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Targeting IL-3R α on tumor-derived endothelial cells blunts metastatic spread of triple-negative breast cancer via extracellular vesicle reprogramming.

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19 **ABSTRACT**

20 The lack of approved targeted therapies highlights the need for new treatments for triple-negative
21 breast cancer (TNBC) patients. Interleukin-3 (IL-3) acts as an autocrine factor for tumor-endothelial-
22 cells (TEC), and exerts pro-angiogenic paracrine action via extracellular vesicles (EVs). IL-3R α
23 blockade on TEC changes TEC-EV (anti-IL-3R-EV) microRNA (miR) content and promotes the
24 regression of established vessels. As TEC are the doorway for “drug” entry into tumors, we aimed to
25 assess whether IL-3R blockade on TEC impacts tumor progression via their unique EV cargo. Firstly,
26 the expression of IL-3R α was evaluated in 27 human TNBC samples. It was noticed that, besides
27 TEC and inflammatory cells, tumor cells from 55.5% of the human TNBC samples expressed IL-
28 3R α . Using human TNBC cell lines for *in vitro* studies, we found that, unlike native TEC-EVs
29 (nEVs), anti-IL-3R-EVs increase apoptosis and reduced cell viability and migration. *In vivo*, anti-IL-
30 3R-EV-treatment induced vessel regression in established tumors formed of MDA-MB-231 cells,
31 decreased Vimentin, β -catenin and TWIST1 expression, almost abolished liver and lung metastases
32 from primary tumors, and reduced lung metastasis generated via the intravenous injection of MDA-
33 MB-231 cells. nEVs depleted of miR-24-3p (antago-miR-24-3p-EVs) were effective as anti-IL-3R-
34 EVs in down-regulating TWIST1 and reducing metastatic lesions *in vivo*. Consistent with network
35 analyses of miR-24-3p gene targeting, anti-IL-3R-EVs and antago-miR-24-3p-EVs upregulate
36 SPRY2 in MDA-MB-231 cells. Finally, SPRY2 silencing prevented anti-IL-3R-EV and antago-miR-
37 24-3p-EV-mediated apoptotic cues.

38 Overall, these data provide the first evidence that IL-3R α is highly expressed in TNBC cells,
39 TEC and inflammatory cells, and that IL-3R α blockade on TEC impacts tumor progression.

40

41

42

43 INTRODUCTION

44 Interleukin-3 (IL-3), a cytokine mainly produced by activated T and mast cells, is involved in
45 the regulation of hemopoietic pluripotent and progenitor cell expansion [1]. Moreover, the role of IL-
46 3 in controlling the proliferation/survival of various target cells, including normal and tumor-derived
47 endothelial cells (TEC), has also been reported [2, 3]. IL-3 binding to its receptor promotes numerous
48 biological effects by regulating the expression of proteins, transcriptional factors [4, 5] and regulatory
49 non-coding RNA, such as microRNAs (miRs) [6,7].

50 IL-3 has seen most study in hematologic malignancies [8, 9]. However, the observation that
51 tumor infiltrating lymphocytes (TILs) [10], and TEC are able to produce IL-3 [11], sustains the
52 possibility that IL-3 can also control the tumor microenvironment (TME). IL-3 acts as an autocrine
53 pro-survival factor, particularly in TEC [11]. It is widely accepted that the autocrine mechanism of
54 growth, increased AKT signaling pathway activation [12, 13], and the expression of pro-tumorigenic
55 and angiogenic receptors and proteins reflect the unique TEC phenotype, which is distinct from that
56 of normal endothelial cells [14-17]. Moreover, TEC, besides providing oxygen and nutrient supply,
57 regulate tumor cell viability and the epithelial-mesenchymal transition (EMT) in the TME [18]. EMT
58 is a highly regulated process that occurs during developmental processes and contributes to chemo-
59 resistance and metastasis [19]. A number of different transcriptional factors, including the zinc finger
60 enhancer (E)-box binding homeobox (ZEB), SNAIL and TWIST1, strictly control EMT [20].
61 Moreover, there is considerable evidence for the interplay between these transcriptional factors and
62 miRs coordinating the entire EMT process [20]. Cancer aggressiveness has also been associated with
63 the ability of cancer cells to build their own vascular network without recruiting endothelial cells, a
64 process denoted as vasculogenic mimicry (VM) [21, 22].

65 Triple-negative breast cancer (TNBC) is the most aggressive and prevalent subtype of breast
66 cancer in women worldwide. Chemotherapy is still the main therapeutic approach at the early stage,
67 as no approved targeted therapy for TNBC is currently available [23]. Tumor initiation, metastasis,

68 relapse, and therapeutic resistance are triggered by dynamic changes in tumors that mainly depend
69 on the conditions to which tumors are usually exposed and on cell-to-cell communication in the
70 TME, which occurs via soluble mediators and extracellular vesicles (EVs) [24]. EVs regulate cell-to-
71 cell communication both locally in the TME, and at distant sites [25]. EVs are complex
72 multifunctional structures containing receptors, growth factors, other proteins and different types of
73 RNA [26]. It has been shown that EV molecular composition and functions depend on numerous
74 cues, including those emanated inside TME by different cell types [27-28]. For example, tumor-
75 derived EVs carrying pro-tumorigenic proteins, such as transcription factors, miRs and growth
76 factors, strictly control tumor growth and metastasis [29, 30]. Moreover, EVs released by TECs
77 (TEC-EVs) acquire unique miR-EV-cargo, granting them their paracrine pro-angiogenic properties
78 [31].

