



UNIVERSITÀ DEGLI STUDI DI TORINO

# AperTO - Archivio Istituzionale Open Access dell'Università di Torino

# Evidence for intraspecific phenotypic variation in songbirds along elevation gradients in central Europe

 This is a pre print version of the following article:

 Original Citation:

 Availability:

 This version is available http://hdl.handle.net/2318/1744067

 since 2020-07-15T14:24:48Z

 Published version:

 DOI:10.1111/ibi.12843

 Terms of use:

 Open Access

 Anyone can freely access the full text of works made available as "Open Access". Works made available under a Creative Commons license can be used according to the terms and conditions of said license. Use of all other works requires consent of the right holder (author or publisher) if not exempted from copyright protection by the applicable law.

(Article begins on next page)



# UNIVERSITÀ DEGLI STUDI DI TORINO

1	
2	
3	This is an author version of the contribution published on:
4	Questa è la versione dell'autore dell'opera:
5	[Ibis, 2020, DOI: 10.1111/ibi.12843]
6	
7	The definitive version is available at:
8	La versione definitiva è disponibile alla URL:
9	https://onlinelibrary.wiley.com/doi/10.1111/ibi.12843

11	Evidence for intra-specific phenotypic variation in songbirds along elevation
12	gradients in central Europe

## 13 ABSTRACT

14	Studying phenotypic variations along gradients may provide insights into mechanisms that drive species
15	distributions, and thus can be useful indicators of environmental change. In mountains, the study of phenotypic
16	variation along elevation gradients is of increasing relevance due to impacts of climate change. We analysed
17	European ringing data to unravel the direction of phenotypic variation along elevation gradients in six common
18	and resident songbird species occurring along a wide elevational range. We modelled intra-specific change in
19	wing length, body mass and their ratio with elevation and found a significant increase in wing length and a
20	decrease in body mass at high elevations. The results of our exploratory analysis show the potential that
21	continent-wide ringing databases offer to describe patterns of phenotypic variation along environmental
22	gradients.
23	

- **Keywords:** Alps, Bergmann's Rule, body mass, wing length.
- **Running head:** Phenotypic variation in Alpine birds

#### 27 INTRODUCTION

28 Species with high variability in traits may more readily adapt to environmental changes (Lehikoinen et al. 2018). 29 Phenotypic variation within species is shaped by the spatial and temporal differences of the habitats in which 30 different populations live and includes differences in morphological traits such as wing length (Poblete et al. 31 2018). Studies of phenotypic variation in relation to the environment are important, as they may reveal 32 fundamental drivers of variation within and between species. For example, Bergmann's Rule proposes that 33 species of larger size tend to be found in colder climates (Bergmann 1847), a concept that has also been 34 extended to variation within species, although support is not universal (Blackburn et al. 1999). Furthermore, 35 studies of phenotypic variation may reveal sensitivity to environmental change. For example, recent studies 36 have documented evidence that morphological changes in mountain birds (Delgado et al. 2019) and migratory 37 passerines (Weeks et al. 2019) are correlated with climate change.

38 Along elevation gradients, numerous factors shape phenotypic adaptations. Variables that are causally related 39 to elevation include ultraviolet radiation, oxygen levels, and (of particular relevance to phenotypic adaptation) 40 temperature and air pressure. Bergmann's Rule is used to explain morphological differences across climate 41 gradients, predominantly from warmer to colder environments (Meiri & Dayan 2003). There is some evidence 42 for larger individuals (i.e. a higher body mass) with relatively shorter extremities, e.g. legs and wings, at high 43 elevations (Laiolo & Rolando 2008, Meiri & Dayan 2003, Poblete et al. 2018). This may arise through selection 44 for larger animals that have a lower surface area to volume ratio than smaller animals, so they radiate less 45 body heat per unit of mass, in agreement with Bergmann's Rule. Conversely, a preponderance of smaller 46 individuals (a combination of different length measurements and body mass) has been reported at higher 47 elevations (Lundblad & Conway 2019), as have smaller individuals (body mass) with longer wings (Bears et al. 48 2008, Lu et al. 2009). The latter seems reasonable as smaller bodies require lower energy intake, which might 49 be a limiting factor in high elevation habitats with seasonally variable resource availability. For example, 50 Freeman (2017) found little evidence for body size clines within tropical bird species, but where there were 51 differences, they were inconsistent with Bergmann's Rule. Similarly, Boyce et al. (2019) found that body mass 52 of Bornean mountain birds decreased with elevation whereas relative tarsus length increased. The authors 53 argued that phenotypic adaptation is more likely to be driven by the foraging mode of high elevation species, 54 rather than temperature (Boyce et al. 2019). In both of these studies, wing length was not related to elevation,

even though other studies have argued that longer wings reduce the cost of flying at lower air pressure (Scott 2011) and may increase aerodynamic performance (Altshuler & Dudley 2006). Furthermore, flying in oxygenthin environments requires physiological and morphological adaptations to enable the birds to cope with
hypoxia and to reduce the metabolic cost of staying aloft (Barve *et al.* 2016, Scott 2011). A concensus on the
association between phenotypic adaptations and elevation is therefore lacking, possibly because there have
been few large-scale investigations on this topic.

