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CEST-MRI studies of cells loaded with Lanthanide Shift reagents

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Abstract

Purpose: Magnetic resonance Imaging (MRI) has been extensively used to track *in vivo* implanted cells that have been previously labelled with relaxation enhancers. However, this approach is not suitable to track multiple cell populations as well as it may lead to confounding results in the case the contrast agent is released from the labelled cells. Herein, it is shown that the use of Chemical Exchange Saturation Transfer (CEST) agents allows to overcome these issues. Upon encapsulating paramagnetic Lanthanide Shift Reagents (SRs) one may shift the absorption frequency of the intracellular water resonance (δ^{in}) thus generating frequency-encoding CEST responsive cells that can be visualized in the MR image by applying the proper radiofrequency irradiation.

Methods: Eu, Dy and Tm-HPDO3A have been used as Shift Reagents for labeling murine breast cancer cells (TS/A) and murine macrophages (J774A.1) by hypotonic swelling and pinocytosis. CEST-MR images have been acquired at 7T and Saturation Transfer effect has been measured. Samples at different dilution of cells have been analyzed to quantify the detection threshold. *In vitro* experiments of cells proliferation have been carried out. Finally, TS/A cells have been subcutaneously injected in mice and MR images have been acquired to assess the proliferation index *in vivo*.

Results: It has been found that entrapment of the paramagnetic complexes into endosomes (*i.e.* by the pinocytosis route) leads to an enhanced shift of the intracellular water resonance. δ^{in} appears to be proportional to the effective magnetic moment (μ^{eff}) and to the concentration of the loaded Lanthanide complex.

Moreover, a higher shift is present when the complexes are entrapped in the endosomes.

Cells proliferation index has been assessed both *in vitro* and *in vivo* by evaluating the reduction of δ^{in} value in the days after the cells labeling

Conclusions:

Cells can be visualized by CEST-MRI upon loading with paramagnetic shift reagent, by exploiting the large ensemble of the properly shifted intracellular water molecules. A better performance is obtained when the complexes are entrapped inside the endosomes. The observed (δ^{in}) value is strongly correlated to the chemical nature of the probe and to its concentration and cellular localization. Two applications of this method have been herein reported, *i.e.* i) for *in vivo* cells visualization and ii) for the monitoring of the cellular proliferation process as it is accompanied by a change in δ^{in} that, therefore, may be exploited as longitudinal reporter of the proliferation rate.

Introduction

Cell therapy is emerging as a novel branch in many medical fields for its high potential to cure different diseases, allowing repairing of damaged or destroyed tissues¹⁻². Much attention is currently devoted to develop Imaging strategies able to report about the fate of cells after their *in vivo* transplant³⁻⁵. Among the existing Imaging technique, Magnetic Resonance (MRI) stands out owing to its excellent spatial resolution and for its ability to reach in depth regions of the body. To be detected, the administered cells have to be labelled with a proper contrast agent⁶⁻⁸. Conventional MRI contrast agents (CAs), based on Gd complexes or iron oxide nano-particles, have proven to be well suitable for *in vivo* cell detection although they have the limitation to be able to visualize only a single cell population in a given anatomical region⁹⁻¹¹. This limitation is intrinsic in the nature of relaxation-based MRI contrast agents as their effect on water proton relaxation rate is additive thus it is not possible distinguishing the contrast generated by the one or the other CA simultaneously present in the same image.

Moreover, another issue may arise in the case the agent is released by the labelled cells as its effects would not be distinguishable when arising from its intracellular or extracellular distribution.

One of the main aims in the tracking of labeled cells is to visualize simultaneously two, or more, cellular populations and, eventually, to assess their proliferation rate.

A unique approach to acquire “*multicolor*” MR images is provided by the exploitation of the frequency-encoded contrast of Chemical Exchange Saturation Transfer (CEST) agents¹²⁻¹⁴. This recently developed class of MRI probes consists of molecules endowed with mobile protons in slow exchange with *bulk* water. The application of a radiofrequency field, at the NMR absorption frequency of the mobile proton pool, yields saturation of the NMR resonance that, through the chemical exchange, is transferred to the *bulk* water protons signal. It follows that the availability of systems endowed with mobile protons resonating at different chemical shifts can be distinguished when present in the same anatomical region^{15,16}.

We have previously reported a proof of concept on the possibility to distinguish among different cells populations, in a MR-CEST experiment, by labeling each cell type with a different paraCEST (paramagnetic CEST) agent¹⁶. Furthermore, interesting applications of this approach have been reported in the detection of heart failure¹⁷ and stroke injuries¹⁸. A further improvement of this

approach deals with the search of enhanced sensitivity of the CEST reporters as the detection threshold of paraCEST agents is in the millimolar range.

