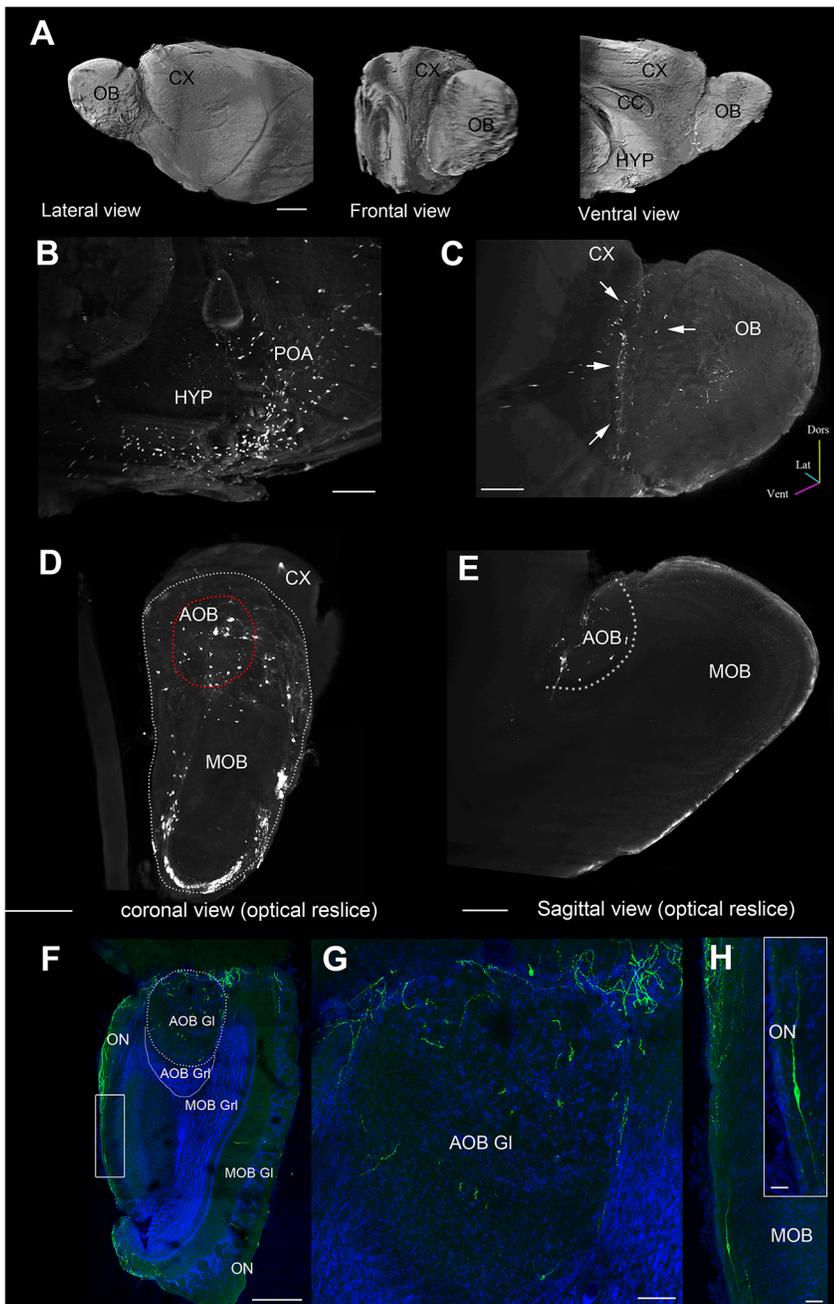
### DISCUSSION

The GnRH system is the master regulator of reproductive function in vertebrates, and alterations in GnRH signaling and/or neuronal development impair human reproduction. It is therefore crucial to fully understand the mechanisms regulating the ontogenesis, differentiation and prenatal migration of GnRH neurons from the nose to the brain. Here we have conducted comprehensive anatomical studies of human embryos/fetuses in order to obtain better insight into the development of GnRH neurons during the first trimester of gestation. The unprecedented use of whole-mount immunolabeling and 3DISCO technology coupled with LSM in order to carry out high-resolution visualization of markers for various cell and fiber types in whole embryos/fetuses has led to several novel observations concerning this system that could not have been achieved with conventional histological analysis. These findings open new avenues in the study of human brain connectivity under physiological and pathological conditions. For instance, this study has undertaken the first quantitative analysis of GnRH neurons in human fetuses. We have established that, on average, ~10,000 GnRH-immunoreactive neurons are present in the human brain during fetal development. This number is significantly higher than previously thought. Indeed, using immunohistochemistry, many laboratories have assessed the number and distribution of GnRH neurons in the brains of several mammalian species, with

estimates ranging from 800 cells in the entire brain in adult rodents to 2000 neurons in the hypothalamus of adult primates (Crowley et al., 2008; King and Anthony, 1984; Latimer et al., 2000; Silverman et al., 1982; Tobet et al., 2001). It is worth noting that the number of GnRH neurons in mice is higher during embryonic development (1000–1200 neurons) and declines at adulthood (Messina et al., 2011; Parkash et al., 2012). This might not be the case in humans, where *GNRH1* mRNA-expressing cells remain widespread in hypothalamic as well as extrahypothalamic regions (Rance et al., 1994). Of note, Rance and colleagues extended the analysis of the distribution of GnRH cells by *in situ* hybridization to several areas of the adult human brain (Rance et al., 1994) and reported a similar number of neurons to our findings during fetal development. However, there has been a certain degree of skepticism until now as to whether the extrahypothalamic population would eventually also produce a mature GNRH1 peptide. Our data now reinforce that study and suggest that the entire population of fetal