

Antimicrobial activity of four essential oils against pigmenting *Pseudomonas fluorescens* and biofilm-producing *Staphylococcus aureus* of dairy origin

Francesca Pedonese,¹ Filippo Fratini,¹ Luisa Pistelli,² Federica Maria Porta,¹ Pierluigi Di Ciccio,³ Roberto Fischetti,⁴ Barbara Turchi,¹ Roberta Nuvoloni¹ ¹Department of Veterinary Sciences, University of Pisa, Pisa; ²Department of Pharmacy, University of Pisa, Pisa; ³Food and Drug Department, University of Parma, Parma; ⁴Institute for Experimental Veterinary Medicine of Lazio and Tuscany, Pisa, Italy

Abstract

Essential oils (EOs) are mixtures of secondary metabolites of plant origin with many useful properties, among which the antimicrobial activity is also of interest for the food industry. EOs can exert their antimicrobial potential both directly, in food products and active packaging, and indirectly, as sanitizing and anti-biofilm agents of food facility surfaces. Aim of this research was to evaluate the antimicrobial activity of four EOs (bergamot, cinnamon, manuka and thyme) against Pseudomonas fluorescens and Staphylococcus aureus isolated from milk and dairy products. The chemical composition of EOs was evaluated by Gas Chromatography-Mass Spectrometry analysis. Minimum Inhibitory Concentration values were determined by a microplate method against 9 Ps. fluorescens from marketed mozzarella with blue discoloration defect, and 3 biofilm-producing S. aureus from milk. Reference ATCC strains were included. Pigment production activity by Ps. fluorescens was assessed both in culture and in cheese. EOs of manuka (leptospermone 23%) and thyme (carvacrol 30%, pcymene 20%, thymol 15%) showed the highest antimicrobial activity against S. aureus, MIC values were 0.012%-0.024% and 0.024% v/v, respectively; meanwhile EOs from thyme and cinnamon (cinnamaldehyde 55%) exhibited the best activity against Ps. fluorescens with MIC values of 0.098%-0.195% and 0.195%-0.391% v/v, respectively. The antimicrobial activity of these EOs is promising and they could be exploited in the dairy production chain.

Introduction

Essential oils (EOs) are aromatic and volatile mixtures of secondary metabolites obtained from different parts of plants. EOs are composed of many bioactive molecules. mainly terpenes, terpenoids and phenylpropenes, and their actual antimicrobial effect depends on many intrinsic and environmental factors (Hyldgaard et al., 2012). Their use in food industry is aimed to provide flavours and to improve safety and quality of products. They can be employed directly in food, or as components of food packaging (Lucera et al., 2012) and even in sanification of food processing environments and food-contact surfaces due to their antimicrobial and anti-biofilm potential (Valeriano et al., 2012).

The present work was aimed to evaluate the antimicrobial activities of four EOs (Citrus bergamia Risso, Cinnamomum zeylanicum L., Leptospermum scoparium J.R. et G. Forst and Thymus vulgaris L.) on food-related bacteria: Pseudomonas fluorescens, isolated from mozzarella cheese with blue discoloration, and biofilm-producing Staphylococcus aureus from milk. Gas chromatography—mass spectrometry (GC-MS) analyses were carried out to perform the chemical characterization of the four tested EOs.

Materials and Methods

Bacterial cultures

A total of 10 Ps. fluorescens was used in this study: 9 wild isolates (PS59, PS60, PS63, PS70, PS71, PS231, PS249, PS251 and PS282) from commercial samples of spoiled mozzarella cheeses with blue pigmentation and the reference strain Ps. fluorescens ATCC 13525. The wild isolates, provided by Istituto Zooprofilattico Sperimentale Lazio-Toscana (Pisa), were phenotypically identified by API 20 NE (bioMérieux, Marcy-l'Etoile, France). Moreover, the identification was confirmed genetically according to Scarpellini et al. (2004). After DNA extraction by boiling at 95°C for 10 min, the species-specific PCR was performed using the KAPA Taq ReadyMix PCR kit (Kapa Biosystems, Boston, MA, USA).

The pigmentation capacity of pseudomonads was studied in mozzarella cheese and in a lab-made minimal nutritive broth used for the cultivation and maintenance of *Pseudomonas fluorescens* and other microorganisms (Yeast Extract Glucose Broth, YEGB, https://www.bioworld.com/productinfo/3 43 287 688/101

Correspondence: Francesca Pedonese, Department of Veterinary Sciences, University of Pisa, Viale delle Piagge 2, 56124 Pisa, Italy.

Tel: +39-050-2216707 - Fax: +39-050-2210654. E-mail: francesca.pedonese@unipi.it

Key words: Essential oils, Gas chromatography-mass spectrometry, Pseudomonas fluorescens, Staphylococcus aureus, Dairy.

Conflict of interest: the authors declare no potential conflict of interest.

Funding: this research was funded by Pisa University grants.

Received for publication: 21 July 2017. Revision received: 11 September 2017. Accepted for publication: 12 September 2017.

This work is licensed under a Creative Commons Attribution-NonCommercial 4.0 International License (CC BY-NC 4.0).