An important step ahead to enhance the sensitivity threshold has been achieved by showing that the ensembles of water molecules confined in liposomes or in the cytosol compartment may be exploited as source of exchanging proton pool¹⁹⁻²⁰. In both systems the compartmentalized water resonance (δ^{in}) can be shifted from the absorption of the *bulk* solvent by the presence of a paramagnetic Shift Reagent (SR) in the inner compartment. Red Blood Cells (RBCs) have been proven to act as excellent Cell-CEST systems thanks also to their peculiar biconcave shape that greatly affect δ^{in} by markedly affecting the Bulk Magnetic Susceptibility (BMS) term^{20,21}.

Herein, we report results that demonstrate that other cell types, besides RBCs, can be transformed in Cell-CEST systems.

Murine breast cancer cells (TS/A) and murine macrophages (J774A.1) have been selected i) to assess which is the role of localization of the SR on the Cell-CEST properties and ii) to investigate how Cell-CEST properties may be exploited to report on the cell proliferation rate.

Methods

Chemicals

Gd-HPDO3A (Gadoteridol, ProHance[®]) complex and HPDO3A ligand were kindly provided by Bracco Imaging S.p.A. (Colleretto Giacosa (TO), Italy). Dy₂O₃, Tm₂O₃ and Eu₂O₃ were purchased from Sigma–Aldrich, Saint Louis, USA. The synthesis of Dy(III)- and Tm(III)- complexes was carried out by mixing the lanthanide oxide Ln₂O₃ and the ligand HPDO3A (1:2 molar ratio) in water. The mixture has been let to react for two weeks under stirring and heating at 80 °C. The purity of the compounds was around 90% as evaluated by measuring the *bulk* magnetic susceptibility (BMS) shifts of ¹H-NMR resonance signals of solution (*tert*-butanol in water) containing the compound with the respect to the same solution without paramagnetic compound (Evans' Method²²). These lanthanide complexes were dissolved in water at the concentration of 0.3 M at a pH value ranging between 7.2-7.4. The final osmolarity of the solutions was measured by using a manual Löser type 6 Micro-Osmometer and they were about 300 mOsm/L. Finally the solutions were filtered by using 0.22 μm filters.

Cells

Cellular experiments were performed on J774A.1 murine macrophages (ATCC, Manassass, VA) and TS/A murine breast cancer cells. J774A.1 cells were grown in Dulbecco's Modified Eagles's medium (DMEM), TS/A cells were grown on RPMI 1640 medium. Both the media were supplemented with 10 % (v/v) heat-inactivated fetal bovine serum (FBS), 100 U/ml penicillin and 100 mg/ml streptomycin.

DMEM, RPMI 1640, FBS, penicillin-streptomycin mixture and Trypsin were purchased from Lonza, (Lonza Sales AG, Verviers, Belgium). Cells were seeded in 75-cm² flasks at density of $ca.2 \times 10^4$ cells/cm² in a humidified 5% CO₂ incubator at 37 °C. When J774.A1 cells reached confluence, they were detached by means of a scraper. Conversely, TSA cells were detached by adding 1 ml of Trypsin-EDTA solution (0.25 % (w/v) Trypsin- 0.53 mM EDTA). Both the used cells types were negative for mycoplasma as tested by using MycoAlert™ Mycoplasma Detection Kit by Lonza (Lonza Sales AG, Verviers, Belgium).

Cellular uptake of Shift Reagents

SRs uptake were performed on J774.1 or TS/A cells. It was possible to introduce SRs into the endosomes or directly into the cell cytoplasm depending of the used labeling procedure. In order to introduce the SRs into the endosomes a classical procedure of incubation with Lanthanide complexes dissolved in the culture medium was performed²³. Conversely, the hypotonic swelling procedure²⁴ has been used to load the SRs into cell cytoplasm. The experimental work-up has been carried out as follows:

1. Loading of SRs into the endosomes

$Ca 5 \times 10^5$ J774A.1 cells were seeded on 6-cm Petri Dishes. After 2 days plates were incubated with SRs (Ln-HPDO3A where Ln=Gd, Eu, Dy or Tm) at the concentration of 100mM for 5h, then cells were washed three times, detached by scraper, suspended into 50 µl of PBS and put into glass capillaries. These capillaries were centrifuged at 1000 rpm in order to obtain cellular pellets and placed in an agar phantom to acquire MR images. MRI was carried out immediately after the detachment of cells and it requires $ca. 15-20$ min. During this time cells appear intact, with well-preserved membranes.

Time of incubation and concentration of the SRs were selected on the basis of a series of experiments. The selected conditions led to reach an intracellular concentration of SR of *ca.* 10mM.