79 Antibody-based anti-cancer therapy is currently seen as one of the most successful strategies
80 for the treatment of both hematologic and solid tumors [32]. Monoclonal antibodies (mAbs) can
81 directly act on tumor cells, induce cell killing by immune-mediated mechanisms and specifically
82 interfere with tumor vasculature and stromal cells. IL-3R α is highly expressed in hematological
83 malignant cells [33, 34] and its expression translates into blast proliferation, increased cellularity and
84 poor prognosis [35]. Therefore, the anti-IL-3R α antibody has been proposed and a Phase I clinical
85 trial in patients with acute myeloid leukaemia has demonstrated its safety [36].

86 We have recently provided evidence that blocking IL-3R α (anti-CD123mAb) on TEC leads
87 to the release of EVs (anti-IL-3R-EVs) that display anti-angiogenic properties [31]. In particular, we
88 have shown that the IL-3R α blockade changes EV miR composition, translating into the inhibition of
89 the Wnt/ β -catenin pathway. The loss of miR-24-3p was found to be crucial in mediating anti-IL-3R-
90 EV vessel regression *in vivo*. Since TEC are the gateway to tumors, we sought to determine whether
91 IL-3R α blockade on TEC could challenge tumors and hamper progression via their reprogrammed
92 EVs.

93 **RESULTS**

94 **Human TNBC express the IL-3R α in TME**

95 Mesenchymal and mesenchymal stem-like subtypes of TNBC tumors have recently been
96 associated with high angiogenetic signatures [37]. Since IL-3 is released in TME [10] and acts as an
97 autocrine growth factor for breast and renal-TEC [11], the expression of its binding subunit, IL-3R α ,
98 was analyzed in 27 TNBC human samples. Supplementary Table S1 reports human TNBC features.
99 As shown in Fig. 1 immunohistochemical analysis demonstrated that IL-3R α is expressed by
100 inflammatory cells and TEC. Interestingly, tumor cells also expressed IL-3R α in 15 out of 27 (55.5%)
101 samples. To confirm these data, IL-3R α was also evaluated in the TNBC cell lines, MDA-MB-231
102 and MDA-MB-453, and in the non-neoplastic breast cancer cell line, MCF10A. As shown in
103 Supplementary Fig. S1, TNBC cell lines, but not MCF10A, express IL-3R α .

104 Since TEC in TNBC express IL-3R α , and TEC targeted by the anti-IL-3R α antibody release
105 paracrine signals that induce vessel regression [31], we hypothesize that IL-3R α blockade on TEC,
106 via EVs, would be effective in driving dynamic changes in tumors/TME interfering with cancer
107 progression.

108

109 **Anti-IL-3R-EVs, unlike naïve-EVs (nEVs), reduce cell number and migration and increase** 110 **apoptosis of TNBC cell lines**

111 Naïve EVs-derived from TEC (nEVs) and anti-IL-3R-EVs were isolated from TEC and
112 analyzed by TEM (Supplementary Fig. S2A) and NanoSight (data not shown). No differences in nEV
113 and anti-IL-3R-EV size were detected. FACS analysis, using the MACSPlex exosome kit, revealed a
114 similar pattern of surface marker expression. They expressed exosomal markers (CD9, CD63, CD81)
115 (Supplementary Fig. S2C) and integrins (CD49e/Integrin α -5 and CD29/Integrin β -1). The CD63
116 exosomal marker was also demonstrated by western blot (Supplementary Fig. S2B). Therefore, their

117 effects were first evaluated on MDA-MB-231 and MDA-MB-453 cell lines *in vitro*. We demonstrated
118 that, while nEVs were effective in increasing cell number, anti-IL-3R-EVs significantly reduced their
119 number compared to untreated and nEV-treated cells (Fig. 2A, Supplementary Fig. S3A). Apoptosis
120 and cell migration were also evaluated. Unlike nEV-, anti-IL-3R-EV treatment increased the number
121 of apoptotic cells, and significantly reduced cell migration (Fig. 2B-C, Supplementary Fig. S3B-C).
122 These results were also supported by the expression of E-cadherin and N-cadherin (Fig. 2D) and by
123 the *in vitro* sphere formation assay of nEVs and anti-IL-3R-EVs-treated MDA-MB-231 cells (Fig.
124 2E). nEVs and anti-IL-3R-EVs were ineffective in inducing proliferation of MCF10A cells
125 (Supplementary Fig. S3D). Overall, these results suggested that nEVs boost tumor cell
126 growth/migration, while anti-IL-3R-EVs induce inhibition of cell growth and migration, and drive
127 apoptosis. To evaluate whether this effect specifically relied on the abnormal TEC phenotype, EVs
128 released by normal endothelial cells (EC) exposed to IL-3 (EV IL-3) were evaluated in tumor cells.
129 Naïve EC-derived EVs (EV ctr) served as controls. As shown in Fig. 2F-H, EV IL-3 failed to increase
130 tumor cell number, their migration or apoptotic rate. This indicates that the pro-tumorigenic action of
131 nEVs mainly relies on TEC unique phenotype.

132

133 **Anti-IL-3R-EVs impair tumor angiogenesis and the formation of lung and liver metastasis of** 134 **established tumors**

135 To investigate the effects of nEVs and anti-IL-3R-EVs *in vivo*, MDA-MB-231 cells were used
136 for mammary fat pad injection into SCID mice. After 3 weeks when palpable tumors were detected,
137 vehicle, nEVs or anti-IL-3R-EVs were locally injected twice a week and the tumors followed for an
138 additional 21 days (Fig. 3A). Mice were sacrificed at day 45, and primary tumors, the liver and lung
139 were analyzed by histology. As shown by the analysis of tumor vascular density, tumors from animals
140 treated with anti-IL-3R-EVs displayed significantly reduced CD31 positive vessels (Fig. 3B-C,
141 Supplementary Fig. S4). Moreover, a slight, but not significantly reduction of PAS positive/CD31

142 negative vessels, corresponding the vascular network build by tumor cells (VM), was observed upon
143 anti-IL-3R-EV treatment (Supplementary Fig. S5). Accordingly, increased apoptosis was found in
144 the tumors of animals treated with anti-IL-3R-EVs (Fig. 3D). Of note, when compared to control
145 animals, we found an increased apoptotic rate in tumors from animal treated with nEVs. Although
146 we do not have direct pieces of evidence, we can speculate that hypoxia or depletion of survival
147 factors may suppress apoptotic cues in control tumors [38].

