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**Overstocking dairy cows during the dry period affects dehydroepiandrosterone and cortisol secretion**

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1 **Overstocking dairy cows during the dry period affects dehydroepiandrosterone and**  
2 **cortisol secretion.** *Fustini et al.* Stressful situations trigger a number of changes such as the  
3 secretion of cortisol and dehydroepiandrosterone (DHEA) from the adrenal cortex, in  
4 response to adrenocorticotrophic hormone. We investigated whether overstocking during the  
5 dry period affects DHEA and cortisol secretion and behavior in Holstein Friesian cows.  
6 Overstocking significantly increased DHEA concentration compared to control group ten  
7 days before calving and five days following a significant increase in plasma cortisol.  
8 Moreover, overstocking group showed a higher activities, as measured by counting the steps  
9 per hour, thus indicating the increased need of movement in the pen.

10

11 Running head: PREPARTUM OVERSTOCKING AFFECTS DHEA AND  
12 CORTISOL

13

14 **Overstocking dairy cows during the dry period affects dehydroepiandrosterone and**  
15 **cortisol secretion**

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## ABSTRACT

Stressful situations trigger a number of changes such as the secretion of cortisol (C) and dehydroepiandrosterone (DHEA) from the adrenal cortex, in response to adrenocorticotrophic hormone (ACTH). The aim of this study was to verify whether overstocking during the dry period affects DHEA and C secretion and behavior in Holstein Friesian cows. Twenty-eight cows were randomly divided into two groups (14 animals each), balanced for number of lactations, BCS (body condition score) and expected date of calving. Cows in the far-off phase of the dry period (from 60 to 21 days before the expected calving date) were housed together in a bedded-pack. Then, animals from  $21\pm 3$  days to the expected calving until calving were housed in pens with the same size but under different crowding conditions due to the introduction into the pen of heifers (interference animals). Control condition (CTR) had 2 animals per pen with  $12.0\text{ m}^2$  each, while the overstocked condition (OS) had three interference animals in the same pen with  $4,8\text{ m}^2$  for each animal. On days - $30\pm 3$ , - $21\pm 3$ , - $15\pm 3$ , - $10\pm 3$ , - $5\pm 3$  before and 10, 20, 30 after calving blood samples were collected from each cow for the determination of plasma DHEA and C concentrations by RIA. Rumination time, activity (steps/h), lying time (min) and lying bouts were ~~also~~ individually daily recorded—~~daily~~. In both groups, there was an increase in DHEA before calving and after parturition the concentration declined rapidly. Overstocking significantly increased DHEA concentration compared to CTR group at day -10 ( $1.79\pm 0.09$  vs  $1.24\pm 0.14$  pmol/ml) while an increase of C was observed at day -15 ( $3.64\pm 0.52$  vs  $1.64\pm 0.46$  ng/ml). However, n~~N~~o relationship was found between DHEA and C. OS group showed significantly higher activity (step/hour), compared with CTR group. Daily lying bouts tended to be higher for OS group compared with CTR group in the first week of treatment. The overall results of this study show that overstocking during the dry period is associated with changes in DHEA

70 and C. Additional researches are required to determine whether these hormonal changes are  
71 effective in affecting the subsequent behaviour performance.

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74 **Key words:** dairy cattle, cortisol, dehydroepiandrosterone, overstocking, dry period

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## INTRODUCTION

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Stressful situations trigger a number of changes such as activation of the sympathetic nervous system and hypothalamic-pituitary-adrenal axis. As a consequence, the adrenal cortex, in response to adrenocorticotrophic hormone (ACTH), starts to secrete both cortisol and dehydroepiandrosterone (DHEA). Cortisol and DHEA are produced in different sections of the adrenal cortex; the zona fasciculata secretes cortisol while the zona reticularis secretes DHEA and its sulfated metabolite dehydroepiandrosterone sulfate (DHEA-S) (Nguyen and Conley, 2008). In female primates, DHEA and DHEA-S are also produced in the ovary (Sirinathsinghji and Mills 1983) and in primates and rodents DHEA is produced within the central nervous system and in peripheral nerves (Baulieu, 1998).

Cortisol stimulates the mobilization of the energy needed to overcoming stressors; DHEA and DHEA-S are androgen precursors that have been shown to exert antioxidative and anti-inflammatory effects (Kalimi et al., 1994; Maninger et al., 2009) and to play a protective and regenerative role (Theorell, 2009; Mainger et al., 2009).

In humans, an acute psychosocial stress induces a DHEA and DHEA-S increase (Izawa et al., 2008; Lennartsson et al., 2012) while long-term psychosocial stress negatively affects both steroids levels (Izawa et al., 2012; Lennartsson et al., 2013). Elevated levels of DHEA and DHEA-S in response to the stressor have been found in both men and women, along with significantly increased ACTH, cortisol, heart rate and blood pressure.