2. Loading of SRs into the cytoplasm by application of hypotonic swelling methodology

Cells were loaded by hypotonic swelling as previously reported²⁴. Briefly, *ca.* 3×10^6 cells (J774A.1 or TS/A, depending on the experiment) were placed for 30 min at 37°C into a hypotonic solution (160mOsm/l) containing the paramagnetic agent to be loaded (100mM). The normal morphology of cells was restored by returning the osmolarity of the solution to an isotonic condition (280mOsm/l) by the addition of a proper concentration of NaCl/phosphate buffer (30min). After this treatment the samples were extensively washed by using PBS to eliminate the not internalized molecules.

Determination of intracellular Lanthanide content

At the end of MRI experiments, labeled cells were quantitatively extracted from glass capillaries, re-suspended into 200 μ L of PBS and sonicated by using the Bandelin Sonoplus 20 KHz, 70 Watt (Bandelin Electronic) for 20 sec at 30% of the maximum power in order to destroy cellular membranes and obtain cell lysates. Cells were then digested with concentrated HNO₃ (70%) under microwawe heating (Milestone MicroSYNTH Microwave labstation equipped with an optical fiber temperature control and HPR-1000/6M six position high-pressure reactor, Bergamo, Italy). Then each sample was added with 2 ml of ultrapure water and the metal content of cells was determined using inductively coupled plasma mass spectrometry (ICP-MS) (Element-2; Thermo-Finnigan, Rodano (MI), Italy). The concentration of protein was determined by the Bradford method using bovine serum albumin as standard (1 mg of protein corresponds to *ca.* 2.5×10^6 J774A.1 and TS/A cells²⁴).

Evaluation of detection threshold for Dy-labeled cells.

Dilution experiments on Dy-labeled cells were performed in order to evaluate the lowest number of labeled cells able to generate a detectable CEST contrast. Dy-labelled J774A.1 cells were counted by using a Burkner chamber. Then they were mixed with different amount of unlabelled cells (from 100% to 12%) and introduced into glass capillaries, centrifuged at 1000 rpm. MRI CEST images of these mixed pellets were acquired.

Assessment of cells toxicity of DyHPDO3A complexes.

The viability of cells labeled with DyHPDO3A by macropinocytosis or hypotonic swelling was assessed. Both TS/A and J774A.1 cells were counted by Trypan Blue exclusion assay, before and after the labeling with 100mM DyHPDO3A. As control, the similar number of cells was incubated (macropinocytosis or hypotonic swelling) in presence of a corresponding volume of PBS. The experiments were repeated three times.

In vivo visualization of Dy-labelled cells.

The *in vivo* experiments were carried out on ten week-old female Balb/c mice (Charles River Laboratories, Calco, Italy). They were treated in accordance with the University Ethical Committee and European guidelines. 0.1 ml of a suspension containing 3×10^6 Dy-labeled TS/A cells (labelled with 100mM Dy-HPDO3A by macropinocytosis) were subcutaneously inoculated in the flank of the mice. The MR image was acquired 24h after the injection in order to allow the re-absorption of liquids. For the MR images acquisition, mice were anesthetized by intramuscular injection of tiletamine/zolazepam (Zoletil 100; Virbac, Milan, Italy) 20 mg/kg plus xylazine (Rompun; Bayer, Milan, Italy) 5 mg/kg. The *in vivo* experiments were carried out in triplicate.

MRI experiments and data analysis

Z-spectra were acquired at 7T on a Bruker Avance 300 spectrometer equipped with a microimaging probe (inner coil 10 mm or 30 mm for *in vitro* and *in vivo* experiments, respectively). A frequency offset range of ± 25 ppm was investigated. A typical RARE spin-echo sequence (RARE factor 8) with an echo time of 3 ms and a TR value of 5 s was used. An acquisition matrix of 64x64 with a square FOV of 10 mm or 35 mm was used for *in vitro* or *in vivo* experiment, respectively. The whole sequence was preceded by a saturation scheme consisting of a continuous rectangular block pulse wave with a B_1 of 3 μ T and duration of 2s or 1.5 s for *in vitro* or *in vivo* experiments, respectively. The Z-spectra were interpolated by smoothing splines to identify, firstly, the correct position of the bulk water and, then, the correct ST% value over the range of frequency offset investigated. Custom-made software, compiled in the Matlab platform (Mathworks Inc., Natick, MA), was used^{25,26}. A quantitative CEST study is typically conducted by an asymmetric analysis approach, *i.e.* two image acquisitions with irradiation at the CEST offset ($\Delta\omega$) and the opposite offset ($-\Delta\omega$) related to water signal are collected and computed to determine the percentage CEST ratio called Saturation Transfer (ST):

$$ST\% = \left(1 - \frac{MS(\Delta\omega)}{MS(-\Delta\omega)}\right) \times 100$$

in which $MS(\Delta\omega)$ and $MS(-\Delta\omega)$ are the MR signal intensity of the bulk water protons upon applying a saturation pulse at $\Delta\omega$ and $-\Delta\omega$, respectively.