148 Since the inhibition of the canonical Wnt/ β -catenin pathway was reported as a relevant
149 mechanism of anti-IL-3R-EV action [31], β -catenin expression was evaluated. As shown in Fig. 3E,
150 treatment with anti-IL-3R-EVs was associated with significant down-regulation in β -catenin.
151 Moreover, as with β -catenin, the down-regulation of Vimentin was detected in tumors from animals
152 treated with anti-IL-3R-EVs (Fig. 3F). It has been shown that the Wnt/ β -catenin network correlates
153 with high metastatic TNBC behavior [39, 40]. Therefore, metastases generated from primary tumors
154 were evaluated. Liver macroscopic evaluation, shown in Fig. 4A, demonstrated the presence of huge
155 metastatic nodules in tumors from mice treated with saline and nEVs, but not with anti-IL-3R-EVs.
156 To confirm these data, immunofluorescence analysis was performed on the liver and lung, using an
157 anti-human HLA I antibody to identify human cells in the mouse tissues. Interestingly, mice treated
158 with anti-IL-3R-EVs displayed a significantly reduced number of HLA I+ cells in the liver and lung
159 compared to saline- and nEV-treated animals (Fig. 4B-D). In several pathological contexts, including
160 cancer, phenotypic processes that drive migratory and invasive properties rely on the expression of
161 specific transcriptional factors [20], and TWIST1 has been recognized as one of main regulators [41].
162 Accordingly, anti-IL-3R-EV treatment led to the down-regulation of TWIST1 both *in vitro*
163 (Supplementary Fig. S6A-B) and in tumor tissues (Fig. 4E). We failed to detect changes in the
164 expression of SNAI1 and SNAI2 (data not shown).

165

166 **TEC-EVs depleted of miR-24-3p (antago-miR-24-3p-EVs) impair proliferation and migration**
167 **of MDA-MB-231 cells and, as anti-IL-3-EVs, interfere with lung metastasis generated by**
168 **intravenous injection of MDA-MB-231 cells**

169 We have previously shown that the regression of TEC-derived vessels observed in mice
170 subjected to anti-IL-3R-EVs can be recapitulated by EVs recovered from TEC transfected with
171 antago-miR-24-3p [31]. A comparison of MIRNOMIC analyses of anti-IL-3R-EVs and antago-miR-
172 24-3p-EVs demonstrated that antago-miR-24-3p-EVs carried a rearranged miR cargo which was still
173 therapeutically effective and able to recapitulate the *in vivo* anti-IL-3R-EV effects [31]. We therefore
174 sought to evaluate whether the same cargo could be effective in mediating anti-IL-3R-EV anti-tumor
175 effects. To this end, MDA-MB-231 cells were first investigated for miR-24-3p expression upon
176 treatment with either nEVs or anti-IL-3R-EVs. We found that anti-IL-3R-EVs were able to decrease
177 miR-24-3p content, compared to nEVs (Supplementary Fig. S6A). Similar results were detected when
178 antago-miR-24-3p-EVs, obtained by transfecting TEC with antago-miR-24-3p (Supplementary Fig.
179 S7), were used (Supplementary Fig. S6A). Although no difference in miR-24-3p content was detected
180 when control and nEV-treated cells were compared, an increased miR-24-3p/TWIST1 level was
181 found in cells transfected with scramble EVs (Supplementary Fig. S6A). Cell transfection may
182 explain such a difference.

183 One of our previous studies has demonstrated that two proteins of the β -catenin disruption
184 complex were targeted by miR-24-3p in TEC [31]. These data and the *in vivo* results led us to evaluate
185 β -catenin expression in TNBC cell lines treated with nEVs, anti-IL-3R-EVs and antago-miR-24-3p-
186 EVs. Unlike in tumor samples recovered from mice subjected to anti-IL-3R-EVs, we failed to
187 demonstrate changes in β -catenin *in vitro* (data not shown). However, antago-miR-24-3p-EVs, like
188 anti-IL-3R-EVs, were able to significantly reduce TWIST1 expression, tumor cell number and
189 migration, and increase the apoptotic rate *in vitro* (Supplementary Fig. S6C-E). Possibly, due to a
190 rapid mRNA translation, high level of TWIST1 protein was detected, even in control cells. The basal

191 level of TWIST1 detected in MDA-MB-231 cells may explain the high SD noticed in our
192 experimental conditions.

