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## MORPHEUS: AN AUTOMATED TOOL FOR UNBIASED AND REPRODUCIBLE CELL MORPHOMETRY

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1 **MORPHEUS: AN AUTOMATED TOOL FOR UNBIASED AND REPRODUCIBLE**  
2 **CELL MORPHOMETRY**

3

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## 22 **ABSTRACT**

23 Here we present MORPHEUS, a new Fiji/ImageJ2 plugin for the automated evaluation of cell  
24 morphometry from images acquired by fluorescence microscopy. MORPHEUS works with sampling  
25 distributions to learn—in an unsupervised manner and by a nonparametric approach—how to  
26 recognize the cells suitable for subsequent analysis. Afterwards, the algorithm performs the  
27 evaluation of the most relevant cell-shape descriptors over the full set of detected cells. Optionally,  
28 also the extraction of nucleus features and a double-scale analysis of orientation can be performed.  
29 The whole algorithm is implemented as a one-click procedure, thus minimizing the user's  
30 intervention. By reducing biases and errors of human origin, MORPHEUS is intended to be a useful  
31 tool to enhance reproducibility in bioimage analysis.

32

## 33 **INTRODUCTION**

34 Cell morphometry can be defined as the quantitative description of cells' shape, which may  
35 not be separated from the inference of important information about their functional state. This  
36 shape–function paradigm aims to correlate cell morphology to biological processes such as  
37 proliferation, differentiation, migration, growth dynamics, adhesion to particular substrates or  
38 transition from physiology to pathology (Lepekhn et al., 2001; Ruffinatti et al., 2013; Yang et al.,  
39 2015; Lyons et al., 2016). Although many shape descriptors have been proposed over the years, no  
40 general rules about their usage currently exist since their suitability depends on the particular  
41 experimental aim (Chen et al., 2012; Lobo et al., 2015). More generally, cell morphometry lacks  
42 standardized protocols for the comparison of studies from independent laboratories. Specifically,  
43 when cells are manually selected, a heavy operator-dependent bias is introduced, impairing  
44 procedure reproducibility (Chen et al., 2016; Van Valen et al., 2016). In addition, since many samples  
45 are needed for reaching a good statistical power, human errors unavoidably arise because of the  
46 repetitiveness of such a time-consuming task.

47 In order to solve most of the aforementioned problems, we developed a new plug-in for Fiji  
48 (ImageJ2) (<https://imagej.net/ImageJ2/>; <https://fiji.sc/>) called MORPHEUS (**M**ultiparametric  
49 **M**orphometric Analysis of **E**ucaryotic cells). It combines within a single structured pipeline the  
50 evaluation of the most relevant cell-shape descriptors, the extraction of nucleus features and an  
51 advanced analysis of orientation. The procedure we propose is highly automated and adaptive since  
52 the full algorithm is indeed implemented in a one-click and user-friendly fashion. MORPHEUS is  
53 freely available for download at <https://sourceforge.net/projects/morpheus-for-fiji/>, together with  
54 the same sets of test images used in Supplementary Materials for experimental validation (see  
55 below).

56

## 57 **METHODS**

### 58 **Sample Preparation**

59 The following recommendations are made in order to generate MORPHEUS-compliant  
60 images.

- 61 1. Cells stained for some cytoplasmic element (e.g. phalloidin for cytoskeleton) need to  
62 be acquired by fluorescence microscopy. Cells stained for nuclei (e.g. through 4',6-  
63 diamidino-2-phenylindole aka DAPI) are optional but not sufficient alone.
- 64 2. Images should be of good quality. If the Signal-to-Noise Ratio (SNR) is too low (i.e.  
65 less than 10), the segmentation process will possibly fail (see Section 1.2 in  
66 Supplementary Materials for an operational definition of SNR).
- 67 3. Both 8 and 16-bit gray scale images can be used, but MORPHEUS segmentation  
68 procedure always assumes light objects (fluorescence signal) on dark background.  
69 Different color lookup tables (LUTs) are not suitable for MORPHEUS.
- 70 4. Moderate and homogeneous plating densities are required. In particular, they ought  
71 to be low enough to provide a majority of isolated cells compared to cell clusters. It

72 is warmly suggested to ensure even distribution of adherent cells by repetitive  
73 pipetting.

74 5. Since all cell clusters are automatically excluded by the pipeline, images are not to  
75 contain many pronounced cell elongations leading to cell-cell contacts (i.e. neuron  
76 networks analysis or quantitative assays of dendritic branching and arborization).  
77 Other platforms are specifically tailored for this aim (Ventimiglia et al., 1995; Wu et  
78 al., 2004).

