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**Original Article** Investigation of hallmarks of carbonyl stress and formation of end-products in feline Chronic Kidney Disease as markers of uremic toxins Emanuela Valle<sup>1</sup>, Liviana Prola<sup>1§</sup>, Diana Vergnano<sup>1§\*</sup>, Roberta Borgi<sup>2</sup>, Fiammetta Monacelli<sup>2</sup>, Nicola Traverso<sup>2</sup>, Natascia Bruni<sup>3</sup>, Andrea Bovero<sup>4</sup>, Achille Schiavone<sup>1</sup>, Joana Nery<sup>1</sup> Domenico Bergero<sup>1</sup>, Patrizio Odetti<sup>2</sup>. §authors contributed equally <sup>1</sup> Department of Veterinary Sciences, University of Turin, Grugliasco, Italy <sup>2</sup> Department of Internal Medicine and Medical Specialties, Genoa, Italy <sup>3</sup>Istituto Farmaceutico Candioli S.p.A., Beinasco, TO. <sup>4</sup> Veterinary Clinics Valsusa, Avigliana, Italy \*Corresponding author. Diana Vergnano DVM, ECVCN resident, Department of Veterinary Science, University of Turin, Largo Paolo Braccini 2, 10095, Grugliasco (TO), Italy E-mail: diana.vergnano@unito.it 

#### Abstract

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# Objectives

Cats are commonly affected by chronic kidney disease (CKD). Many of the reactive carbonyl intermediates and end-products originating from the oxidative stress pathways are recognized as uremic toxins and may play a role in the progression of chronic renal failure. The aim of the present study is to confirm whether carbonyl stress and end product formation are higher in cats affected by CKD than in healthy cats and to assess whether angiotensin-converting-enzyme (ACE) inhibitors might affect these hallmarks.

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#### Methods

36 Twenty-two cats were matched according to age and body condition score (BSC) 37 and divided into three groups: control group (CG; n = 6), cats with chronic kidney 38 disease (CKD; n = 11) and cats with chronic kidney disease treated with 39 angiotensin-converting-enzyme (ACE) inhibitors (ACE; n = 5). Serum analysis 40 was carried out to measure the levels of Pentosidine, Carboxymethyllysine, 41 Advanced Oxidation Protein Products, Malondialdehyde, Methylglyoxal and 42 Hexanoyl-Lysine. In addition, blood urea, creatinine, triglycerides, potassium, 43 phosphorous, total proteins, glucose, urine protein to creatinine ratio and arterial 44 systemic pressure were also evaluated. After checking for normality, 45 comparisons between groups were performed followed by multiple-comparison 46 tests. P values ≤0.05 were considered significant. Correlations between plasma concentrations of the considered biomarkers and of the other metabolic parameters were investigated using Spearman's correlation coefficient.

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# Results (P)

51 Advanced oxidation protein products, malondialdehyde and hexanoyl-lysine 52 concentrations were significantly higher in CKD and ACE treated groups 53 compared with the control group (P < 0.05). The ACE group showed an increase 54 in the levels of carboxymethyllysine when compared with the control group, 55 whereas intermediate values of these biomarkers were found in the CKD group 56 (P < 0.05). The highest values of carboxymethyllysine, advanced oxidation 57 protein products and hexanoyl-lysine were found in the ACE treated group. By 58 contrast, the CKD group showed the highest concentration of malondialdehyde. 59 No statistically significant difference was found in the levels of pentosidine or 60 methylglyoxal. Carbonyl stress and end-product formation correlated with 61 creatinine and urea and with each other. Neither pentosidine nor methylglyoxal 62 showed any correlation with other uremic toxins.

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#### Conclusions and relevance

Significantly high concentrations of both intermediates and "end products" of carbonyl/oxidative stress, which are also uremic toxins, were detected in CKD cats. To date, the present study is the first to have concurrently taken into account several uremic toxins and biochemical parameters in cats affected by chronic kidney disease.

# Introduction

The term "chronic kidney disease" (CKD) indicates an irreversible decrease in renal function, due to structural or functional defects in one or both kidneys.<sup>1,2</sup> Cats, especially in geriatric age, are commonly affected by CKD.<sup>3,4</sup> In human medicine, it has been shown that oxidative stress (OS) is associated with uremia.<sup>5</sup> It has been hypothesized that two main events occur in CKD: the facilitation of inflammation and oxidative stress<sup>6</sup> by uremic toxins: and the impairment of antioxidant enzymes in uremia.<sup>7,8</sup> To our knowledge, only four studies evaluated oxidative stress in cats diagnosed with CKD: Yu and Paetau-Robinson<sup>9</sup> conducted research on oxidative stress and the effects of dietary antioxidant supplementation; Keegan and Webb <sup>10</sup> correlated oxidative stress parameters with neutrophil function; Krofic Zel et al<sup>11</sup> evaluated the activity of antioxidant systems; and Whitehouse et al<sup>12</sup> investigated the increase in urinary F2-Isoprostanes in different International Renal Interest Society (IRIS) stages of CKD.