193 Hence, since nEVs were able to promote the metastases generated from primary tumors, we
194 first sought to determine whether circulating nEVs can also contribute to lung metastasis formation
195 of intravenously injected MDA-MB-231 cells. The effect of nEVs was compared to that of anti-IL-
196 3R-EVs. To address this issue, either nEVs or anti-IL-3R-EVs were injected intravenously for 5
197 consecutive days. On day 5, MDA-MB-231 cells were injected intravenously and the animals were
198 followed for 5 weeks (Fig. 5A). As shown in Fig. 5B, lung metastasis formation increased in mice
199 treated with nEVs. Interestingly, this effect was significantly reduced by anti-IL-3R-EV treatment.
200 We therefore investigated whether antago-miR-24-3p-EVs could recapitulate anti-IL-3R-EV-
201 mediated protection against lung metastasis formation. As shown in Fig. 5C, antago-miR-24-3p-EVs
202 were as effective as anti-IL-3R-EVs in reducing lung metastasis formation. Saline and scramble miR
203 served as controls. To evaluate whether vascularization could contribute to these results, the whole
204 lung vessel area was evaluated in mice primed with either nEVs, anti-IL-3R-EVs or antago-miR-24-
205 3p-EVs. Indeed, a significantly reduced number of the lung vessels was found in the mice primed
206 with anti-IL-3R-EVs or antago-miR-24-3p-EVs (Fig. 5D), indicating that circulating TEC-EVs may
207 provide the soil for cancer cell homing possibly due to their pro-angiogenic properties.

208

209 **SPRY2 undergoes up-regulation in response to anti-IL-3R-EV and antago-miR-24-3p-EV** 210 **challenge**

211 To gain further insight into anti-IL-3R-EV and antago-miR-24-3p-EV mechanisms of action,
212 an integrated miR-24-3p interaction-network was performed. The network that was predicted by
213 Ingenuity Pathway Analysis (IPA) for miR-24-3p target genes identified several genes. (Fig. 6A).
214 Some genes with a direct relationship with miR-24-3p, such as HNF1A, HNF1B, SPRY2, TAZ, YAP,

215 C-MYC, NET1, PARP1 and NDST1, were therefore evaluated in MDA-MB-231 cells treated with
216 anti-IL-3R-EVs and antago-miR-24-3p-EVs. As shown in Fig. 6B and Supplementary Fig. S8, only
217 SPRY2 was significantly up-regulated upon anti-IL-3R-EV and antago-miR-24-3p-EV treatment.
218 These data suggest that up-regulation of SPRY2 may contribute to either anti-IL-3R-EVs or antago-
219 miR-24-3p-EVs mechanism of action. Indeed, we found that SPRY2 silencing inhibits anti-IL-3R-
220 EV and miR-24-3p-EV-mediated apoptosis (Fig. 6C, Supplementary Fig. S9).

221

222 **DISCUSSION**

223 TNBC is an aggressive highly metastatic breast cancer subtype lacking estrogen, progesterone
224 and HER-2 receptors [42] and proven target therapies [43]. The identification of molecular
225 markers/effective therapeutics that impact upon tumor progression are therefore a future clinical
226 challenge.

227 EVs derived from different TME components, including TEC, influence key aspects of cancer
228 growth/progression and have recently been recognized as being of great importance for tumor
229 targeting [44]. The goal of this study was to investigate whether IL-3R α blockade on TEC impacts
230 tumor progression via EVs. A previous study demonstrated that IL-3R α blockade on TEC, by an anti-
231 IL-3R α [36], changed the miR-EV cargo and had striking effects on tumor vessel formation [31],
232 suggesting that reprogramming TEC-EVs may also be instrumental in tumor targeting. To provide
233 the rationale for TEC targeting in TNBC, IL-3R α expression was evaluated in human TNBC samples.
234 We demonstrated that tumor cells highly expressed IL-3R α in 55.5% of the TNBC examined. Of
235 note, TNBC cell lines, but not MCF10A cells, also expressed IL-3R α . How the IL-3R α and its ligand,
236 IL-3, take part in TNBC cell biology is still to be established, and further studies are required to
237 address this issue. However, our data suggest that TNBC may serve as a valuable model with which
238 to investigate the impact of IL-3R α targeting on cell-to-cell communication in TME, as IL-3R α was
239 highly expressed in TEC.

240 We have demonstrated herein that nEVs treatment boosts cancer cell viability and migration,
241 while anti-IL-3R-EVs significantly impair both, and induce apoptosis *in vitro*. E-cadherin and N-
242 cadherin expression in cells treated with anti-IL-3R-EVs further sustains their biological activity. EV
243 composition differs significantly in untransformed and transformed cells and accounts for the
244 different biological actions [24]. Accordingly, EVs from normal endothelial cells have no effect on
245 tumor cell growth/migration/apoptosis, whether they were unstimulated or stimulated with IL-3,
246 indicating that the effects of nEVs strictly rely on the unique TEC phenotype.

247 Intercellular crosstalk can occur via secreted mediators and EVs in the TME [45]. Indeed,
248 tumor-derived EVs and EVs from the TME impact upon tumor progression also by promoting
249 angiogenesis [24]. Furthermore, vessel density in primary tumors correlates with metastasis [46]. We
250 herein demonstrated that, unlike nEVs, anti-IL-3R-EVs inhibit tumor neovascularization without
251 significantly impact VM [21]. Proteins, mRNAs and miRs shuttled within TME-derived EVs largely
252 provide services to the tumor [47]. In fact, a previous study of ours demonstrated that miR-214-3p
253 and miR-24-3p, which target the canonical wingless Wnt/ β -catenin pathway, were differentially
254 regulated in nEVs and anti-IL-3R-EVs, and mediate their pro- and anti-angiogenic effects,
255 respectively [31]. In this study, we have demonstrated that anti-IL-3R-EVs also reduce β -catenin
256 expression in tumor-bearing mice, suggesting that anti-IL-3R-EVs are also able to target the canonical
257 wingless Wnt/ β -catenin pathway in neoplastic cells. β -catenin accumulation and the acquisition of
258 mesenchymal markers, as Vimentin, in tumor cells are associated with cancer cells' ability to spread
259 to distant sites [48-50]. Indeed, anti-IL-3R-EVs were found effective in reducing the expression of
260 Vimentin, and animals treated with anti-IL-3R-EVs were almost protected from the occurrence of
261 liver and lung metastasis. A harmonized set of transcriptional factors drives the activation of the
262 metastatic program [20], and TWIST1 is one of them [41]. TWIST1 belongs to a family of
263 transcriptional factors highly expressed in most cancers, and particularly in those highly metastatic
264 [20, 41]. We demonstrated that TWIST1 was reduced *in vitro* and more importantly, in mice treated
265 with anti-IL-3R-EVs. TWIST1 expression is strictly controlled at transcriptional and post-
266 transcriptional levels [20]. Several different miRs have been shown to regulate TWIST1 at post-
267 transcriptional level [20]. Herein, we have demonstrated that, as anti-IL-3R-EVs, EVs depleted of
268 miR-24-3p reduced TWIST1 expression in stimulated cells. miR-214-3p, which was also found
269 enriched anti-IL-3R-EVs and miR-24-3p-EVs [31], has been involved in TWIST1 post-
270 transcriptional regulation in ovarian cancers [51]. Unfortunately, we failed to detect changes in
271 TWIST1 expression when nEVs enriched in miR-214-3p were used to stimulate MDA-MB-231 and
272 MD-MB-453 cells (data not shown). Vimentin, TWIST1 and β -catenin have been linked through