Results

Effects of Shift Reagent loading inside cells

Ln-HPDO3A complexes (Ln= Gd, Eu, Dy, Tm, Fig.S1) have been loaded inside cells, in the endosomes (*via* macropinocytosis) or in the cytosol (*via* hypotonic swelling), respectively. Then, pellets have been analyzed by MRI. Fig.1A and B report, respectively, T_{2w} - and T_{1w} - weighted MR Images of a phantom containing cellular pellets of J774A.1 cells labeled with the four complexes as localized in the endosomes or in the cytosol, respectively. The signal intensity of the capillaries containing cells loaded with SRs in the endosomes appears lower, because of the stronger T_2^* effect (Fig.1A). In T_{1w} image (Fig.1B), signal intensity is higher for cells containing Gd-HPDO3A (capillary 2 and 6). Table1 reports T_1 and T_2 of all samples. Fig.1C-J reports Z- and ST%-spectra of all the samples. For unlabelled cells, a signal at 2.5 ppm is present, due to endogenous exchangeable protons. In all the other samples, which contain cells labeled with paramagnetic STs, a more shifted CEST signal is detectable. The magnitude of the shift of the intracellular water resonance (δ^n) strictly depends on the used Ln-HPDO3A and on its localization, varying from a minimum of 2.9 ppm (for Eu-HPDO3A labelled cells) to a maximum of 8 ppm (for Dy-HPDO3A-labelled cells).

Fig.2A shows the comparison among the ST profiles of cells labeled by using Eu- Tm- or Dy-HPDO3A by pinocytosis. Among the three tested shift reagents, Dy-HPDO3A showed the higher shifting ability (*ca.*8 ppm). The observed δ^n values are related to the second power of the effective magnetic moment of the Lanthanide ion (μ_{eff} Dy= 10.6; μ_{eff} Tm= 7.6, Eu= 3.5, Fig.2B).^{19,20,22,29}

Assessment of *in vitro* performance of Cell-CEST

Insights into the sensitivity of such agents have been gained by acquiring CEST MR images of mixtures of Dy-labelled cells and unlabelled cells. Fig.3 shows the T_{2w} images (A) and the ST calculated maps (B) of mixtures with different percentages of labeled cells (from *ca.* 10 % to 75%). As shown in Fig.3C, by decreasing the amount of Dy-labelled cells there is a decrease of ST% but a

clear contrast is still evident even in the sample with the lowest amount of labeled cells (where only *ca.* 10% of cells were labeled). Therefore the detection threshold appears to be lower than 10% of labeled cells.

As a proof of concept for the detection of two sets of cells in the same image, murine breast cancer (TS/A) cells have been labelled with Tm-HPDO3A by hypotonic swelling and J774A.1 cells have been labelled with Dy-HPDO3A by pinocytosis. Fig.4 shows the ST maps (depicted in false color, Fig.4B,C,D) superimposed on the T_{2w} image (Fig.4A) of a phantom consisting of glass capillaries containing mixtures of the two cell populations labelled by pinocytosis and hypotonic swelling. Tm-HPDO3A labeled cells have been detected by irradiating at 3 ppm (Fig.4B) while Dy-HPDO3A labeled cells have been detected by irradiating at 8 ppm (Fig.4C). The merge of the two ST maps allows localizing the different cells type in the same MR image (fig.4 D). ST% spectra of the samples have been reported in Fig.S2.

δ^{ln} as reporter of the cellular proliferation rate

The herein reported approach has been used for assessing *in vitro* and *in vivo* cell proliferation rate. Dy-labelled cells have been collected at different times after the labeling (from $t=0$ to $t=4$ days) and CEST-MR images have been acquired to measure the δ^{ln} value. In Fig.5 results obtained with J774A.1 and TS/A cells have been reported (*left column* for TS/A cells and *right column* for J774A.1 cells). ST% spectra have been reported in Fig. S3. There is an overall reduction of the observed chemical shift upon time, with an exponential decay behavior that reflects the different growth constant (K) of the two cell types (Fig.5A and B). The exponential decay is faster for TS/A than for J774A.1 cells ($K = -0.043$ vs -0.027 , respectively). Cell proliferation can also be monitored by following the R_2^* changes. In fact, the herein used Ln-complexes, and especially Dy-HPDO3A, display also a strong T_2^* effect. Since R_2^* of cells depends on the relative intracellular amount of Dysprosium (as well as from its location), the measurement of R_2^* reports on the cellular concentration/distribution of the paramagnetic probe. The R_2^* effect reflects the CEST response, *i.e.* R_2^* exponentially decreases upon time after the labeling step, with a time constant (k) similar to the one measured from the changes of δ^{ln} (Fig.5C and D).