©Copyright F. Pedonese et al., 2017 Licensee PAGEPress, Italy Italian Journal of Food Safety 2017; 6:6939 doi:10.4081/ijfs.2017.6939

74/Yeast-Extract-Glucose-Broth.html). YEGB had the following composition: glucose 1.5 g/L, di-potassium hydrogen orthophosphate 5.2 g/L, potassium dihydrogen phosphate 3.18 g/L, magnesium sulfate 0.12 g/L, yeast extract 0.5 g/L, ammonium chloride 0.54 g/L. Marketed citric mozzarella samples were inoculated with a final count of about 10² CFU/mL in preservation liquid. Samples were stored at 10°C for 72 hours in their packaging and then opened, maintained at the same temperature and observed daily up to 10 days. Pseudomonas quantitative determination on Pseudomonas Agar with CFC Supplement (Oxoid, Basingstoke, UK) was carried out to exclude the presence of pseudomonads in the preservation liquid. As for YEGB assay, each isolate wasgrown overnight at 25°C in YEGB, and ten-fold serial dilutions in sterile saline solution were prepared. Ten µL of the dilutions were seeded, in 5 different Eppendorf tubes per isolate, to obtain final counts of pseudomonads ranging from 101 to 105 CFU/mL. Each tube, of 1.5 mL declared capacity, was filled to the top with 1.8 mL of YEGB to maximize the surface of broth culture exposed to air. Eppendorf tubes were left open, incubated at 25°C and observed daily up to 7 days.

Among biofilm-producing *S. aureus*, 3 strains, isolated from raw milk, came from the collection of Food and Drug Department, Parma (PA1 and PA2) and from that of Veterinary Science





Department, Pisa (PI1) and their biofilm-producing capacity had been previously assessed following Di Ciccio *et al.* (2015), the other 2 were reference strains, *S. aureus* ATCC 35556 (strong producer) and *S. aureus* ATCC 12600 (intermediate producer). *S. aureus* PA1 and *S. aureus* PA2 had been previously characterized as methicillin-resistant (MRSA) (Di Ciccio *et al.*, 2016); *S. aureus* PI1 was a methicillin-susceptible, enterotoxin C producer (Pedonese *et al.*, 2014).

Essential oils

EOs (from Flora s.r.l., Lorenzana, Pisa, Italy) of bergamot (*C. bergamia* Risso, Cb), cinnamon bark (*C. zeylanicum* L., in 40% ethanol, Cz), manuka leaves (*L. scoparium* J. R. *et* G. Forst, Ls) and thymus (*T. vulgaris* L., Tv) were used.

Gas chromatography-mass spectrometry analysis

The chemical composition of EOs was determined by using Gas Chromatography-Electron Impact Mass Spectrometry (GC-MS). Analyses were performed with a Varian CP-3800 gas chromatograph equipped with a DB-5 capillary column (30 $m \times 0.25$ mm; coating thickness 0.25 µm) and a Varian Saturn 2000 ion trap mass detector. Analytical conditions were those reported by Fratini et al. (2014). The identification of the constituents was based on comparison of retention times with those of pure authentic samples, comparing their retention indices relative (LRI) to the series of *n*-hydrocarbons, by computer matching against commercial libraries (NIST 98 and ADAMS) (Adams, 1995) and homemade library mass spectra, built up from pure substances, known oils and MS literature data (Stenhagen et al., 1974).

Minimal inhibitory concentration determination assay

MIC values of EOs, i.e. the lowest concentration that inhibits the visible microbial growth, were determined following Wiegand et al. (2008) with minor modifications. The assay was performed in sterile 96-well microtiter plates using 10 µL of bacterial inoculum and 190 µL of each EOs dilution. EOs dilutions were prepared in Tryptone Soy Broth (Oxoid) supplemented with dimethyl sulfoxide (DMSO) to a final ratio of 1:3:4 (v/v) and a two-fold dilution series was performed from 1/8 to 1/16384. For the bacterial inoculum an overnight broth culture of each microorganism, spectrophotometrically (Ultrospec 2100 Pro, Amersham Biosciences, Buckinghamshire, GB) adjusted at 550 nm at about 1.5 x 10⁸ CFU/mL, was used. Positive and negative controls, and for Cz also ethanol control,

Table 1. Chemical composition of essential oils detected by gas chromatography-mass spectrometry analysis.