79 6. The number of cells per field should be large enough to produce low-skewness  
80 sampling distributions for the statistics of interest (see below), otherwise MORPHEUS  
81 will undergo an inaccurate learning step. Hence, the use of high magnification  
82 objectives, leading to less than 10-15 cells per field, is discouraged.

83 The above limits are not expected to prevent the use of MORPHEUS in a great variety of  
84 morphometric analysis contexts.

## 85 **Algorithm Flow**

### 86 *Preliminary Steps*

87 MORPHEUS can be easily integrated into Fiji *Plugins* menu by copying *Morpheus\_ijm* file into  
88 the appropriate directory. When launched, a dialog window allows the user to set few basic  
89 parameters (Figure 1a), among which an anti-spot noise threshold  $\epsilon$  and a tolerance value  $T$  (the  
90 larger  $T$ , the more inclusive the cell selection will be). After pressing OK button, no further  
91 intervention is required by the user. As a preliminary task, MORPHEUS scans the input folder  
92 searching for the images to be analyzed and then it performs a segmentation in five steps: contrast  
93 enhancement, background subtraction, smoothing, thresholding and binarization (Figure 1b).  
94 Please refer to Supplementary Materials for more details about the segmentation algorithm and the  
95 other options of the starting dialog window.

96 *Unsupervised Learning Step*

97           As Fiji *Analyze Particles* function selects the objects to be measured primarily on the basis of  
98 their area ( $A$ ) and their circularity ( $C$ ), a suitable range for these two parameters can be defined to  
99 discriminate the objects of interest (i.e. the isolated cells) from the other entities detected by the  
100 segmentation (i.e. small debris and big cell-clusters). MORPHEUS fulfils this task by analyzing the  
101 distributions of the two random variables  $A$  and  $C$  over the entire population and learning from the  
102 dataset the interval within which most of the isolated cells are likely to fall.

103           Even under controlled plating conditions, the overall distribution of  $A$  is not easily  
104 predictable from a theoretical point of view. This is due both to the intrinsic biological variability  
105 among cells and, as already mentioned, to the presence of different subpopulations of *objects*  
106 within the same cell culture: spot noise, cellular and extracellular-matrix debris (corresponding to  
107 the high frequencies near the origin of the histogram of areas), isolated cells (the central body of  
108 the distribution) and cell clusters of two or more cells (the heavy right tail of the distribution; Figure  
109 1d).

110           First, spot noise is removed by imposing a threshold  $\epsilon$  at the beginning of the algorithm (a  
111 justification for the default value  $\epsilon=200$  pixel<sup>2</sup> is provided in Supplementary Materials), then *Analyze*  
112 *Particles* function evaluates  $A$  and  $C$  for all the segmented objects that are larger than  $\epsilon$  (Figure 1c).  
113 To cope with presence of sparse cell clusters, central tendency for  $A$  should be measured by an  
114 estimator robust to outliers—the median being the simplest one—that can be thought to be more  
115 representative of the single cell than the cell clusters (Figure 1d). Clearly, this is true only under the  
116 initial hypothesis of low-density plating (point 4 of *Sample Preparation* section), meaning that the  
117 majority of cells are indeed isolated cells. After the computation of the object median area  $M_{A,i}$  for  
118 each sample image ( $i = 1, 2, \dots, m$ ), the sampling distribution of the sample medians can be drawn  
119 (Figure 1e). This distribution, albeit not normal, is generally far less skewed than that of the starting

120 population, provided the sample size is large enough (i.e. at least 10—25 objects per image,  
121 depending on the dispersion of the overall population, as detailed in *Statistical Validation* section  
122 of the Supplementary Materials). By explicitly drawing such a sampling distribution from the  
123 experimental data, both the mean and the dispersion of the random variable  $M_A$  can be evaluated  
124 in a direct way, thus providing a reliable estimate of the population median area together with its  
125 accuracy or standard error (SE). This procedure leads to the definition of a ‘characteristic’ or ‘typical’  
126 single cell area ( $\bar{M}_A$ ) and its uncertainty ( $SE_{\bar{M}}$ ). Starting from these assumptions,

$$127 \quad A_{high} = 2 \cdot (\bar{M}_A + T \cdot SE_{\bar{M}})$$

128 is a conservative estimate for the predicted typical size of a two-cell cluster. In other words, if an  
129 object has  $A > A_{high}$ , it can be legitimately suspected to be a complex of two (or more) cells.  
130 According to a log-symmetric criterion, the lower bound can be defined as