Next, it has been shown that the δ^{ln} and R_2^* changes are inversely related to the amount of cells at the different time points (Fig.5 E and F). The proliferation rate displays a mono-exponential

behavior with a growth constant that is equal and opposite to the one obtained from the changes in the δ^{In} and R_2^* (Fig.5). In the Table1 the obtained K-values are reported.

In vivo tests

Finally, Dy-HPDO3A-labelled TSA cells have been subcutaneously injected in the right flank of a mouse to evaluate if it possible to visualize the labelled cells *in vivo* (yellow arrow, Fig. 6A). As control unlabelled TS/A cells have been injected in the left flank of the same mouse (white arrow, Fig. 6A). As shown in Fig.6B it is possible to detect *in vivo* the Cell-CEST contrast at 4.8 ppm from water signal (image acquired 24h after the injection). The chemical shift of the ST peak has been monitored for the few days in order to evaluate the *in vivo* cell proliferation rate during the development of the tumor. ST% spectra have been reported in Fig. S4. *In vivo*, the estimated K value for the proliferation rate of TS/A cells is -0.031.

Discussion

Effects of Shift Reagent loading inside cells

Ln-HPDO3A complexes (Ln= Gd, Eu, Dy, Tm, Fig.S1) have been chosen as paramagnetic shift reagents because i) they are chemically analogues of the clinically approved Gadoteridol, ii) they are small, hydrophilic and neutral molecules that appear well tolerated also at high intracellular concentration both if localized inside cell cytoplasm or in the endosomes²⁷. Pinocytosis and hypotonic swelling have been used as labeling procedures to reach similar overall intracellular Lanthanide payloads.

The loading by macropinocytosis leads the internalization of the Ln-complexes in the intracellular vesicles, since they are entrapped by membrane invagination followed by intracellular trafficking of lipidic vesicles (endosomes). Conversely, the application of hypotonic swelling leads the loading of the Ln-complexes in the cytoplasm, since they cross the cellular membrane through transient pores opening in the membrane and moved by gradients of concentration. Therefore, the hypotonic swelling route is expected to yield a more homogeneous distribution of the SR in the cytoplasm in respect to the one obtained by macropinocytosis^{23,24}. About 1.5×10^{10} Ln(III)-HPDO3A molecules per cell have been entrapped, that corresponds to an intracellular concentration of Ln(III)-HPDO3A of *ca.* 10 mM.

The effect of intracellular payload of high amounts of paramagnetic Ln-HPDO3A complexes inside cells (entrapped either by macropinocytosis and hypotonic swelling) was extensively investigated in the past years and no toxicity has noted even at high intracellular concentrations of the entrapped probe.^{16,18,23,24,30} Herein, cell-viability experiments on cells labelled with Dy-HPDO3A complex (loaded by macropinocytosis and hypotonic swelling) have been carried out and they confirmed the overall absence of toxicity. A slight effect on cells viability is due to the hypotonic swelling procedure; in fact it occurs either upon DyHPDO3A labeling or when the procedure is carried out in the absence of the metal complexes by using buffer as control (Fig. S5).

Cells have been imaged by MRI immediately after their detachment. The image acquisition is generally 15-20 minutes long. During this time cells are perfectly intact, with preserved membranes. Cells have been imaged by MRI immediately after their detachment. The image acquisition took ca 15-20 minutes. During this time cells appear intact, with preserved membranes. After this time cells appear intact, with well preserved membranes at the microscopy control. We cannot exclude processes of cells death begin during this time. What we can exclude is the release of the metal complexes from cells because i) the ICP-MS analysis did not show any metal-containing species in the extracellular fluid and ii) the release of SRs from cells would have led to the decrease, and eventually the disappearance, of the CEST effect.

The presence of the paramagnetic SRs largely affect the T_2^* of the cell pellets; as expected, when the SR is localized in the endosomes, its effect on the T_2^* is larger with respect to when it is distributed in the cytoplasm (Fig.1A and B). Furthermore, T_2^* shortening is higher in the specimens labelled with Dysprosium and smaller in the ones labelled with Europium.