We aimed to assess whether there was a trend in intra-specific morphological variation in songbird species along elevation gradients. We analysed the variation in two phenotypic traits (wing length, body mass) and their ratio (i.e. wing length relative to body mass) within six different songbird species that occur along elevation gradients in the breeding and post-fledging period (spring and summer). We used ringing data retrieved from the EURING Data Bank (du Feu 2019), the coordinating organisation for European bird ringing schemes, and collected mainly in the Alps and their foothills.

#### 67 METHODS

68 We selected species breeding along a continuous elevation gradient from 0 to >2000 m.a.s.l. based on 69 information in BirdLife International (2019), and from digital elevation maps available in www.ornitho.it. 70 Furthermore, we selected species which are classified as residents and/or facultative short-distance migrants 71 (del Hoyo & Christie 2006, Glutz von Blotzheim & Bauer 1991), as long-distance migration itself shapes wing 72 morphology (Fiedler 2005). We requested all available ringing data of birds captured and recaptured frequently 73 (Fasano et al. 2018) in our prior defined Alpine landscape (44°N - 48°N, 4°E - 16°E, Switzerland, France, Italy, 74 Austria, Germany, Slovenia) from the EURING database. These data included captures from outside the defined 75 area (e.g. northern France, northern Germany, Sweden) if birds were then recovered inside this area (Fig. 1). 76 Within the data set of all 14 species, we selected only adults that were first captures (to exclude 77 pseudoreplication). Although we restricted our species to those that are mainly resident in the study region, 78 we cannot exclude altitudinal migration during winter (Barcante et al. 2017, Boyle 2017, Hsiung et al. 2018). 79 Furthermore, some of our species are known to disperse over short distances within their ranges, including 80 some longer distance movements within Europe, e.g. Black Redstart Phoenicurus ochruros, Eurasian Blackbird 81 Turdus merula (del Hoyo & Christie 2006, Glutz von Blotzheim & Bauer 1991). We therefore excluded captures 82 outside the period May to September to minimise the chances of including migrant individuals breeding at

other elevations than those expected from the ringing location (for brevity henceforth referred to as 'breeding
birds'). After filtering the records following the above criteria, we selected those species for which we had
sufficient records across the elevation gradient (10 % of all records per species had to be from locations above
1200 m.a.s.l.) and which had biometric data, i.e. wing length (as measured by the length of 3<sup>rd</sup> primary) and
body mass. They were Eurasian Blackbird, Eurasian Wren *Troglodytes troglodytes*, Coal Tit *Periparus ater*,
Goldcrest *Regulus regulus*, Black Redstart and Willow Tit *Poecile montanus*.

#### 89 Statistical Analyses

90 As wing length is allometrically correlated with body mass (i.e. that individuals with longer wings also have 91 higher body masses, Fig. S1) and both may be a proxy for body size, we calculated the ratio of wing length to the cubic root of body mass (wing length  $/\sqrt[3]{body mass}$ , henceforth wing:mass ratio) to analyse the 92 93 differences in relative wing length between individuals breeding at low and high elevations. To allow direct 94 comparison of effect sizes across species, we scaled all biometrics at the species level (z-score). To assess how 95 wing length, body mass and wing:mass ratio varied as a function of elevation, we used linear mixed effect 96 models, using the 'Imer' function in R 3.4.2 (R Core Team 2019), assuming normally distributed errors. The 97 models included elevation as an explanatory variable, which we considered in two different ways in separate 98 models: first, as a continuous variable, and second as a categorical variable. Following the definition of 99 mountain habitat for the Alps (Lehikoinen et al. 2018), we defined locations <1200 m.a.s.l. as low and >1200 100 m.a.s.l. as high elevations. Grouping the birds according to high and low elevations reflects the ecological 101 context of this study, whereas showing the effect along a continuous gradient gives information about the 102 distribution of our data.

103 Wing length, body mass and wing:mass ratio (all scaled) were analysed as response variables in three separate 104 models in relation to elevation. We were interested in general trends with elevation across Alpine birds, hence 105 we pooled all species for the analysis and set species as a random effect in all six models (i.e. three different 106 response variables in relation to two different measures of elevation) to account for the fact that variation in 107 scaled traits may be species-specific. However, we also ran the same models for each individual species 108 (without the random term) to determine the extent to which individual species associations were consistent 109 with the overall trends. There is evidence that biometrics of birds have changed over time in relation to 110 increasing global temperatures due to climate change (Delgado et al. 2019, Weeks et al. 2019). To account for

possible temporal trends over our time period of 36 years, we tested the effect year by including it as a fixed effect in the overall model and comparing AIC values for models with and without year. Additionally, we performed linear models for each species including year.