GnRH neurons is likely to survive until adulthood, with negligible cell loss. Moreover, the similar anatomical distribution of GnRH cells in human fetuses and in adult brains suggests that, by the end of the first trimester of gestation, GnRH cells occupy their final brain location, with ~2000 neurons located in the hypothalamus and ~8000 neurons distributed in widespread brain areas that are not involved in the control of the hypothalamic-pituitary-gonadal axis.

It has previously been shown in other species that GnRH-expressing neurons migrate into the brain along branches of the VNN and TN (Schwanzel-Fukuda and Pfaff, 1989; Wray et al., 1989), both of which emerge from the vomeronasal epithelium and run medially from the olfactory epithelium towards the dorsal region of the OB. However, their central entry point differs: the VNN reaches the AOB, whereas the TN projects ventrally and dorsally within the forebrain to target septal, hypothalamic and limbic areas (Pearson, 1941a; Schwanzel-Fukuda and Silverman, 1980; Wirsig-Wiechmann and Oka, 2002; Wray et al., 1989) involved in controlling innate behaviors and neuroendocrine responses. Whether GnRH neurons in humans also reach their target areas using this axonal scaffold was unknown until now. Using whole-mount immunolabeling and 3DISCO, we found that GnRH neurons migrate into several hypothalamic and extrahypothalamic brain regions in tight association with peripherin-positive VNN/TN fibers. This indicates that the vomeronasal and terminal systems play important roles in the ontogenesis and migration of GnRH neurons in humans, similar to other mammals. This raises the possibility that some genetic forms of congenital hypogonadotropic hypogonadism in humans, characterized by GnRH deficiency and the failure of puberty onset, might be due to defective central projections of the TN, causing insufficient/aberrant GnRH migration. In agreement with this hypothesis, previous studies have shown that intracranial projections of the VNN/TN, which express neuropilin 1 (NRP1), the receptor for the guidance molecule semaphorin 3A, fail to enter the brain and instead accumulate at the dorsal surface of the cribriform plate in mice lacking a functional semaphorin-binding domain in NRP1 (*Nrp1<sup>sema/sema</sup>* mice) (Hanchate et al., 2012) or semaphorin 3A (*Sema3a<sup>-/-</sup>* mice) (Cariboni et al., 2011). Concordantly, deficient semaphorin 3A signaling appears to contribute to some human genetic reproductive disorders characterized by defective GnRH migration, such as Kallmann syndrome (Hanchate et al., 2012; Young et al., 2012).