OS is a complex phenomenon, which includes many pathways. Although it can be measured in different ways, the assessment of the by-products of OS reactions by means of biomolecules, like proteins, lipids and sugars, is the most common procedure. When reactive species act on lipids many peroxidation products are created, such as hydroperoxides, conjugated dienes, isoprostanes and derived carbonyls, such as malondialdehyde (MDA) and hydroxynonenal

(HNE).<sup>13</sup> It has recently been shown that hexanoyl-lysine (HEL), another marker of fatty acid oxidation, is formed at an earlier stage of the cascade. This compound is a specific marker of omega-6 oxidation and promotes the formation of adducts from linoleic acid or arachidonic acid.<sup>14</sup> Proteins are other molecules sensitive to the action of reactive species. Amino acids (AA) are prone to many reactions, including hydroxylation, nitration, sulphoxidation, chlorination, crosslinking and conversion to carbonyl derivatives.<sup>13</sup>

Of all the by-products originating from proteins damaged by OS, carbonyls, advanced oxidation protein products (AOPP) and adducts formed between AA and free carbonyls or lipid oxidation/reducing sugar products are the most extensively studied.<sup>13</sup> The latter group of reactions consists of the addition of compounds deriving from glycation and lipid peroxidation to proteins:<sup>15</sup> these reactions are also known as carbonylation. This modification is sustained by a surplus of reactive carbonyl compounds; in this circumstance, a series of different complex reactions lead to the formation of more stable final products, called "advanced end-products", such as pentosidine (Pent) and carboxymethyllysine (CML). While Pent is a marker of the glycoxidative cascade and can be classified as an advanced glycation end product (AGE), CML is not only formed along this pathway but also during the lipoxidation cascade; thus, CML can also be considered an advanced lipoxidation end product (ALE) compound.<sup>16</sup> An increase in these reactions is referred to as carbonyl stress and is related to the pathogenesis of several diseases, including chronic renal failure.<sup>17</sup>

From this brief summary, it is clear that OS creates a series of reactions leading to measurable by- and end-products; what it is known in human medicine is that reactive oxygen species (ROS) increase carbonyl stress<sup>18</sup> and facilitate the formation of end-products, which themselves act as inducers of ROS in a vicious cycle (Figure 1). This tight relationship is present in uremic human patients affected by CKD, who show an increase in both carbonyl and oxygen reactive species.<sup>5,7</sup> These molecules are recognized as uremic toxins and may play a role in the progression of chronic renal failure.

Over recent years, research into uremic toxicity has highlighted dozens of retention solutes that interact negatively with physiological mechanisms.<sup>19</sup> Looking at the uremic database,<sup>20</sup> the only uremic toxins studied in feline medicine are creatinine (used for IRIS staging[???]), urea and MDA.<sup>9</sup> Understanding how these substances are formed in chronic diseases can lead to the development of new therapeutic strategies. Currently, in cats affected by CKD, the main therapeutic goal attempts to reduce the progression of the disease.<sup>21</sup> To date, the available approaches are based on the administration of proper diets (with the essential nutritional characteristics established by the Commission Regulation (EU) No 1123/2014) consisting of high quality proteins in reduced quantity and restricted levels of phosphorous). Moreover, according to other sources, this dietary regime should be supplemented with n-3 PUFA and antioxidants, dehydration should be corrected and drugs (such as calcium channel blockers and inhibitors of the renin-angiotensin-aldosterone system, i.e. angiotensin converting enzyme inhibitors-ACE or angiotensin receptor blockers

ARB)<sup>22</sup> introduced to improve renal function, reduce blood pressure, and lower systemic oxidative stress.<sup>21</sup> With regard to this last clinical recommendation, we previously reported that oral antihypertensive therapy exerts antioxidant activity, which scavenges reactive oxygen species in humans.<sup>23</sup>

The aim of the present study is to confirm whether in cats affected by CKD, carbonyl stress and end product formation are higher than in healthy cats and to assess whether ACE inhibitors may affect these hallmarks.

## **Materials and Methods**

# Selection of cases

The study was carried out between January 2013 and June 2014. Twenty-two adults cats (9 neutered males and 13 neutered females) aged 4 to 14 years were enrolled. For each cat, a complete anamnesis was obtained and a physical examination, complete blood count (CBC), serum biochemistry and urinalysis performed. Residual samples from routine visits not related to the study were employed. Cat owners gave their consent to the use of surplus samples after routine testing.

The cats were divided into three groups: controls: CKD: and ACE. Animals comprising the control group (CG, n = 6) were enrolled during annual check-up examinations; the inclusion criteria for control animals were based on their clinical history and the absence of any disease on the basis of their anamnesis, physical examination, blood and urine analyses and the absence of medications except for parasitic control. The CKD group consisted of cats with

chronic kidney disease (n = 11) that had not been treated with any drugs in accordance with the clinician's recommendations and had been kept on a renal diet formulated by a diplomat from the European College of Veterinary and Comparative Nutrition (ECVCN). The recruitment of these cats was based on the diagnosis performed by a clinician and on the guidelines for IRIS staging of chronic kidney disease.<sup>22</sup> The third group (ACE, n = 5) included cats affected by CKD, which were being treated with the specific diet and the ACE inhibitor hydrochloride (dosage regime was adapted and based on the values commonly recommended in clinical animal practice), administered for at least 40 days prior to sample collection. The inclusion criteria for CKD cats were based on a stable CKD history (in at least two separate time points) entailing anamnesis, physical examination, measurements of blood creatinine and confirmation of low urine specific gravity (<1035).