In cows, circulating DHEA-S is significantly lower than DHEA, and DHEA release is very different among individuals (Feher et al. 1977, Marinelli et al., 2007). In cows as in most non-primate mammals DHEA could be considered an index of the P450c17 enzyme activity and the most important circulating precursor of ectopic androgens and estrogens synthesis; on the contrary, DHEA-S contribution as an androgen reservoir is rather limited (Marinelli et al., 2007).

101 Increased stocking density is a common practice among dairy producers; the behavioral  
102 consequences of this practice are well documented while the physiological ones have still not  
103 been thoroughly investigated.

104 Fregonesi et al. (2007a) observed in dairy cows a linear reduction in lying time as freestall  
105 stocking density increased while Huzzey et al. (2006) observed a linear reduction in feeding  
106 time as stocking density at the feed bunk ??? was increased.

Formattato: Evidenziato

107 Moreover, increased aggressive displacements are often observed at the overstocked feed  
108 bunk or freestalls (Huzzey et al., 2006; Fregonesi et al., 2007b); these competitive  
109 environments can make it difficult for some cows to gain access to feed.

110 As for the physiological consequences of overstocking, previous works have shown that cows  
111 regrouped into a high stocking density group (Friend et al., 1977) or subjected to  
112 overcrowding in the resting area (Friend et al., 1979) present a higher cortisol response to  
113 ACTH challenge compared with cows that are not regrouped or overcrowded, respectively.

114 In contrast to cortisol, DHEA and DHEA-S have received little attention within the stress  
115 research area of domestic animals and no studies have investigated so far the effect of  
116 overcrowding on DHEA secretion.

117 Therefore, the aim of this study was to verify whether overstocking during the dry period  
118 affects DHEA and cortisol (C) secretion and behavior in Holstein Friesian cows.

Commento [MB1]: Io credo che  
occorrerebbe mettere un fine legato alla  
eventuale correlazione con altri elementi di  
stress quali il comportamento: cioè capire  
se DHEA e/o cortisolo possono essere da  
soli marcatori di stress. In questo caso il  
solo rilievo di modifiche ormonali non è  
sufficiente. Mi sembr un elemento di  
discussione da sottolineare

## 120 MATERIALS AND METHODS

121

### 122 *Animals, housing and diet*

123 Twenty-eight Holstein dairy cows were enrolled in this experiment. All animals were  
124 housed at the farm of the University of Bologna (Ozzano Emilia, Italy) and used according to



125 EEC animal care guidelines. The experimental procedures had been approved by the Ethical  
126 Committee of Bologna University.

127         Animals were randomly divided into two groups (14 animals each), balanced for  
128 number of lactations, BCS (body condition score) and expected date of calving.. Cows in the  
129 far-off phase of the dry period (from 60 to 21 days before the expected calving date) were  
130 housed together in a bedded-pack and received water and grass hay ad libitum. From 21±3  
131 days until calving animals were housed in two bedded-pack groups where they had ad libitum  
132 access to water and were fed daily using total mixed ration. After calving cows were housed  
133 together in a bedded pack area for the first 2 weeks of lactation and then moved to a free-stall  
134 pen for the rest of lactation. The total mixed rations (TMR) were fed approximately at 7 am  
135 for lactating cows and 9 am for dry cows. TMR samples were collected weekly throughout  
136 the study and analyzed for the chemical composition according to the following methods: dry  
137 matter (DM) was determined gravimetrically drying the sample at 103°C to a constant weight,  
138 crude protein (CP), neutral detergent fibre (aNDFom), and acid detergent fiber (ADF) were  
139 determined according to Mertens (2002), and AOAC 973.18, respectively. Starch was  
140 determined according to AOAC official method (AOAC 996.11) and ether extract according  
141 to AOAC 920.390020. Diet composition and analysis for both dry period and lactation are  
142 shown in Table 1.

143

#### 144 ***Experimental design, blood sampling and hormone assays***

145         Animals from 21 days to the expected calving until calving were housed in pens with  
146 the same size (24,0 m<sup>2</sup> in total with 15,5 m<sup>2</sup> of resting area and 8,5 m<sup>2</sup> of feeding area) but in  
147 different crowding conditions due to the introduction into the pen of heifers (interference  
148 animals) having a body weight of 500-550 Kg. In particular, control condition (CTR) had 2  
149 animals per pen with 12.0 m<sup>2</sup> each, while the overstocked condition (OS) had three  
150 interference animals in the same pen with 4,8 m<sup>2</sup> for each animal. Bunk space is 3.3 m long

151 and design with a neck rail allowing a space of 1.65 for control animal and 0.66 for OS  
152 animal. Resting area is a deep-bedded pack with straw added twice a day.