spectrometry analysis.						
Compound	Class	LRI	Cb	Cz	Ls	Tv
α -pinene	mh	940	1.1		1.7	1.1
Sabinene	mh	978	1.1			
β-pinene	mh	981	6			
Myrcene	mh	993				1.3
α-phellandrene	mh	1006		1.1		
α-terpinene	mh	1019				1.5
p-cymene	mh	1026				20.2
o-cymene	mh	1026		2.5		
Limonene	mh	1032	30.8			
β-phellandrene	mh	1033		4.4		
γ-terpinene	mh	1062	7.4			8.3
Linalool	om	1102	12.5	5		7.4
Camphor	om	1148				1
4-terpineol	om	1180				1.8
(Z)-cinnamaldehyde	nt	1223		1.2		
Linalool acetate	om	1260	34.9			
(E)-cinnamaldehyde	nt	1274		55		
Thymol	om	1290				15.3
Carvacrol	om	1301				29.7
α-cubebene	sh	1351			3.2	
Eugenol	pp	1361		4.6		
α -copaene	sh	1376		1.6	4.8	
α-gurjunene	sh	1410			1	
β-caryophyllene	sh	1418		10.2	2.4	4.8
Aromadendrene	sh	1441			1.8	
(E)-cinnamyl acetate	nt	1449		1.1		
cis-muurola-3,5-diene	sh	1450			5	
α-humulene	sh	1456		2.8		
trans-cadina-1(6),4-diene	sh	1470			3.7	
γ-muurolene	sh	1477			1.1	
β-selinene	sh	1485			4.8	
trans-muurola-4-(14),5-diene		1494			1	
Viridiflorene	sh	1495			5.3	
trans-calamenene	sh	1522			15.2	
δ-cadinene	sh	1523			4.5	
α-calacorene	sh	1542			6.3	
Caryophyllene oxide	OS	1582		1.4		
iso-leptospermone	OS	1623			5.6	
Leptospermone	OS	1631			22.9	
Cubenol	OS	1647			1.1	
Benzylbenzoate	nt	1766		1.8		
Unknown			0.3	3.2	0	0.1
Mh			48.4	10.3	2.7	34.4
Om			49.2	6.2	0.2	58.1
Sh			1.8	14.6	64.9	6.5
Os			0	1.6	31.7	0.4
Nt			0.3	59.5	0.5	0.5
Pp			0	4.6	0	0
Total (unknown excluded)			99.7	96.8	100.0	99.9

LRI, linear retenction index; Cb, *Citrus bergamia*; Cz, *Cinnamomum zeylanicum*; Ls, *Leptospermum scoparium*; Tv, *Thymus vulgaris*; mh, monoterpene hydrocarbons; om, oxygenated monoterpenes; sh, sesquiterpenes hydrocarbons; os, oxygenated sesquiterpenes; nt, no terpene derivatives; pp, phenilpropanoids. Other compounds were detected at <1%. They were: for Cb, <th>Chulene, myrcene, p-cymene, (E)-<coimene, terpinolene, <categorial acetate, neral, geranial, <-terpinyl acetate, neryl acetate, geranyl acetate, trans-<-bergamotene, (E)-<f-farnesene, <brightene, 4-terpineol, cl-bisabolene, bergaptene; for Cz, <cathujene, <camphene, camphene, benzaldehyde, <p-pinene, <categoriane, p-mentha <24(8)-diene, 4-terpineol, <categoriane, e-terpineol, (<)-ocimenone, humulene epoxide-II, tetradecanal; for Ls, <p-pinene, myrcene, p-cymene, limonene, <p-cineole, <-terpinene, isopentylisovalerate, methylbutanoate, cyclosativene, <p-elemene, <p-copaene, <p-copaene, <p-copaene, <p-benene, d-bulnesene, (<p-pineolidol, spathulenol, caryophyllene oxide, globulol, viridiflorol, valerianol; for Tv, <p-thujene, camphene, <p-pinene, <p-octen-3-ol, 3-octanone, <p-phellandrene, cis-sabinene hydrate, terpinolene, borneol, p-cymen-8-ol, <p-terpineol, cis-dihydrocarvone, verbenone, methylcarvacrol, inalool acetate, isobornyl acetate, carvacrol acetate, <-humulene, (<)-<-farnesene, <-muurolene, viridiflorene, trans-<-cadinene, <-cadinene, caryophyllene oxide. All these compounds were considered for calculating the total percentage of each class of constituents.





were included. The microplates were incubated at 25°C (pseudomonads) and 37°C (staphylococci) for 24 hours avoiding evaporation. The assay was made in triplicate and the mode was determined.

Results

Confirmation of identification and pigment production by Pseudomonas fluorescens

All isolates were phenotypically identified as Ps. fluorescens with an API identification percentage range of 99.7%-99.9% and a T index range of 0.87-0.97. Speciesspecific PCR results confirmed that all the isolates belonged to the species Ps. fluorescens. They were able to produce blue pigment in mozzarella cheese and in its preservation liquid, beginning from 2 days after the package opening, and more abundantly at the end of the trial. The pigmentation production was evident for all isolates except for PS63 and PS282. The lack of pigmentation was confirmed for these 2 isolates also in YEGB. All the other isolates showed a visible pigmentation at all dilutions with YEGB method beginning from 48 hours of incubation. The isolation of nopigment producing Ps. fluorescens from blue mozzarella cheeses indicates that cheese samples were contaminated with different strains.

Essential oils composition

GC-MS profile revealed the presence of 7, 13, 18 and 11 different compounds with a percentage higher than 1% for Cb, Cz, Ls and Tv, respectively (Table 1). The most representative compounds mainly included in monoterpenes and sesquiterpenes were linalool acetate (34.9%) and limonene (30.8%) for Cb, leptospermone (22.9%) and trans-calamenene (15.2%) for Ls and carvacrol (29.7%), p-cymene (20.2%) and thymol (15.3%) for Tv. Cz showed the non-terpene derivative (E)-cinnamaldehyde (55%) together with the sesquiterpene β-caryophyllene (10.2%), as main compounds.

