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1 **Role of X-linked inhibitor of apoptosis (*XIAP*) in frozen and**
2 **thawed dormant and normal-hatched murine blastocysts**

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12 ABSTRACT

13 Cryo-injury of mammalian blastocysts occurs during cryopreservation and induces
14 apoptosis in trophoblast cells. This damage affects subsequent embryo development or may
15 even cause death before implantation. X-linked inhibitor of apoptosis (*XIAP*) is an anti-
16 apoptosis gene that has been widely studied in cancer research. However, only a few studies
17 have investigated the activity of *XIAP* in cryopreservation. In this study, we investigate the
18 role of *XIAP* in frozen and thawed murine blastocysts. A total of 1630 blastocysts were divided
19 into fresh and freeze-thaw groups, and *XIAP* expression was investigated using qPCR, Western
20 blot and confocal analyses. In addition, the effect of the embelin (a *XIAP* inhibitor) was also
21 evaluated by co-culturing 390 dormant blastocysts. *XIAP* protein is primarily localized to the
22 mitochondria of trophoblastic cells. Gene and protein expression is significantly down-
23 regulated in blastocysts after cryopreservation, whereas embelin has negative effect on their
24 survivals. These findings further broaden the understanding of mammalian embryonic
25 cryopreservation.

26 **Keywords:** Mouse; cryopreservation; dormant embryos; *XIAP*; apoptosis

27 **1. Introduction**

28 In recent years, cryopreservation of mammalian oocytes and embryos has become a
29 routine technology for assisted-reproduction in both animals and humans. However, injury to
30 embryos can occur during the freeze-thaw stages of this process, resulting in destruction of the
31 cellular cytoskeleton and a reduced embryonic survival rate [15]. Previous studies have
32 compared fresh with cryopreserved and thawed blastocysts [16, 21], and the ability of re-
33 expansion in blastocysts after thawing has been evaluated as a prerequisite to survival [9].
34 Indeed, apoptosis can be assessed using terminal deoxynucleotidyl transferase dUTP nick end
35 labeling (TUNEL). However, blastocysts consist of hundreds of cells and the TUNEL data
36 might give unreliable estimates because averaged over all blastomeres [14].

37 X-linked inhibitor of apoptosis (*XIAP*) is as a potent and versatile inhibitor of apoptosis
38 proteins (IAPs) [12]. Embryonic diapause has been used in mice as model to investigate *XIAP*
39 expression in normal and dormant embryos following cryopreservation and a down-regulation
40 has been found in the latter [27]. Cryopreservation induces DNA fragmentation in surviving
41 blastocysts by re-expansion, and it is also associated with membrane damage that leads to cell
42 loss. Moreover, there is an increased incidence of apoptotic events in the trophectoderm (TE)
43 cells of cryopreserved blastocysts [9].

44 Despite this preliminary study, little information is known on the role of *XIAP* expression
45 in cryopreserved embryos. For instance, some studies suggested that *XIAP* plays an important
46 role for apoptotic regulatory molecules, regulating trophoblast survival and influencing
47 embryonic development [3]; [6]; [20]; [23]. Silasi et al. assessed *XIAP* expression in fresh-
48 frozen ovarian cancer samples using laser-capture microdissection [19], while Arroyo et al.

49 suggested that decreased XIAP activation could be associated with increased placental
50 apoptosis [1].

51 Embelin is a polyphenolic compound that inhibits XIAP by binding the Smac site in the
52 BIR3 domain of XIAP molecules [7]; [18]. Previous studies have demonstrated that embelin
53 initiates anti-inflammatory and anti-oxidative effects [10]. It also has an extensive anti-tumor
54 effect inducing caspase 3 and 9 activation and decreasing XIAP expression in killing prostate
55 tumor cells [2].

56 Collectively, these reports suggested that further investigation of the *XIAP* gene could
57 provide novel insights into cryopreservation in mice blastocysts. Therefore, in the present study,
58 both molecular and cellular approaches were applied to acquire a more detailed understanding
59 of the role of XIAP in cryopreservation.

60

61 **2. Materials and methods**

62 **2.1. Ethics approval**

63 Animal experiments were performed at the Animal Care Facility of Beijing University of
64 Agriculture. Housing and treatments of the mice were in accordance with Beijing Laboratory
65 Animal Management Committee guidelines for the care and use of laboratory animals.

