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**Microwave-assisted preparation of almond shell-based activated carbon for methylene blue adsorption**

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## 12 **Abstract**

13 In this study, a novel adsorbent designated as almond shell-based activated carbon (ASAC)  
14 was synthesized from waste almond shells (AS) through exposure to microwave radiations  
15 and usage of ZnCl<sub>2</sub> as a chemical activator. The ramifications of synthetic conditions were  
16 further elaborated by response surface methodology to optimize the adsorption capacity of  
17 ASAC for methylene blue (MB) dye. The determined optimized conditions of ASAC  
18 preparation were such as: mass (ZnCl<sub>2</sub>/AS) ratio of 3:1 (w/w) and microwave heating time  
19 period of 15 min at 900 W, while the maximum obtained yield of ASAC was 39.67%, with an  
20 adsorption capacity of 314.20 mg/g for MB. In addition, ASAC was characterized by N<sub>2</sub>  
21 adsorption-desorption measurement, scanning electron microscopy, Fourier-transform  
22 infrared spectrometry (FTIR), X-ray photoelectron spectroscopy (XPS) and point of zero  
23 charge measurement. The optimized ASAC had a Brunauer-Emmett-Teller surface area of  
24 839.60 m<sup>2</sup>/g and a total volume of 0.406 cm<sup>3</sup>/g. FTIR and XPS analysis exhibited a decline in  
25 oxygen-containing groups of ASAC as compared with AS. The adsorption behavior of ASAC  
26 for MB was fitted well to the pseudo-second-order model and the Langmuir isotherm model.  
27 These findings support the economical and promising preparation of ASAC to be employed in  
28 environmental remediation.

29 **Keywords:** Activated carbon; Microwave; Almond shell; Response surface methodology;  
30 Methylene blue.

31

32

## 33 **1. Introduction**

34 In recent years, activated carbon (AC) has been widely employed in chemical industry due  
35 to its textural characteristics, high surface area, and surface adsorption properties. It has a very  
36 broad range of industrial applications such as separation/purification of liquids and gases,  
37 removal of toxic substances, catalysts and catalyst support, super capacitors, electrodes and  
38 gas storage [1]. One of the biggest challenges in commercial manufacturing of AC is to find a  
39 novel inexpensive precursor that has potential economic benefits and is available in large  
40 quantities to meet its rising demands. So far, many efforts have been made to produce AC  
41 from renewable sources and precursors from agricultural wastes such as oil palm shell [2],  
42 coconut husk [3], rambutan peel [4], edible fungi residues [5], and acorn shell [6]. Xinjiang,  
43 the largest autonomous region of China, produces a large amount of almond shells (AS)  
44 annually, and its annual output reached up to 60,000 tons in 2014 making it a significantly  
45 important agricultural waste. The utilization of such waste material like AS in the commercial  
46 production of AC would facilitate the development of a low-cost alternative precursor.

47 Due to heavy industrialization, there is a continuous emission of various pollutants in the  
48 environment particularly dyes which cause a serious threat to aquatic life. Methylene blue  
49 (MB) is the most commonly used substance in the dyeing process and has potential risks  
50 towards the environmental pollution; therefore, it was selected as a model adsorbate in this  
51 study to determine the adsorption efficiency of our novel synthetic adsorbent.

52 The general process of AC production requires high heat energy which is provided by two  
53 different ways such as conventional heating and microwave heating [7]. Conventional heating  
54 method is usually used in the industrial preparation of AC which demands higher activation

55 temperature and longer activation time, thereby leading to considerably lower yield and  
56 higher energy cost. Achawa et al. prepared the coconut shell-based activated carbon by  
57 conventional heating method by physical activation for 120 min, the result material had a  
58 surface area ( $S_{\text{BET}}$ ) of only 524  $\text{m}^2/\text{g}$  [8]. Microwaves supply energy to the carbon particles,  
59 and this energy is converted into heat within the particles themselves by dipole rotation and  
60 ionic conduction [9]. Microwave heating has been recently employed for the preparation of  
61 AC. Junior et al. synthesized a highly porous AC from macadamia nut endocarp by chemical  
62 activation with  $\text{ZnCl}_2$  via microwave radiations [10]. Njoku et al. also introduced a  
63 microwave-induced activation process to prepare a high-surface area AC from rambutan peel  
64 [4]. Hesas et al. revealed AC production from oil palm shells through microwave-induced  
65  $\text{ZnCl}_2$  activation [2]. By using microwave technique, it is possible to produce activated carbon  
66 by an easy and a quick way, it has potential benefits over conventional heating such as short  
67 treatment time, low energy cost, high heating rate, selective heating, and controllable heating  
68 process [11, 12]. All recent reports have validated the use of microwave-induced activation  
69 process due to its faster activation rate and higher carbon yield. Therefore, microwave heating  
70 is considered as a viable alternative for conventional heating methods.

71 Response surface methodology (RSM) has a great significance in the optimization of the  
72 process conditions, analyzing the interaction between the effective process parameters, and  
73 identification of the factor settings that optimize the response [3]. The RSM method has been  
74 employed by many researchers to amplify AC production by using conventional heating  
75 methods [13]. Hence, RSM has sound applications in refined and optimized production of  
76 ACs. However, to the best of our knowledge, not a single research work is available on RSM

77 based optimized synthetic conditions for AS-derived ASAC production via microwave  
78 heating.

79 The present study designed to investigate the use of microwave-induced activation  
80 procedure to prepare highly porous almond shell-based activated carbon from AS, and its  
81 adsorption efficiency for MB. The influences of activation time, microwave power, and mass  
82 ratio on MB adsorption and yield of ASAC were thoroughly investigated. We used  
83 Box–Behnken design (BBD) to select the effects of the three main variables and RSM to  
84 optimize the synthetic conditions. In addition, scanning electron microscopy (SEM),  
85 Fourier-transform infrared spectrometry (FTIR), X-ray photoelectron spectroscopy (XPS),  
86 and other analytical techniques were used to characterize ASAC. Furthermore, the adsorption  
87 isotherms and kinetics were also elucidated. The proposed synthetic method of ASAC through  
88 microwave heating has a great potential in economical production of an excellent adsorbent  
89 having an enormous remedial effects against various industrial wastes particularly for water  
90 pollutants.

## 91 **2. Materials and methods**

### 92 **2.1 Raw material**

93 The AS was purchased from the local market, washed with distilled water and dried in an  
94 oven at 100 °C for 24 h to remove the moisture content. The dried AS were crushed and  
95 sieved to a uniform particle size of 100 meshes. The proximate analyses of AS were ash  
96 1.67%, fixed carbon 29.40%, moisture 5.31% and volatilizes 63.62%. All analyses were  
97 performed in three replicates.

### 98 **2.2 Preparation of ASAC**

99 The microwave-assisted process was performed using a modified microwave oven  
100 (MM823LA6-NS, Midea) at a frequency of 2.45 GHz. The 4.0 g of mixture with different  
101 mass ratios ( $X_1$ ) of  $ZnCl_2$  and AS of a particle size of 100 meshes were put in a quartz tube  
102 reactor placed into microwave oven. Then the activation processes were subjected to different  
103 microwave heating times ( $X_2$ , min) and microwave radiation powers ( $X_3$ , W) under 100  
104  $cm^3/min$  of nitrogen flow. The resulting material was washed repeatedly with hot distilled  
105 water until the pH solution reached a value of 7.0. The obtained ASAC were dried at 80 °C  
106 for 24 h, and then stored for further analyses.

107 The percentage of ASAC yield was calculated using the following equation:

$$108 \quad Y (\%) = \frac{W}{W_0} \times 100 \quad (1)$$

109 where  $W$  is the weight of the prepared ASAC after activation and  $W_0$  is the weight of the raw  
110 materials before activation.