Determination of minimal inhibitory concentration against *Pseudomonas* fluorescens and *Staphylococcus* aureus

Overall, the tested biofilm-producing *S. aureus* showed to be more sensitive than *Ps. fluorescens*. Particularly, as shown in Table 2, very promising MIC values were obtained for Ls (0.012% v/v for 4 strains out of 5, among which the MRSA, and 0.024% v/v for the remaining one), which

resulted even better than Tv (0.024% v/v). Cz evidenced an intermediate effect (0.049%-0.098% v/v), while Cb was poorly effective $(\geq 0.781\% \text{ v/v})$. Ps. fluorescens growth was not affected by Cb and Ls, which were active only at high concentrations. Also Tv and Cz showed higher MIC values than those obtained for S. aureus (0.098%-0.195% and 0.195%-0.391% v/v, respectively). Ethanol solvent had negligible effect on the antimicrobial activity of Cz EO (MIC: 3.125% v/v).

Discussion

The tested microorganisms, belonging to a pathogenic, S. aureus, and a spoilage species, Ps. fluorescens, have been chosen for their relevance for dairy industry. S. aureus is one of the most frequent pathogens associated with milk and dairy outbreaks (De Buyser et al., 2001). In recent years biofilm-producing and methicillin-resistant S. aureus, such as the wild ones tested in this study, have been recovered from food of animal origin, in which milk and dairy products (Parisi et al., 2016; Basanisi et al., 2017). Thus, the role of food-producing animals and food products as vectors of S. aureus, MRSA included, in the food chain is of great concern. Pseudomonads are involved in the spoilage of many chilled food of animal origin; in milk and dairy products they are responsible for off-odours, off-flavours, decreased

cheese yields, discolorations (Arslan et al., 2011). The species Ps. fluorescens is the main causative agent of blue discoloration of fresh cheeses (Martin et al., 2011) and of mozzarella cheese, in particular (Cenci Goga et al., 2014). In this study, Ps. fluorescens isolated from blue mozzarella cheese were studied. Concerning the pigment production, the use of YEGB, which is also available on the market for bacterial cultivation and maintenance purposes, could be a cheap and simple tool for food industry to monitor the presence of pigmenting pseudomonads, either in the production environments or in products, even if the test requires previous isolation of microorganisms.

Antimicrobial activity of EOs has been documented since the mid-twentieth century (Burt, 2004). Many studies have focused on the antimicrobial properties of different EOs against S. aureus, comprising MRSA. Particularly thyme and cinnamon and their major constituents often showed interesting results. However the tested bacterial strains were generally reference strains or clinical isolates (Smith-Palmer et al., 1998; Jia et al., 2011; Boskovic et al., 2015; Reyes-Jurado et al., 2016). Regarding our study, we evaluated the antimicrobial activity of four EOs (bergamot, cinnamon, manuka and thyme) against wild food strains, isolated from milk and dairy products, of Ps. fluorescens and biofilm-producing S. aureus, MRSA included, in addition to reference strains. As to manuka, the antimicrobial properties of its honey have been studied

Table 2. Minimal inhibitory concentration of four essential oils against the tested Pseudomonas fluorescens and Staphylococcus aureus.

	EOs MIC (% v/v)						
Cb	Cz	Ls	Tv				
3.125	0.195	3.125	0.195				
3.125	0.195	3.125	0.195				
3.125	0.391	3.125	0.195				
3.125	0.391	3.125	0.098				
3.125	0.391	3.125	0.195				
3.125	0.391	3.125	0.195				
3.125	0.391	3.125	0.098				
3.125	0.391	3.125	0.098				
3.125	0.391	3.125	0.195				
3.125	0.391	3.125	0.098				
0.781	0.049	0.012	0.024				
1.563	0.049	0.012	0.024				
1.563	0.049	0.012	0.024				
1.563	0.098	0.024	0.024				
1.563	0.049	0.012	0.024				
	3.125 3.125 3.125 3.125 3.125 3.125 3.125 3.125 3.125 3.125 3.125 0.781 1.563 1.563	Cb Cz 3.125 0.195 3.125 0.195 3.125 0.391 3.125	Cb Cz Ls 3.125 0.195 3.125 3.125 0.195 3.125 3.125 0.391 3.125 3.125 0.391 3.125 3.125 0.391 3.125 3.125 0.391 3.125 3.125 0.391 3.125 3.125 0.391 3.125 3.125 0.391 3.125 3.125 0.391 3.125 3.125 0.391 3.125 0.781 0.049 0.012 1.563 0.049 0.012 1.563 0.049 0.012 1.563 0.098 0.024				

Eos, essential oils; Cb, Citrus bergamia; Cz, Cinnamomum zeylanicum; Ls, Leptospermum scoparium; Tv, Thymus vulgaris; S.a., Staphylococcus aureus; Ps.fl., Pseudomonas fluorescens. Results are the mode of three independent trials.





more than that of its EO (Mandal and Mandal, 2011). Generally, in our study we observed that the EO resulted to be much more active on Gram positive bacteria than on Gram negative, as reported also by Maddock-Jennings et al. (2005); in addition, van Klink et al. (2005), documented in particular the remarkable antimicrobial effect of EO major compounds. Btrichetones, on MRSA. Moreover, we recently found in another study (Fratini et al., 2017) very interesting MIC results for manuka EO, comparable to those obtained with our biofilm-forming S. aureus, on different S. aureus strains from milk (methicillin-susceptible and not biofilm-producing strains). Data about bergamot EO are scanty: a study performed by Fisher and Phillips (2006) using different Gram positive and negative microorganisms as target bacteria showed that Cb EO was more effective against the Gram-positive bacteria. S. aureus was less affected, if compared with Listeria monocytogenes and Bacillus cereus. More recently, Marotta et al. (2016) evidenced a strain-dependent activity of bergamot EO on L. monocytogenes from food samples. In our research Cb EO was effective on S. aureus only at high concentrations.