153 On days  $-30\pm 3$ ,  $-21\pm 3$ ,  $-15\pm 3$ ,  $-10\pm 3$ ,  $-5\pm 3$  before and 10, 20, 30 after calving blood  
154 samples were collected from each cow before the morning feeding from the jugular vein into  
155 heparinized tubes for the determination of plasma DHEA and C concentrations.

156 After collection, blood samples were placed immediately on ice and centrifuged at  
157  $1200 \times g$  for 20 min at  $4^{\circ}\text{C}$ . Plasma was harvested and stored at  $-20^{\circ}\text{C}$  until steroids were  
158 measured. Plasma cortisol concentration was determined using a validated RIA as previously  
159 described (Tamanini et al 1983). The sensitivity of the assay was 4.3 pg/tube, and the intra-  
160 and inter-assay coefficients of variation were 5.4% and 8.6%, respectively. Cortisol plasma  
161 levels were expressed as ng/mL.

162 Plasma DHEA was measured by a microtiter RIA method previously described (Gabai  
163 et al., 2004), using a commercial anti-DHEA-7-carboxymethyloxime-BSA (Biogenesis,  
164 Poole, UK) that showed the following cross-reactions: DHEA 100%,  $5\alpha$ -androstane- $3\beta$ ,  $17\beta$ -  
165 diol 6.3%, androstenedione 1.3%, testosterone 0.1%, other related compounds less than  
166 0.05%. The antiserum was used at a working dilution of 1:20,000. The tracer was [1,3,6,7  
167  $^3\text{H}$ ]DHEA (Perkin-Elmer Life Sciences; specific activity: 71 Ci/mmol; 30 pg/well). The  
168 standard curve was made by serially diluting (1.56–200 pg/well) a solution of DHEA (Sigma,  
169 Milan, Italy). The detection limit of the assay was 1.56 pg/well (software Riasmart; Perkin-  
170 Elmer Life Sciences). The results of the intra- and inter-assay precision test, expressed as  
171 coefficients of variation (CV), were 3.7 and 7.2%, respectively.

172

### 173 ***Body condition score***

174 At enrolment, three weeks before calving, at calving and at 5 weeks of lactation, all cows  
175 were scored for body condition (1=emaciated and 5=obese; 0.25-unit increments, as described

176 by Edmonson et al. (1989) and locomotion (1=normal locomotion and 5 = severely lame; as  
177 described by Sprecher et al., 1997). Cows with locomotion score  $\geq 3$  were considered lame.

178

### 179 ***Behaviour Monitoring***

180 Rumination time was recorded using the Hi-Tag rumination monitoring system (SCR  
181 Engineers Ltd., Netanya, Israel). This rumination sensor includes a microphone that detects  
182 the rumination sounds, a motion sensor, a microprocessor, a storage unit and a battery. The  
183 sensor is fixed on collar and placed on the left side of the cow's neck. To guarantee the  
184 correct position of the tag a counter weight is placed on the bottom of the collar. The data are  
185 sent to a PC via antenna. A software (Data Flow software, SCR Engineers Ltd.) analyses the  
186 rumination time as minutes of 2 hours with a resolution of 2 minutes (Schirmann et al., 2009),  
187 and calculates the rumination time of the last 24 hours.

188 The cows were also equipped with another sensor (Pedometer Plus; S.A.E. Afikim)  
189 that monitored 3 parameters: activity (steps/h), lying time (min), and lying bouts (switching  
190 between standing and lying; Higginson et al., 2009). The tag was fitted to the rear leg of each  
191 cow and the data were accumulated and transmitted to management software (AfiFarm;  
192 S.A.E. Afikim) each time the cows passed an antenna located in the milking parlor.  
193 Behavioral data were collected every day but for statistical analysis the data were averaged  
194 per week.

195

### 196 ***Clinical Examination and Definitions of Diseases***

197 All cows were examined at 1,  $3\pm 1$ ,  $10\pm 1$  days in milk (DIM) for diagnosis of retained  
198 foetal membrane, metritis, and acute metritis. Retained foetal membrane was defined as  
199 retention of foetal membrane after 24 h postpartum. Metritis was defined as cows with  
200 watery, pink or brown, and fetid uterine discharge. Cows with symptoms of metritis, rectal  
201 temperature  $>39.5^{\circ}\text{C}$ , or anorectic, or depressed were considered to have acute metritis

202 (LeBlanc, 2010). All cows were observed once daily for displacement of abomasum and  
203 twice daily for mastitis throughout their lactation.