114 Analysis of model residuals did not show any violation of the model assumptions. We used Bayesian methods 115 to obtain uncertainty estimates of the model parameters (Korner-Nievergelt et al. 2015) and therefore to 116 account for the uncertainty of the model estimates and model predictions. Following Korner-Nievergelt et al. 117 (2015), we used improper prior distributions, namely  $p(\beta) \sim 1$ , for the coefficients and  $p(\sigma) \sim 1/\sigma$  for the 118 variance parameters and furthermore obtained posterior distributions of the respective models by simulating 119 5000 values from the joint posterior distributions of each model's parameter, applying the function 'sim' 120 included in the package 'arm' (Gelman & Hill 2007). For the respective model estimates, we used the means of 121 the simulated values from the joint posterior distributions of each model's parameter and the 2.5% and 97.5% 122 quantiles as limits for the 95% credible intervals (CrI; Korner-Nievergelt et al. 2015). The effect of a variable was 123 declared as significant if the corresponding 95% CrI did not include zero or if the 95% CrIs of the comparative 124 groups (low and high elevation) did not overlap.

125

#### 126 **RESULTS**

127 After selecting six target species with sufficient sample sizes, the raw data from EURING contained 79,653 128 records, of which 30,426 were first captures and 12,805 fitted our time period of May to September. Of these, 129 only 1,445 records contained biometrics (11% of all first captures during the breeding season; see Table S1 for 130 sample sizes according to species), and, despite having considered data from a total of six countries, only data 131 from the Swiss Ringing Scheme were usable. The records spanned a 36 year period (1982 – 2018, mean: 2010, 132 1<sup>st</sup> quartile: 2008, 3<sup>rd</sup> quartile: 2015), and presented an overall elevation gradient from 95 m.a.s.l. to 1,900 m.a.s.l (mean: 962 m.a.s.l., 1<sup>st</sup> quartile: 462 m.a.s.l., 3<sup>rd</sup> quartile: 1,233 m.a.s.l.). The locations of first captures 133 134 were widely distributed across Europe, but the majority of the records was located within or close to the Alps 135 (Fig. 1; see Fig. S2 for heatmaps).

136 When considering the two elevation categories, there were n= 908 records for the low elevation group and n = 137 534 records for the high elevation group. In the overall model, the year had no significant effect on the

biometrics and did not improve the model in terms of AIC, hence it was not considered further (Table S2). We
additionally tested the effect of year on the wing:mass ratio in single-species models and found a positive
effect in Coal Tit, indicating their wings increased in length relative to body mass over a period of 30 years (Fig.
S3), but not in any other species, nor in the combined-species model.

We found a significant positive effect of elevation (continuous) on scaled wing length, which increased by 0.15 mm (95% CrI: 0.04 – 0.27) per 1000m increase in elevation. Body mass was found to decrease significantly with elevation ( $\beta$  = -0.11, 95% CrI: -0.21 – -0.01). The wing:mass ratio also increased significantly with elevation ( $\beta$  =

145 0.14, 95% Crl: 0.09 – 0.20). When records were grouped into high and low elevation, the results were similar,

146 with a positive effect on wing length ( $\beta$  = 0.15, 95% CrI: 95% CrI: 0.02 – 0.28) and wing:mass ratio ( $\beta$  = 0.20,

147 95% CrI: 0.12 – 0.28; Table 1, Fig. 2). In all models, a lot of variation was unexplained, resulting in very low R<sup>2</sup>-

values (<0.1, Table 1). For single-species models, parameter estimates were in general in accord with those of

149 the combined-species model in terms of direction of effect. There was stronger support (i.e. a significant effect)

150 for longer wings in Blackbird and Willow Tit), lower body masses in Coal Tit and increasing wing:mass ratio in

151 Blackbird and Coal Tit, with increasing elevation. However, Willow Tit body mass showed the opposite trend to

the overall model, significantly increasing with elevation (Table S3).

153

#### 154 **DISCUSSION**

Individuals breeding at high elevations were generally smaller and had longer wings. Wing:mass ratio increased with higher elevations, i.e. wing length increased relative to body size along the gradient, which was driven by both increases in wing length and decreases in body mass (Table 1, Fig. 2). These associations were, however, fairly weak in terms of the variation explained by the models, and for body mass, in terms of the consistency of results at the species level.

160 Interestingly, our results do not provide much support for Bergmann's rule, which predicts shorter wings and 161 larger bodies in colder (therefore higher elevation) environments (as shown by Laiolo & Rolando 2008, Meiri & 162 Dayan 2003, Poblete *et al.* 2018). The combined-species model suggested a general decrease in body mass with 163 elevation, although at the individual species level (Table S3), there was a single species, Willow Tit, that showed 164 an increase in body mass. There was more consistency in associations between wing length and elevation, longer wings being evident in combined-species models and in most individual species (although only two were
significant). Similar results have been found in individual species. For example, female Dark-eyed Juncos *Junco hyemalis* breeding at high elevations had longer wings and shorter tarsi (a measure of body size; Bears *et al.*2008), and snowfinch *Montifringilla* species were smaller (in terms of body length, bill length, body mass,
tarsus length) with longer wings and a higher ratio of wing length and body size at high elevation sites (Lu *et al.*2009).