The presence of Gd-HPDO3A largely affects also the water proton T_1 , especially when the probe is distributed in the cytoplasm. As previously reported, when high amounts of Gd- complexes are loaded inside the endosomes, a “*quenching*” of T_1 may occur²⁸ (Fig. 1B and Table S1). CEST experiments have been performed at room temperature by applying a RF pulse of 3 μ T on a range of \pm 25 ppm with respect to the *bulk* water signal. Unlabeled cells show only the characteristic right-hand asymmetry of the Z-spectrum and the corresponding ST peak centered at ca. 2.5 ppm downfield the water resonance. This asymmetry can be accounted for in terms of the pool of exchanging protons of soluble peptides and proteins, naturally occurring in cells’ cytoplasm (Fig.1C-J *black lines*)^{14,19,20}.

Conversely, in the case of cells labeled with the paramagnetic SRs, the Z-spectrum and the ST values are markedly different from the control (Fig.1C-J). The magnitude of the shift of the

intracellular water resonance (δ^{In}) strictly depends on the used Ln-HPDO3A and on its localization. For example, when Dy-HPDO3A has been loaded inside cells endosomes, the ST peak is centered at 8 ppm from water, with a ST% of *ca.* 20%. The increased bandwidth is due to the overall decrease of T_2^* as consequence of the large paramagnetic loading but the marked asymmetry of the Z-absorption and the net shift and enhancement of the ST peak is a clear evidence that the cellular container, loaded with the paramagnetic Dy-HPDO3A, acts as CEST agent.

This effect, as previously reported for Red Blood Cells loaded with Dy-HPDO3A, cannot be simply accounted in term of a dipolar shift.^{19,20,29} In fact, the estimated dipolar term for an intracellular concentration of Dy-HPDO3A of *ca.* 10 mM corresponds to *ca.* -0.2 ppm (negative since Dysprosium Bleaney's constant is negative and the dipolar shift is equal to -19 ppm / M)^{19,20,29}.

The Z-spectra from cells loaded by hypotonic swelling yielded narrower linewidth with respect to those loaded by pinocytosis. This behavior is due to differences in the T_2^* values, being much shorter for those cells with an inhomogeneous distribution of the paramagnetic complexes that causes larger magnetic susceptibility effects (BMS). When BMS effects are larger, the induced shifts are greater but also T_2^* decreases; as a consequence the Z-spectra may become noisier because of the fast decay of the signal. It is worth noting that Gd labeled cells (Fig.1 G,H) showed a higher saturation transfer effect when the complexes are into the endosomes than when they are in the cytosol. The reason of this difference is ascribed to the fact that when the Gd complexes are compartmentalized into the endosomes the T_1 of the *bulk* water is less affected.^{26,29} Saturation transfer efficiency is directly proportional to the longitudinal relaxation time, thus the shorter is the T_1 the lower is the saturation transfer. For these reasons, cells containing Gd-HPDO3A in the endosomal compartment give rise to a higher ST effect (ST% *ca.*18% vs. *ca.*5% observed upon labeling with hypotonic swelling). When cells are labelled with other Ln-complexes (*e.g.* Eu-, Tm-, Dy-HPDO3A) no significant difference in the extent of observed ST% has been detected whatsoever hypotonic swelling or pinocytosis labeling procedure has been applied(Fig.1C,D,E,F,I,J).

The comparison among the ST profiles of cells labeled by using Eu- Tm- or Dy-HPDO3A by pinocytosis has been reported in Fig.2A. δ^{In} values are related to the second power of the effective magnetic moment of the Lanthanide ion; hence Dy-HPDO3A, which has the highest effective magnetic moment (μ^{eff}) provides the highest δ^{In}

When the SRs are dispersed in the cytoplasmatic space (higher homogeneity) the shift is significantly smaller.

Assessment of *in vitro* performance of Cell-CEST

More insights into the sensitivity may be gained by looking at specimens in which Dy-HPDO3A has been confined inside the cytosol (Fig.3). Dy-HPDO3A labeled cells have been diluted with unlabelled cells and ST% effect has been measured. It has been chosen to mix labeled cells with unlabelled ones because it more closely mimics the *in vivo* condition of an ideal experiment of tracking of *ex vivo* labeled cells. In fact, when Ln-labeled cells are administrated *in vivo*, it is expected that they are naturally embedded in the tissue, becoming only a small part of the entire tissue which is composed mainly by unlabelled cells.³⁰

For this measurement, different amounts of Dy-labelled cells have been mixed with unlabelled. T_{2w} images (Fig.3A) and the ST calculated maps (Fig.3B) shows that lower the amount of labelled cells, lower the ST% signal. A detectable and clear contrast is still evident even in the sample with the lowest amount of labeled cells (where only ca. 10% of cells were labeled) (Fig.3C). Therefore the detection threshold appears to be lower than 10% of labeled cells.