66

67 **2.2. Animal models and blastocysts**

68 A total of 150 female mice (ICR; Beijing Vital River Laboratory Animal Technology Co.,
69 Ltd.; 6 weeks) were housed in the Institutional Animal Care Facility of Beijing University of
70 Agriculture (SYXK Beijing 2010- 0003). Food and water were available. The schematic
71 diagram of the experimental design is reported in figure 1. 10 IU of pregnant mare's serum

72 gonadotropin (PMSG; Ningbo Sansheng Pharmaceutical Co., Ltd; China) was used to treat
73 superovulation by intraperitoneal injection on day 1 and human chorionic gonadotropin (HCG;
74 Ningbo Sansheng Pharmaceutical Co., Ltd; China) was given on day 3 [5], followed by the
75 mating with males. Successful mating had presence of a copulation plug on the morning of day
76 4. Then 10 IU of anti-pregnant mare's serum gonadotropin (A-PMSG; Tianjin Laboratory
77 Animal Center; China) on 09.00 h was injected to reduce the negative impact of residual
78 estrogen during superovulation [13]; [11]. On the pregnancy of day 4 (08.00–09.00 h), in total
79 100 females were ovariectomized and subsequently injected daily until day 7 by subcutaneous
80 progesterone (2mg per mouse per day; P₄) in sesame oil for collecting dormant blastocysts.
81 Approximately 30 females were left intact to collect normal blastocysts [5]. A total of 1010
82 dormant blastocysts were collected on day 8, as well as 620 normal blastocysts were directly
83 collected on day 5.

84

85 **2.3. Freezing and thawing of embryos**

86 The freezing step with cryo-protectant (ECEG-100; ICPBio; New Zealand) was performed
87 on 310 normal and 310 dormant blastocysts, as reported by Gu et al. [5]. Before performing
88 the experiments, straws containing normal and dormant blastocysts respectively were removed
89 from liquid nitrogen, gently shaken for 5–10 s and moved to a 35 °C water bath for 10 s for
90 thawing [5]. Afterwards, the blastocysts were quickly transferred to a glass dish. Both the cryo-
91 normal and cryo-dormant blastocysts were cultured *in vitro* for 2 hours to re-expand from the
92 cryopreservation. Then, both re-expanded and non-re-expanded blastocysts underwent q-PCR
93 and Western blot analysis.

94

95 **2.4. Quantitative real-time PCR analysis (qPCR)**

96 *XIAP* gene expression was analyzed from four groups of embryos: fresh normal-hatched
97 and dormant embryos; cryo-normal and cryo-dormant embryos. Fresh embryos were
98 immediately used for RNA isolation, whereas the cryopreserved embryos were washed from
99 the cryoprotectants (CPA) and had time to re-expand during 2h of culture, before Real-time
100 PCR. q-PCR was performed on 100 embryos per group (without distinguishing re-expanded
101 and not re-expanded embryos) [5] by using the following *XIAP* gene-specific primers: forward,
102 5'- TCC CAT GTG CTA CAC CGT CA -3'; and reverse, 5'- GCA GAT TAC TTA AAG TTC
103 GCT CCC -3' (GenBank accession number NM_001301641). The housekeeping gene was
104 *GAPDH* (GenBank accession number NM_008084), and the primers were forward, 5'- TGG
105 CAA AGT GGA GAT TGT TGC C -3'; and reverse, 5'- AAG ATG GTA ATA AAC TTC CCG
106 -3'. q-PCR was performed in triplicate (technical replicate) to obtain estimates of variation
107 (SEM). Results were indicated as fold-change relative to the mean according to Gu et al. [5].

108

109 **2.5. Western blot analysis of blastocysts**

110 The cryopreserved embryos were thawed from the cryoprotectants (CPA) and had time to
111 re-expand during 2 hours of culture, before Western blot analysis. A total of 200 blastocysts
112 from each group (without distinguishing re-expanded and not re-expanded embryos) were used
113 to isolate total proteins and run in triplicate on 10% SDS-PAGE (technical replicate), to obtain
114 estimates of variation (SEM). Bands were transferred to a PVDF membrane (Millipore, MA,
115 USA) and treated with primary and secondary antibodies as reported by Gu et al. [5]. Band

116 intensity values were analyzed by using Image J software (National Institute of Health;
117 Bethesda, MD, USA).