### 111 **2.3 Experimental design and response surface methodology**

112 RSM was applied to optimize the activation process as it is a useful statistical tool for  
113 modeling and analysis of multivariable. This method was chosen for fitting a quadratic  
114 surface with the fewest number of experiments. In this step, BBD method was applied in three  
115 levels in order to design the activation experiments. Table 1 shows the ranges and levels of the  
116 experimental parameters: mass ratio ( $X_1$ ), activation time ( $X_2$ ), and microwave power ( $X_3$ ).  
117 The MB adsorption ( $Y_1$ ) was taken as the process responses.

118 In order to study the relationship between the response variable (MB number and yield) and  
119 independent variables, the experimental data were fitted to a second-order polynomial  
120 regression model, expressed by Eq. (2)



121 
$$Y = \beta_0 + \sum_{i=1}^k \beta_i \chi_i + \sum_{i=1}^k \beta_{ii} \chi_i^2 + \sum_{i=1}^k \sum_{j=i+1}^k \beta_{ij} \chi_i \chi_j + \varepsilon \quad (2)$$

122 where  $Y$  is the response variable,  $x_i$  and  $x_j$  are the independent variables,  $\beta_0, \beta_i, \beta_{ii}$  and  $\beta_{ij}$   
123 are the regression coefficients ( $\beta_0$  is constant term,  $\beta_i$  is the linear effect term,  $\beta_{ii}$  is  
124 quadratic effect term,  $\beta_{ij}$  is the interaction effect term).

125 Design Expert software (version 8.0.6, Stat-Ease Inc., Minneapolis, USA) was used to  
126 elaborate the experimental design, evaluate the model, and estimate the subsequent regression,  
127 variance, and response surface analysis.

## 128 **2.4 Characterization of ASAC**

129 Some physical properties, textural morphology and chemical properties of ASAC were  
130 measured by renowned analytical techniques. The surface physical properties of the ASAC  
131 were characterized with Quanta Chrome Instruments Quadrasorb SI, using  $N_2$  adsorption  
132 measurements at 77 K. The  $S_{BET}$  was calculated with the (Brunauer-Emmett-Teller) BET  
133 equation. The nitrogen volume held at the highest relative pressure ( $P/P_0 = 0.95$ ) was used to  
134 calculate the total pore volume of the ASAC. The micropores surface area, volume, and  
135 external surface area were obtained using the t-plot method.

136 SEM was also employed to study the textural structure of the raw material and the  
137 adsorbent after the activation process. The morphology of AS and ASAC were characterized  
138 by SEM (JEOL, JSM-6490LV, Japan) with a secondary electron beam and an acceleration  
139 voltage of 3 kV. The samples were coated with gold to ensure that the particles have suitable  
140 conductivity after drying overnight at 80 °C under vacuum.

141 Chemical characterization of surface functional groups was inspected by FTIR (Magna-IR  
142 750, Nicolet) in the scanning range of 4000–400  $cm^{-1}$ , 10 scans were taken at a resolution of

143  $1 \text{ cm}^{-1}$ . The samples were mixed with KBr powder and the mixtures were pressed into pellet.

144 Meanwhile, the surface chemical element content at the surface of AS and ASAC was  
145 performed using XPS. The XPS analysis was conducted using AMICUS/ESCA 3400  
146 spectrometer with Mg radiation at 240 W and 12 kV under ultrahigh vacuum. Pass energy was  
147 set as 276 and 300 eV for survey and high-resolution spectra, respectively. The XPS spectra  
148 were calibrated by taking the graphitic peak as 284.5 eV. The surface atomic concentrations  
149 were calculated from the survey spectra after correcting the relative peak areas by sensitivity  
150 factors.

151 The determination of point of zero charge ( $\text{pH}_{\text{pzc}}$ ) was conducted by adjusting the pH of 50  
152 mL 0.1 mol/L NaCl solution (prepared in boiled water to eliminate  $\text{CO}_2$ ) to a value between 2  
153 and 12. Approximately 0.15 g of ASAC was added and the final pH was measured after 48 h  
154 under agitation. The  $\text{pH}_{\text{pzc}}$  is the point where  $\text{pH}_{\text{initial}} - \text{pH}_{\text{final}} = 0$ .

## 155 **2.5 Adsorption capacity**

156 0.1 g of ASAC was put into 150 mL Erlenmeyer flask with stopper containing 50 mL of  
157 MB solution of initial concentration of 1.5 g/L at  $\text{pH}=6.16$  for determining the adsorption  
158 capacity of ASAC for MB. The flask was vibrated at 170 rpm in a thermostated waterbath  
159 shaker at around  $20 \text{ }^\circ\text{C}$ . After adsorption equilibrium time of 30 min, which obtained by a  
160 series of preliminary experiments, Samples were separated by filtration, the concentration of  
161 MB solution was analyzed by absorbance measurements using a double beam UV-75N at a  
162 wavelength of 665 nm. The MB uptake of ASAC,  $q$  (mg/g), was calculated by Eq. (3):

$$163 \quad q = \frac{(C_0 - C_e)V}{M} \quad (3)$$

164 where  $C_0$  (mg/L) and  $C_e$  (mg/L) are the initial and equilibrium concentrations of MB,

165 respectively,  $V$  (L) is the volume of solution and  $M$  (g) is the dry mass of ASAC.

## 166 **2.6 Adsorption kinetics**

167 The procedures of the adsorption kinetics were carried out at the initial MB concentrations  
168 set as 300 and 500 mg/L at 20 °C, respectively. 0.1g ASAC were put into 150 mL conical  
169 flasks with 50 mL MB solution, the samples were separated by filtering at different contacting  
170 time intervals (2, 5, 10, 15, 30, 45, 60, 120 min). And the residual concentrations of MB were  
171 measured and adsorption amounts of ASAC were calculated with above method.

172 To understand the adsorption dynamics of MB on ASAC in relation to time, the  
173 experimental data were analyzed using the pseudo-first-order [14] and pseudo-second-order  
174 [15] kinetic models. The expression of the pseudo-first-order kinetic model is given by Eq.  
175 (4):

$$176 \quad q_t = q_e(1 - e^{-k_1 t}) \quad (4)$$

177 where  $q_e$  (mg/g) is the amount of MB adsorbed at equilibrium,  $k_1$  ( $\text{h}^{-1}$ ) is the  
178 pseudo-first-order rate constant, and  $t$  (h) is the contact time. The form of the  
179 pseudo-second-order kinetic model is given by Eq. (5):

$$180 \quad q_t = \frac{q_e^2 k_2 t}{1 + q_e k_2 t} \quad (5)$$

181 where  $k_2$  is the pseudo-second-order rate constant (g/mg min).

## 182 **2.7 Adsorption isotherms**

183 To analyze the validity of the adsorption data, the Langmuir and Freundlich adsorption  
184 models were run as discussed below. Adsorption isotherms of activated carbon was  
185 determined the adsorption amounts of different concentration (50, 200, 300, 550, 850, 910  
186 and 1000 mg/L) of MB under the equilibrium adsorption time of 30 min.

187 The Langmuir isotherm equation [16], which is the most commonly used for monolayer  
188 adsorption on to a surface with a finite number of identical sites, was represented by the  
189 following Eq. (6):

$$190 \quad q_e = \frac{q_m K_L C_e}{1 + K_L C_e} \quad (6)$$

191 where  $C_e$  (mg/L) is the equilibrium concentration of the MB dye,  $q_m$  (mg/g) is the maximum  
192 adsorption capacity and  $K_L$  (L/mg) is the Langmuir adsorption equilibrium constant (L/mg),  
193 which is related to the affinity of the binding sites.