171

172 Along an elevation gradient, temperature (the variable hypothesized to explain Bergmann's Rule) might not be 173 the only determining factor shaping bird morphology. Indeed, in tropical mountain systems, it has been shown 174 to be of lower importance for trait variations along elevation gradients (Boyce et al. 2019, Freeman 2017); 175 instead, flying in thin air (lower air pressure at high elevations) and the necessity to increase flight performance 176 (due to stronger winds) might select for longer wings (Altshuler & Dudley 2006, Bears et al. 2008). The 177 seasonality of resource availability in higher elevation habitats, e.g. the later peak in insect abundance due to 178 snow cover (Bears et al. 2003), hypoxia and climate severity (Bears et al. 2008) may further lead to an 179 advantage of having a small body in order to reduce the amount of energy needed. It is possible that these 180 factors selected for smaller body sizes in high elevation habitats, but there may also be direct effects that 181 restrict the growth of morphological traits, such as body mass, during the individual's lifetime. 182 183 Although our results give some support to phenotypic adaptation to lower air pressure at higher elevations, it 184 must be acknowledged that there are many potentially important drivers that vary along the gradient which 185 were unable to take into account. For example, it is known that variation in wing morphology within species 186 may be influenced by the degree of forest fragmentation (e.g. Fiedler 2005, Desrochers 2010) which could vary 187 from more anthropogenically disturbed lowlands to mountain forests. Additionally, wing morphology may vary 188 according to foraging habitat, as round-winged species have been shown to forage closer to the ground, 189 whereas species with more pointed wings forage more commonly in trees (Marchetti et al. 1995). 190 Furthermore, the influence of environmental factors such as forest cover and fragmentation may vary at large 191 geographical scales. Our sample was derived from a relatively large area in order to maximize sample size. The 192 availability of a larger sample of biometrics from ringed birds (see below) would also allow habitat and 193 geographical influences (e.g. latitude) to be estimated.

194

195 Unfortunately, the data were not sufficient to account for sex and age. In addition to effects of environmental 196 variables (see above), we assume that a large proportion of the unexplained variation in our models comes 197 from morphological differences between males and females, as shown for songbirds in similar studies (Bears et 198 al. 2008, Lu et al. 2009). Furthermore, our measure of body size (body mass) is likely to vary between 199 individuals and may be sensitive to fine-scale seasonal and even diel variations that we were not able to take 200 into account. Nevertheless, we would expect that body mass represents a reasonable, although fairly 201 approximate, measure of body size. A better measure of body size would be one related to skeletal growth, 202 such as relative tarsus length, which is likely to be less temporally variable (Bears et al. 2008), but which was 203 not available on the EURING Data Bank. Another reason for the relatively weak effect of elevation on the 204 morphological traits is that we used species occurring across the entire elevation gradient instead of comparing 205 subspecies of low and high elevation. Additionally, due to the habitat requirements of the species we have 206 chosen (mostly forest species), we do not have data from very high elevation habitats above the tree-line, 207 where environmental cues may exert stronger pressures on the breeding and survival of birds (Lu 2005), in 208 particular to cope with hypoxia (Barve et al. 2016), although within the studied region, possibly only Black 209 Redstart would occur at these elevations in addition to lower elevation habitats.

210 This study has used a continental-scale database to analyse phenotypic variability in passerine species across 211 elevation gradients. Whilst we find some intriguing results, in particular individuals at higher elevations having 212 lower body mass and relatively longer wings, we were restricted in the conclusions that we were able to draw 213 due to the availability of the data. To better understand phenotypic adaptations of birds to elevation, we 214 highlight the importance of the collection of biometric ringing data, especially for high elevation populations, 215 where data from breeding periods is lacking for many species. We suggest that ringers always record wing 216 length (both, 3<sup>rd</sup> primary and maximum wing length) and tarsus length, as well as body mass. Furthermore, the 217 scientific potential of standardised bird ringing could be higher if we were able to improve the data transfer 218 from national ringing schemes to the EURING Data Bank. Even though measurements are commonly taken 219 within the standard protocols in all European ringing schemes, we only located usable data from the Swiss 220 Ringing Scheme. Enhancing biometric data availability at the European scale would greatly enhance our ability 221 to study species adaptations.

222 The current literature covers almost exclusively tropical mountain ecosystems, and comparative within-species 223 studies in temperate regions are lacking, which might be an additional reason for the inconsistency in the 224 results. European-wide or even global ringing datasets have a huge potential to address questions regarding 225 the phenotypic adaptations to different environments within the same species and their response to climate 226 change (as there are indications for changes in morphology within the last decades, e.g. Fig. S3, and Delgado et 227 al. 2019, Weeks et al. 2019). Further studies with larger biometric datasets (especially for high elevation 228 populations of species) may even enable us to analyse differences in morphological variability between 229 specialists and generalists, species of different habitat types (open grassland vs. forest), or differences in the 230 degree of phenotypic plasticity between single species or subspecies (see Fig. S4 for visual comparison of the 231 variability in traits between the study species, showing slightly higher variability in the data of Blackbirds and 232 Coal Tits). Ultimately, we might be able to use phenotypic traits as predictors for the ability of a species to shift 233 their range, and to assess whether they are more resilient and/or resistant to environmental changes.