118

119 **2.6. Evaluation of the effect of embelin on embryonic viability after cryopreservation**

120 First a pilot trial was performed to test the effective concentration of embelin. Embelin
121 (Sigma-Aldrich) was added to Whitten's solution to reach final concentrations of 0, 20, 50,
122 100, and 200 μM , respectively, and approximately 30 dormant embryos per concentration were
123 incubated during 4 h embryo culture. We looked at post-thaw embryos survival (embryonic
124 viability after cryopreservation) to evaluate the effect of embelin. 50 μM appeared to be the
125 'optimal' concentration due to the decreasing post-thaw embryos survival following co-
126 cultured in vitro for 4 hours.

127 Based on the pilot experiment, 50 μm was chosen in the experiment to study the effect of
128 XIAP inhibition by embelin on post-thaw embryo survival. As embelin was added to the culture
129 medium from a stock solution of embelin dissolved in DMSO, 50 μM of embelin led also to
130 the presence of 2% DMSO. The effect of the DMSO vehicle was tested in a separate group.
131 Thus, post-thaw embryo survival was estimated in four groups, containing 100, 89, 100, 101
132 dormant embryos: 1a) Embryos frozen without treatment (control); 1b) same as 1a, but
133 embryos were firstly cultured in-vitro for 4 h; 2) embryos were incubated with 50 μM embelin
134 during 4 h prior to freezing and thawing; 3) embryos were incubated with 2% DMSO vehicle
135 during 4 h prior to freezing and thawing, as shown in Fig. 1. The re-expansions (live post-thaw
136 blastocysts) were observed by microscope and the survival rates were calculated for three
137 subgroups of embryos per group (each subgroup having roughly one-third of the number of

138 embryos per group) in order to obtain an estimate of variation and present the survival rates
139 per group as means \pm SEM.

140

141 **2.7. Immunofluorescence staining and confocal microscopy**

142 The distribution of XIAP was observed by performing immunofluorescence staining of
143 blastocysts using an anti-XIAP antibody (ab2541, Abcam) [25]. Slides were scanned using a
144 laser microscope (Zeiss LSM 710; Jena, Germany), and images were analyzed with Zeiss LSM
145 image browsing software.

146

147 **2.8. Statistical analysis**

148 Data are presented as mean \pm SEM. Analysis of variance (ANOVA) was used to establish
149 differences among groups of analyzed blastocysts for all the performed tests (q-PCR and
150 Western blot), followed by a Student-Newman-Keuls test using SPSS software. A *p*-value of
151 less than 0.05 was considered to be statistically significant.

152

153 **3. Results**

154 **1. Expression of XIAP Is Decreased After Cryopreservation.**

155 It is well-known that *XIAP* is a key gene that regulates cell apoptosis, and that this role
156 may affect the cryopreservation survival rate. To investigate the relationship between *XIAP*
157 and cryopreservation in mice blastocysts, qPCR, confocal and Western blotting were
158 performed. In addition, the XIAP inhibitor, embelin, was co-cultured with blastocysts to
159 evaluate its effect on the survival rate.

160 As shown in Fig. 2A, *XIAP* expression was down-regulated in the cryo-normal and cryo-
161 dormant groups in comparison with the normal-hatched and dormant controls ($p < 0.01$). *XIAP*
162 expression in cryo-dormant blastocysts groups was also significantly lower than in the normal-
163 hatched groups. Western blot results (Fig. 2, B and C) confirmed this pattern, with *XIAP* down-
164 regulated in cryo-normal ($p < 0.05$) compared with non-frozen-normal embryos. Also, the
165 expression in the cryo-dormant group appeared to be lower than in the non-frozen-dormant
166 group, but this difference was not significant. Expression in the cryo-dormant group was
167 significantly lower compared with the non-frozen normal group ($p < 0.05$).