204

#### 205 ***Production parameters***

206 After calving, cows were milked twice daily at 07.30 and 19.30 h and individual yield  
207 of milk (AfiFlo milk meters, S.A.E. Afikim), concentrations of fat, true protein, and lactose  
208 (AfiLab on-line real-time milk analyzer, S.A.E. Afikim) were recorded by the Afikim milking  
209 system. The AfiLab system is calibrated once monthly with data on milk composition from  
210 90 cows analyzed by the ARAER Laboratory (Modena, IT). Concentrations of milk  
211 components from each milking were used to calculate the daily yields of fat, protein, and  
212 lactose after adjusting for milk production during each milking. The ECM yield (energy  
213 connect milk) was calculated as  $[(0.327 \times \text{milk yield}) + (12.95 \times \text{fat yield}) + (7.2 \times \text{protein}$   
214  $\text{yield})]$  (Orth, 1992). Daily values were averaged into weekly means for statistical analyses.

215

#### 216 ***Statistical Analysis***

217 The experiment had a randomized switch-back design with pen as the experimental  
218 unit. Seven replicates were used, six of them had a nulliparous and a parous cows together  
219 and one replicate had only parous cows. All statistical analysis were conducted using SAS  
220 version 9.2 (SAS/STAT, SAS Institute Inc., Cary, NC). Data were tested for non-normality by  
221 the Shapiro test. Binomial dependent variables were analyzed by logistic regression using  
222 GLIMMIX procedure with a binary distribution. Continuous data were analyzed by ANOVA  
223 for repeated measures using the MIXED procedure. The structure of covariance  
224 (autoregressive, unstructured, or compound symmetry) was chosen according to the Bayesian  
225 Akaike information criteria. In all models, treatment (OS vs Control), replicate (1 to 7), and  
226 parity (nulliparous vs parous) were included as fixed effect. For analysis of repeated  
227 measurements variables, time and the interaction between treatment and time were included in

228 the model as fixed effect. Only the independent variables with  $P < 0.10$  were retained in the  
229 model. Cortisol data were handled by log transformation to match normality.

230

231

## RESULTS

232 At enrollment days of gestation (CTR =  $258.8 \pm 5.3$  d, OS =  $257.7 \pm 4.7$  d;  $P = 0.35$ ),  
233 lactation number (CTR =  $1.41 \pm 1.33$  lactation, OS =  $1.29 \pm 1.27$  lactation;  $P = 0.62$ ) and BCS  
234 (CTR =  $3.64 \pm 0.35$  kg, OS =  $3.52 \pm 0.34$  kg;  $P = 0.26$ ) were not different among treatments.  
235 Among cows, treatment did not differ regarding previous lactation 305-d mature equivalent  
236 milk yield (CTR =  $10,252 \pm 231.1$  kg, OS =  $10,038 \pm 191.7$  kg;  $P = 0.39$ ). Upon calving,  
237 gestation length was not different among treatments (CTR =  $279.9 \pm 5.0$  d OS =  $278.7 \pm 4.2$   
238 d;  $P = 0.32$ ). Days dry tended ( $P = 0.10$ ) to be shorter for OS cows compared with CTR cows  
239 (CTR =  $55.6 \pm 12.6$  d, OS =  $48.6 \pm 3.0$  d). Calves weight was not different ( $P = 0.46$ ) among  
240 treatments (CTR =  $41.5 \pm 3.7$  d, OS =  $41.7 \pm 4.3$  d). No animals carried twins. Incidence of  
241 peripartum diseases was not different between CTR and OS treatments. No animals had  
242 displaced abomasum and mastitis in the first 5 weeks after calving. One cow had metritis in  
243 the OS group while no cows in CTR group. Body condition score and lameness score were  
244 not affected by treatment.

245

### 246 *DHEA and Cortisol concentrations*

247 In both groups, there was an increase in DHEA before calving and after parturition the  
248 concentration declined rapidly. Overstocking significantly ( $P < 0.05$ ) increased DHEA  
249 concentration compared to CTR group at day -10 ( $1.79 \pm 0.09$  vs  $1.24 \pm 0.14$  pmol/ml) while an  
250 increase of C was observed ( $P < 0.05$ ) at day -15 ( $3.64 \pm 0.52$  vs  $1.64 \pm 0.46$  ng/ml) (Figure 1).  
251 No relationship was found between DHEA and C.

252

253 ***Monitoring Behavior***

254 ***Rumination time***

255 There were no differences between treatments regarding rumination time (total  
256 minutes of rumination/day) (Table 2).