Cell as CEST agents can be used also for multicolor CEST MRI. As reported in Fig.4, Tm-labelled TS/A cells and Dy-labelled J774A.1 cells can be simultaneously visualized in a false color MR image. The first set of cells is characterized by the intracellular shifted water signal with a maximum ST% at ca. 3.0 ppm whereas the second one at about 6.8 ppm, with an overlap of the two ST curves. Therefore, the offset of irradiation for both cells populations has been properly chosen in order to minimize the overlapping between the respective ST spectra, *i.e.* at 3 ppm for Tm-labelled TS/A cells and at 8 ppm for Dy-labelled J774A.1 cells.

δ^{in} as reporter of the cellular proliferation rate

Finally, the above described approach to generate Cell-CEST systems has been applied as tool to evaluate the *in vitro* and/or *in vivo* cell proliferation rate. During the time after the labeling, cells proliferates. Upon successive mitosis, the paramagnetic content distributed in the cytoplasm of the labelled cells will progressively decrease in the daughter-cells. This process affects either the value of the intracellular water chemical shift (δ^{in}) or the shape of ST% distribution function. (The latter effect is the result of the interplay between the amounts of intracellular water and the membrane permeability to the water molecules.)

δ^{in} appears the more amenable reporter of the underlying proliferation process. δ^{in} values have been extracted from the maxima of the ST% measured at the different time points. In the days after the labeling, it changes with a decrease that has an exponential behavior. This exponential

decay reflects the different growth constant (K) of the two cell types, indicating that TS/A cells proliferate faster than J774A.1 cells (Fig.5A and B). In fact, faster the proliferation, quicker the reduction of intracellular payload of SRs with consequent decreasing of δ^{in} . The decrease of the intracellular SRs content also affects R_2 which decreases the days after the labeling (Fig.5C and D). K-values obtained by the exponential fitting of δ^{in} and R_2 vs. time curves are in line with those ones obtained upon proliferation assays. (Fig.5 E, F).

In vivo tests

Cells labelled with paramagnetic SRs can be detected when administrated *in vivo*, for instance in the flank of mice (Fig.6, yellow arrow). The monitoring of δ^{in} value can report about *in vivo* proliferation index of cells. At t=24h post cells administration, δ^{in} is equal to 4.8 ppm. in the days after, this values decreases, because of the cells proliferation and consequent reduction of intracellular concentration of SR molecules. From the fitting of the curve, it is possible to notice a slower proliferation rate of TS/A *in vivo* respect to what happens when the same cells are cultivated *in vitro* (K=-0.031 *in vivo* vs. K=-0.04 *in vitro*).

It is to be noted that it was not possible to measure δ^{in} value at t=0 (*i.e.* immediately after the administration of cells) because of the presence of liquid in the region of cells administration.

Conclusions

In this work new insights into the effects of paramagnetic Shift Reagents on intracellular water have been reported. It has been shown that Red Blood Cells are not the only cell type able to act as CEST agents upon loading with SRs. The Cell-CEST contrast displays a very high sensitivity since the large pool of intracellular water protons is used as CEST pool of exchanging spins. It has been found that the chemical shift depends on the amount of paramagnetic complexes entrapped inside the cells, on the metal complex that has been used (different for μ_{eff}) and on the intracellular localization of the probe (free in the cytosol or entrapped into endosomes). In particular if the Lanthanide(III) ion is represented by Gd^{3+} , the endosomal compartmentalization is advantageous since the shortening of T_1 is detrimental for the generation of the saturation Transfer and the “*quenching*” of the relaxation enhancement, occurring when the probe is in the endosomes, becomes advantageous. Regarding the other Lanthanides, the endosomal compartmentalization causes an increase of the BMS contribution and a decrease of T_2^* thus yielding broadening of the ST peaks that may make necessary to increase the acquisition times.

The herein reported labeling system is feasible for *in vivo* applications and two representative examples have been reported. The first one is in the field of multiple cells visualization that may open the way to applications in new cell tracking studies by MRI. The second application has dealt with the evaluation of the cellular proliferation rate. Both *in vitro* and *in vivo* the chemical shift of the intracellular water signal changes because of the naturally occurring cell division that causes the dilution of the SRs that are inside the cells.

Although this work was conceived to assess the practicability of Cell-CEST concept beyond the previously reported Erythro-CEST systems, the obtained results provide some insights into the understanding of the observed CEST effect. Although far from the asymmetrical shape of RBCs, the shape of the cells types considered in this work are certainly not spherical. Therefore, in principle, the distribution of paramagnetic species in an asymmetrical compartment leads to a marked BMS contribution that affects both δ^{ln} and T_2^* . However, the differences observed in δ^{ln} and T_2^* where the SR is distributed in the cytoplasm or it is encapsulated in the endosomes suggest that the BMS term receives a contribution from an asymmetric distribution of the paramagnetic complexes in the cellular volume. Likely, the paramagnetic systems move in the cells to seek for optimal interactions with the magnetic flux lines. The high paramagnetic load of the endosomes may cause an even more prompt response to find a proper location for these vesicles. Overall we may expect an anisotropic distribution of paramagnetics in the cells that contribute to generate a marked BMS contribution. The movement of magnetic particles- loaded endosomes in the presence of a static magnetic field was early reported by *F. Gazeau et al.* in studies aimed at assessing the origin of the BMS effect generated by iron oxide superparamagnetic particles^{31,32}.