168

169 **2. XIAP Inhibitor (Embelin) Is Negative Effect on Survival.**

170 *XIAP* expression in western blots appeared to be less reduced in frozen-dormant embryos
171 than in frozen-normal embryos, as the difference between frozen and fresh was not significant
172 in dormant embryos (whereas it was significant in normal embryos) and frozen-dormant
173 embryos tended ($p = 0.07$) to have a higher expression compared with frozen-normal embryos.
174 As *XIAP* is an inhibitor of apoptosis, its expression may be related to the level of post-thaw
175 embryo death. Therefore, embelin addition co-cultured with dormant embryos *in-vitro* prior to
176 freezing was used to evaluate its effects on survival rates after thawing and to explore the role
177 between *XIAP* and cryopreservation. As shown in table 1, there was no effect on the survival
178 rate when blastocysts were co-cultured *in vitro* in the 2% DMSO control ($p > 0.05$) prior to
179 freezing, whereas addition of embelin prior to freezing decreased the survival rate of
180 blastocysts ($p < 0.05$). No significant differences were observed between the two control groups

181 for frozen/thawed without any pre-treatment (Control 0 h) and with Whitten's solution culture
182 *in-vitro* for 4 h prior to frozen/thawed (Control 4 h).

183

184 **3. XIAP Localizes to Multiple Small Foci Inside TE Cells, But under the Submembrane** 185 **of Cytosol.**

186 Confocal microscopy was used to determine the localization of XIAP in blastocysts from
187 each group. XIAP was present only in TE cells (Fig. 3), in multiple foci in the cytoplasm of
188 trophoblast cells. More specifically, the XIAP protein was localized to mitochondrial foci in
189 the periphery of the TE cells. In addition, XIAP expression in cryo-normal and cryo-dormant
190 embryos were visible and stronger than in groups prior to freezing.

191

192 **4. Discussion**

193 It was previously reported that cryopreservation down-regulates the transcription of most
194 genes, but up-regulates expression of heat shock proteins. This effect was caused by freezing
195 and thawing rather than by exposure to cryo-protectants [17]; [26]. The current study shows
196 that *XIAP* expression was down-regulated in both cryo-normal and cryo-dormant murine
197 blastocysts, as detected by both qPCR and Western blot analysis.

198 In our Western blot analysis, XIAP expression appeared to be higher in the cryo-dormant
199 group than in cryo-normal blastocysts; the estimated difference showed a tendency to be
200 significant ($p=0.07$). In addition, no significant difference of XIAP expression was detected
201 between the frozen and fresh dormant embryos (whereas it was significant in normal embryos).
202 Cryopreservation resulted in a decrease in XIAP expression in normal embryos but not in

203 dormant embryos, this may explain the higher survival of dormant embryos after
204 cryopreservation. Therefore, we proposed that *XIAP* gene expression could be one reason
205 which affects the cryopreservation and the related survival rate. In addition, embelin
206 significantly reduced tolerance to freezing in mouse blastocysts, while no significant reduction
207 was detected in the 2% DMSO control group. Hussain et al. suggested that embelin has an anti-
208 tumor effect by inducing apoptosis of cancer cells and inhibiting their proliferation [8].
209 However, it was also found that embelin treatment was associated with decreased XIAP
210 expression, even though it did not induce or enhance apoptosis. We found that incubation of
211 embryos with embelin prior to freezing reduced the survival rate, suggesting that specific XIAP
212 inhibition by embelin increased apoptosis and reduced embryonic survival after
213 cryopreservation.

214 Confocal microscopy revealed that XIAP localizes to multiple small foci inside TE cells,
215 and that these foci are in mitochondria within the TE cells of murine blastocysts. These results
216 are consistent with those of Van Blerkom [22]. In light of their diverse activities in normal
217 cells, it appears that mitochondria may be central determinants of embryonic development. In
218 mammalian cells, mitochondria-associated IAP antagonists play crucial roles in these
219 processes. Furthermore, upon binding, an unusual septin-like mitochondrial proteins promote
220 the ubiquitin-mediated degradation of XIAP; as exemplified by the *Drosophila* IAP antagonists
221 [4]. ARTS (a member of the septin family of proteins) knockout mice have elevated XIAP
222 levels, resulting in enhanced resistance to cell death [24]. These results suggested that *XIAP*
223 gene has potential link with mitochondrial regulation and cell death. Indeed, our study was
224 provided the similarly potential link relationship between *XIAP* gene and cell death. However,

225 the exact mechanism which affects embryonic apoptosis and cell death requires further
226 clarification.

227 In conclusion, the relationship between expression of XIAP in murine blastocysts and
228 cryopreservation has been further investigated. It was demonstrated that cryopreservation
229 reduces the expression of XIAP and decreases the survival rate of blastocysts. Furthermore,
230 XIAP inhibitor observed negative effect on embryonic survival during cryopreservation.
231 Interestingly, XIAP was localized to the mitochondria of trophoblast cells. This study places
232 the normal hatched and dormant embryos as target for exploring the relationship between *XIAP*
233 gene and cryopreservation.