257

258 ***Activity behavior***

259 OS group showed significantly higher activity (step/hour), compared with CTR group,  
260 as reported in Table 3.

261

262 ***Lying behavior***

263 Total minutes of lying time per day was not different among OS and CTR groups  
264 (Tab. 4). Daily lying bouts tended to be higher for OS group compared with CTR group in the  
265 first week of treatment. In the following weeks before calving, no difference was recorded  
266 between groups.

267

268 **DISCUSSION**

269 To our knowledge, this is the first study that demonstrates the difference in time-  
270 course variation of DHEA and cortisol secretion in response to overstocking during the dry  
271 period in Holstein Friesian cows. In both groups, an increase in DHEA was observed before  
272 calving, which tended to be more evident in the overstocked group, although the difference  
273 between groups was significant only at -10 days. Then, DHEA concentrations rapidly  
274 declined after parturition.

275 In primates and rodents, it is generally accepted that DHEA is secreted mainly by the  
276 adrenal cortex and the ovary (Baulieu, 1998), and peripheral tissues are able to metabolize  
277 this steroid into active androgens and estrogens (Labrie, 1991). In pregnant primates and

**Commento [MB2]:** Poiché vi è solo una modifica di pattern ormonali, non sarebbe utile discutere qui il modello di stress utilizzato^ cioè discutere perché si è scelto di "stressarla" secondo quell'area per animale? Magari riportando che altri studi ritengono questo modello sufficiente per creare uno stress importante....

278 horses, placenta can utilize circulating DHEA to synthesize estrogens (Strauss et al., 1996). In  
279 addition to their role as androgen and estrogen precursors, both DHEA and DHEA-S play an  
280 important protective and regenerative role (Theorell, 2009; Maninger et al., 2009). In humans,  
281 DHEA and DHEA-S levels significantly increase in response to acute psychological stress  
282 (Lennartsson et al., 2012) and it has been suggested that these steroids play a protective role  
283 during the stress reaction, antagonizing the effects of cortisol (Hechter et al., 1997; Morgan et  
284 al., 2004). The stress-induced DHEA and DHEA-S increase likely has behavioral and  
285 emotional effects. Studies on mice showed antidepressant, anxiolytic, anti-aggression, and  
286 memory-enhancing effects of DHEA-S (Melchior and Ritzmann, 1994). In the cow, Marinelli  
287 et al. (2007) suggested that the placenta is the most important source of DHEA, which utilizes  
288 mainly the  $\Delta 5$  steroidogenic pathway to produce estrogen (Geiser & Conley 1998). Previous  
289 works (Gabai et al., 2004; Marinelli et al., 2007) indicate that the DHEA placental secretion  
290 increases in late pregnancy, probably depending upon the tissue mass (Geiser & Conley  
291 1998), and suddenly decreases after parturition. Therefore, the DHEA increased observed in  
292 the OS group approximately five days following a significant increase in plasma cortisol was  
293 quite surprising. Indeed, adrenal DHEA has been reported being secreted synchronously with  
294 cortisol during night and day (Rosenfeld et al., 1971), and the delay in DHEA secretion in  
295 respect to cortisol was unexpected. A possible explanation resides in the stimulating  
296 glucocorticoid effect on the placental CYP17 enzyme in the cow (Gross and Williams, 1988;  
297 Shenavai et al., 2012) that, in turn, could speed up the conversion of pregnenolone into  
298 DHEA.

299 Walking is associated to an increase in plasma cortisol concentrations (Coulon et al.,  
300 1998) and, likely, the OS cows, which displayed the greater number of steps per hour and thus  
301 were more active, experienced higher cortisol concentrations during the pre-partum period,  
302 likely resulting in the higher cortisol concentrations observed on day -15. The suitability of  
303 blood cortisol as a stress biomarker in livestock is in doubt because its variability and as blood

304 sampling is an invasive technique that can cause the activation of the HPA (Mormede et al.,  
305 2007). Therefore, the intrinsic variability in plasma cortisol could have masked the greater  
306 HPA activation associated with OS and increased walking. Moreover, it is possible that the  
307 cows' HPA axis responded to increased walking during the first days of the OS treatment and  
308 then animals incurred in habituation. Indeed, Coulon et al. (1998) observed that cortisol  
309 concentrations were higher on days 1 and 8 in cows that walked in comparison with cows that  
310 remained at the barn, but the difference was not anymore evident after 20 days.

311 As glucocorticoids can alter placental steroidogenesis (Gross and Williams, 1988;  
312 Shenavai et al., 2012), it is possible that the modified endocrine milieu affects pregnancy  
313 length. However, in this experiment the increased plasma DHEA observed in OS cows was  
314 not associated with differences in pregnancy length, although days dry tended to be lower for  
315 OS animals.