The inclusion criteria for all three groups were age (adult, centred on the mean age of the CKD cats) and Body Condition Score (BCS, 9 point scale, according to the American Animal Hospital Association, centred on the mean value for the CKD cats).

The exclusion criteria were the following: pre-renal or post renal azotemia, acute renal injury, acute infections, feline lower urinary tract disease (FLUTD), systemic metabolic disease (e.g., hyperthyroidism), diabetes, heart failure and positivity for feline leukaemia virus (FeLV) or feline immunodeficiency virus (FIV).

184	Sampling
185	Serum was collected and stored for 30 minutes at room temperature.
186	Subsequently, it was separated by centrifugation (2500 g for 8 minutes) and two
187	aliquots were obtained: one for the analysis of the biochemical and metabolic
188	parameters, mainly related to the renal function, and one for the assessment of
189	the carbonyl stress biomarkers, which constituted the target of the present
190	study. Samples were stored at -80°C and analysed according to the procedures
191	described in the following paragraphs. Urine samples were collected by
192	cystocentesis when required by the clinician or by a non-invasive method
193	(using a urine collection kit) and analysed within one hour by an automated
194	analyser to obtain the urine protein to creatinine (UP/UC) ratio. Blood urea,
195	(UREA), triglycerides (TG), potassium (K), phosphorous (P), creatinine (CREA)
196	and total proteins (TP) were evaluated by an automated analyser. Plasma
197	glucose (Glu) was determined in blood heparinised samples centrifuged within
198	15 minutes after sample collection.
199	Systemic arterial pressure (SAP) measurement was taken using an indirect
200	Doppler method via the radial pulse with the cat sitting or in sternal
201	recumbency. The recorded value is the mean of five measurements.
202	
203	Advanced end-products
204	All samples were analysed in duplicate.
205	Pentosidine (PENT)

206	Detection of pentosidine (PENT) was performed using high performance liquid
207	chromatography (HPLC), according to Valle et al,24 using a Waters system
208	(Waters S.P.A., Milan, Italy). Briefly, protein content, after delipidation with
209	hexane and precipitation with trichloroacetic acid, was hydrolysed with 6
210	mol/L hydrochloric acid for 18 h at 110°C in borosilicate screw-capped tubes,
211	dried in a Speed-Vac concentrator and then reconstituted in HPLC-grade water
212	containing 0.01 mol/L heptafluorobutyric acid (HFBA). Subsequently, it was
213	filtered through a 0.45-µm pore diameter Ultrafree MC (Millipore, Milan, Italy)
214	and injected into a Xterra C18 MS column (250 × 4.6 mm; Waters S.P.A., Milan,
215	Italy) with a curvilinear gradient program of 20% – 40% methanol from 0 to 30
216	min and containing water (MilliQ, Millipore, Milan, Italy); both water and
217	methanol contained 0.01 mol/L HFBA as a counterion. The PENT peaks were
218	monitored using a Waters 2475 fluorescent detector (excitation 335 nm and
219	emission 385 nm). A PENT synthetic standard (prepared as described by
220	Grandhee and Monnier <sup>25</sup> ) was injected at the start of each run to determine
221	PENT concentration in the sample using peak area comparison. The amount of
222	PENT was expressed as pmol per mg of plasma protein content.
223	Carboxymethyllysine (CML)
224	Serum Carboxymethyllysine (CML) was evaluated by ELISA (EIAab,
225	Wuhan, China), according to the manufacturer's instructions as reported by
226	Bruynsteen et al. <sup>26</sup> The detection range of the CML ELISA kit was 0.78-50 ng/ml
227	therefore the serum samples were diluted 1:10. Absorbance was read at 450 nm
228	using a microplate reader. The observed results were expressed as ng/ml.

*Advanced oxidation protein products (AOPP)* 

Determination of AOPP was based on spectrophotometric analysis according to Bruynsteen et al. <sup>26</sup> AOPP concentration was measured by spectrophotometry on a microplate reader at  $\lambda$  340 nm and was calibrated with a chloramine-T (CT) solution in presence of potassium iodide; briefly, 200  $\mu$ l of serum (diluted 1:10 with PBS) were placed on a 96-well microtiter plate, and 20  $\mu$ l of acetic acid were added. In standard wells, 10  $\mu$ l of 1.16 mol/L potassium iodide were added to 200  $\mu$ l of CT solution (0–100  $\mu$ mol/L) followed by 20  $\mu$ l of acetic acid. The absorbance of the reaction mixture was immediately read at 340 nm against a blank containing 200  $\mu$ l of PBS, 10  $\mu$ l of potassium iodide, and 20  $\mu$ l of acetic acid. The AOPP concentrations were expressed as  $\mu$ mol/L of CT equivalents.