273 STAT3 [52], and more recently, the role of miR-551b-3p in controlling STAT3 transcription and
274 TNBC progression has been documented [53]. Again, we failed to detect miR-551b-3p among miRs
275 differentially expressed in nEVs and anti-IL-3R-EVs [31] and differences in STAT3
276 expression/activation in our model (data not shown). This suggests that the anti-IL-3R-EV- and
277 antago-miR-24-3p-EV-mediated down-regulation of TWIST1 as well as their biological activities
278 may rely on the combined action of a pattern of shared miRs, we have previously described [31].
279 However, as EVs also induce their biological effects by transferring lipids, proteins, mRNAs and
280 transcription factors [47, 49], it might be necessary to consider the entire EV cargo to explain the
281 anti-IL-3R-EV and miR-24-3p-EV mechanism of action.

282 Although chemotherapy is still the main modality for TNBC treatment, the recurrence of
283 metastasis hamper the improvement of patient outcomes [54, 55]. The development of novel
284 therapeutic options to improve TNBC patient survival is therefore a concrete clinical need. Results in
285 primary tumors and the ability of antago-miR-24-3p-EVs to recapitulate anti-IL-3R-EV action *in*
286 *vitro* led us to determine the impact of circulating anti-IL-3R-EVs/antago-miR-24-3p-EVs in
287 preventing the formation of lung metastasis generated by tumor cell intravenous injection. Indeed,
288 we demonstrated that lung metastasis formation was reduced in mice that had been primed with both
289 anti-IL-3R-EVs and antago-miR-24-3p-EVs. EVs released by cancer stem cells were found to be
290 instrumental for pre-metastatic niche formation [56]. We herein demonstrate that nEVs are also
291 instrumental for metastasis formation, while anti-IL-3R-EVs and antago-miR-24-3p-EVs were
292 therapeutically effective in reducing their formation. The possibility that this effect relied on their
293 pro-angiogenic/anti-angiogenic properties is sustained by the increased/reduced vascular network in
294 the lung of animals primed with nEVs or anti-IL-3R-EVs and antago-miR-24-3p-EVs, respectively.

295 To gain insight into the potential signaling involved in the anti-IL-3R-EV and antago-miR-
296 24-3p-EV mechanisms of action, IPA was interrogated to identify miR-24-3p interacting genes. Of
297 the most significant miR-24-3p interactors evaluated, only SPRY2 was found to be upregulated upon

298 anti-IL-3R-EV and antago-miR-24-3p-EV challenge. SPRY2, which belongs to the sprouty gene
299 family, acts as a negative regulator of several receptor tyrosine kinases that are also involved in
300 angiogenesis [57]. Moreover, the expression of the SPRY2 gene was found to be repressed in breast
301 cancers [58]. Accordingly, we found that SPRY2 was downregulated upon nEV-treatment, while
302 anti-IL-3R-EVs and antago-miR-24-3p-EVs rescued SPRY2 expression. Moreover, we found that
303 SPRY2 silencing prevented anti-IL-3R-EV and antago-miR-24-3p-EV-mediated apoptosis.

304 Overall, this study demonstrates that IL-3R α blockade on TEC reprograms EVs, which then
305 acquire the ability to change the expression of Vimentin, β -catenin, and TWIST1 and reduce
306 angiogenesis and the metastatic spread of primary tumors. Moreover, anti-IL-3R-EV priming was
307 found to be therapeutically effective in reducing lung metastasis, possibly due to their anti-angiogenic
308 properties and/or interference with cancer cell homing. Moreover, we provide the first evidence that
309 inflammatory cells, TEC and, more importantly, tumor cells, in human TNBC samples, express IL-
310 3R α . Finally, since EVs released upon TEC targeting can be considered the leading effectors of IL-
311 3R α blockade, the results of the present study provide evidence for the therapeutic effectiveness of
312 this antibody-based-targeted approach in TNBC.