316 Current recommendations for feed bunk space for prepartum freestall-housed dry cows  
317 is to provide a minimum of 0.76 m of linear bunk space per cow (Nordlund et al., 2006). In  
318 the present study, control cows had 1.2 m of bunk space per cow and OS cows had only 0.66  
319 m of bunk space, which should provide adequate to limited bunk space. Reducing linear  
320 feeding space has been observed to increase competition at the feed bunk (Huzzey et al., 2006  
321 Collings et. al., 2011). However the results of these studies, while showing more cow  
322 displacements from the feed bunk, the effect on DMI is little in some studies with mid-  
323 lactation cows (Collins et al., 2011) but greater in others that studied dry cows (Huzzey,  
324 2013). In a study on lactating cows, it was observed a reduction in feeding time in  
325 multiparous cows (Proudfoot et al., 2009) and, in other studies, the competitively fed cows  
326 had fewer meals per day with a tendency of larger and longer meals (Olofsson, 1999;  
327 Hosseinkhani et al., 2008). Olofsson (1999) found that competition slightly increased the  
328 DMI of dairy cows, and this increase was driven by an increase in feeding rate. Based on

**Commento [MB3]:** Rispetto al commento precedente qui vi è il riferimento che intendevo almeno per lo spazio di accesso alla mangiatoia



329 **these** studies, it is not surprising to have little or no effect on DMI with the feed bunk  
330 restriction used in the current study.

331 Ruminant times were not different in OS animals in the current analysis. This  
332 parameter can be a key indicator of DMI, therefore animal in both groups had similar rumen  
333 activities and more than likely similar intakes.

334 In some studies, lying time has been shown to be decreased with increased stocking  
335 density (Krawczel et al., 2012; Lobeck-Luchterhand et al., 2015); however, other studies  
336 using late lactation or dry cows showed no differences (Collings, 2011; Huzzey et al., 2012).  
337 It is consistent that dry cows with more available time throughout the day (Grant, 2001)  
338 would have sufficient hours available to allow for a normal number of lying hours. Lying time  
339 has a higher priority for cows than eating when these two behaviors are restricted  
340 (Munksgaard et al., 2005). This could explain why although the space was consistently lower  
341 in OS animal (3.3 m<sup>2</sup> of bedded area versus 7.8 m<sup>2</sup> for control animals), the resting time did  
342 not change. The time budgets of prepartum cows tend to be interrupted less than lactating  
343 dairy cows, because the animals are not moved outside the pen for milking and do not have  
344 cycling activity with estrus behavior. Both groups, however, showed a daily lying time lower  
345 than the recommend 12 hours/day (Munksgaard et al., 2005). Comfort of the bedding surface  
346 could be an important factor in determining daily lying time (Fregonesi et al., 2007b). In a  
347 study with either 9 or 4.5 m<sup>2</sup> of bedded area per cow there were no difference in lying time  
348 (Fregonesi and Leaver, 2002). Animals could better tolerate overcrowding when open pack  
349 area is present compared with stall barn, since they can lie down at the same time staying  
350 closer one to the other. Using free stall type bedding, lying time linearly decreased when  
351 stocking density increased from 100% to 150% (Fregonesi et al., 2007a). In same condition,  
352 Krawczel et al. (2012) reported lying time was reduced for stocking densities of 131 and  
353 142% compared with 100 or 113%.

**Commento [MB4]:** Questa frase però io non la metterei, nel senso che potrebbe indurre il reviewer a criticare la scelta del modello vedendo che già altri hanno riportato lo stesso risultato. Magari sottolineerei le eventuali differenze con quei lavori che magari non prevedevano le analisi ormonali

354 Mean lying bouts tended to be higher in OS group the first week of overcrowding,  
355 indicating an adjustment period was occurring. Animals had a resting time that is more  
356 disrupted, considering that the daily lying time were divided in more bouts. After this first  
357 week, the behavior was similar in OS and control animals. Competition at the feed bunk  
358 generally increased standing time in multiparous transition cows (Proudfoot et al., 2009) and  
359 in midlactation cows (Olofsson, 1999; Huzzey et al., 2006). The importance of this is  
360 determined by the overall DMI of the animals. Excessive standing time is a risk factor for  
361 developing lameness conditions such as claw horn lesions (Greenough and Vermunt, 1991;  
362 Singh et al., 1993). Avoiding excessive standing is important throughout lactation, but in  
363 particular during transition when animals are subjected to many endocrine and metabolic  
364 changes (Goff and Horst, 1997).