194 The Freundlich isotherm equation [17], the most important multilayer adsorption isotherm  
195 for heterogeneous surfaces, is described by the following Eq. (7):

$$196 \quad q_e = K_F C_e^{1/n} \quad (7)$$

197 where  $K_F$  ((mg/g)·(L/mg)<sup>-1/n</sup>) and  $n$  are Freundlich parameters related to the adsorption  
198 capacity and adsorption intensity, respectively.

### 199 **3. Results and discussion**

#### 200 **3.1. RSM and model fit**

201 BBD was used to elaborate correlation between the activated carbon preparation variables  
202 to the MB adsorption and yield. Seventeen experiments were performed for the RSM  
203 optimization of three parameters at three levels. The results of these experiments are  
204 presented in Table 1. Runs 13–17 at the center point were used to check the experimental error.  
205 The  $Q_m$  values for ASACs, which were prepared according to the experimental conditions,  
206 ranged from 164.82 to 314.20 mg/g, while the yield of carbon obtained ranged from 31.0% to  
207 49.7%. For the response of MB adsorption value, the quadratic model was selected, as  
208 suggested by the software. The final empirical model in terms of coded factors for MB

209 adsorption value ( $Y_1$ ) was shown in Eq. (8)

$$\begin{aligned} 210 \quad Y_1 = & 203.71 + 44.81X_1 + 7.46X_2 + 18.67X_3 + 3.70X_1X_2 + 11.17X_1X_3 - 11.24X_2X_3 + 23.45X_1^2 \\ 211 \quad & - 13.79X_2^2 + 1.17X_3^2 \end{aligned} \quad (8)$$

212 Negative signs in front of the terms indicate antagonistic effects, whereas the positive signs  
213 indicate synergistic effects. Variance was employed to justify the adequacy of the model.  
214 Variance for the quadratic model of MB adsorption is shown in Table 2, where the F-value of  
215 9.92 and  $Pr > F$  of 0.0032 proved that the model is significant. The value of model terms  $Pr >$   
216  $F$  less than 0.05 indicates that the model terms are significant. The results showed that  $X_1$ ,  $X_3$   
217 and  $X_1^2$  are all significant model terms. These significant effects signified the importance and  
218 effectiveness of the selected independent variables for the experiments. As shown in the  
219 variance analysis, the lack-of-fit-test was non-significant, indicating that the model can be  
220 well fitted to the studied data. The 3D response surface (Fig. 1) is generally the graphical  
221 representation of the regression equation. The effect of heating time on the experimental  
222 response of  $Q_m$  values can be seen in Figs. 1a and 1c. The heating time has only a weak effect  
223 on the MB adsorption capacity. The indistinctive effect of the microwave heating time on the  
224 adsorption capacity values was also reported by Zhong et al. [18]. Fig. 1a and 1b exhibited the  
225 effect of the mass ratio on the response. The value of  $Q_m$  evidently increased with the increase  
226 in mass ratio at high microwave power levels. The use of the activating reagent in the  
227 microwave-assisted activation could promote the breaking of bonds in the precursors and  
228 elimination of some volatile species from the precursors [19]. As a result, ASACs with  
229 increased surface area and higher adsorption capacity are obtained. Our results on the effect of  
230 microwave power (Figs. 1b and 1c) demonstrated that the highest values of  $Q_m$  could be

231 obtained at a microwave powers over 820 W. This trend was attributed that the high  
232 microwave power could increase the temperature of the system, reduce the activation energy  
233 of the carbon–reagent reaction and promote the development of pores on the materials [20].

234 **Fig. 1 should be put here.**

### 235 **3.2 Process optimization**

236 The preparation of ASAC with adsorption efficiency toward organic compounds, such as  
237 MB dye, is the most important aspect of its potential economic feasibility and marketing.  
238 Design Expert software version 8.0.6 was used to compromise adsorption capacity while  
239 optimizing the value by selecting the highest responses from the experimental results. The  
240 optimum calculated conditions were a mass ratio of 3:1, an activation time of 15 min, and a  
241 microwave power of 900 W. Under optimal conditions, a carbon yield of 41.19% and an MB  
242 adsorption capacity of 285.69 mg/g were predicted. Meanwhile, the practical repeat  
243 experiments were carried out to justify the accuracy of the predicted results which showed the  
244 carbon yield of 39.67% and an MB adsorption capacity of 314.20 mg/g. The relative errors  
245 for the carbon yield and MB adsorption capacity between the experimental and predicted  
246 values are 3.69% and 9.07%, respectively, which indicates the sufficient accuracy of the  
247 process optimization. The present study reveals the remarkable adsorption capacity of MB  
248 onto ASAC (Table 3) as compared to previously reported adsorbents [11, 21-23].

### 249 **3.3 Characterization of ASAC**

#### 250 **3.3.1 Specific surface area and pore structure of ASAC**

251 The N<sub>2</sub> adsorption–desorption isotherm at 77 K is shown in Fig. 2a. The isotherm  
252 resembles a combination of type I and type II isotherms, as defined by IUPAC; this adsorption

253 behavior exhibits characteristics of microporous–mesoporous structures [24]. The pore size  
254 distribution of ASAC is shown in Fig. 2b. The sharpest peak is observed at a pore diameter  
255 between 0.5 and 1.0 nm, with an average pore size of 0.83 nm, which indicated the essentially  
256 microporous texture of ASAC. The specific surface area was calculated by the BET equation,  
257 which was 839.60 m<sup>2</sup>/g. The structural characteristics of ASAC are listed in Table 4. ASAC  
258 exhibited a relatively high  $S_{\text{BET}}$  of 839.60 m<sup>2</sup>/g and a  $V_{\text{T}}$  of 0.406 cm<sup>3</sup>/g as compared to  
259 previous studies.

260 **Fig. 2 should be put here.**

### 261 **3.3.2 SEM analysis of ASAC**

262 Fig. 3 shows SEM images of AS and ASAC prepared under the optimum conditions (i.e.,  
263 mass ratio of 3:1, activation time of 15 min, and microwave power of 900 W). The surface of  
264 the AS is planar, undulating and mainly consists of macropores. The number of pores of the  
265 ASAC significantly increased after the activation process. ASAC surface exhibited a  
266 well-organized, pronounced, and uniform porosity (Fig. 3b), which significantly increased its  
267 surface area, and resulted in more pores available for MB adsorption. This observation was  
268 supported by the physical parameters as summarized in Table 3, which highlighted the pore  
269 development during the microwave irradiation period. A similar phenomenon was also  
270 observed by Njoku et al., who reported the surface morphology of rambutan peel-based ACs  
271 having a series of uniform cavities around the surface due to activation by KOH [4].

272 **Fig. 3 should be put here.**

### 273 **3.3.3 Functional groups analysis of ASAC**

274 The surface chemistry of AS and ASAC was studied by FTIR spectroscopy in the infrared

275 spectral region of 4000–400  $\text{cm}^{-1}$  (Fig. 4). AS contained much more bands than ASAC, with  
276 some major differences. The broad band at approximately 3450  $\text{cm}^{-1}$  was observed for all  
277 samples, which was attributed to the O–H stretching vibration of the hydroxyl functional  
278 groups [13, 27]. The intense band at approximately 2950  $\text{cm}^{-1}$  for AS was assigned to the  
279 C–H stretching vibration [28], which disappeared for ASAC, indicating the removal of  
280 hydrogen by activation. A band at approximately 2359  $\text{cm}^{-1}$  for AS and ASAC was attributed  
281 to C $\equiv$ C (alkynes), which was also reported similarly by Foo et al. [29]. A series of complex  
282 bands was detected in the range of 800–1630  $\text{cm}^{-1}$  for AS, which was significantly reduced  
283 after activation. This phenomenon is possibly due to the breakdown of the chemical bonds in  
284 the raw material [30]. Compared with the bands located at 1630, 1390, 1255, 1085 and 800 in  
285 the spectra of the AS attributed to O-H bending vibrations, C-O-C (esters or phenol), C-O-C  
286 (ether) group, C-O stretching vibration and C-H bending or benzene, these bands in ASAC  
287 were weakened [5, 31]. The signal at 550  $\text{cm}^{-1}$  was assigned to the C–O–H bending vibration  
288 [32].