234

#### 235 REFERENCES

Altshuler, D.L., & Dudley, R. (2006). The physiology and biomechanics of avian flight at high altitude. Integr.

237 Comp. Biol. *46*, 62–71.

- Barcante, L., Vale, M.M., & Alves, M.A.S. (2017). Altitudinal migration by birds: a review of the literature and a
   comprehensive list of species. J. FIELD Ornithol. *88*, 321–335.
- 240 Barve, S., Dhondt, A.A., Mathur, V.B., & Cheviron, Z.A. (2016). Life-history characteristics influence

241 physiological strategies to cope with hypoxia in Himalayan birds. Proc. R. Soc. B Biol. Sci. 283, 20162201.

242 Bears, H., Smith, J., & Wingfield, J. (2003). Adrenocortical sensitivity to stress in Dark-eyed Juncos (Junco

- 243 *hyemalis oregonus)* breeding in low and high elevation habitat. Écoscience *10*, 127–133.
- 244 Bears, H., C. Drever, M., & Martin, K. (2008). Comparative morphology of dark-eyed juncos Junco hyemalis
- breeding at two elevations: a common aviary experiment. J. Avian Biol. *39*, 152–162.
- 246 Bergmann, C. (1847). Über die Verhältnisse der Wärmeökonomie der Thiere zu ihrer Grösse. Göttinger Stud. 1,
- 247 595–708.
- 248 Blackburn, T.M., Gaston, K.J. & Loder, N. (1999). Geographic gradients in body size: a clarification of
- 249 Bergmann's rule. Divers. Distrib., *5*, 165–174.

- 250 Boyce, A.J., Shakya, S., Sheldon, F.H., Moyle, R.G. & Martin, T.E. (2019). Biotic interactions are the dominant
- drivers of phylogenetic and functional structure in bird communities along a tropical elevational gradient.
- 252 The Auk 136, ukz054. https://doi.org/10.1093/auk/ukz054
- 253 Boyle, W.A. (2017). Altitudinal bird migration in North America. The Auk *134*, 443–465.
- 254 Boyle, W.A., Sandercock, B.K., & Martin, K. (2016). Patterns and drivers of intraspecific variation in avian life
- history along elevational gradients: a meta-analysis. Biol. Rev. *91*, 469–482.
- del Hoyo, J. E., & Christie, D. A. (2006). Old World Flycatchers to Old World Warblers. In Handbook of the Birds
- 257 of the World. Barcelona, (Barcelona: Lynx Edicions).
- 258 Delgado, M. del M., Bettega, C., Martens, J., & Päckert, M. (2019). Ecotypic changes of alpine birds to climate
- 259 change. Sci. Rep. 9, 16082. doi:10.1038/s41598-019-52483-0
- 260 **Desrochers, A.** (2010). Morphologcal response of songbirds to 100 years of landscape change in North America.
- 261 Ecology *91*, 1577–1582.
- du Feu, C.R., Joys, A.C., Clark, J.A., Fiedler, W., Downie, I.S., van Noordwijk, A.J., Spina, F., Wassenaar, R. &
- 263 Baillie, S.R. (2009). EURING Data Bank geographical index 2009. extracted 19.03.2019
- 264 Fasano, S.G., Tamietti, A., Ferro, G., Bandini, M., Tibaldi, B., & Gruppo Inanellatori Piemontesi e Valdostani
- 265 (2018). L'attività di inanellamento a scopo scientifico in Piemonte e Valle d'Aosta: anni 1974-2016. Parte II.
- 266 Passeriformi e Ricatture. Tichodroma.
- 267 Fiedler, W. (2005). Ecomorphology of the External Flight Apparatus of Blackcaps (Sylvia atricapilla ) with
- 268 Different Migration Behavior. Ann. N. Y. Acad. Sci. *1046*, 253–263.
- 269 **Freeman, B.G.** (2017). Little evidence for Bergmann's rule body size clines in passerines along tropical
- 270 elevational gradients. J. Biogeogr. 44, 502–510.
- **Gelman, A., & Hill, J.** (2007). Data analysis using regression and hierarchical/multilevel models. N. Y. NY Camb.
- 272 Glutz von Blotzheim, U.N., & Bauer, K.M. (1991). Handbuch der Vögel Mitteleuropas. (Wiesbaden: AULA-
- 273 Verlag).
- Hsiung, A.C., Boyle, W.A., Cooper, R.J., & Chandler, R.B. (2018). Altitudinal migration: ecological drivers,
- knowledge gaps, and conservation implications: Animal altitudinal migration review. Biol. Rev. *93*, 2049–
  2070.
- 277 Korner-Nievergelt, F., Roth, T., von Felten, S., Guelat, J., Almasi, B., & Korner-Nievergelt, P. (2015). Bayesian
- 278 Data Analysis in Ecology Using Linear Models with R, BUGS, and Stan (Elsevier).