313 **MATERIALS AND METHODS**

314 Detailed information on Materials and Methods are reported in Supplementary Information.

315 **Immunohistochemistry and immunofluorescence on human and animal samples**

316 A series of 27 patients diagnosed with triple negative breast cancer between 2011 and 2012
317 was retrieved from the files of the Pathology Department of the Città della Salute e della Scienza
318 Hospital (Turin). The study was conducted in accordance with the guidelines and regulations defined
319 by the Research Ethics Committee for human Biospecimen Utilization (Department of Medical
320 Sciences—ChBU) of the University of Turin. Representative blocks were obtained as previously
321 described [59]. Immunohistochemistry was performed using an automated slide-processing platform
322 (Ventana BenchMark AutoStainer, Ventana Medical Systems, Tucson, AZ, USA), with Universal
323 DAB Detection Kit detection systems. 5 μ m paraffin-embedded tumor sections were stained with
324 CD31 and PAS to quantify CD31+vessels and vasculogenic mimicry expressed as CD31-
325 /PAS+vessels. Masson's trichrome staining was also used. Ten sections/tumors were analyzed using
326 ImageJ software and the results were expressed as number of CD31+/PAS+/fields \pm SD. Moreover,
327 tumor sections were analyzed using the ApopTag®Plus Peroxidase In Situ Apoptotic Detection kit
328 (Millipore, #S7101). Immunohistochemistry for the detection of Vimentin, TWIST1 and β -catenin
329 was performed using a monoclonal anti-Vimentin antibody (Sigma #V5255), a polyclonal anti-
330 TWIST1 antibody (Abcam #ab49254) and a polyclonal anti- β -catenin antibody (Abcam #ab16051).
331 Quantifications of Vimentin and TWIST1 positive area were performed using Fiji software [60]. The
332 analysis of β -catenin positive cells was performed by two independent pathologists and expressed as
333 Quick score (Q) [61]. MDA-MB-231 cells were detected in livers and lungs by immunofluorescence
334 using anti-HLA I (Santa Cruz Biotechnology, #sc-25619). Details are reported in Supplementary
335 Information.

336 **Cell cultures**

337 The MDA-MB-231, MDA-MB-453 and MCF10A cell lines were purchased from ATCC.
338 Human derived TEC were obtained from surgical tumor specimens using anti-CD105 positive
339 selection [62]. Cells were cultured as described previously [11, 62].

340 Primary human umbilical vein endothelial cells (HUVEC), purchased from ATCC and used
341 as controls of non-tumoral endothelial cells, were untreated or treated with IL-3 (10 ng/ml) to obtain
342 EVs (EV ctr and EV IL-3 respectively), as previously described [63].

343 **EV isolation and characterization**

344 In selected experiments, starved TEC were 24h cultured in the presence of 1 µg/ml Human
345 IL-3Rα/CD123 MAb (R&D Systems, #MAB301-100, Clone 32703). Untreated TEC served as
346 controls. For EV isolation, TEC, untreated or pre-treated by blocking IL-3Rα, were cultured for 24h
347 in FBS-free EndoGro medium. The conditioned medium was centrifuged for 30 min at 3,000g to
348 remove cell debris and apoptotic bodies, and then submitted to microfiltration with 0.22 µm filters
349 (MF-Millipore™) to remove larger vesicles. The TEC-EV suspension was then stored at -80°C until
350 further use. In specific experiments, TEC were transfected with antago-miR-24-3p (Ambion, cat
351 #4464085, assay ID MH1073) or scramble siRNA (Ambion, cat #4464077). Details are reported in
352 Supplementary Information.

353 **EV characterization**

354 EVs were analyzed using NTA, electron microscopy and FACS analysis. Moreover, EV flow
355 cytometry analysis was performed using the MACSPlex Exosome Kit (human, Miltenyi Biotec),
356 following the manufacturer's protocol [64]. The CD63 exosomal marker was also analyzed by
357 western blot. Details are reported in Supplementary Information.

358 **Cell counting, apoptosis, scratch test, SPRY2 silencing**

359 Apoptosis assay: cells seeded in 6-well plates were 24h stimulated with different types of
360 TEC-EVs (nEVs, anti-IL-3R-EVs, scramble EVs, antago-miR-24-3p-EVs) (2×10^8 EVs/ml) in FBS-

361 free DMEM. The effective dose was selected with reference to the preliminary results obtained using
362 different EV concentrations (data not shown). Treated and untreated cells were analyzed using
363 Muse® Annexin V & Dead Cell Kit (Millipore, #MCH100105). Cell proliferation was assayed by
364 direct cell count by two different operators. Scratch assay: cells seeded in 24-well plates and grown
365 until confluence in DMEM 10% FBS were stimulated with TEC-EVs (as above) in DMEM FBS-free
366 medium and analyzed 24h later. Results were expressed as mean distance (0-24h) \pm SD. In selected
367 experiments SPRY2 was silenced in MDA-MB-231 cells by transfecting siRNA scramble (Qiagen,
368 Cat No 1027310) or siRNA for SPRY2 (Qiagen, Cat No SI00081788) using HiPerFect Transfection
369 Reagent (Qiagen, Cat No 301704) (Supplementary Information).

370 **Sphere formation assay**

371 To test the ability of MDA-MB-231 cells to grow in non-adhesive conditions as floating
372 spheres, cells were plated in 6-well non-adherent plates, at a concentration 50×10^3 /well, in 2 ml of
373 sphere formation medium in the presence of nEVs or anti-IL-3R-EVs (1×10^8 EVs/ml). Data are
374 expressed as number of sphere/sample \pm SD (Supplementary Information).

375 **Tumor growth and model of metastasis formation *in vivo***

376 Animal studies were conducted in accordance with the Italian National Institute of Health
377 Guide for the Care and Use of Laboratory Animals (protocol no: 944/2015-PR). Mice were housed
378 according to the guidelines of the Federation of European Laboratory Animal Science Association
379 and the Ethical Committee of the University of Turin. The investigators (at least 2) were blinded
380 when assessing the outcome. Tumors were obtained by injecting MDA-MB-231 cells in Matrigel into
381 the mammary fat pad of SCID mice (8 weeks/females) (4 mice/group) (1×10^6 cells per injection).
382 After 3 weeks, when tumors became palpable, animals were treated with saline, nEVs or anti-IL-3R-
383 EVs (1×10^{10} EV/tumor) twice a week for 3 additional weeks (Fig. 3A). At day 45, tumors were
384 embedded in paraffin (n= 4/each condition). To evaluate metastasis formation after intravenous tumor
385 injection, EVs (1×10^{10} EV/injection) were intravenously injected for 5 days into SCID mice (Fig.