289 **Fig. 4 should be put here.**

290 The compositional chemistry of surfaces of both AS and ASAC was analyzed by XPS, as  
291 shown in Fig. 5a. The observed spectra contained distinct peaks for C and O. The relative  
292 content of these elements was calculated and listed in Table 5. The percentage amounts of C,  
293 O, and S were: 72.07%, 26.88%, and 1.05% in AS and 86.57%, 13.43% and 0.00% in ASAC,  
294 respectively, thereby indicating a small increase in the C amount and a decrease in the O  
295 amount after activation procedure.

296 The high-resolution spectra of C 1s and O 1s were further analyzed by a curve-fitting



297 procedure, based on the Gaussian–Lorentzian function after baseline subtraction with  
298 Shirley’s method. Four components were considered to comprise the C 1s spectra [33] with  
299 chemical shifts corresponding to: C–C (284.5 eV), C–O–R (285.8 eV), C=O (287.0 eV), and  
300 COOR (289.2 eV). The fitting curves of these groups are illustrated in Fig. 5b-c, Fig. 5d-e  
301 shows the deconvolution of the O 1s spectra for the AS and ASAC produced four peaks at  
302 533.3, 534.2, 535.1, and 535.7 eV; these peaks represented O=C, O-C, R-O-C=O, and  
303 C-OOH, respectively, and the relative content of each group is listed in Table 5. The results  
304 suggest that the C–C group was predominant for the ASAC, which comprised close to 60% of  
305 the carbon species. Moreover, relative contents of oxygen showed a significant decrease. For  
306 oxygen species, the analysis suggested an increase in C=O group and a decrease in other  
307 oxygen-groups for the ASAC (Fig. 5d-e). Liu et al. showed a similar phenomenon with the  
308 reduction of oxygen-containing groups in AC, which is consistent with the FTIR and XPS  
309 spectra [34].

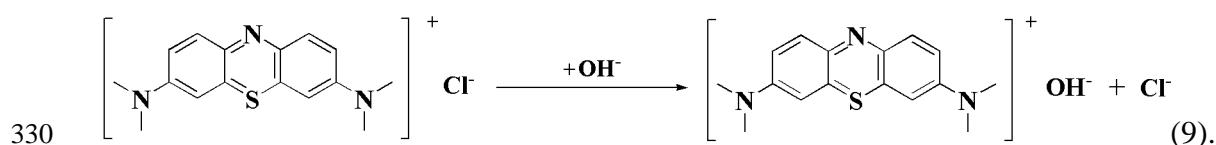
310 **Fig. 5 should be put here.**

### 311 **3.4 Adsorption studies of MB**

#### 312 **3.4.1 Effect of pH on the adsorption of MB onto ASAC**

313 The adsorption behavior of MB onto ASAC at different pH values was shown in Fig. 6.  
314 The effect of pH was conducted by varying the pH of dye solutions from 2 to 12 with an  
315 initial concentration of 500 mg/L, and the adsorption capacity showed an increase with the  
316 increase of pH. Particularly, the adsorption capacity has a significant enhancement at pH of  
317 6-8, which could be related to the protonation of MB in acidic medium, which triggers a  
318 competition effect between excessive amounts of H<sup>+</sup> and cationic dye on adsorption sites.

319 As the solution pH increases, ASAC may become more negatively charged and the formation  
 320 of such electric double layer facilitates in changing the polarity, which lead into the  
 321 enhancement of adsorption capacity. The effect of pH can be described on the basis of  $pH_{pzc}$ .  
 322 The  $pH_{pzc}$  of ASAC was identified to be 6.16. When the solution  $pH < pH_{pzc}$ , activated carbon  
 323 adsorbent will react as a positive surface, but when the solution  $pH > pH_{pzc}$ , it will act as a  
 324 negative surface. Therefore, for pH values above 6.16, the formation of electric double layer  
 325 changes its polarity, which causes an increase in the surface charge density and electrostatic  
 326 force of attraction. It unveils the dual adsorption of MB onto ASAC i.e. Physical adsorption as  
 327 well as chemical adsorption, and the mechanism of chemical adsorption include the reaction  
 328 between hydroxyl and carbonyl functional groups on the surface of the ASAC and MB.  
 329 Positive charge on MB and  $OH^-$  on ASAC react according to the following reaction:



331 **Fig. 6 should be put here.**

### 332 3.4.2 Adsorption kinetics

333 The experimental data obtained for the AC from the initial concentrations of MB solution  
 334 (300 and 500 mg/L) were fitted to the pseudo-first-order and pseudo-second-order models  
 335 (Fig. 7). Rapid adsorption occurred in the first 15 minutes and reached the equilibrium after  
 336 30 min, which indicates the favorable interaction between the adsorbent and adsorbate (Table  
 337 6). The data indicate that the adsorption of MB onto ASAC was best described by the  
 338 pseudo-second-order model, which  $R^2 = 0.999$ , similar values of  $q_e$  were calculated and  
 339 experimentally determined. These findings suggest that the MB–ASAC system followed the

340 pseudo-second-order model, and the overall rate of adsorption process was controlled by  
341 physisorption at the beginning of adsorption and chemisorption after the first stage, which has  
342 already been explained by the effect of pH on the adsorption of MB onto ASAC. The same  
343 behavior was also observed by Foo et al. [29].

344 **Fig. 7 should be put here.**

### 345 **3.4.3 Adsorption isotherms**

346 The plots of the nonlinear Langmuir and Freundlich isotherm models for the adsorption of  
347 MB onto ASAC at 20 °C in line with Eq. (6) and (7) are presented in Fig. 8. The isotherm  
348 parameters determined from the slopes, as well as with the correlation coefficients of the  
349 isotherm models are summarized in Table 7. The equilibrium data were valid for the  
350 Langmuir isotherm model ( $R_{adj}^2 = 0.989$ ), demonstrating the adsorption of MB onto ASAC  
351 from aqueous solutions by a monolayer formation. This result was in conformity with the  
352 previous result of nitrogen adsorption-desorption authenticating the monolayer adsorption  
353 phenomenon. The present results are quite consistent with previous researches on the  
354 adsorption of MB onto ACs prepared from pomelo skin and oil palm (*Elaeis*) empty fruit  
355 bunch by microwave-assisted chemical activation [32, 35].

356 **Fig. 8 should be put here.**

## 357 **4. Conclusions**

358 This study proposes a remarkable adsorbent ASAC through microwave heating method  
359 from the agricultural waste of AS. RSM was successfully used to optimize the conditions for  
360 ASAC preparation. The optimal activation conditions are as follows: a mass ratio (ZnCl<sub>2</sub>/AS)  
361 of 3:1 (w/w), a microwave heating time of 15 min, and a microwave power of 900 W. The

362 resulting BET surface area of ASAC was 839.60 m<sup>2</sup>/g, and the total pore volume was 0.406  
363 cm<sup>3</sup>/g. The yield and MB adsorption of ASAC under optimum conditions were 39.67% and  
364 314.20 mg/g, respectively. These results indicated that the mass ratio and microwave power  
365 were the significant factors that affected carbon yield and MB adsorption. All statistical tools  
366 proved the excellent operational efficiency of ASAC. The adsorption behavior could be  
367 favorably described by the pseudo-second-order models and Langmuir isotherm. The  
368 excellent adsorption capacity of ASAC against MB validated its supremacy over the so far  
369 reported adsorbents. Thus, the short microwave heating time and simplicity of the process  
370 demonstrated that microwave-assisted activation is a promising method for converting the AS  
371 into an excellent adsorbent, which could be employed in the remediation of aquatic  
372 environment as well as in chemical industry.