Another striking finding is the existence of an evolutionarily conserved dorsal migratory path for GnRH neurons within the brain.



**Fig. 7. Whole-mount immunolabeling and 3DISCO clearing of adult mouse brain hemispheres.**

(A-E) Adult mouse brain hemisphere immunolabeled for GnRH (4-month-old males,  $n=2$ ). (A) Lateral, frontal and ventral views after digital surface contrast masks. (B,C) Lateral views of the entire transparent hemi-brain showing GnRH neurons in the preoptic-hypothalamic regions (B) and in the OB (C, arrows). (D,E) Rostral and sagittal optical sections of the OB containing GnRH neurons. (F-H) GnRH immunoreactivity in a representative coronal section of an adult mouse OB (5-month-old-females,  $n=2$ ). (F) Low-magnification confocal photomicrograph of the OB showing the distribution of GnRH cells and fibers in the glomerular layer (Gl) of the main olfactory bulb (MOB) and accessory olfactory bulb (AOB), and in the olfactory nerve layer (ON). (G,H) High-magnification photomicrograph of the AOB (G) and ON (H). CC, corpus callosum; GrI, granular layer; POA, preoptic area; other abbreviations as previous figures. Scale bars: A, 1 mm; B, 400  $\mu$ m; C, 700  $\mu$ m; D, 500  $\mu$ m; E, 300  $\mu$ m; F, 120  $\mu$ m; G, 30  $\mu$ m; H, 20  $\mu$ m; inset in H, 10  $\mu$ m.

A similar observation was made in non-human primates 20 years ago (Quanbeck et al., 1997), but was not confirmed or extended to any other species. In the present study we identified GnRH neurons along the two migratory streams in both human and mouse embryos, and both species possessed unexpected GnRH neuronal populations in the NCX and the developing piriform cortex, which is involved in olfaction. An additional previously unreported observation in both species was the presence of a single-cell-thick ring of GnRH neurons around each OB. The topography of these cells bears striking resemblance to a group of olfactory glomeruli called the ‘necklace’ glomeruli, which surround the caudal end of the OBs (Shinoda et al., 1989). The necklace glomeruli have been implicated in detecting pheromones (Lin et al., 2004; Teicher et al., 1980), and our study shows that a significant number of GnRH neurons and fibers are still present during adulthood in the mouse OB and the AOB. This suggests that there might be some as yet undetermined

connective or functional link between the GnRH neurons in this structure and neurons involved in olfactory and/or pheromonal discrimination.

A structural and functional link between GnRH neuronal ontogenesis and pheromone detection could also come from our observations concerning the VNO. In humans and other mammals, odors constitute chemosensory cues in the establishment of early interactions between mothers and infants (Dulac et al., 2014), and several studies have identified behavioral responses to pheromonal compounds (Dulac and Torello, 2003). However, the issue of whether these responses are mediated by a functional VNO in humans has been a matter of extensive debate. Previous studies have demonstrated the existence of a distinguishable VNO in a substantial proportion of adult humans (Frasnelli et al., 2011). However, the neuronal connection between the VNO and the AOB has remained elusive. Here, we show that during human fetal

development the VNO and the AOB are indeed anatomically connected, since NRP2-immunoreactive vomeronasal fibers project to the dorsal OB, as reported in rodents (Cloutier et al., 2002). The VNO also contains strongly Ki67-positive and SOX2-positive putative neurogenic precursors, in agreement with the increase in volume of the human fetal VNO epithelium with age and its persistence at least until birth (Bhatnagar and Smith, 2001; Smith and Bhatnagar, 2000).