- 279 Laiolo, P., & Rolando, A. (2008). Ecogeographic correlates of morphometric variation in the Red-billed Chough
- 280 Pyrrhocorax pyrrhocorax and the Alpine Chough Pyrrhocorax graculus. Ibis *143*, 602–616.
- Lehikoinen, A., Brotons, L., Calladine, J., Campedelli, T., Escandell, V., Flousek, J., Grueneberg, C., Haas, F.,
- 282 Harris, S., Herrando, S., et al. (2018). Declining population trends of European mountain birds. Glob.

283 Change Biol. 25, 577–588.

- Lu, X. (2005). Reproductive ecology of blackbirds (Turdus merula maximus) in a high-altitude location, Tibet. J.
   Ornithol. *146*, 72–78.
- Lu, X., Ke, D.H., Zeng, X.H., & Yu, T.L. (2009). Reproductive ecology of two sympatric Tibetan snowfinch species
   at the edge of their altitudinal range: Response to more stressful environments. J. Arid Environ. 73, 1103–
- 288 1108.
- 289 Lundblad, C.G., & Conway, C.J. (2019). Variation in Selective Regimes Drives Intraspecific Variation in Life
- History Traits and Migratory Behavior along an Elevational Gradient. J. Anim. Ecol. 00, 1–15.
- 291 https://doi.org/10.1111/1365-2656.13134
- Marchetti, K., Price, T., & Richman, A. (1995). Correlates of Wing Morphology with Foraging Behaviour and
   Migration Distance in the Genus Phylloscopus. Journal of Avian Biology *26*, 177.
- 294 Meiri, S., & Dayan, T. (2003). On the validity of Bergmann's rule: On the validity of Bergmann's rule. J.
- 295 Biogeogr. *30*, 331–351.
- Poblete, Y., Gutiérrez, V., Cid, V., Newsome, S.D., Sabat, P., & Vasquez, R.A. (2018). Intraspecific variation in
   exploratory behavior and elevational affinity in a widely distributed songbird. Oecologia *186*, 931–938.
- R Core Team (2019). R: A language and environment for statistical computing. (Vienna, Austria: R Foundation
   for Statistical Computing).
- **Scott, G.R.** (2011). Elevated performance: the unique physiology of birds that fly at high altitudes. J. Exp. Biol.
- *214*, 2455–2462.
- 302 Weeks, B.C., Willard, D.E., Zimova, M., Ellis, A.A., Witynski, M.L., Hennen, M., & Winger, B.M. (2019). Shared
- 303 morphological consequences of global warming in North American migratory birds. Ecol. Lett. ele.13434.

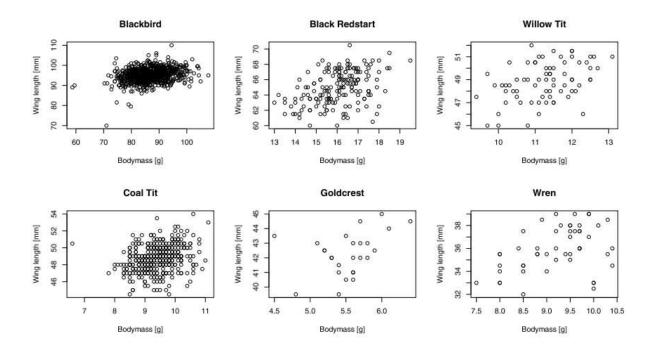
**Table 1.** Effect of elevation (continuous in m x  $10^3$ , and categorical) on the bird's scaled (z score) wing length, body mass and wing:mass ratio, modelled with linear mixed effect models (LMMs). The effect is significant if the 95% Credible interval (CrI) does not include zero. Significant effects of elevation are given in bold. *N* = 1442 in each case.

LMM	Intercept	Estimate (elevation)	Marginal R <sup>2</sup>	Conditional R <sup>2</sup>	
Wing length ~ elevation (continuous) + (1 Species)	-0.157	0.153	0.007	0.010	
	(95% Crl: -0.292 – -0.022)	(95% Crl: 0.040 - 0.270)	0.007	0.010	
Body mass ~ elevation (continuous) + (1 Species)	0.119	-0.111	0.004	0.005	
	(95% Crl: 0.002 – 0.238)	(95% Crl: -0.2100.010)			
Ratio ~ elevation (continuous) + (1 Species)	-0.23 (95% Crl: -1.44 – 1.01)	0.140	0.002	0.930	
		(95% Crl: 0.09 – 0.20)			
Wing length ~ elevation (categorical) + (1 Species)	-0.061	0.145	0.005	0.008	
	(95% Crl: -0.153 – 0.031)	(95% Crl: 95% Crl: 0.017 – 0.279)			
Body mass ~ elevation (categorical) + (1 Species)	0.058	-0.120	0.004	0.005	
	(95% Crl: -0.020 - 0.140)	(95% Crl: -0.241 – 0.004)			
Ratio ~ elevation (categorical) + (1 Species)	-0.160 (95% Crl: -1.38 – 1.060)	0.198	0.004	0.930	
		(95% Crl: 0.120 – 0.277)			

**Figure 1.** Locations of all first captures during breeding season (May – September) for each species. Origin of ringing data retrieved from EURING, entirely collected by the Swiss Ringing Scheme. Sample sizes of the whole dataset are given in Table S1.