Overall, it is known that Gram-negative bacteria are more resistant to the EOs effect, due to the hydrophilic lipopolysaccharides contained in the outer membrane, which create a barrier against EOs hydrophobic antimicrobial compounds (Hyldgaard et al., 2012). Generally, Ps. fluorescens sensitivity to EOs has been poorly investigated. Outtara et al. (1997) reported that cinnamon EO was more active than thyme EO on Ps fluorescens isolated from beef, whereas we found a higher activity of Tv EO. Also, we found MIC values of about 1-2 µL/mL and 2-4 µL/mL, for Tv and Cz EOs respectively, against Ps. fluorescens ATCC 13525. Similarly, Mith et al. (2014) found that Ps. fluorescens ATCC 13525 was more resistant than other Gram positive and Gram-negative reference strains to the different EOs tested and among which cinnamon and thyme, with MICs ranging from 1 to 1.5 $\mu L/mL$.

Conclusions

The need for natural alternatives to synthetic chemicals is increasing in food industry, as well as the consumers request for natural products. Our study provides interesting data about EOs sensitivity of food-related wild microorganisms, which may be useful in implementing new solutions for sanification of food facilities surfaces and/or for

direct use in food and packaging, particularly in the dairy production chain.

References

- Adams RP, 1995. An identification of essential oil components by gas chromatography–mass spectroscopy.

 Allured Publishing Co, Carol Stream, IL, USA.
- Arslan S, Eyi A, Özdemir F, 2011. Spoilage potential and antimicrobial resistance of Pseudomonas spp. isolated from cheeses. J Dairy Sci 94:5851-6.
- Basanisi MG, La Bella G, Nobili G, Franconieri I, La Salandra G, 2017. Genotyping of methicillin-resistant Staphylococcus aureus (MRSA) isolated from milk and dairy products in South Italy. Food Microbiol 62:141-6.
- Boskovic M, Zdravkovic N, Ivanovic J, Janjic J, Djordjevic J, Starcevic M, Baltic MZ, 2015. Antimicrobial activity of thyme (Thymus vulgaris) and oregano (Origanum vulgare) essential oils against some food-borne microorganisms. Procedia Food Sci 5:18-21.
- Burt S, 2004. Essential oils: their antimicrobial properties and potential applications in food-a review. Int J Food Microbiol 94:223-53.
- Cenci Goga BT, Karama M, Sechi P, Iulietto MF, Novelli S, Mattei S, 2014. Evolution under different storage conditions of anomalous blue coloration of Mozzarella cheese intentionally contaminated with a pigment-producing strain of Pseudomonas fluorescens. J Dairy Sci 97:6708-18.
- De Buyser ML, Dufour B, Maire M, Lafarge V, 2001. Implication of milk and milk products in food-borne diseases in France and in different industrialised countries. Int J Food Microbiol 67:1-17.
- Di Ciccio P, Normanno G, Pedonese F, Nuvoloni R, Parisi A, Santagata G, Caruso M, Zanardi E, Ghidini S, Ianieri A, 2016. Investigation of biofilm formation and its association with biofilm associated factors of food-related methicillin-resistant Staphylococcus aureus strains. LXX Atti S.I.S.Vet. 261-2.
- Di Ciccio P, Vergara A, Festino AR, Paludi D, Zanardi E, Ghidini S, Ianieri A, 2015. Biofilm formation by Staphylococcus aureus on food contact surfaces: Relationship with temperature and cell surface hydrophobicity. Food Control 50:930-36.
- Fisher K, Phillips CA, 2006. The effect of lemon, orange and bergamot essential

- oils and their components on the survival of Campylobacter jejuni, Escherichia coli O157, Listeria monocytogenes, Bacillus cereus and Staphylococcus aureus in vitro and in food systems. J Appl Microbiol 101:1232-40.
- Fratini F, Casella S, Leonardi M, Pisseri F, Ebani VV, Pistelli L, Pistelli L, 2014. Antibacterial activity of essential oils, their blends and mixtures of their main constituents against some strains supporting livestock mastitis. Fitoterapia 96:1-7.
- Fratini F, Mancini S, Turchi B, Friscia E, Pistelli L, Giusti G, Cerri D, 2017. A novel interpretation of the Fractional Inhibitory Concentration index: the case Origanum vulgare L. Leptospermum scoparium J. R. et G. Forst essential oils against Staphylococcus aureus strains. Microbiol Res 195:11-7.
- Hyldgaard M, Mygind T, Meyer RL, 2012. Essential oils in food preservation: mode of action, synergies, and interactions with food matrix components. Front Microbiol 3:12.
- Jia P, Xue YJ, Duan XJ, Shao SH, 2011. Effect of cinnamaldehyde on biofilm formation and sarA expression by methicillin-resistant Staphylococcus aureus. Lett Appl Microbiol 53:409-16.
- Lucera A, Costa C, Conte A, Del Nobile M, 2012. Food applications of natural antimicrobial compounds. Front Microbiol 3:287.
- Maddock-Jennings W, Wilkinson JM, Shillington D, Cavanagh H, 2005. A fresh look at manuka and kanuka essential oils from New Zealand. Int J Aromather 15:141-6.
- Mandal MD, Mandal S, 2011. Honey: its medicinal property and antibacterial activity. Asian Pac J Trop Biomed 1:154-60.
- Marotta SM, Giarratana F, Parco A, Neri D, Ziino G, Giuffrida A, Panebianco A, 2016. Evaluation of the antibacterial activity of bergamot essential oils on different Listeria monocytogenes strains. Ital J Food Saf 5:210-3.
- Martin NH, Murphy SC, Ralyea RD, Wiedmann M, Boor KJ, 2011. When cheese gets the blues: Pseudomonas fluorescens as the causative agent of cheese spoilage. J Dairy Sci 94:3176-83.
- Mith H, Duré R, Delcenserie V, Zhiri A, Daube G, Clinquart A, 2014. Antimicrobial activities of commercial essential oils and their components against food-borne pathogens and food spoilage bacteria. Food Sci Nutr 2:403-