365 In our study OS animals showed higher activity~~ies~~, measured by the number of steps  
366 per hour, that indicate~~s~~ the increased need of movement in the pen. This represents another  
367 indication of stress occurring in this phase. An increased number of animal displacements and  
368 animal movement would be expected with overcrowding and feed bunk restriction (Collings,  
369 2011; Huzzey 2012) and the stress of this could be expected to alter parameters being  
370 measured in this study.

371 Energy corrected milk production were not different among treatments. Recent study  
372 (Silva et al., 2014) reports~~s~~ no difference in ~~\_~~-yield of ECM. It would be expected that the  
373 minimal differences in cow behavior and DMI as observed in this study, would not carry  
374 through to any differences in DMI or early lactation milk production~~-in these animals~~.

375 The overall results of this study show that overstocking during the dry period is  
376 associated with changes in DHEA and cortisol. ~~However, a~~Additional ~~researches~~ are required  
377 to determine whether these hormonal changes are effective in affecting ~~the subsequent~~  
378 behavior ~~performance~~ or can affect the duration of the dry period.

379

**Commento [MB5]:** Se si dice questo occorre indicare quali aspetti addizionali occorre includere che possano coprire eventuali dubbi su questo aspetto, se non vi sono allora io sottolineerei che gli aspetti ormonali non sono correlati a modifiche comportamentali.

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581  
582

583 Table 1. Ingredients and chemical composition of the rations.

584

Composition	TMR Dry period	TMR Lactation
Ingredients (% of DM)		
Grass hay <sup>1</sup>	71.0	48.6
Corn ground fine	-	20.0
Sorghum grain meal	-	16.5
Soybean meal	-	7.9
Molasses	-	0.5
Concentrate mix <sup>2</sup>	29.0	-
Vitamins and minerals <sup>3</sup>	-	1.7
Chemical composition (% of DM)		
Crude protein	12.37	14.12
aNDFom	44.71	33.46
ADF	31.50	19.87
ADL	5.82	4.07
Starch	11.06	23.71
EE	3.28	3.48
Ash	5.60	6.71
NEI (Mcal/Kg of DM)	1.48	1.68

585

586 <sup>1</sup>Grass hay chemical composition on a dry matter basis was: 8.9% crude protein, 54%  
587 aNDFom, 39.9% ADF, 7.5% ADL, 8.8% ash.

588 <sup>2</sup> Concentrate mix: 48% corn meal, 20% soybean meal, 15% wheat bran, 10% beet pulp, 5%  
589 sunflowers meal, 2% mineral mix (4% Ca, 6% P, 4% Na, 10% Mg, 2000 mg/Kg of Zn, 1500  
590 mg/Kg of Fe, 1000 mg/Kg of Mn, 175 mg/Kg of Cu, 150 mg/Kg I, 30 mg/Kg of Se, ,2000000  
591 IU/Kg of vitamin A, 60000 IU/Kg vitamin D3, and 10000 mg/Kg of vitamin E).

592 <sup>3</sup> The lactating cows vitamins and minerals supplement contained 1,4% Ca, 8,3% P, 16 %  
593 Na, 5,5 % Mg, 4000 mg/Kg of Zn, 4000 mg/Kg of Mn, 400 mg/Kg of Cu, 400 mg/Kg I, 40  
594 mg/Kg of Se, 20 mg/Kg of Co,1200000 IU/Kg of vitamin A, 200000 IU/Kg of vitamin D3,  
595 and 1000 mg/Kg of vitamin E.

596

597 Table 2. Mean ruminating period (total minutes/day) in response to treatment. The animals  
598 were overstocked (OS) for three weeks before calving.  
599

Weeks before and after calving	Control	OS	SEM	P-value
-4	567.98	564.15	8.17	0.67
-3	561.98	542.28	8.97	0.21
-2	550.69	551.43	9.36	0.98
-1	525.10	512.30	12.85	0.58
1	489.24	478.29	11.86	0.59
2	590.91	608.39	9.97	0.28
3	557.39	572.89	11.01	0.07
4	554.53	576.96	10.88	0.31

600

601

602 **Table 3.** Mean activity (step/hour) in response to treatment.