386 5A). On day 5, 0.6×10^6 MDA-MB-231 cells were injected intravenously. The mice were sacrificed
387 after 5 weeks and lungs analyzed. Lung metastases were counted using ImageJ in 5 non-sequential
388 sections. Results were expressed as mean \pm SD of metastasis per lung (n=4/each condition) [56]. Lung
389 vessels with red blood cells inside were quantified in lung sections stained with Masson's trichrome
390 and expressed as number of vessels/field \pm SD. Details are reported in Supplementary Information.

391 **Real-time PCR**

392 Real-time PCR was performed to detect miR-24-3p, SPRY2 and TWIST1 in TEC-EVs and
393 MDA-MB-231 cells as indicated. Total RNA from TEC-EV samples and MDA-MB-231 cells was
394 extracted using the RNAeasy kit (Qiagen). RNA was reverse transcribed using miScript II RT Kit
395 (Qiagen).

396 **Western blot**

397 Western blot was performed as previously described [31] and reported in Supplementary
398 Information.

399 **miR-24-3p target validation**

400 Ingenuity pathway analysis (IPA) was used to predict the target genes for miR-24-3p. The
401 miR Target Filter tool was set up on IPA (Qiagen:
402 <http://www.qiagenbioinformatics.com/products/ingenuity-pathway-analysis/>) to associate
403 miR-24-3p with predicted mRNA targets. miR-24-3p target expression (HNF1B, TAZ, PARP1,
404 HNF1A, SPRY2, MYC, YAP, NET1 and NDST1) was evaluated by RT-PCR using actin- β as the
405 housekeeping transcript. Primer sequences and details are in Supplementary Table S2

406 **Statistical analysis**

407 All data are reported as mean \pm SD. Comparison between two groups were carried out by *t*
408 test. Our data passed normality and equal variance tests. Comparisons among ≥ 3 were performed by

409 one way ANOVA followed by Tukey's multiple comparison test. The cut-off for statistical
410 significance was set at $p < 0.05$. All *in vitro* or *in vivo* results are representative of at least 3
411 independent experiments. All statistical analyses were carried out on Graph Pad Prism version 5.04
412 (Graph Pad Software, Inc, USA).

413

414

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421

422 **Competing interests**

423 GC is a component of the Scientific Advisory Board of UNICYTE

424 The other Authors declare no conflict of interest

425

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569 **LEGENDS TO FIGURES**

570 **Fig. 1. IL-3R α immunoreactivity on human TNBC samples.** Representative tissue micro-arrays
571 obtained from human TNBC samples stained with anti-IL-3R α antibody (n=27). **a** Positive and
572 negative expression of anti-IL-3R α in neoplastic cells (ductal and lobular TNBC samples as
573 indicated). Original magnification 40X, scale bar: 200 μ m. **b** Focal and moderate IL-3R α
574 immunoreactivity of stromal inflammatory and endothelial cells indicated by arrows. Original
575 magnification 100X and 150X, scale bar: 100 μ m and 75 μ m respectively.

576 **Fig. 2. *In vitro* effects of anti-IL-3R-EVs on MDA-MB-231 cells.** **a** Cells were stimulated for 48h
577 with nEVs or anti-IL-3R-EVs (data are expressed as mean \pm SD) (n=6). **b** To evaluate the apoptotic
578 rate cells were stimulated with nEVs and anti-IL-3R-EVs for 24h (data are expressed as percentage
579 of apoptotic cells \pm SD) (n=6). **c** Migration assay. Data are expressed as distance \pm SD of cells
580 stimulated with nEVs and anti-IL-3R-EVs (n=6). **d** Representative western blot and quantification of
581 E-cadherin and N-cadherin expression in MDA-MB-231 cells untreated (CONTROL) or treated with
582 TEC-EVs (nEVs or anti-IL-3R-EVs). Data are expressed as the mean \pm SD normalized to GAPDH
583 (n=3). **e** Representative micrographs and histogram reporting data of sphere formed by MDA-MB-
584 231 cells stimulated with nEVs and anti-IL-3R-EVs (Original magnification 40X). **f-h** Cell number
585 (**f**), apoptosis (**g**) and migration (**h**) of MDA-MB-231 cells after stimulation with EVs derived from
586 normal endothelial cells (HUVEC) untreated (EV ctr) or treated with IL-3(EV IL-3) for 48h (**f**), 24h
587 (**g**) and 24h (**h**) (n=6).