Finally, the computer-assisted 3D reconstruction of tissue sections immunolabeled for GnRH has allowed the generation of the first 3D atlas of GnRH cell bodies and fibers from GW 9 and GW 12 human fetuses. These mapping experiments have revealed the wide distribution of GnRH cells and terminals in several extrahypothalamic regions. These observations raise the intriguing possibility that GnRH signals to GnRH receptor-expressing neuronal populations dispersed in several brain regions (Granger et al., 2004; Wilson et al., 2006) to modulate as yet unexplored non-reproductive functions, such as the recently proposed regulation of systemic aging (Zhang et al., 2013). Notably, in addition to the extensive GnRH fiber distribution in those areas, GnRH is also present in the cerebrospinal fluid at concentrations proportional to those detected in the portal blood vessels (Van Vugt et al., 1985) and might thus represent an additional source of GnRH that could potentially signal to multiple brain regions.

This study will pave the way for new discoveries concerning the role of GnRH expression and release in human reproductive physiology, olfactory behavior and cognitive processes.

## MATERIALS AND METHODS

### Tissue collection and processing

The human gestational period spans the embryonic (first 8 weeks) and fetal stages of development. The 23 Carnegie stages cover mostly the embryonic period (~60 days) and provide a standardized system to characterize developmental age based on the internal and external morphology of the human embryo. The ages of the embryos were estimated based on the following criteria: (1) the attending physicians' information about the 'menstrual weeks' age of the embryos, generally 2 weeks greater than the 'postovulatory age'; (2) external morphology of the embryo; (3) embryonic (crown-rump) length. The last two criteria were evaluated using Bayer and Altman's human brain atlas during the late first trimester (Bayer and Altman, 2006) and Bossy's study on the development of olfactory structures in human embryos (Bossy, 1980).

Embryos and fetuses were fixed by immersion in 4% paraformaldehyde (PFA) at 4°C overnight or for 2–5 days depending on sample size. The tissues were cryoprotected in 30% sucrose/PBS at 4°C overnight, embedded in Tissue-Tek OCT compound (Sakura Finetek), frozen in dry ice and stored at –80°C until sectioning. Frozen samples were cut serially at 20 µm using a Leica CM 3050S cryostat (Leica Biosystems). For whole-mount staining and 3DISCO clearing, samples were washed in ice-cold PBS and fixed by immersion in 4% PFA at 4°C for 24 h for GW 6–8 embryos, 3 days for 9 GW fetuses, and 5 days for GW 10–12 fetuses. After fixation, samples were stored at 4°C in 0.1 M PBS pH 7.4 containing 0.01% sodium azide until use.

The number of embryos/fetuses analyzed, the crown-rump length of these specimens and the type of processing are listed in the Table S1.

### Immunolabeling

Human tissues were cryosectioned at 20 µm thickness. Immunohistochemistry for GnRH was performed as previously reported (Hanchate et al., 2012). For immunolabeling of mouse tissues (genotyped and tissue prepared as described in the supplementary Materials and Methods), two antibodies previously characterized on mouse sections were used: rabbit anti-GnRH (1:3000), a gift from Prof. G. Tramu (Centre Nationale de la Recherche Scientifique, URA 339, Université Bordeaux I, Talence, France) (Beauvillain and Tramu, 1980); and rabbit anti-GnRH (LR5; 1:1000), a gift from Dr R. Benoit (Montreal

General Hospital, Quebec, Canada). Human samples were immunolabeled using a guinea-pig anti-GnRH (EH#1018; 1:10,000), produced by Dr Erik Hrabovszky (Laboratory of Endocrine Neurobiology, Institute of Experimental Medicine of the Hungarian Academy of Sciences, Budapest, Hungary) and previously characterized in post-mortem human hypothalami (Hrabovszky et al., 2011). The mouse antibody directed against the human GnRH-associated peptide 1 (GAP1) was characterized on adult human hypothalami by Skrapits et al. (2015). All primary and secondary antibodies used are listed in Tables S2 and S3.

Incubation in a cocktail of primary antibodies (single, double or triple labeled) diluted in PBS containing 5% normal donkey serum (D9663, Sigma) and 0.3% Triton X-100 (Sigma) for 48 h at 4°C was followed by a cocktail of fluorochrome-conjugated secondary antibodies (all raised in donkey; see Table S3 for details) diluted to 1:500 in PBS for 1–2 h at room temperature.