$$131 \quad A_{low} = \frac{1}{2} \cdot (\bar{M}_A - T \cdot SE_{\bar{M}})$$

132 and all the objects below this limit will be discarded as cell debris (or residual spot noise). Depending  
133 on the tolerance value  $T$  selected from the main window of MORPHEUS, the width of  $[A_{low}, A_{high}]$   
134 range can be changed, allowing for a more permissive ( $T \rightarrow 6$ ) or more strict ( $T \rightarrow 1$ ) approach to  
135 cell selection.

136 As for the area, also the circularity generally exhibits a complex distribution, possibly made  
137 of several subpopulations, since cell clusters can originate very low  $C$  values, while debris and spot  
138 noise typically have  $C$  values very close to 1. Even in this case, MORPHEUS’ approach is based on  
139 sampling distributions, albeit with some important difference compared to area determination. The  
140 multiplicative factor 2, used to predict the expected size of a two-cell cluster, is clearly meaningless  
141 when dealing with circularity and there are no other obvious multiplicative factors able to predict  
142 the value of  $C$  for those objects differing from an isolated cell. For this reason, a more conservative  
143 approach is adopted, the only aim being that of trimming the outliers. By evaluating circularity

144 extreme values for each of the  $m$  sample images, MORPHEUS can draw the two sampling  
145 distributions of sample minimum ( $\min_C$ ) and sample maximum ( $\max_C$ ). Again, these two  
146 distributions can be conveniently described by their mean ( $\overline{\min}_C, \overline{\max}_C$ ) and related SEs. Finally, by  
147 tuning the  $T$  parameter, it can be set the range of circularity values to which single cells are actually  
148 supposed to belong, namely:

$$149 \quad C_{low} = \overline{\min}_C + (\tau - T) \cdot SE_{\overline{\min}},$$

$$150 \quad C_{high} = \overline{\max}_C - (\tau - T) \cdot SE_{\overline{\max}},$$

151 Where the constant  $\tau = 6$  corresponds to the highest confidence level the user can choose for  
152 parameter estimation in the current implementation of MORPHEUS (see details in Section 1.1 of the  
153 Supplementary Materials).

154 Once esteemed,  $[A_{low}, A_{high}]$  and  $[C_{low}, C_{high}]$  intervals are fed as constraints to *Analyze*  
155 *Particles* for a second run of the function over the whole dataset (Figure 1f). In other words, they  
156 are used to define a sort of bivariate confidence interval for the area and the circularity of the *true*  
157 isolated cell, but with no reference to any underlying distribution parameter. MORPHEUS represents  
158 indeed a completely nonparametric approach to cell morphometry, since no normality assumption  
159 is made for any of the distributions considered. Importantly, the anti-spot threshold value  $\epsilon$  and the  
160 tolerance discrete level  $T$  are the only two parameters the user has to choose, thus maximally  
161 reducing the arbitrariness of the procedure and all the ensuing possible biases. In particular, the  
162 effects produced by different choices of the tolerance level have been examined and reported in  
163 Table SM3 of Supplementary Materials (*Experimental Validation – Tolerance Effect* section).

#### 164 *Morphometry and Orientation Analysis*

165 Using the  $(A, C)$ -bivariate confidence interval as a filter, MORPHEUS can recognize isolated  
166 cells in each sample image (Figure 1g). Here the algorithm forks (Figure 1h): the first branch—always



167 performed—is dedicated to cell morphometry, while the second one—optional—is devoted to  
168 orientation analysis. For the morphometric task, the idea is to use a wide descriptor spectrum to  
169 capture as many features as possible, preferring to reduce the dimensionality of the problem during  
170 the follow-up analysis rather than to choose a particular descriptor ‘a priori’ (see Figure 1i-j and  
171 *Experimental Validation – Morphometry* section in Supplementary Materials). In particular, 12  
172 different shape descriptors are evaluated for each detected cell, encompassing all those indexes  
173 natively provided by Fiji/ImageJ through the *Set Measurements* function (i.e. area, perimeter, best  
174 fitting ellipse (BFE) major axis, BFE minor axis, BFE aspect ratio, BFE angle, circularity, roundness,  
175 solidity, Feret’s diameter, Feret’s angle, and minimum caliper diameter, as detailed in Section 1.3 of  
176 the Supplementary Materials).