# Carbonyls from the peroxidation cascade

# Malondialdehyde MDA

Serum malondialdehyde was measured by HPLC according to the method published by Nielsen et al,<sup>27</sup> with slight modifications. Briefly, aliquots of serum were mixed (volume/volume) with a 0.6% (w/v) aqueous solution of thiobarbituric acid (TBA). The mixture was acidified with 1/20 volume of 100% (w/v) trichloroacetic acid and heated at  $100^{\circ}$ C for 1 hour. The samples were then cooled in ice and centrifuged at 13.000~g for 5 minutes. Aliquots of 50 ul of the supernatant were injected into the HPLC system equipped with a Novapak C18 4µm 3.9x150~mm column (Waters S.P.A, Milan, Italy). The elution was

252	isocratic. The mobile phase consisted of a mixture of a 10 mM potassium
253	dihydrogen phosphate solution, adjusted to pH 6.8 with KOH 1M, and
254	methanol in a ratio of 60/40. The flow rate was 1 ml/min. Detection was
255	performed by a spectrofluorometery (Ex/Em = 532/553 nm). Under our
256	conditions, the peak of the MDA-TBA adduct was well resolved at a retention
257	time of 4.8 min.
258	MDA concentration (nmol/ml) was calculated in reference to a calibration curve
259	of MDA sodium salt standard according to the methodology developed by Nair
260	et al <sup>28</sup> . Concentration was expressed in nmol/ml.
261	
262	Hexanoyl-Lysine HEL
263	Hexanoyl-Lys (HEL) was evaluated by ELISA (JalCA., Shizuoka, Japan),
264	according to the manufacturer's instructions. The detection range of the HEL
265	ELISA kit was 2-700 nmol/L. After overnight incubation with alpha-
266	chymotrypsin, serum samples were ultrafiltered (cut-off 10kDa) and diluted 1:2
267	Absorbance was read at 450 nm. Results were expressed as nmol/mg protein.
268	
269	Carbonyl from the glycoxidation cascade
270	Methylglyoxal MGO
271	Methylglyoxal was evaluated according to the method proposed by Wild et al,21
272	with slight modifications. The method is based on the reaction between N-
273	acetyl-L-cysteine (Sigma Aldrich) and methylglyoxal at room temperature. The
274	reaction was performed in 100 mM sodium dihydrogen phosphate buffer

275	(adjusted to pH 7.0 with NaOH 10 M) at 22 °C. As the standard curve for the
276	reaction, different concentrations of MG [???] (0.5, 1, 2, and 5 mM) were used.
277	MG solutions (Sigma Aldrich) equating to 0.5, 2 and 5 mM were added to a
278	volume of 980 $\mu L$ with sodium dihydrogen phosphate. The reaction was started
279	by adding 20 $\mu L$ of 500 mM N-acetyl-L-cysteine and the absorption was
280	recorded after 7 minutes. The condensation product, N- $lpha$ -acetyl-S-(1-hydroxy-
281	2-oxo-prop-1-yl) cysteine was determined by recording the absorption at 288
282	nm (UVIKON 923, Bio-Tek Instrument). Results were expressed as $\mu$ mol/ml.
283	
284	Serum protein content determination
285	Serum protein content was determined using the BCA protein assay kit
286	according to the manufacturer's instructions (Thermo Fisher Scientific.,
287	Rockford, IL, USA).
288	
289	
290	Statistical analysis
291	Data were analysed using GraphPad Prism for Mac, version 7.00 (GraphPad
292	Software, La Jolla California USA, www.graphpad.com).
293	All measurements were performed in duplicate and data were expressed as
294	medians and interquartile ranges. After checking for normality using the
295	Kolmogorov-Smirnov test, comparisons between groups were performed using
296	the Kruskal–Wallis test followed by Dunn's multiple-comparison tests. P values
297	<0.05 were considered significant (a "tendency" was considered for P $<$ 0.1).

Relationships between plasma concentrations of the considered biomarkers and the other metabolic parameters were investigated using the one-tailed Spearman's correlation coefficient (rS).

#### Results

Results are illustrated in Tables 1 and 2. Comparison of the groups showed a significant increase in Crea and Urea in CKD and ACE treated groups, compared with healthy (CG) cats (Table1). No statistically significant differences were found between groups for TP, GLU, TG and K. The highest concentration of P was found in the CKD group , whereas the ACE treated group showed intermediate values. In both CKD and ACE treated groups UP/UC was higher in comparison with the control group.

Table1. Summary of laboratory findings for selected clinical parameters in CG, CKD and ACE treated cats, respectively. Data are reported as medians plus interquartile range (25th and 75th percentiles). Letters identify differences between group comparisons (P < 0.05).