**Figure 2.** Intra-specific morphological variation of passerines along an elevation gradient. Plots show combined data of six species. Scaled measures wing length, body mass and wing:mass ratio along a continuous elevation gradient were analysed. Regressions are black solid lines and the corresponding 95% CrI are in grey, when the effect was significant. Right below: Differences in scaled measures wing length (filled circle), body mass (circle) and wing:mass ratio (square) between captures from low (<1,200 m.a.s.l.) and high (>1,200 m.a.s.l.) breeding grounds. Results of the appropriate LMMs are provided in Table 1.

## SUPPLEMENTARY ONLINE MATERIAL



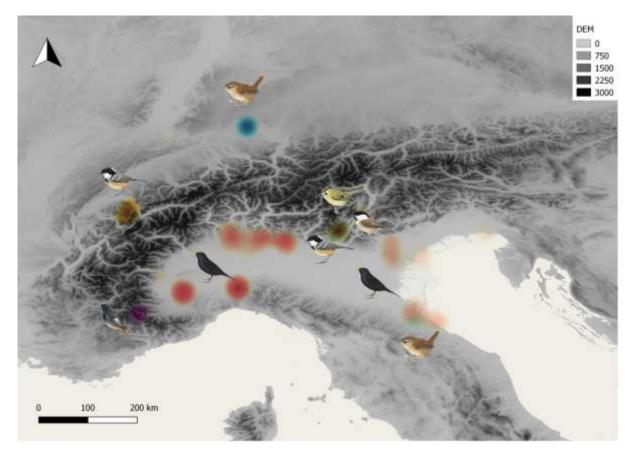
**Figure S1.** Associations between wing length and body mass for all six study species. The unscaled raw data are shown. Sample sizes for each species are given in Table S1.

Table S1. Sample sizes of each species included in the analysis (Number of records with biometrics). Number of records from birds captured above 1,200

m.a.s.l. are given in brackets. Ringing records were included if, for each individual (first capture during breeding season), location, date, wing length and body

mass was available	(% of records v	with biometrics).
--------------------	-----------------	-------------------

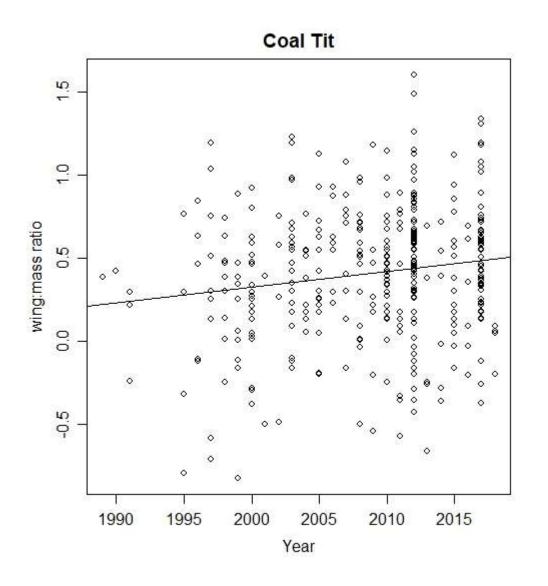
Species	Total no. of records in Data bank	No. of adult first captures	No. of first captures during breeding season	No. of records with biometrics	% of records with biometrics	
All species	79,653	30,426	12,805	1,442 (908)	11	
Blackbird	53,811	20,039	8,844	739 (61)	8	
Turdus merula						
Eurasian Wren	8,285	3,195	485	50 (13)	10	
Troglodytes troglodytes						
Coal Tit	7,633	3,210	1,936	388 (364)	20	
Periparus ater						
Goldcrest	5,437	2,272	441	26 (21)	6	
Regulus regulus						
Black Redstart	3,026	1,168	706	170 (15)	24	
Phoenicurus ochruros						
Willow Tit	1,461	542	393	72 (62)	18	
Poecile montanus						



**Figure S2.** Species-specific heatmaps for locations of first captures (Blackbird: red, Eurasian Wren: blue, Coal Tit: orange, Goldcrest: green, Black Redstart: purple, Willow Tit: yellow). Origin of ringing data retrieved from EURING, entirely collected by the Swiss Ringing Scheme. Sample sizes of the dataset used in the analysis are given in Table S1 and their distribution across the whole area in Figure 2 (main text).