177 For the second task, MORPHEUS leans on OrientationJ, a well-established Fiji/ImageJ plugin  
178 for orientation and isotropy characterization (Rezakhaniha et al., 2012; Püspöki et al., 2016).  
179 MORPHEUS checks for OrientationJ (version  $\geq 2.0.2$ ) and, if present, *OrientationJ Distribution*  
180 function is called for an automated directional analysis of the whole dataset over two distinct scales:  
181 cytoskeleton and whole-cell (Figure 1k). The analysis is performed locally by means of a sliding  
182 Gaussian window with an arbitrary radius  $\sigma$  that is meant to be as close as possible to the structure  
183 of interest, namely  $\sigma = 1$  pixel for fine structure (cytoskeleton) analysis and

184 
$$\sigma = \sqrt{\frac{\overline{M_A}}{\pi}},$$

185 for the whole-cell level, taking advantage of the ‘typical cell area’ as estimated in the initial learning  
186 step. For both the levels of analysis, MORPHEUS returns different outputs of both qualitative and  
187 quantitative nature. In particular, two colormaps are saved carrying the directional information  
188 according to a Hue-Saturation-Brightness (HSB) color model, where hue encodes for the local  
189 dominant orientation, saturation encodes for the coherency and brightness is based on the gray

190 levels of the input image (Figure 1l). In addition, a set of coherency-weighted orientation histograms  
191 are collected and then assembled into a single heatmap (Figure 1m).

### 192 *MORPHEUS Log*

193 With the aim of being as compliant as possible with the reproducibility standards in  
194 bioinformatics (see e.g. Sandve et al., 2013), MORPHEUS prints an onscreen log at runtime and saves  
195 a copy of it in the output directory. Both the onscreen log and log file contain all the information  
196 needed to reproduce that particular analysis at a later time (see Supplementary Materials for  
197 details).

198

## 199 **RESULTS**

200 To have a thorough experimental validation of MORPHEUS, the interested reader can refer  
201 to the *Experimental Validation* section of the Supplementary Materials, in which a detailed analysis  
202 of a prototypical MORPHEUS output is presented applying the algorithm to four different original  
203 datasets of fluorescent cell samples.

204

## 205 **DISCUSSION**

206 Replication of experimental results at all scales of biological sciences is a pillar of scientific  
207 method. However, the *crisis of reproducibility* or *replication crisis* has been largely debated on both  
208 generalist and more specialized journals in the last years (Aleksandra et al., 2018; An, 2018; Baker,  
209 2016; Begley & Ellis, 2012; Coiera et al., 2018; Fanelli, 2018; França & Monserrat, 2018; Samsa &  
210 Samsa, 2019; Sandve et al., 2013). Different and variable factors contribute for this deep limitation  
211 in modern wet biology as well as bioinformatics fields: among them, low statistical power, poor  
212 analytic approaches and a lack of standardization in experimental protocols are unfortunately quite  
213 usual in preclinical and clinical research papers.

214 According to such an increasing requirement for quality assessment and robustness,  
215 MORPHEUS is a promising proposal for the standardization of cell morphometric analysis.  
216 Importantly, the automation descending from the adaptive nature of the algorithm eliminates the  
217 user-bias factor and translates into a reproducibility-oriented approach to cell morphometry. This  
218 is intended to avoid all those human errors typically arising from a repetitive and time-consuming  
219 task, as well as the systematic bias and arbitrariness introduced by the experimenter whenever a  
220 threshold needs to be chosen or several objects are to be recognized by sight. A general outcome  
221 of the algorithm presented in this paper lies in the intriguing inversion of the usual time spent by  
222 the operator to obtain the final results. Indeed, in the canonical ‘manual’ approach most of the time  
223 is dedicated to the morphometric analysis of any single frame, leading to a significant limitation in  
224 the number of processed images. Otherwise, since MORPHEUS dramatically speeds up the analysis  
225 (virtually instant output), the operator will hopefully devote most of the experimental effort in  
226 image acquisition, thus increasing the quality and the statistical power of the work.

227

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275

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278 **Author contribution:** FAR designed Morpheus protocol and wrote the manuscript. TG performed  
279 the experiments. FM wrote the manuscript. LM designed the protocol and wrote the manuscript.

280 **Data Availability Statement:** MORPHEUS is freely available for download at

281 <https://sourceforge.net/projects/morpheus-for-fiji/>, together with the same sets of test images  
282 used in Supplementary Materials for validation.

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