	CG	CKD	ACE
CREA	1.20° (1.05;1.48)	3.70 <sup>b</sup> (1.89;6.0)	2.10 <sup>b</sup> (1.95;3.40)
UREA	42.0° (34.5;54.0)	73.0 <sup>b</sup> (59.0;188.0)	125.0 <sup>b</sup> (91.0;166.5)
TP	6.20 (5.95;7.05)	6.30 (5.7;7.0)	6.80 (5.55;7.10)
GLU	101.0 (99.0;103.5)	96.0 (83;107.0)	90.0 (79.0;120.0)
TG	29.0 (23.0;49.0)	44.0 (37.0;45.0)	35.0 (28.0;48.50)
K	4.30 (3.55;4.55)	4.90 (3.80;5.55)	4.50 (4.30;6.35)
Р	4.20 <sup>a</sup> (4.0;5.65)	7.3 <sup>b</sup> (5.15;8.0)	5.10 <sup>ab</sup> (5.0;5.50)
UP/UC	0.21 <sup>a</sup> (0.20;0.27)	0.70 <sup>b</sup> (0.40;0.74)	1.60 <sup>b</sup> (1.10;3.10)
SAP	145.0 (140.0;155.0)	150.0 (140.0;230.0)	155.0 (135.0;187.50)

CREA: creatinine (mg/dl); TP: total proteins (g/dl); GLU: glucose (mg/dl); TG: triglycerides (mg/dl); K: potassium (mEq/l); P: phosphorus (mEq/l); UP/UC: urine protein to creatinine ratio; SAP: systemic arterial pressure (mmHg).

AOPP, MDA and HEL concentrations were significantly higher in CKD and ACE treated groups in comparison with the control (CG) group. When compared with CG, CML was higher in ACE, whereas CKD showed intermediate values. ACE treated groups were characterized by the highest values of CML, AOPP and HEL; conversely, the CKD group showed the highest concentration of MDA. The levels of PENT and MGO showed no statistical differences between groups (Tab.2).

Table 2 Advanced glycated end-products and carbonyl compounds in CG, CKD and ACE cats. Data are reported as medians plus interquartile range (25th and 75th percentiles). Letters identify differences between group comparisons (P < 0.05)

	CG	CKD	ACE
CML	13.81 <sup>a</sup> (11.64;19.46)	25.34 <sup>-</sup> (21.89;43.08)	42.85 <sup>b</sup> (33.11;65.43)
AOPP	83.61 <sup>a</sup> (66.2;103.9)	189.3 <sup>b</sup> (120.2;288.6)	247.1 <sup>b</sup> (137.0;368.9)
PENT	2.23 (0.63;5.77)	1.47 (1.09;4.33)	1.47 (1.28;3.89)
MGO	360.90 (226.20;531.00)	283.40 (177.61;362.00)	261.00 (240.30; 370.70)
MDA	4.85 a (3.80;8.79)	27.02 <sup>b</sup> (17.74;48.85)	24.70 <sup>b</sup> (15.42;58.21)
HEL	0.26 <sup>a</sup> (0.16;0.35)	0.88 <sup>b</sup> (0.62;1.12)	1.26 <sup>b</sup> (0.43;2.31)

CML: carboxymethyllysine (ng/ml); AOPP: advanced oxidation protein products (µmol/L of CT equivalents/mg protein); PENT: pentosidine (pmol/mg protein); MGO: methylgyoxal (µmol/ml);

MDA: malondialdehyde (nmol/ml); HEL: hexanoyl-lysine (nmol/mg protein).

- 336 Crea was positively correlated with CML ( $r_s$  0.49, P < 0.05), AOPP ( $r_s$  0.56, P <
- 337 0.05), MDA ( $r_s$  0.47, p<0.05), and HEL ( $r_s$  0.50, p<0.05). It was also correlated with
- laboratory findings for selected clinical parameters as Urea (r<sub>s</sub> 0.79, P < 0.0001), P
- 339 ( $r_s$  0.57, P < 0.05) and UP/UC ( $r_s$  0.64, P < 0.01). Urea was positively correlated to
- 340 CML ( $r_s$  0.46, P < 0.05), AOPP ( $r_s$  0.62, P < 0.01), MDA ( $r_s$  0.72, P < 0.0001), and
- 341 HEL ( $r_s$  0.56, P < 0.05), as well as to K ( $r_s$  0.52, P < 0.05) and UP/UC ( $r_s$  0.65, P < 0.05)
- 342 0.01).
- 343 HEL was positively correlated with CML ( $r_s$  0.48, P < 0.05), AOPP ( $r_s$  0.76, P <
- 344 0.0001), MDA ( $r_s$  0.90, P < 0.0001) and K ( $r_s$  0.60, P < 0.01).
- 345 AOPP was positively correlated with CML ( $r_s$  0.56, P < 0.05), MDA ( $r_s$  0.75, P <
- 346 0.0001), P ( $r_s$  0.48, P < 0.05) and UP/UC ( $r_s$  0.54, P < 0.05).
- 347 MDA was positively correlated with K ( $r_s$  0.65, P < 0.01) and UP/UC ( $r_s$  0.54, P <
- 348 0.01) and to CML ( $r_s$  0.36, P = 0.05). CML was negatively correlated with GLU ( $r_s$
- $^{-0.482}$ , P < 0.05). MGO was negatively correlated with K ( $r_s$  -0.574, P < 0.05). PENT
- 350 was only positively correlated with SAP ( $r_s 0.46$ , P < 0.05).
- 351 The correlation table is provided as supplementary data.