The number and the distribution of GnRH neurons in fetal brains were analyzed as indicated in the supplementary Materials and Methods.

### In situ hybridization

*In situ* hybridization on sections of CS19 embryos was carried out using a digoxigenin-labeled *GNRHI* cRNA as described in the supplementary Materials and Methods.

### Image analysis

For 3D reconstruction, a 9 GW and a 12 GW fetus were serially sectioned in the sagittal plane (20 µm thick), immunolabeled with a GnRH antibody (EH#1018) and counterstained with Hoechst 33342 (1:10,000; Thermo Fisher Scientific, #H3570). A subset of these sections, representing an entire hemisphere of the head, were manually traced with NeuroLucida 7.0 (MBF Bioscience) and aligned using Reconstruct software (Fiala, 2005) version 1.1. The nasal region of the GW 9 fetus was sampled using a greater number of sections (mean distance between sections of 140 µm) than the caudal part of the brain (mean distance between sections of 430 µm). For the GW 12 fetus, all sections were spaced 480 µm apart. 3D models were rendered using Blender 2.7 ([www.blender.org](http://www.blender.org)).

### Optical clearing for human fetuses

The 3DISCO optical clearing procedure has been described previously (Belle et al., 2014; Ertürk et al., 2012) and was employed here for human embryos aged 7–8 GW. Pre-methanol treatment was performed to clear the samples of blood clots, as described in the iDISCO protocol (Renier et al., 2014) on 9 GW or older samples, and in adult mouse brains.

### Imaging

3D imaging was performed as previously described (Belle et al., 2014). An ultramicroscope (LaVision BioTec) using InspectorPro software (LaVision BioTec) was used for imaging. The step size between successive images was fixed at 2 µm.

### 3D imaging and image processing

Images, 3D volumes and movies were generated using Imaris ×64 software (version 7.6.1, Bitplane). Stack images were first converted to Imaris files (.ims) using ImarisFileConverter and 3D reconstruction was performed using 'volume rendering'. Optical slices of samples were obtained using the 'orthoslicer' tool. The surface of the samples was created using the 'surface' tool by creating a mask around each volume. 3D pictures and movies were generated using the 'snapshot' and 'animation' tools.

### Ethics

Non-pathological human embryos/fetuses were obtained from voluntarily terminated pregnancies with the parent's written informed consent (Gynecology Department, Jeanne de Flandre Hospital, Lille, France). Tissues were made available in accordance with French bylaws (Good Practice Concerning the Conservation, Transformation and Transportation of Human Tissue to be Used Therapeutically, published on December 29, 1998). Permission to use non-pathological human fetal tissues was obtained from the French Agency for Biomedical Research (Agence de la Biomédecine, Saint-Denis la Plaine, France, protocol no. PFS16-002).

Animal studies were approved by the Institutional Ethics Committee for the Care and Use of Experimental Animals of the University of Lille 2 (France). All experiments were performed in accordance with the guidelines for animal use specified by the European Union Council Directive of September 22, 2010 (2010/63/EU).

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#### Competing interests

The authors declare no competing or financial interests.

#### Author contributions

F. Casoni was involved in the experimental design, research and preparation of the manuscript and figures. S.A.M. performed 3DISCO experiments and was involved in the preparation of the figures. M.B. performed the 3D imaging with LSM. F.L. performed the 3D reconstruction analysis. C.A. performed the *in situ* hybridization experiments. F. Collier, E.H., S.R., V.P. and A.C. were involved in the interpretation of results and preparation of the manuscript. P.G. designed the study and wrote the paper.

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#### Data availability

Movies are available at the Dryad digital repository (Casoni et al., 2016): <http://dx.doi.org/10.5061/dryad.7v928>.

#### Supplementary information

Supplementary information available online at <http://dev.biologists.org/lookup/doi/10.1242/dev.139444.supplemental>

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