16.

- Outtara B, Simard RE, Holley RA, Piette GJP, Bégin A, 1997. Antibacterial activity of selected fatty acids and essential oils against six meat spoilage organisms. Int J Food Microbiol 37:155-62.
- Parisi A, Caruso M, Normanno G, La Torre L, Sottili R, Miccolupo A, Fraccalvieri R, Santagada G, 2016. Prevalence, antimicrobial susceptibility and molecular typing of Methicillin-Resistant Staphylococcus aureus (MRSA) in bulk tank milk from southern Italy. Food Microbiol 58:36-42.
- Pedonese F, D'Ascenzi C, Torracca B, Zingoni C, Turchi B, Fratini F, Nuvoloni R, 2014. Staphylococcus aureus growth and enterotoxin production in Italian caciotta cheese. Turk J Vet Anim Sci 38:318-24.

- Reyes-Jurado F, López-Malo A, Palou E, 2016. Antimicrobial activity of individual and combined essential oils against foodborne pathogenic bacteria. J Food Prot 79:309-15.
- Scarpellini M, Franzetti L, Galli A, 2004. Development of PCR assay to identify Pseudomonas fluorescens and its biotype. FEMS Microbiol Lett 236:257-60.
- Smith-Palmer A, Stewart J, Fyfe L, 1998. Antimicrobial properties of plant essential oils and essences against five important food-borne pathogens. Lett Appl Microbiol 26:118-22.
- Stenhagen E, Abrahamsson S, McLafferty FW, 1974. Registry of mass spectral data. Wiley & Sons, New York, NY, USA.
- Valeriano C, Coutinho de Oliveira TL, Malfitano de Carvalho S, das Graças

- Cardoso M, Alves E, Hilsdorf Piccoli R, 2012. The sanitizing action of essential oil-based solutions against Salmonella enterica serotype Enteritidis S64 biofilm formation on AISI 304 stainless steel. Food Control 25:673-7.
- van Klink JW, Larsen L, Perry NB, Weavers RT, Cook GM, Bremer PJ, MacKenzie AD, Kirikae D, 2005. Triketones active against antibiotic-resistant bacteria: synthesis, structure-activity relationships, and mode of action. Bioorg Med Chem 13:6651-62.
- Wiegand I, Hilpert K, Hancock RE, 2008. Agar and broth dilution methods to determine the minimal inhibitory concentration (MIC) of antimicrobial substances. Nat Protoc 3:163-75.





Official controls according to Integrated Regional Plan in Campania Region 2011/2014

Diletta Mandato,¹ Germana Colarusso,¹ Roberta Pellicanò,¹ Loredana Baldi,¹ Achille Guarino,¹ Paolo Sarnelli² ¹Institute for Experimental Veterinary Medicine of Southern Italy, Portici (NA); ²Campania Region, Naples, Italy

Abstract

Due to EU law, European citizens enjoy one of the highest worldwide food safety standards. Along the entire food supply chain, mandatory controls are made to ensure that plant and animal products healthiness and food and feed safety are properly labeled and comply with the strictly EU rules. The process of review of European legislation began with the promulgation of the Regulation 178/2002/EC (Official Journal of the EC no. L31 of 01/02/2002) and was completed with the hygiene package. Regulation 178/2002/EC (the General Food Law) laying down the general principles and requirements of food law, establishing the European Food Safety Authority and laying down procedures in matters of food safety.

Introduction

Due to EU law, European citizens enjoy one of the highest worldwide food safety standards. Along the entire food supply chain, mandatory controls are made to ensure the plants and animals products healthiness and food and feed safety, that are properly labeled and comply with the strictly EU rules.

The process of review of European legislation began with the promulgation of the Regulation 178/2002/EC (Official Journal of the EC no. L31 of 01/02/2002; European Commission, 2002) and was completed with the *hygiene package*.

Regulation No. 178/2002/EC (the General Food Law) laying down the general principles and requirements of food law, establishing the European Food Safety Authority and laying down procedures in matters of food safety.

The *hygiene package*, initially consisting of four regulations - two related to the food production and marketing (Reg. 852/04 and Reg. 853/04/EC; European

Commission, 2004a, 2004b) and two on the competent authorities modality controls by the (Reg. 854/04/EC and Reg. 882/04/EC; European Commission, 2004c, 2004d) - it was later integrated to ensure a higher level of the food chain health and hygiene assurance with the EC Regulation 183/2005 laying down the requirements for feed hygiene (European Commission, 2005a), and Regulations 2073/2005/EC, 2074/2005/EC, 2075/2005/EC and 2076/2005/EC of 5 December 2005 (European Commission, 2005b, 2005c, 2005d, 2005e) on microbiological criteria, control organizations and transitional measures.