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- 354 The present study focuses on hallmarks of oxidative stress and carbonyl stress in
- 355 feline CKD. Significantly higher concentrations of intermediates and "end
- 356 products" of carbonyl/oxidative stress, which are also uremic toxins, were
- 357 detected in nephropathic cats.

**Discussion** 

An increased concentration of creatinine and urea and an increase in the urine protein to creatinine ratio (UP/UC, indicating proteinuria associated with kidney disease, provided that pre-renal and post-renal causes are excluded) were observed in CKD and ACE treated cats. ACE inhibitors, like benazepril, have been shown to reduce proteinuria in cats<sup>30</sup>; however, in the present study, UP/UC in the ACE treated group was even higher than in the other group. The late initiation of the therapy (introduced 40-60 days before sample collection) can probably explain such a difference.

Over 100 substances have been classified as uremic toxins by the European Uremic Toxin (EUTox) Work Group<sup>20</sup> and recent studies have thoroughly categorised these different molecules. Urea and creatinine are the most common uremic toxins that can increase in cats with CKD and, as expected, in our study both of them increased in the cats with CKD. These compounds are soluble in water, have low molecular weights, and are classified by EUTox as the most reliable biomarkers for the evaluation of renal failure.<sup>31</sup> Not surprisingly, in our study, Urea and Crea showed a positive correlation with each other as well as with UP/UC. In fact, an increase in these parameters typically occurs in CKD cats, and it is used as a diagnostic tool according to the IRIS staging of CKD<sup>22</sup>.

However, several other metabolites, other than these compounds, contribute to the toxic environment caused by the disease.<sup>31</sup> Their concentrations provide insight into the clinical severity of CKD and favour the maintenance of both oxidative and carbonyl stress in a vicious circle.

381 HEL, confirming an association with two recognized markers of renal failure in 382 feline medicine. In particular, a statistically significant increase of CML, AOPP, 383 HEL and MDA was found in the cats affected by CKD. By contrast, they showed 384 a negligible increase in PENT and MGO. These differences were also consistently 385 observed in the ACE treated group. 386 AOPP are a cluster of oxidative products derived from proteins and are 387 recognised as markers of protein oxidative damage and of inflammation severity. 388 The injured proteins are generated through a mechanism involving free radical 389 direct oxidation of amino acids (e.g., tyrosine (Tyr), lysine (Lys), proline (Pro), 390 arginine (Arg), etc.) (Dean et al 1997 [This should be added to the References]), 391 and as an indirect consequence of lipoperoxidation. 392 AOPP are also defined as "accumulated solutes, normally excreted by the 393 kidneys, that interact negatively with biological functions".15 394 It has been reported that serum AOPP concentration (closely correlated with 395 other markers) increases with the progression of chronic diseases.<sup>32,33</sup> 396 Accumulation of plasma and renal AOPPs is a common pathologic finding in 397 human patients with CKD.34 Witko-Sarsat et al32,33 showed that in vivo levels of 398 AOPP correlated well with creatinine clearance. 399 In human studies of uremic patients, the concentration of plasma AOPP is related 400 to the oxidative activity of circulating neutrophils, suggesting that these 401 leukocytes might be involved in plasma AOPP formation through the 402 myeloperoxidase/H<sub>2</sub>O<sub>2</sub> system. In agreement with this hypothesis, Keegan and

In addition, Crea and Urea positively correlated with CML, AOPP, MDA and

403 Webb<sup>10</sup> reported that the neutrophil oxidative burst is higher in chronic renal 404 failure. Moreover, recent studies showed alterations in neutrophil oxidative 405 metabolism and oxidative stress in dogs with CKD.35-39 406 Neutrophils can, therefore, be a source of pro-oxidant molecules contributing to 407 an abnormal production of ROS and participating to the formation of AOPPs. 408 Neutrophil oxidative metabolism can, in turn, be activated by other uremic 409 toxins.39 410 In accordance with the above mentioned findings, our study demonstrates for 411 the first time a significant increase in AOPP in cats. In fact, when compared with 412 control animals, CKD and ACE treated cats showed a 77% and 132% increase, 413 respectively, in this parameter. AOPP are good hallmarks of the progression of 414 chronic renal failure and the severity of uremia;<sup>40</sup> accordingly, in our study their 415 concentrations correlated well with those of creatinine and urea. As previously 416 reported, they are also a good and accurate biomarker of oxidative stress,<sup>41</sup> and in the present study significant correlations with other markers of 417 418 lipoperoxidation were found (CML, MDA, HEL). 419 Serum MDA [???] is an organic and very simple compound and one of the highly 420 reactive carbonyls originating from PUFA oxidation (in particular from 421 peroxidation of arachidonic, eicosapentaenoic and docosahexaenoic acid).<sup>42</sup> In 422 humans, it is the most abundant product, since it comprises 70% of all the 423 carbonyls obtained by lipid peroxidation.<sup>18</sup> 424 In this study, serum MDA consistently increased in CKD (284%) and in ACE 425 treated (256%) cats. An increase in serum MDA was previously observed in CKD

- cats by Yu and Paetau-Robinson<sup>9</sup> and four weeks of antioxidant supplements did
  not exert any effect on this parameter.