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377

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426

427 **Table captions**

428 **Table 1** Factorial design matrix and experimental response values.

429 **Table 2** Analysis of variance for response surface quadratic model for adsorption capacity of  
430 MB.

431 **Table 3** Comparison of adsorption capacities of various adsorbents for MB.

432 **Table 4** Surface physical characteristics of the ASAC and other ACs.

433 **Table 5** Relative contents of various elements and peak parameters of different C 1s and O 1s  
434 components of AS and ASAC samples based on the XPS spectra.

435 **Table 6** Pseudo-first-order and pseudo-second-order kinetic rate constants for the adsorption  
436 of MB onto ASAC at 20 °C.

437 **Table 7** Isotherm model parameters for the adsorption of MB onto ASAC at 20 °C.

438



439 **Table 1**

Std	Run	Mass ratio X <sub>1</sub> (w/w)	Microwave heating time X <sub>2</sub> (min)	Microwave power X <sub>3</sub> (W)	Y <sub>1</sub> (mg/g)	Y <sub>2</sub> (%)
3	1	1:1	20	700	179.80	36.00
11	2	2:1	10	900	209.81	34.70
1	3	1:1	10	700	164.83	35.50
7	4	1:1	15	900	194.73	37.00
6	5	3:1	15	500	239.59	40.00
12	6	2:1	20	900	194.81	36.00
8	7	3:1	15	900	314.20	39.67
2	8	3:1	10	700	239.55	34.00
5	9	1:1	15	500	164.82	38.50
10	10	2:1	20	500	194.86	31.00
4	11	3:1	20	700	269.32	39.00
9	12	2:1	10	500	164.92	49.70
16	13	2:1	15	700	224.64	38.70
13	14	2:1	15	700	209.56	42.00
14	15	2:1	15	700	179.79	45.00
17	16	2:1	15	700	194.74	38.70
15	17	2:1	15	700	209.83	63.30

440

441 **Table 2**

Source	Sum of squares	DF	Mean square	F-Value	Prob. > F
Model	23349.22	9	2594.36	9.92	0.0032
X <sub>1</sub>	16063.49	1	16063.49	61.41	0.0001
X <sub>2</sub>	445.21	1	445.21	1.70	0.2333
X <sub>3</sub>	2788.55	1	2788.55	10.66	0.0138
X <sub>1</sub> X <sub>2</sub>	54.76	1	54.76	0.21	0.6611
X <sub>1</sub> X <sub>3</sub>	499.52	1	499.52	1.91	0.2095
X <sub>2</sub> X <sub>3</sub>	504.90	1	504.90	1.93	0.2073
X <sub>1</sub> <sup>2</sup>	2315.18	1	2315.18	8.85	0.0207
X <sub>2</sub> <sup>2</sup>	800.23	1	800.23	3.06	0.1238
X <sub>3</sub> <sup>2</sup>	5.80	1	5.80	0.022	0.8858
Residual	1831.09	7	261.58		
Lack of fit	668.72	3	222.91	0.77	0.562
Pure error	1162.37	4	290.59		
Cor total	25180.31	16			

442

443

444 **Table 3**

Precursors of ACs	Mass of AC (g)	Initial concentrations of MB (mg/L)	Volume of MB (mL)	pH	Adsorption capacity of MB (mg/g)	References
Macadamia nut endocarp	0.025	500	25	-	194.7	[11]
Coffee waste	0.1	1000	10	5.3	188.7	[22]
Cotton stalk	0.1	1500	25	-	193.5	[23]
Wood sawdust	0.2	500	200	-	425.3	[24]
Almond shell	0.1	1500	50	6.16	314.2	This work

445

446

447 **Table 4**

Precursors of ACs	S <sub>BET</sub> (m <sup>2</sup> /g)	Micropore area (m <sup>2</sup> /g)	V <sub>T</sub> (cm <sup>3</sup> /g)	Micropore Volume (cm <sup>3</sup> /g)	Average pore width (nm)	References
Almond shell	839.60	383.64	0.406	0.152	0.83	This work
Pistachio shell	700.53	-	0.375	-	2.14	[25]
Rice husk	752	346	0.64	0.26	3.41	[26]
Cotton stalk	794.84	156.69	0.63	0.083	3.20	[23]

448

449

450

451 **Table 5**

	Relative content (%)			Relative content (%) of C 1s				Relative content (%) of O 1s			
	C	O	S	C-C	C-O-R	C=O	C-OOR	C=O	C-O	C-OOR	C-OOH
AS	72.07	26.88	1.0	13.15	41.97	25.59	19.29	22.55	32.73	24.05	20.67
ASAC	86.57	13.43	0.0	59.18	22.18	11.47	7.17	39.17	26.21	17.18	17.44

452

453

454

455 **Table 6**

C <sub>0</sub> (mg/L)	q <sub>e,exp</sub> (mg/g)	Pseudo-first-order			Pseudo-second-order		
		K <sub>1</sub> (mg/g)	q <sub>e</sub> (mg/g)	R <sup>2</sup>	K <sub>2</sub> (g/mg)	q <sub>e</sub> (mg/g)	R <sup>2</sup>
300	148.59	0.770	148.45	0.785	0.050	149.25	0.999
500	249.56	0.508	248.51	0.842	0.160	250.00	0.999

456

457

458

459 **Table 7**

Isotherms	Langmuir			Freundlich		
	q <sub>m</sub> (mg/g)	K <sub>L</sub> (L/mg)	R <sup>2</sup>	n	K <sub>F</sub> (mg/g)(L/mg) <sup>1/n</sup>	R <sup>2</sup>
	500.00	0.307	0.989	2.22	112.449	0.717

460

461

462

463 **Figure captions**

464 **Fig. 1** Three-dimensional graphic of response surface for response: mass ratio and activation  
465 time (a), mass ratio and microwave power (b), activation time and microwave power (c).

466 **Fig. 2** N<sub>2</sub> adsorption and desorption isotherms at 77K (a) and pore size distribution (b) of  
467 ASAC.

468 **Fig. 3** SEM images of AS (a), and ASAC (b).

469 **Fig. 4** FTIR spectra of AS and ASAC.

470 **Fig. 5** XPS survey spectra and high-resolution spectra of AS and ASAC: (a) survey scans; (b)  
471 AS: C 1s; (c) ASAC: C 1s; (d) AS: O 1s; (e) ASAC: O 1s.

472 **Fig. 6** Effect of pH on the adsorption of MB onto ASAC at 20 °C (C<sub>0</sub> = 500 mg/L, contact  
473 time = 30 min, activated carbon mass = 0.1 g)

474 **Fig. 7** Effect of time on the adsorption of MB onto ASAC at 20 °C (pH = 6.16, 0.1 g of  
475 ASAC).

476 **Fig. 8** Plots of Langmuir and Freundlich models for adsorption of MB onto ASAC (pH = 6.16,  
477 contact time = 30 min, 0.1 g of ASAC).