234

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239

240 **Conflicts of Interest**

241 There are no conflicts of interest.

242

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324

Figure Legends

Fig. 1. Schematic diagram manifesting experimental design flow. One hundred fifty mice were super-ovulated by in intraperitoneal injection with PMSA (14.00-15.00 h). Mice were injected with hCG and mated after 48 h. On the morning of day 4 (9.00 h), checking plug and intraperitoneal injection with A-PMSG. One hundred mice were ovariectomized and subsequently daily injected with 2mg per mouse of subcutaneous progesterone (P₄). Dormant blastocysts were collected by flushing each uterine cornua on the morning of day 8. Conversely, normal hatched blastocysts were collected from 30 mice by flushing the uteri on the morning of day 5 (9.00 h).

Four experimental flows were set up (1. Realtime PCR, 2. Western Blot; 3. Dormant Blastocysts Culture in vitro; 4. Immunofluorescence and Confocal) and numbers of blastocysts were showed in brackets.

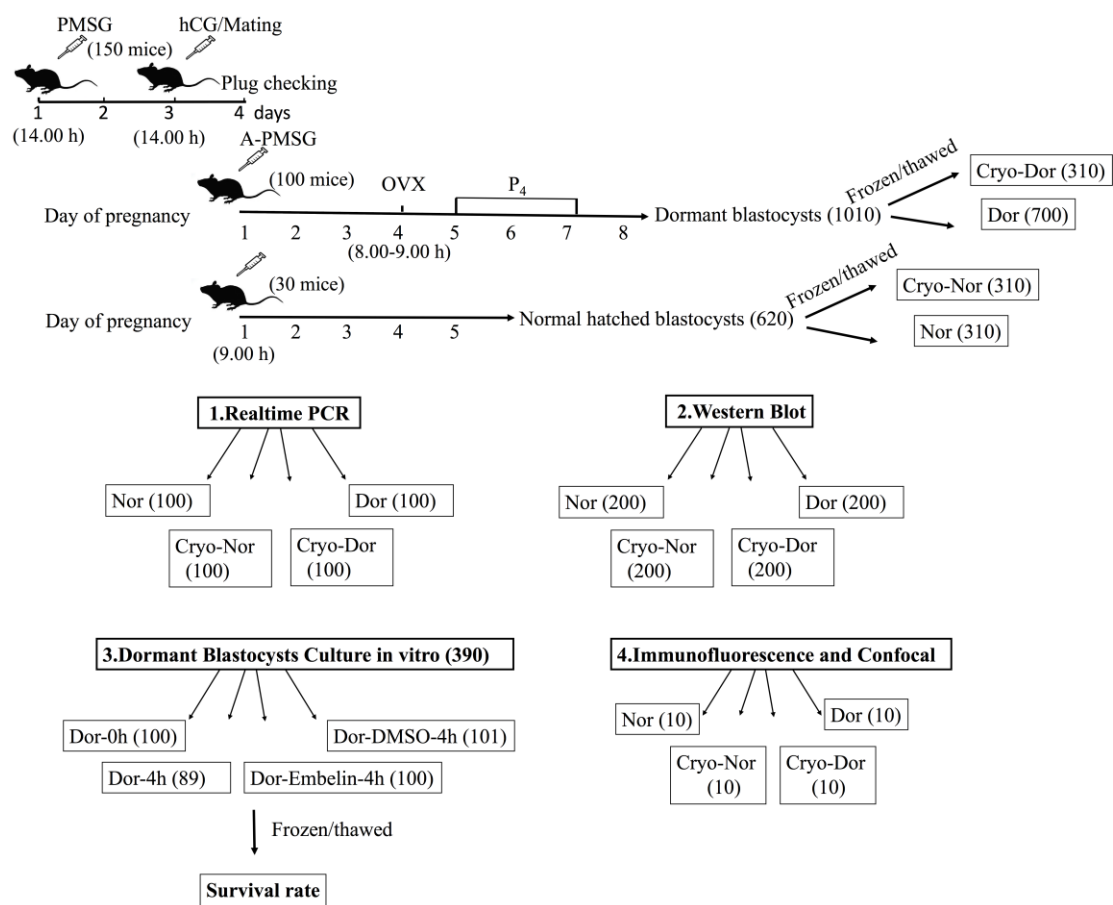
Fig. 2. Analyses of *XIAP* gene expression and Western blot in dormant and normal-hatched embryos. A) *XIAP* transcription was analyzed in various blastocyst groups. Concentrations of *XIAP* mRNA were normalized to those of *GAPDH*. B and C) Western blot profiles of *XIAP* (cropped blots) normalized to β -actin. Values are expressed as mean \pm SEM, * $p < 0.05$, ** $p < 0.01$.