The entry into force of the European regulations in the food safety field is a cultural revolution in official controls relating to food, feed and health and animal welfare, both in relation to the legislative radical change, previously formed by a large number of vertical standards, both for the large space reserved for some basic concepts, such as the risk assessment based controls planning to rationalize and optimize the available resources. The risk assessment is the reference tool to identify a country health priorities; it must be linked to the choices of some basic parameters for the decisions taken to make food control efficient and effective. On risk assessment, in fact, some European countries, defining the acceptable levels of certain food diseases and, consequently, the acceptable levels of contamination for certain foodstuffs specific hazards.

The official controls implementation are carried out by Competent Authority (CA), which in Italy is identified with the National Health Service in its three joints (Legislative Decree 193/2007, Art. 2): Central (Ministry of Health), Regional (Departments of Health) and territorial (Veterinary Services and the Local Health Authorities SIAN).

In the NHS, the health planning functions, including those relating to the prevention and food safety, are shared between state and regions and with the Entente no. 133/CSR of 14 June 2007, the Standing Conference for relations between the State and Regions outlined the principles for the National Integrated Plan (MANCP) implementation.

The EU Regulation 882/2004, Art. 41 provides that each Member State should develop a single Control National Multi-year integrated plan, on the food safety official controls implementation, intended to verify compliance with hygiene and health food, animal feed, welfare and animal health and plants health EU Regulations Reference. These plans should be prepared in accordance with the art. 42 and 43

Correspondence: Diletta Mandato, Institute for Experimental Veterinary Medicine of Southern Italy, Portici (NA), Italy. E-mail: diletta.mandato@izsmportici.it

Key words: Food safety; Risk assessment; Risk analysis.

Conflict of interest: the authors declare no potential conflict of interest.

Received for publication: 21 December 2017. Revision received: 28 August 2017. Accepted for publication: 28 August 2017.

This work is licensed under a Creative Commons Attribution-NonCommercial 4.0 International License (CC BY-NC 4.0).

©Copyright D. Mandato et al., 2017 Licensee PAGEPress, Italy Italian Journal of Food Safety 2017; 6:5708 doi:10.4081/ijfs.2017.5708

Regulation no. 882/2004 criteria, supplemented by the Commission Decision n. 363 of 21 May 2007.

MANCP goal ensure a high level of consumer health by reducing biological, chemical and physical incidence, promote animal health by preventing/reducing the animal diseases incidence, improve economic growth/ cohesion/competitiveness by ensuring the goods free movement, promote animal welfare farming practices to prevent hazards animal health related, minimize environmental impacts to support the sustainable development EU strategy.

The PRI (Regional Integrated Plan) It is the Campania Region basic instrument intended to use in order that, both at regional and territorial, official controls are planned in accordance with integration and optimization principles for the Community instructions implementation in accordance with the respectively State and Regions conferred powers.

PRI describes the involved people and activities, how compliance with the required standards it is ensured and review and updating measures about food safety, animal health and welfare and plants health official controls, and the related information flows.

Materials and Methods

In Campania Region activities related to food safety and animal health are managed and recorded by a regional web platform, called GISA. This is used by the CA to insert all relevant companies information: risk-based categorization, official control



activities and nonconformities.

From 2015 considering the provisions Law 116/14 regarding farms and DGRC 623/14 on administrative offenses, it will be also used by other Authorities such as Police Forces.

GISA, accessible from the Regional Observatory for Food Safety (ORSA, 2017) website, allows: i) all Campania establishments/companies records consultation inherent to food safety and veterinary public health; ii) identified dogs and their owners records (known as the Regional Data Bank - BDR); iii) monitoring of the operational targets and other planned activities implementation; iv) evaluate the PRI suitability to deal with the food safety, veterinary public health and plant health issues.

GISA is designed for the data exchange with other informatics systems by application cooperation mode. A Region goal is to implement this mode more and more to apply the simplification, dematerialization rules and PA efficiency respecting the principle of loyal cooperation enshrined in article 22 institutional c.5 law n. 241/90.

GISA allows establishments and noncompliance georeferencing according to selected parameters. It is also equipped with a specific software intended to reporting, so as to obtain a real time data aggregation to improve the regional controls whole system efficiency. The system is accessible only to official control operators who are assigned a username and password. Access, as mentioned, is also allowed to the other Authorities who carry out complementary food safety, veterinary public health and plants health, so they can enter their inspections details. This allows all control bodies to see companies records, the carried out controls and all other relevant information.

Results and Discussion

2011-2014, 294.557 Official Controls were carried out and recorded. The most of checks is carried out on registered and approved establishments and on farms. The official controls are represented by 91% (270.124) by simple inspection, 8% of inspections for the risk categorization of the establishments (22.463) and 0.6% by the audits (1617); the remaining 0.4% are inspections carried out for other reasons (Figure 1). In this quadrennium were found 22.926 nonconformities in whole region, detected by 15.565 official controls at 10.563 activities. The nonconformities detection is about 99.9% during simple inspections and only 0.1% during inspections carried out for establishments' categorization.