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Table

	K values from δ^{ln}	K values from R_2	K values from cells' count
TS/A cells	-0.043±0.003	-0.037±0.003	0.040±0.002
J774A.1 cells	-0.027±0.002	-0.027±0.001	0.022±0.003

Table 1. K values obtained for TSA and J774A.1 cells.

Figures and tables Captions

Fig.1: A) T_{2w} and B) T_{1w} Image of a phantom containing: 1 unlabelled cells; 2-5 cells labeled by pinocytosis with Gd-, Eu-, Tm- or Dy-HPDO3A; 6-9 labeled by hypotonic swelling with Gd-, Eu-, Tm- or Dy-HPDO3A. C,E,G,I) Z-spectra and D,F,H,J) ST-spectra of Dy-, Eu-, Gd-, and Tm-HPDO3A-labelled cells. Dotted lines correspond to cells labeled by hypotonic swelling, continues lines to cells labeled by pinocytosis.

Fig.2 A) Comparison among ST profiles of cells labeled by pinocytosis with Dy- (blue), Eu- (red) or Tm-(green) HPDO3A at the same intracellular concentration. B) Relationship between the induced chemical shift and the effective magnetic moment of the Lanthanide. The number of Ln-HPDO3A/Cell is maintained constant for all the cellular samples to $\approx 1.5 \times 10^{10}$ Ln/cell.

Fig.3: A) T_2 weighted image and B) ST_{map} of a phantom containing 1) unlabelled cells, 2) 100% Dy labeled cells, 3) 75% Dy labeled cells and 25% unlabelled cells, 4) 50% Dy labeled cells and 50% unlabelled cells, 5) 25% Dy labeled cells and 75% unlabelled cells, 6) 12.5% Dy labeled cells and 87.5% unlabelled cells. C) ST% vs. concentration of labelled cells.

Fig.4: A) T_{2w} Image, B) $ST_{map}@3ppm$, C) $ST_{map}@10ppm$, D) merge of B) and C), of a phantom containing: 1) unlabeled cells, 2) TS/A cells labeled with Tm-HPDO3A in the cytosol, 3) J774A.1 cells labeled with Dy-HPDO3A in the endosomes and 4) pellet containing 50% of cells 1 and 50% of cells 2

Fig.5: Evaluation of proliferation rates for TS/A (A, C, E) and J774A.1 (B, D, F) cells. (A, B) Decreasing of chemical shift during cell division; (C, D) Decreasing of R_2 during cell division; (E, F) Cell proliferation.

Fig.6: A) *In vivo* visualization of Dy-labelled TSA cells (*yellow arrow*) 24h post injection by irradiating at 4.8 ppm. Unlabelled TSA cells have been injected as control (*white arrow*) ; B) Decreasing of chemical shift inside tumor region during the days post injection of Dy-labelled TSA cells.

Table 1. K values obtained for TSA and J774A.1 cells.

Fig.S1. Chemical structure of Ln-HPDO3A (Ln = Eu,Gd, Dy or Tm) complexes

Fig.S2. ST% spectra of specimens reported in Fig.4 *i.e.* 1) unlabelled cells as control (grey line), 2) TS/A cells labelled with TmHPDO3A by hypotonic swelling (green line), 3) J774A.1 cells labelled with DyHPDO3A by macropinocytosis (red line) and 4) a mixture of Tm-labelled-TS/A and Dy-labelled-J774A.1 cells (yellow line).

Fig.S3. ST% spectra of (A) Dy-labelled-TS/A cells and (B) Dy-labelled-J774A.1 cells at different times after the labeling (T=0, 24h, 48h, 72h and 96h)

Fig.S4. ST% spectra *in vivo* administrated Dy-labelled-TS/A at different times after the labeling and administration (T=0, 24h, 48h, 72h and 96h)

Fig.S5. (A) J774A.1 cells viability upon loading of DyHPDO3A 100mM by macropinocytosis or hypotonic swelling; (B) TS/A cells viability upon loading of DyHPDO3A 100mM by macropinocytosis or hypotonic swelling. Hypotonic swelling and macropinocytosis with buffer solution have been used as control.

Table.S1. T_1 and T_2 measure (7T, 21 °C) of J774A.1 cells labelled with Ln-complexes by pinocytosis or hypotonic swelling.