**Table S2.** Effect of elevation (continuous (in m x  $10^3$ )) on the bird's scaled (z score) wing length and body mass as well as the wing:mass ratio between both, modelled with linear mixed effect models (LMMs, function 'Imer'), including year as fixed effect. The effect is significant if the 95% Credible interval (CrI) does not include zero. Significant effects are given in bold.  $\Delta$ AIC is the difference between the model without year (that used in the main text) and the model including year as a fixed effect (that presented here). *N* = 1442.

LMM	Intercept	Estimate (elevation)	Estimate (year)	Marginal R <sup>2</sup>	Conditional R <sup>2</sup>	ΔΑΙϹ
Ratio ~ elevation + year + (1 Species)	-4.86 (95% Crl: -12.19 - 2.54)	0.136 (95% Crl: 0.080 - 0.190	0.002 (95% Crl: -0.001 – 0.006)	0.002	0.930	0.5

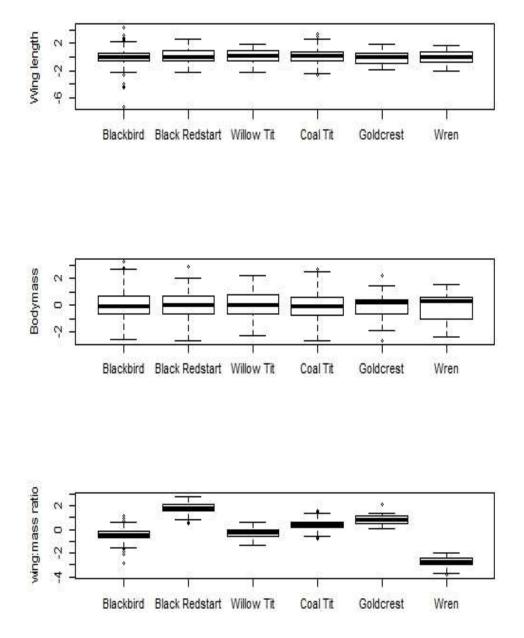


**Figure S3.** Significant effect of year on the scaled wing:mass ratio in Coal Tits (y = 0.009x - 18.63, df = 385, P < 0.01) using a linear model (response variable: wing:mass ratio, explaining variable: year) with the function 'lm'.

**Table S3.** Single-species models for the effect of elevation (continuous (in  $m \times 10^3$ )) on the bird's scaled (z score) wing length and body mass as well as the wing:mass ratio (ratio), modelled with linear models (function 'lm').

Species	LM	Intercept ± se	Estimate (elevation) ± se	Sample size (No. of individuals)	P-value	R <sup>2</sup>
Blackbird Turdus merula	Wing length ~ elevation	-0.173 ± 0.069	0.266 ± 0.091	734	0.004	0.010
	Body mass ~ elevation	0.037 ± 0.068	-0.031 ± 0.090	734	0.72	-0.001
	Ratio ~ elevation	-0.518 ± 0.030	0.120 ± 0.039	734	0.002	0.012
Eurasian Wren Troglodytes troglodytes	Wing length ~ elevation	-0.127 ± 0.263	0.152 ± 0.264	49	0.57	-0.014
	Body mass ~ elevation	0.068 ± 0.264	-0.081 ± 0.265	49	0.76	-0.019
	Ratio ~ elevation	-2.840 ± 0.116	0.100 ± 0.117	49	0.42	-0.007
Coal Tit Periparus ater	Wing length ~ elevation	0.008 ± 0.225	-0.007 ± 0.144	386	0.96	-0.003
	Body mass ~ elevation	$1.380 \pm 0.207$	-0.904 ± 0.133	386	< 0.001	0.105
	Ratio ~ elevation	0.044 ± 0.089	0.238 ± 0.057	386	< 0.001	0.040
Goldcrest Regulus regulus	Wing length ~ elevation	-0.895 ± 1.131	0.700 ± 0.904	24	0.48	-0.017
	Body mass ~ elevation	-0.413 ± 0.978	0.421 ± 0.781	24	0.60	-0.030
	Ratio ~ elevation	0.560 ± 0.407	0.188 ± 0.325	24	0.57	-0.029
Black Redstart Phoenicurus ochruros	Wing length ~ elevation	-0.120 ± 0.226	0.146 ± 0.241	167	0.55	-0.004
	Body mass ~ elevation	0.053 ± 0.218	-0.026 ± 0.233	167	0.91	-0.006
	Ratio ~ elevation	-1.751 ± 0.099	0.070 ± 0.106	167	0.51	-0.003
Willow Tit Poecile montanus	Wing length ~ elevation	-1.228 ± 0.397	0.857 ±0.266	71	0.002	0.12

Body mass ~ elevation	-0.933 ± 0.409	0.651 ±0.274	71	0.02	0.06
Ratio ~ elevation	-0.516 ± 0.161	0.156 ± 0.107	71	0.15	0.015



**Figure S4**. Boxplots show a similar variability in the scaled biometrics across the study species. All available data across all elevations included. Slightly higher variability seems to occur in Blackbirds and Coal Tits. Inter-species variability is highest in the wing:mass ratio.