The devices (computers, the Internet, databases, computer files, *etc.*) to carry out the office work and for the network access results better than previous years although several critical remain in peripherals.

Thanks to a general strengthening of cooperation and collaboration (Art. 4, paragraph 3, Regulation (EC) n. 882/2004), the official controls regional program led to a peripheral increasing activities and obligations. The audit showed a Local Health Authorities annual growth thanks to an increase of coordination activities (activation of joint working groups, meetings, technical meetings, etc.).

In general it is registered, compared with a consolidated regional system, an increase in instructions or internal operating procedures production at peripheral level. This increase, however, is still not sufficient to ensure the staff conduct uniformity.

The regional authorities, acting on the

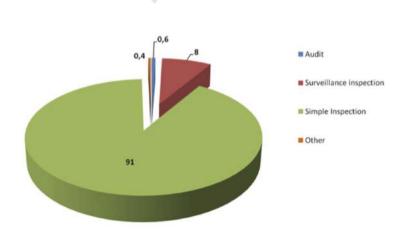


Figure 1. Type of official controls (values are expressed as percentage).



ministerial national guidelines recommendations for the Regulations 882-854/2004, drew up and adopted starting from PNI, a multi-year Official controls Regional Plan, whose task is the manage of Community rules obligations and national legislation in the field of veterinary public health and food safety.

Regional planning, generally, has seen the involvement of other agencies or institutional bodies (eg. IIZZSS, ARPA, etc.). The program of official controls in Local Health Authorities was regular and in accordance with the instructions given at the regional level.

During the audit it was verified that the CA using the main national and regional web database for the official control collection, organization and data reporting.

The CA internal audits activities at FBO-level compared to previous years were satisfactory and increased.

Otherwise it was found diffusely growing inattention on targeted training addressed to health professionals related with food safety and veterinary public health matters. In fact, in 58% of the audits carried out in 2014, it was reported lack of theoretical/practical training initiatives in audited area.

Conclusions

During the examined four years, a gradual increase has been noticed in GISA use, both in recording, both in control and sampling activities registered. The most critical master data is borne by the feed business operators and veterinary medicinal products wholesalers. A significant decrease in the risk category in almost half of approved establishments was noticed, while for registered establishments this share amounted to 39% of the total. For the latter, it should be also noted that, compared to the number of units present in the region, controls are distributed only on a small percentage. There is particularly critical in the wholesale distribution, transportation, and public catering; oppositely there is a constant monitoring on the catering and on other activities. For approved establishments control is more uniform and constant ensuring an annual regular monitoring of all active establishments in Campania region.

References

European Commission, 2002. Commission Regulation of the European Parliament and of the Council





of 28 January 2002 laying down the general principles and requirements of food law, establishing the European Food Safety Authority and laying down procedures in matters of food safety, 178/2002/EC. In: Official Journal, L 31, 1.2.2002.

European Commission, 2004a. Commission Regulation of the European Parliament and of the Council of 29 April 2004 on the hygiene of foodstuffs, 852/2004/EC. In: Official Journal, L 139/1, 30.4.2004.

European Commission, 2004b. Commission Regulation of the European Parliament and of the Council of 29 April 2004 laying down specific hygiene rules for food of animal origin, 853/2004/EC. In: Official Journal, L 139, 30.4.2004.

European Commission, 2004c. Commission Regulation of the European Parliament and of the Council of 29 April 2004 laying down specific rules for the organization of official controls on products of animal origin intended for human consumption, 854/2004/EC. In: Official Journal, L

139, 30.4.2004.

European Commission, 2004d. Commission Regulation of the European Parliament and of the Council of 29 April 2004 on official controls performed to ensure the verification of compliance with feed and food law, animal health and animal welfare rules, 882/2004/EC. In: Official Journal, L 191, 28/05/2004.

European Commission, 2005a. Commission Regulation of the European Parliament and of the Council of 12 January 2005 laying down requirements for feed hygiene, 183/2005/CE. In: Official Journal, L 35/1, 8.2.2005.

European Commission. 2005b. Commission Regulation of November 2005 on microbiological criteria for foodstuffs, 2073/2005/EC. In: Official Journal, L 338/1, 22.12.2005. European Commission, 2005c. Commission Regulation of 5 December 2005 laying down implementing measures for certain products under Regulation (EC) No 853/2004 of the European Parliament and of the Council

and for the organisation of official controls under Regulation (EC) No 854/2004 of the European Parliament and of the Council and Regulation (EC) No 882/2004 of the European Parliament and of the Council, derogating from Regulation (EC) No 852/2004 of the European Parliament and of the Council and amending Regulations (EC) No 853/2004 and (EC) No 854/2004, 2074/2005/EC. In: Official Journal, L 338/27, 22.12.2005.

European Commission, 2005d. Commission Regulation of 5 December 2005 laying down specific rules on official controls for Trichinella in meat, 2075/2005/EC. In: Official Journal, L 338/60, 22.12.2005.

European Commission, 2005e. Commission Regulation laying down transitional arrangements for the implementation of Regulations (EC) No. 853/2004, (EC) No. 854/2004, 2076/2005/EC. In: Official Journal, L 338/83, 22.12.2005.

ORSA, 2017. Regional Observatory for Food Safety. Available from: http://www.orsacampania.it