  ADDA correlates with AODD HEL and with other markers of CVD (greatining)
- 428 MDA correlates with AOPP, HEL and with other markers of CKD (creatinine,
- 429 urea, Potassium and PU/CU): the remarkably high correlation with HEL (r =
- 430 +0.904) is explained by their shared origin from lipid peroxidation.
- 431 Since potassium did not vary significantly between groups but it often varies in
- 432 CKD cats<sup>43</sup> according to diet intake, the positive correlation with MDA is
- 433 probably suggestive of an increased oxidative stress in cats with higher
- 434 potassium quartiles, although still in the normal range.
- 435 Hexanoyl-lysine (HEL) is a recently discovered lipid peroxidation biomarker
- derived from the oxidation of omega-6 unsaturated fatty acids. 14 HEL is formed
- 437 when a lipid hydroperoxide links to a lysine residue, forming a stable
- 438 compound.<sup>44</sup> Arachidonic acid is one of the PUFA that, after oxidation, gives rise
- 439 to MDA and HEL compounds;<sup>42</sup> it is often added to cat food, especially during
- growth, gestation and lactation, because these animals are unable to synthesize
- 441 it.45
- The actual estimated requirements, based on a low reported synthesis capacity,
- is 8 mg/100 g dry matter [???] (DM), considering a metabolic energy requirement
- (MER) of 75 kcal/kg<sup>0,67[???]</sup> in adult animals and 20 mg/100 g DM during growth
- and reproduction<sup>46</sup>. Arachidonic acid is naturally present in animal tissues, so it
- does not have to be added to food containing proteins of animal sources.<sup>45</sup>
- When compared with control cats, CKD and ACE treated cats showed highly
- significant increases in serum HEL (three times higher than controls in the CKD

group and five times higher than controls in ACE cats). Therefore, it would be interesting to evaluate whether a high content of arachidonic acid in the diet of CKD cats might generate oxidants and promote oxidative stress, as observed in CKD disease; if that were the case, more attention should be paid to the total amount of this substance provided to cats, in particular to those affected by CKD. The diet should be balanced with an equivalent amount of antioxidants to avoid the increase of carbonyls, such as MDA and HEL, originating from the peroxidation cascade.

CML is formed during the Maillard reaction by a process of glycoxidation. It can derive from different compounds, such as aldoses, ketoses, ascorbate, PUFAs and other molecules, and it is classified as an advanced glycation-lipoxidation end-product (AGE). Another relevant source of CML is from food. It is found in dairy products, but also in meat, fish, cereal-derived products, and in a group of fruit and vegetables that have been cooked or treated in an industrial context.<sup>16</sup>

As previously shown<sup>47</sup>, CML increases in uremic patients and such an increase is also generally paralleled by increased levels of PENT,<sup>47</sup> since they share the same molecular origin. In the present study, CML levels increased 3-fold in the ACE treated group and doubled in the CKD group, but, intriguingly, a correlation with PENT was not observed.

We might hypothesize that although CML mainly derives from the peroxidation cascade, diet may also play a noteworthy role. Hull et al<sup>48</sup> showed that the CML content of cat food can be high. High exposure to CML should be

taken into careful consideration because this compound could be hazardous for feline health. This is even more true in cats with CKD, since CML seems to be associated with degenerative disorders and chronic kidney diseases.<sup>49</sup>

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Interestingly, CML levels are positively correlated with markers of kidney function, such as Crea and Urea, and negatively correlated with serum glucose, indicating that, in cats, high glucose might not lead to the formation of AGEs through the Maillard reaction. Other significant correlations were found with HEL (P < 0.05) and AOPP (P < 0.05), which can therefore be included, as is the case for humans, in the array of toxins found in uremic cats. Methylglyoxal is generated by a series of metabolic pathways, mostly belonging to the glycolytic process. It is an important precursor of advanced glycation end products, being a highly powerful glycating agent. It is also involved in diabetic microvascular complications.<sup>50</sup> Increases in MGO have been observed during hyperglycaemia as well as in the uremic state. In our study, MGO was not significantly different between the three groups of cats. Therefore, we can hypothesize that, in contrast to what has been observed in humans [perhaps a reference should be added here], the glycation pathway does not play a role in the pathophysiology of uremia in cats. Pentosidine is a well-known advanced glycation end product and a uremic toxin, that, surprisingly, the levels of which were not, surprisingly, significantly different in the three groups of our study. This finding differs from what has been