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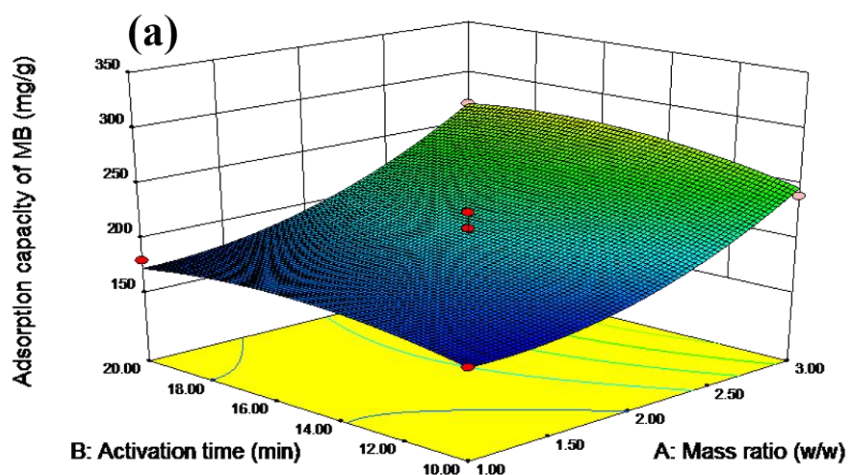
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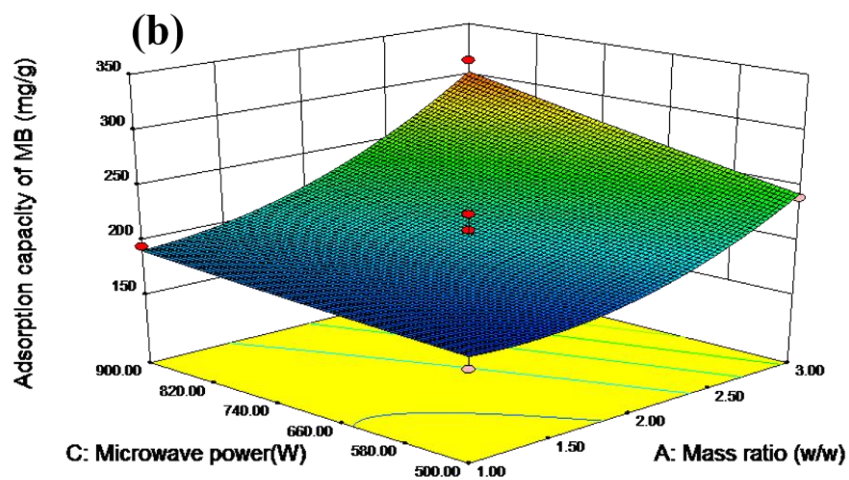
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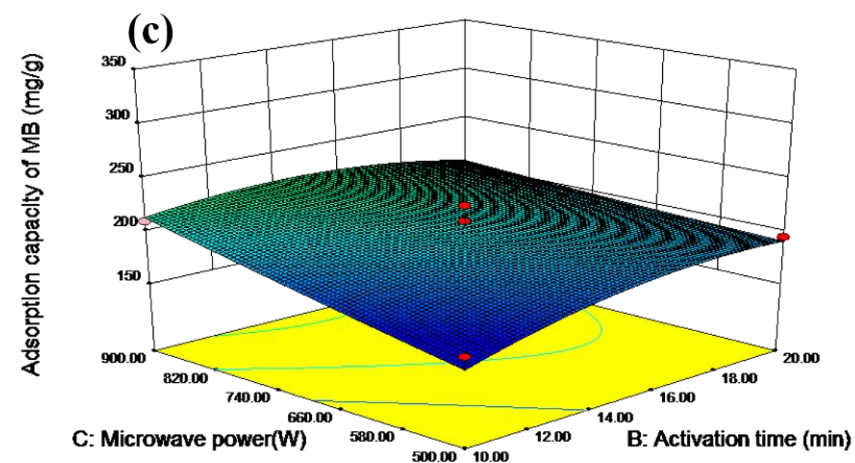
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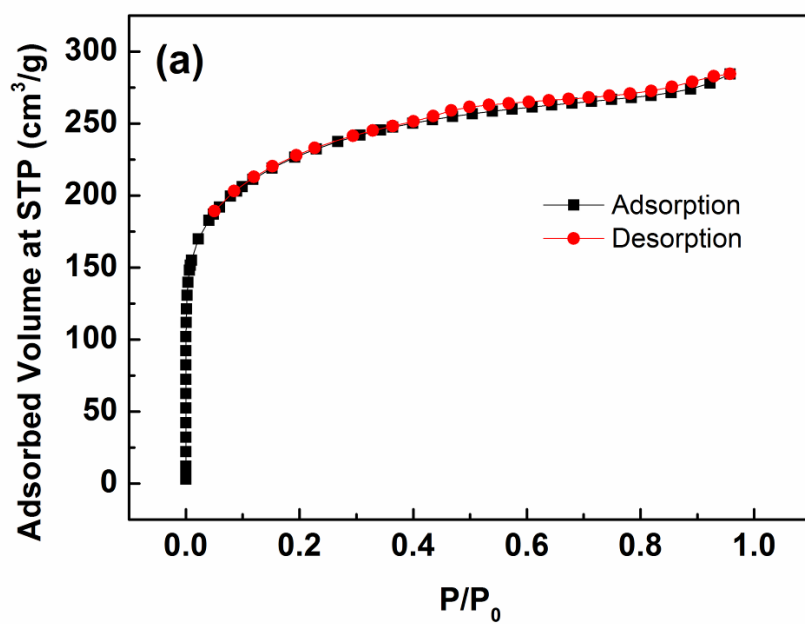
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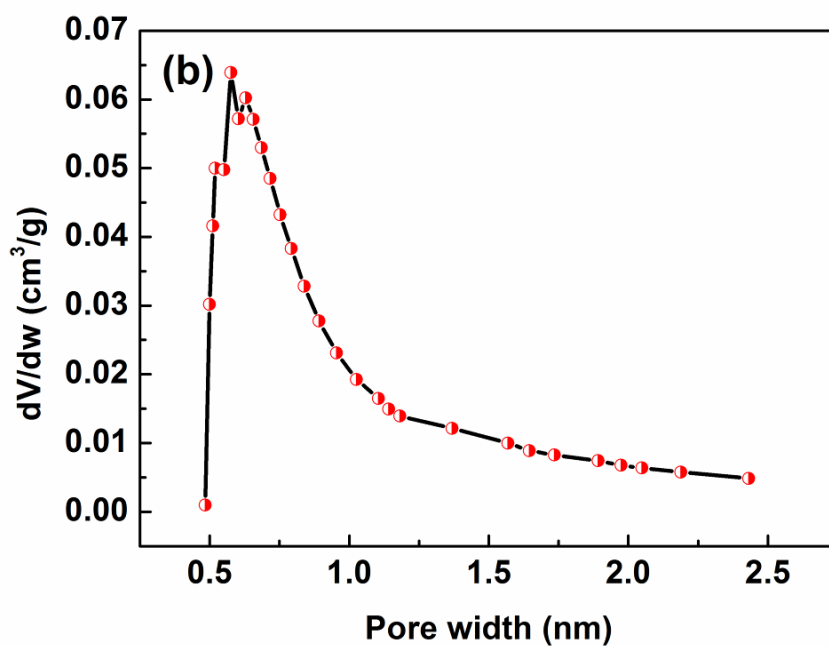
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489 time (a), mass ratio and microwave power (b), activation time and microwave power (c).



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 494 ASAC.