603

Weeks before and after calving	Control	OS	SEM	P-value
-4	75.46	82.48	3.01	0.18
-3	75.04	109.20	4.72	<0.001
-2	73.52	109.41	4.60	<0.001
-1	79.73	113.15	5.26	<0.01
1	102.89	102.08	5.85	0.85
2	83.77	90.42	4.11	0.54
3	81.74	88.44	3.79	0.21
4	82.67	91.60	4.12	0.29

604

605

606 Table 4. Mean lying period (minutes/day) in response to treatment.

607

Weeks before and after calving	Control	OS	SEM	P-value
-4	659.1	672.5	10.94	0.55
-3	660.7	670.1	12.90	0.87
-2	672.2	659.9	19.96	0.54
-1	643.1	630.6	16.49	0.41
1	683.9	688.1	19.75	0.81
2	620.0	667.2	18.67	0.41
3	621.0	607.2	19.35	0.38
4	624.5	605.7	19.83	0.33

608

609

610 Table 5. Mean lying bouts in response to treatment.

611

Weeks before and after calving	Control	OS	SEM	P-value
-4	14.39	14.91	0.43	0.66
-3	14.19	16.12	0.52	0.09
-2	14.26	16.03	0.59	0.20
-1	15.11	16.55	0.69	0.32
1	16.59	17.71	0.50	0.42
2	13.72	14.67	0.54	0.27
3	13.50	13.63	0.49	0.30
4	12.66	12.23	0.65	0.42

612

613



614 Table 6. Mean ECM yield in response to treatment.

615

Weeks after calving	Control	OS	SEM	P-value
1	24.2	21.5	1.34	0.46
2	34.8	32.1	1.69	0.53
3	36.6	33.9	1.55	0.77
4	38.2	36.9	1.45	0.65

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618 Figure captions

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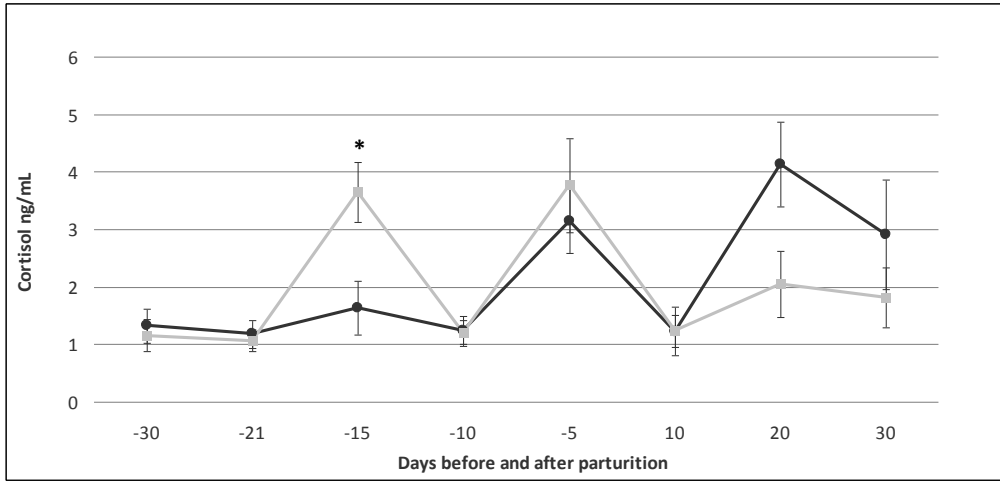
620 Figure 1. Plasma cortisol and DHEA concentrations before and after calving in CTR (●) and

621 OS (■) group. The asterisk indicates a statistically significant difference between CTR and

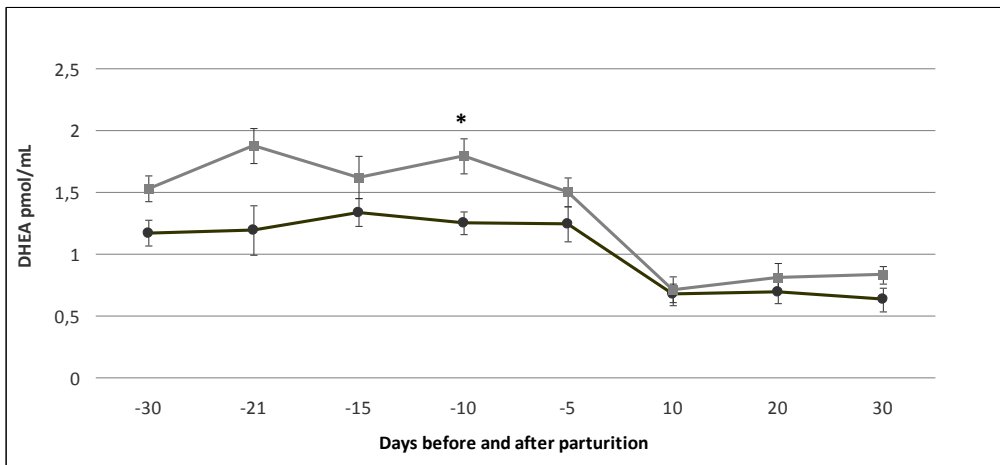
622 OS ( $P < 0.05$ ) group. Values are mean  $\pm$  SEM.

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**Figure 1.** Fustini et al.