reported in human patients affected by CKD. In these cases a marked increase of

pentosidine was found and also associated with a low glomerular filtration rate,

oxidative stress and inflammation. 51-53 In our opinion, in feline CKD, lipids and lipoperoxidation seem to play a more important role than glucose, glycation or glycoxidation, which seem to be unrelated to this disease. In cats, a distinct pathway for the formation and accumulation of uremic toxins should be considered, along with different uremic oxidative stress compounds. In line with this reasoning, PENT might turn out to be a minor end product in the bulk of AGEs. In addition, in our groups of cats, PENT does not correlate with other carbonyl determinations and other clinical parameters, although it does with SAP. We can hypothesize that, in cats, pentosidine accumulation is, as in humans: age related: connected with the progression of renal failure: and occurring mainly in tissues rather than in blood. Tissue accumulation of PENT is well described in humans and in other animals such as rats with CKD (where it accumulates in the tubules),<sup>54</sup> dogs, rabbits, monkeys, etc. Moreover, in cats with CKD, an interstitial fibrosis has been observed.<sup>55</sup> Pentosidine accumulation may occur in the kidneys or in the artery walls, contributing to an increase in blood pressure. It is noteworthy that, in humans, serum pentosidine is positively associated with arterial stiffness and thickness.<sup>56</sup> Further studies are needed to evaluate this intriguing hypothesis. According to our results, the use of ACE inhibitors exerted a negligible effect on the carbonyl oxidative stress status. By contrast, Monacelli et al<sup>23</sup> reported, in humans, that valsartan, an angiotensin II receptor antagonist, besides having antihypertensive activity, is also effective in scavenging oxidative stress species.

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However, some differences between the present study and that of Monacelli et al<sup>23</sup> should be considered. Our experimental animals only received the therapy for 40-60 days, while the trial reported by Monacelli et al<sup>23</sup> lasted 6 months. The difference in the duration of the treatment may explain the lack of efficacy reported in our study. Such a difference could also be due to the use of a different type of drug. In fact, in our experiment cats were treated with benazepril, an angiotensin-converting-enzyme inhibitor, whereas in the study carried out by Monacelli et al<sup>23</sup>, human patients received valsartan, an AT1 antagonist. Although carefully designed, our study suffers from some limitations, mainly due to its small sample size. In particular, it would have been more appropriate to enrol a larger number of cats for each IRIS stage (from 1 to 4) in order to draw more valid conclusions. The progression of uremic toxin production and/or the existence of a CKD threshold for their formation is also a matter of debate and deserves further investigation. Even if we had just included cats fed a renal diet, we would still have had confounding effects. In fact, renal diets of different brands can also vary in terms of omega 3-6, protein, phosphorus and carbonyl content. Further studies focusing on the intake of single diet components are required.

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## Conclusions

To the best of our knowledge, this is the first study to take into account contemporaneously several uremic toxins - according to the EUTox database - and biochemical parameters in cats affected by CKD. Evidence of strong carbonyl

541	stress is confirmed in CKD cats, irrespective of the therapy with ACE inhibitors
542	These toxic molecules contribute to maintaining and promoting oxidative stress
543	and facilitate the progression of systemic damage. However, two markers
544	Pentosidine and Methylglioxal remained unaffected. This phenomenon suggests
545	some hypotheses that need to be verified and, at the same time, raises the
546	possibility that the disease might be characterized by a new pattern of markers
547	The significant and striking increases in CML and HEL offer challenging
548	possibilities in terms of specific diets aimed at the prevention of kidney disease
549	Currently, more studies are needed to clarify the disease mechanisms and their
550	associations with clinical signs, cellular damages and kidney malfunction in
551	affected cats.
552	The results of the present study broaden our understanding of this widespread
553	problem afflicting feline health and help pave the way towards new research
554	fields required to make substantial progress in clinical veterinary practice.
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556	Acknowledgments
557	We thank Dr Bruno Tasso (DIFAR, University of Genova, Italy) for the
558	synthesis of MDA sodium salt and Dr Marco Maimone Clinica Veterinaria Foce
559	for his help in the recruitment of the animals.
560	
561	Authors' note
562	Part of the data were presented at the 2015 ESVCN conference.

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**Conflict of interest** 

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# 740 Figure 1. NB note misspelling of "pathways" in top left box.

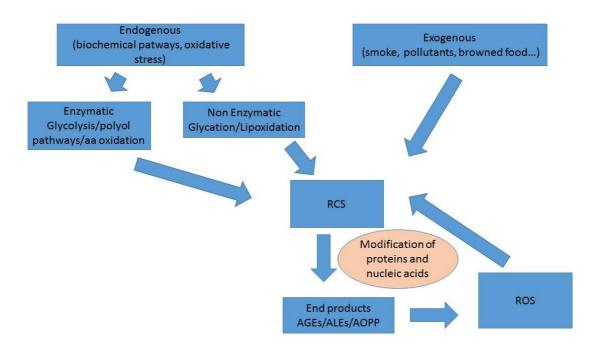


Figure 1. The vicious cycle of Reactive Carbonyl Species (RCS) and Reactive Oxygen Species (ROS) formation pathways. AGEs: advanced glycation end products; ALEs: advanced lipoxidation end products; AOPP: advanced oxidation protein products; aa: amino acids