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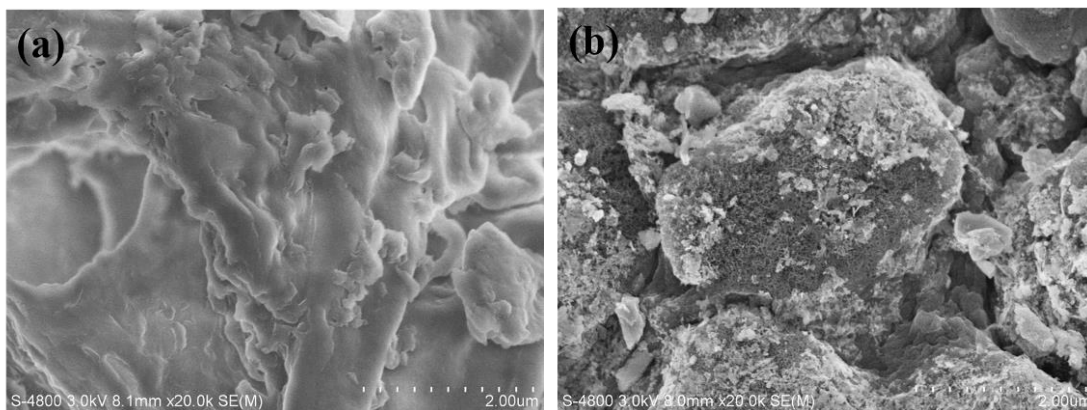
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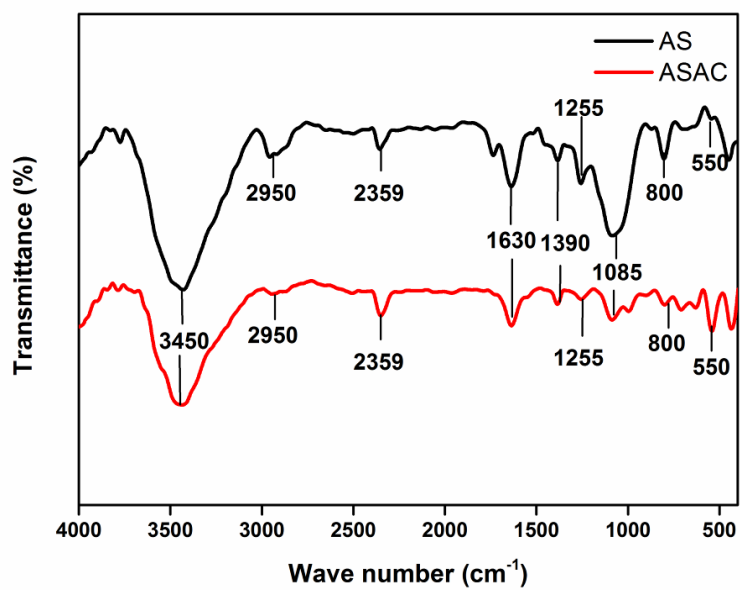
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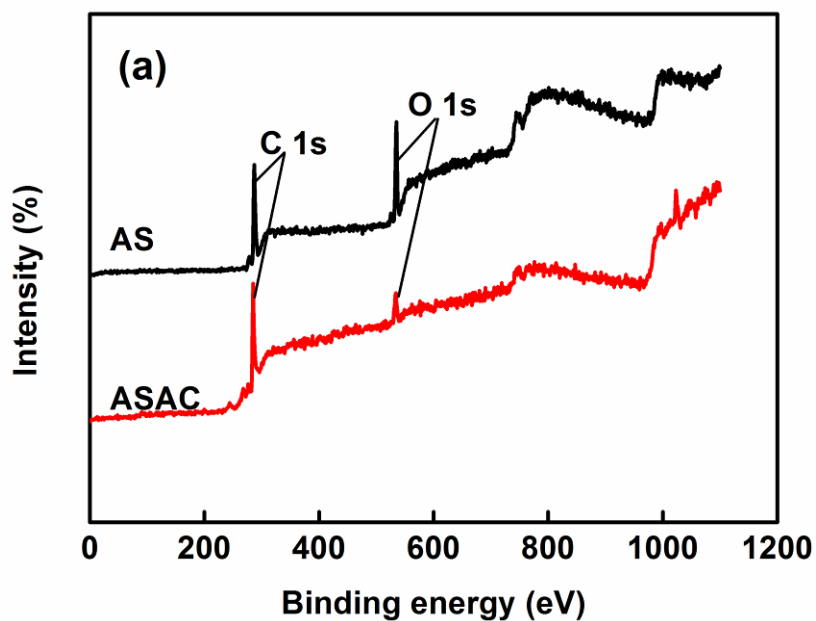
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**Fig. 3** SEM images of AS (a), and ASAC (b).

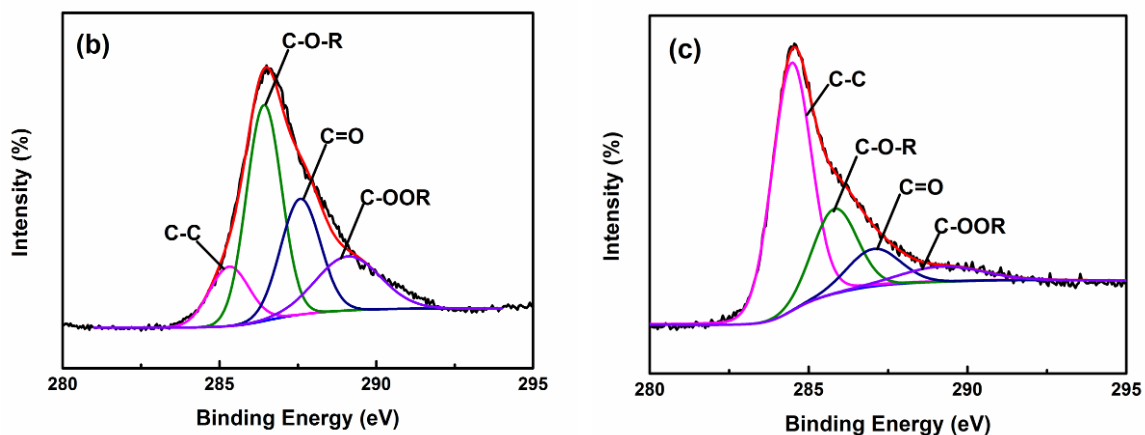


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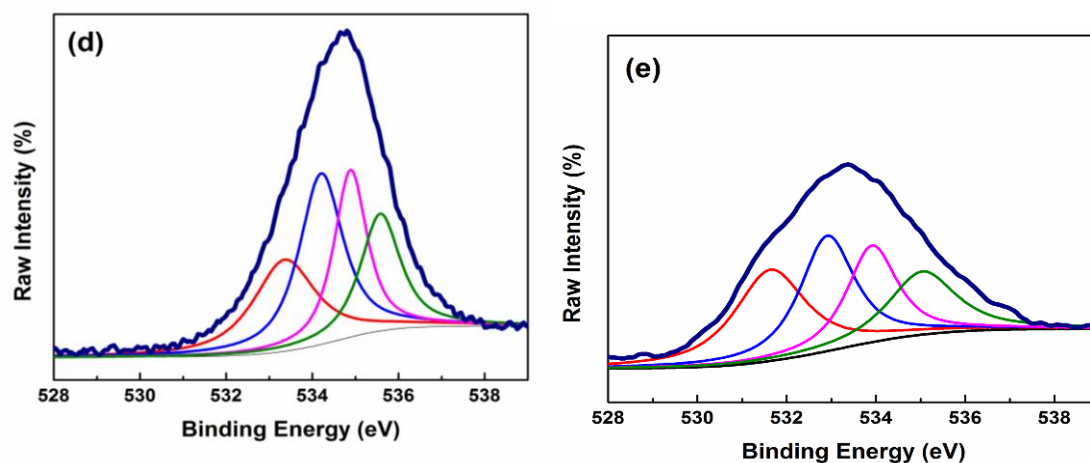
**Fig. 4** FTIR spectra of AS and ASAC.