Fig. 3. Localization of *XIAP* in mouse embryos (10 \times and 20 \times magnification). Images show *XIAP* antigen labeled in green, propidium-iodide-labeled nuclei in red, and merging of the images.

326 Table 1. Survival rates of dormant embryos were evaluated in co-culture with embelin addition
 327 used prior to freezing.
 328

	Different Treatments			
	Control (0 h)	Control (4 h)	Embelin (4 h)	2% DMSO
No. of blastocysts	100	89	100	101
Surviving rates of post-thawing (%)	70.00±3.50 ^a	65.33±0.82 ^a	45.67±4.37 ^b	65.00±2.52 ^a

329
 330 Note: Data are presented as means ± SEM. Different letters identify statistically significant
 331 values. The four groups are all dormant embryos as follows: 1a) Frozen/thawed without any
 332 pre-treatment (0h control); 1b) culture in-vitro for 4 h prior to frozen/thawed; 2) Embelin
 333 addition in co-culture for 4 h used prior to freezing/thawing; 3) 2% DMSO (final concentration)
 334 addition in co-culture for 4 h used prior to freezing/thawing.
 335



336

Figure 1

337

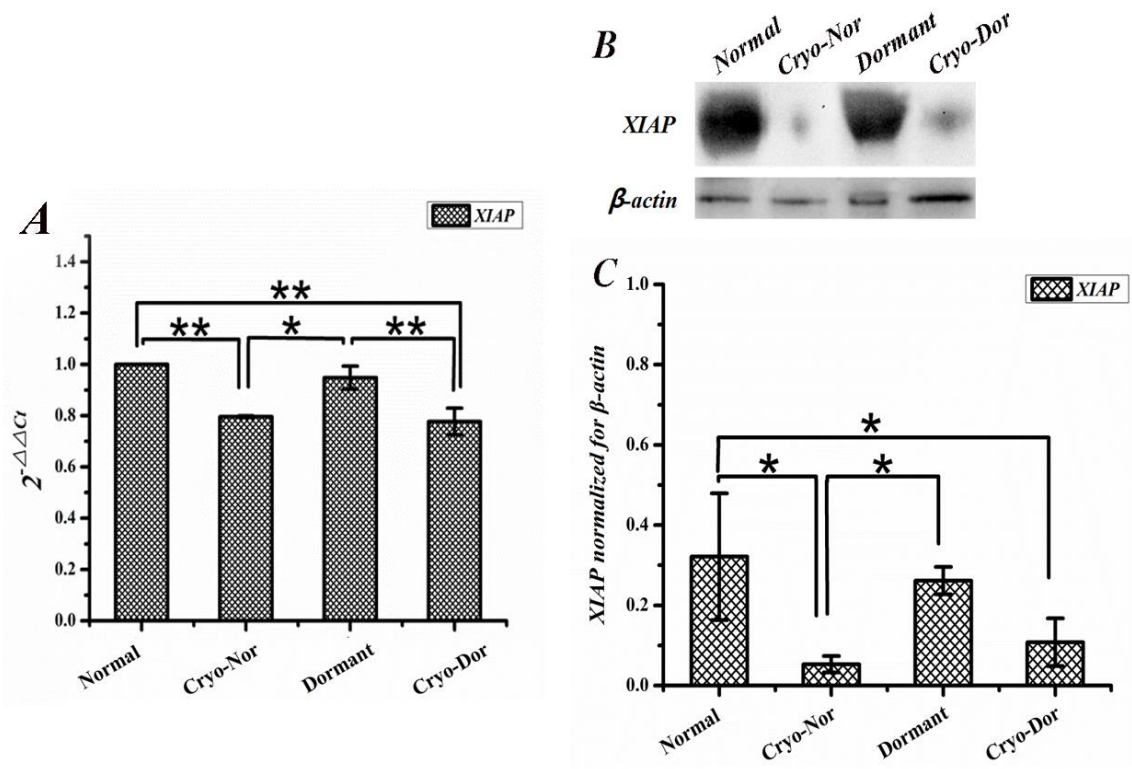


Figure 2

338

XIAP

Normal
Cryo-Nor
Dormant
Cryo-Dor

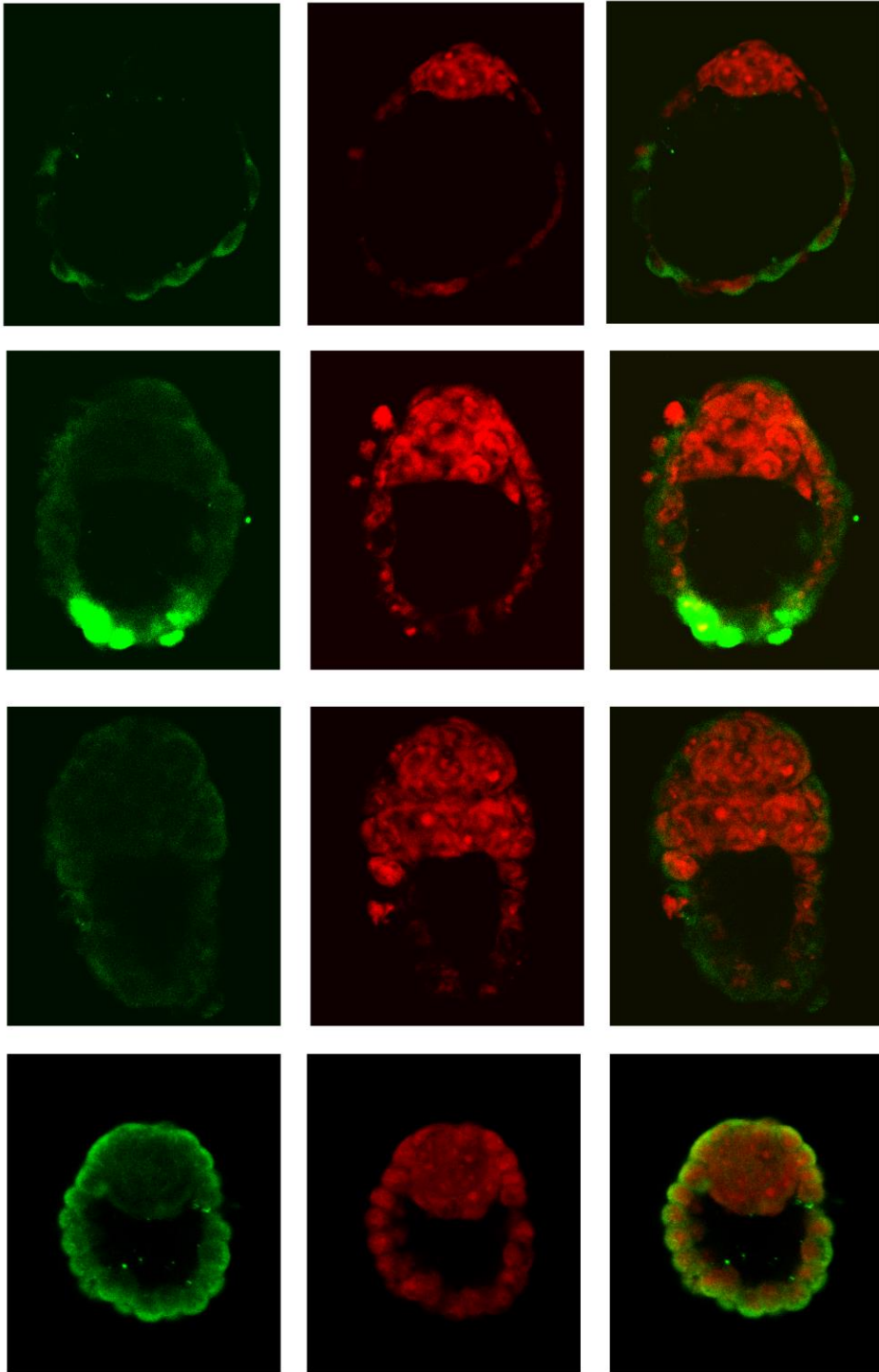


Figure 3