588 **Fig. 3. Effects of nEV and anti-IL-3R-EV treatment on MDA-MB-231-derived *in vivo* tumors.**
589 **a** Schematic representation of the experimental design to test TEC-EVs (nEVs and anti-IL-3R-EVs)
590 on MDA-MB-231-derived tumors. **b** Representative images of tumors untreated (CONTROL) or
591 treated with TEC-EVs (nEVs and anti-IL-3R-EVs) (n=4). **c** Representative images of tumors
592 untreated (CONTROL) or treated with TEC-EVs (nEVs and anti-IL-3R-EVs) stained with anti-CD31
593 antibody and PAS. Vessels within MDA-MB-231 tumors were expressed as number of CD31+/PAS+

594 per field \pm SD (n=4). Original magnification 400X, scale bar: 25 μ m. **d** Representative micrographs
595 showing apoptosis within tumors stained using the TUNEL assay. Quantification of tumor apoptosis
596 expressed as number of apoptotic cells/field (n=4). Original magnification 400X, scale bar: 25 μ m. **e**
597 Representative immunohistochemical images of β -catenin positive staining of MDA-MB-231-
598 derived tumors of animals that had been left untreated (CONTROL) or treated with TEC-EVs (nEVs
599 and anti-IL-3R-EVs). Quantification of β -catenin positivity was calculated using the Quick score \pm SD
600 (n=4). Original magnification 400X, scale bar: 25 μ m. **f** Representative immunohistochemical images
601 of Vimentin positive staining on MDA-MB-231-derived tumors from animals that had been left
602 untreated (CONTROL) or treated with TEC-EVs (nEVs and anti-IL-3R-EVs). Quantification of
603 Vimentin positive area expressed as percentage of Vimentin + area/total area \pm SD (n=4). Original
604 magnification 200X, scale bar: 50 μ m.

605 **Fig. 4. Effect of nEVs and anti-IL-3R-EVs on metastases generated from primary tumors. a**
606 Representative images of liver derived from primary tumors of mice that had been left untreated
607 (CONTROL) or treated with TEC-EVs (nEVs and anti-IL-3R-EVs) (n=4). **b** Representative images
608 of negative (murine liver) and positive (primary tumors) immunofluorescence using an anti-HLA I
609 antibody. Original magnification 100X, scale bar: 100 μ m. **c** Representative immunofluorescence
610 images of liver derived from mice (primary MDA-MB-231 tumors) that had been left untreated
611 (CONTROL) or treated with TEC-EVs (nEVs and anti-IL-3R-EVs) and stained with an anti-HLA I
612 antibody. Data are expressed as percentage of HLA I+ cells/total area \pm SD (n=4). Original
613 magnification 200X, scale bar: 50 μ m. **d** Representative immunofluorescence images of lung derived
614 from mice (primary MDA-MB-231 tumors) that had been left untreated (CONTROL) or treated with
615 TEC-EVs (nEVs and anti-IL-3R-EVs) and stained with an anti-HLA I antibody. Data are expressed
616 as percentage of HLA I+ cells/total cells/field \pm SD (n=4). Original magnification 400X, scale bar:
617 25 μ m. **e** Representative immunohistochemical images of TWIST1 positive staining of MDA-MB-
618 231-derived primary tumors from animals that had been left untreated (CONTROL) or treated with

619 TEC-EVs (nEVs and anti-IL-3R-EVs). Quantification of TWIST1 corresponds to the percentage of
620 TWIST1+ area/total area \pm SD (n=4). Original magnification 200X, scale bar: 50 μ m.

621 **Fig. 5. Anti-IL-3R-EV and antago-miR-24-3p-EV priming reduces lung metastasis formation.**

622 **a** Schematic representation of the experimental design to test the effect on metastasis formation of
623 nEVs, anti-IL-3R-EV and antago-miR-24-3p pre-treatment before intravenous injection of tumor
624 cells. **b** Representative hematoxylin and eosin images and quantification of lung metastasis derived
625 from mice that had been left untreated (CONTROL) or treated with TEC-EVs (nEVs and anti-IL-3R-
626 EVs) (n=4). Original magnification 100X, scale bar: 100 μ m. The number of metastases was
627 expressed as number of metastases/lung \pm SD (n=4). **c** Representative hematoxylin and eosin images
628 and quantification of lung metastases derived from mice that had been left untreated (CONTROL) or
629 treated with scrambled EVs and antago-miR-24-3p-EVs (n=4). Original magnification 100X, scale
630 bar: 100 μ m. The number of metastases was expressed as number of metastases/lung \pm SD (n=4). **d**
631 Evaluation of vessel density in lungs derived from mice that had been left untreated (CONTROL) or
632 treated with nEVs and anti-IL-3R-EVs and with scramble EVs and antago-miR-24-3p-EVs. Data are
633 expressed as number of vessel per field \pm SD (n=4).

634 **Fig. 6. miR-24-3p gene network identified using Ingenuity Pathway Analysis (IPA).**

635 **a** IPA predicted target genes for miR-24-3p. Arrowheads represent activating relationships, whereas solid
636 or dotted edges indicate direct and indirect relationships, respectively. **b** qRT-PCR for SPRY2 in
637 unstimulated MDA-MB-231 cells (CONTROL) or upon nEV, anti-IL-3R-EV, scramble EV and
638 antago-miRNA-24-3p-EV treatment. Related expression of miR-24-3p for each condition is reported.
639 # p<0.05 anti-IL-3R-EVs vs nEVs; §p<0.05 antago-miR-24-3p-EVs vs scramble EVs; *p<0.05 anti-
640 IL-3R-EVs vs nEVs, and antago-miR-24-3p-EVs vs scramble. **c** The apoptotic rate was evaluated
641 after 24h treatment of MDA-MB-231 cells un-transfected or transfected with scramble or SPRY2
642 siRNA. Saline or TEC-EVs (nEVs, anti-IL-3R-EVs, scramble EVs and antago-miR-24-3p-EVs) were
643 used. Data are expressed as percentage of apoptotic cells \pm SD (n=6). ***p<0.005: antago-miR-24-

644 3p-EVs vs SPRY2 silenced cells + antago-miR-24-3p-EVs; ****p<0.0001: nEVs vs anti-IL-3R-EVs,
645 scramble EVs vs antago-miR-24-3p-EVs, anti-IL-3R-EVs vs SPRY2 silenced cells + anti-IL-3R-
646 EVs.

647