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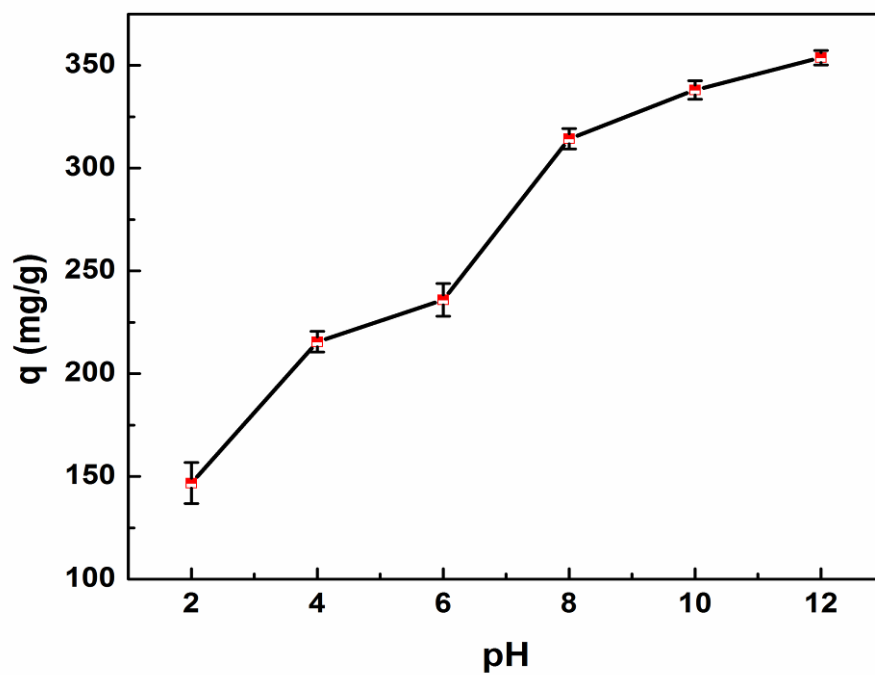
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514 **Fig. 5** XPS survey spectra and high-resolution spectra of AS and ASAC: (a) survey scans; (b)

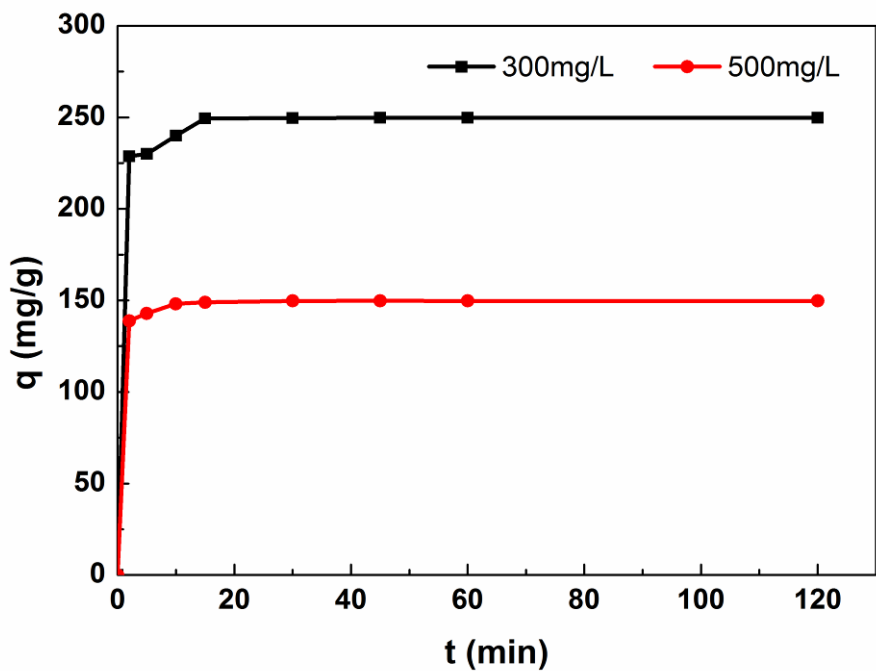
515 AS: C 1s; (c) ASAC: C 1s; (d) AS: O 1s; (e) ASAC: O 1s.



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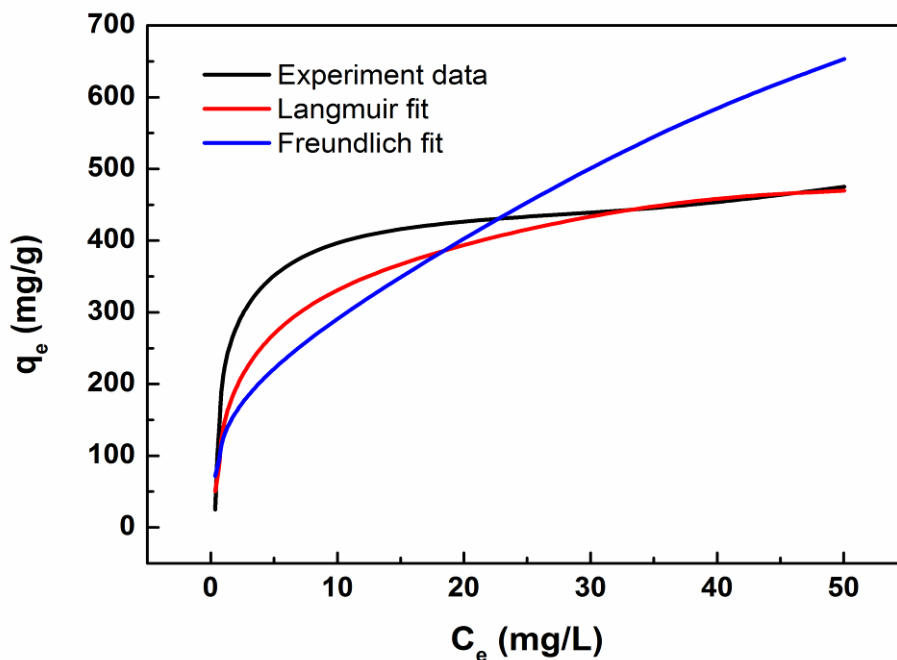
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520 time = 30 min, activated carbon mass = 0.1 g)  
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522

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524 ASAC).

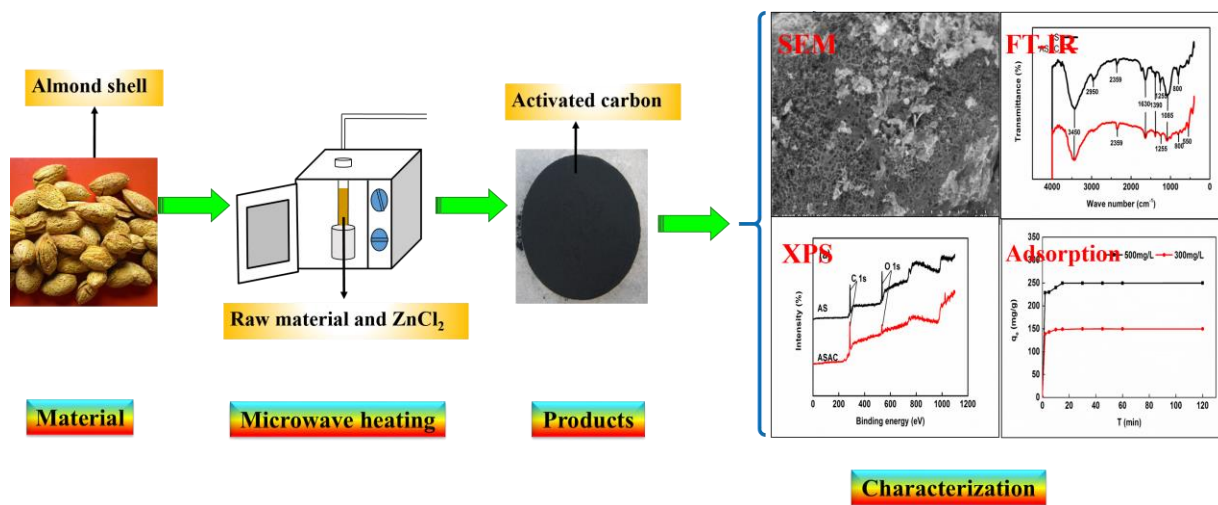


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526 **Fig. 8** Plots of Langmuir and Freundlich models for adsorption of MB onto ASAC (pH = 6.16,

527 contact time = 30 min, 0.1 g of ASAC).

528 Graphical abstract figure



529