

# Neuron-Derived Neurotrophic Factor Is Mutated in Congenital Hypogonadotropic Hypogonadism

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Congenital hypogonadotropic hypogonadism (CHH) is a rare genetic disorder characterized by infertility and the absence of puberty. Defects in GnRH neuron migration or altered GnRH secretion and/or action lead to a severe gonadotropin-releasing hormone (GnRH) deficiency. Given the close developmental association of GnRH neurons with the olfactory primary axons, CHH is often associated with anosmia or hyposmia, in which case it is defined as Kallmann syndrome (KS). The genetics of CHH are heterogeneous, and >40 genes are involved either alone or in combination. Several CHH-related genes controlling GnRH ontogeny encode proteins containing fibronectin-3 (FN3) domains, which are important for brain and neural development. Therefore, we hypothesized that defects in other FN3-superfamily genes would underlie CHH. Next-generation sequencing was performed for 240 CHH unrelated probands and filtered for rare, protein-truncating variants (PTVs) in FN3-superfamily genes. Compared to gnomAD controls the CHH cohort was statistically enriched for PTVs in neuron-derived neurotrophic factor (*NDNF*) ( $p = 1.40 \times 10^{-6}$ ). Three heterozygous PTVs (p.Lys62\*, p.Tyr128Thrfs\*55, and p.Trp469\*, all absent from the gnomAD database) and an additional heterozygous missense mutation (p.Thr201Ser) were found in four KS probands. Notably, *NDNF* is expressed along the GnRH neuron migratory route in both mouse embryos and human fetuses and enhances GnRH neuron migration. Further, knock down of the zebrafish ortholog of *NDNF* resulted in altered GnRH migration. Finally, mice lacking *Ndnf* showed delayed GnRH neuron migration and altered olfactory axonal projections to the olfactory bulb; both results are consistent with a role of *NDNF* in GnRH neuron development. Altogether, our results highlight *NDNF* as a gene involved in the GnRH neuron migration implicated in KS.

## Introduction

Congenital hypogonadotropic hypogonadism (CHH [MIM: 146110, MIM: 147950, MIM: 228300, MIM: 229070, MIM: 244200, MIM: 308700, MIM: 610628, MIM: 612370, MIM: 612702, MIM: 614837, MIM: 614838, MIM: 614839, MIM: 614840, MIM: 614841, MIM: 614842, MIM: 614858, MIM: 614880, MIM: 614897, MIM: 615266, MIM: 615267, MIM: 615269, MIM: 615270, MIM: 615271, and MIM: 616030]) is characterized by infertility and the absence of puberty. It is a rare genetic disorder caused by absent secretion or action of gonadotropin-releasing hormone (GnRH) and is often associated with non-reproductive phenotypes. The most commonly associated phenotype is anosmia, which when combined with CHH is defined as Kallmann syndrome (KS [MIM: 308700, MIM: 614897, and MIM: 613301]). However, synkinesia, unilateral renal agenesis, sensorineural deafness, cleft palate, and other phenotypes are also observed.<sup>1,2</sup>

The genetics of CHH are complex, and mutations are described in more than 40<sup>1,2</sup> genes. Variable expressivity both within and between families, as well as incomplete penetrance, is often present.<sup>1,2</sup> Although first described as a Mendelian disorder, both monogenic and oligogenic inheritance (i.e., mutations in more than one gene) occur in CHH.<sup>1-3</sup> However, in approximately 50% of affected individuals, no mutations could be identified in the known CHH genes.<sup>3</sup>

To date, the genes implicated in CHH impact GnRH neuron fate, GnRH neuron migration and/or axon projection, GnRH neuron homeostasis, and/or gonadotrope defects. Notably, a unique feature of GnRH neurons is that they originate in the olfactory placode during embryonic development and migrate along the terminal nerve to reach their final destination in the hypothalamus.<sup>4-6</sup> This complex migratory process is orchestrated by an intricate network of genes controlling cell signaling, adhesion, motility, and neurite and axonal elongation.

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*ANOS1* (formerly known as *KALI* [MIM: 300836]) was the first gene implicated in KS.<sup>7,8</sup> *ANOS1* encodes anosmin-1, which belongs to the fibronectin-3 (FN3) superfamily. Members of this family also include extracellular-matrix molecules and cell-surface hormone and cytokine receptors,<sup>9</sup> and the evolutionarily conserved FN3 domain is typically involved in protein-protein interactions related to cell adhesion, migration, and embryonic development.<sup>10</sup> Notably, mutations in several additional genes within this family have been associated with CHH; such genes include *AXL* [MIM: 109135], *FLRT3* [MIM: 604808], *LEPR* [MIM: 601007], and most recently, *DCC* [MIM: 120470].<sup>2</sup> Thus, we hypothesized that other proteins containing FN3 domains would also be involved in GnRH neuron ontogeny and contribute to the pathogenesis of CHH. Through a gene-based burden analysis of FN3-superfamily genes, we identified *NDNF*—a neurotrophic factor involved in neuron survival, migration, and neurite outgrowth<sup>11</sup>—as a locus for CHH.

## Subjects and Methods

### Subjects

A total of 240 unrelated CHH probands (140 KS and 100 normosmic CHH [nCHH], 179 males and 61 females) were included in the study. 222 individuals were from the Centre Hospitalier Universitaire Vaudois, and 85% were of European descent. The remaining 18 were from the Helsinki University Hospital and were of Finnish origin (See [Supplemental Material and Methods](#)). Diagnoses of nCHH and KS were made as previously described,<sup>1,12,13</sup> and family members were recruited when possible. All subjects provided written informed consent, and the study was approved by the institutional ethics committee at the University of Lausanne and the Helsinki University Central Hospital.

### DNA Sequencing and Bioinformatic Analyses

Genomic DNA was extracted from peripheral blood (or saliva) through the use of commercially available QIAGEN kits according to the manufacturer's protocol. Whole-exome sequencing (WES), alignment, and variant calling were performed as previously described.<sup>14,15</sup> All variants were then annotated with minor-allele frequencies (MAFs) from gnomAD (see [Supplemental Material and Methods](#) for details). Protein-truncating variants (PTVs; defined as stop gain, frameshift, and acceptor-donor splice sites  $\pm$  2 bp from the exon) with MAF  $\leq$  0.1% were identified in the 204 FN3-superfamily genes obtained from the Interpro database (IPR003961, see [Table S1](#)). A gene-based burden analysis for the FN3-superfamily genes was performed with a two-tailed Fisher's exact test in CHH probands versus controls (gnomAD). To correct for multiple testing, we set a significance threshold at  $p < 2.45 \times 10^{-4}$ . Candidate FN3 genes were then prioritized according to the following criteria: (1) a significant enrichment of mutations in the CHH cohort as assessed with the gene-based burden test<sup>16</sup> and (2) mutations in FN3 candidate genes that are present in individuals for whom the CHH genes do not contain any mutations that would fully explain their phenotype (see [Supplemental Material and Methods](#)). All variants in *NDNF* were confirmed with bi-directional Sanger sequencing.

## Cell-Based Functional Assays

### *NDNF Protein Expression and Cell-Surface Expression*

A double FLAG tag was added to the N terminus of human *NDNF* (GenBank: NM\_024574.3) in the pCDNA3.1 expression plasmid. We used site-directed mutagenesis to introduce the mutations into the construct by using a QuickChange II Site-Directed Mutagenesis Kit (Stratagene) according to the manufacturer's protocol. To assess the impact of the mutants on the expression and secretion of *NDNF*, we performed western-blot and cell-surface expression assays as previously described.<sup>14,17</sup>

### *Reporter Gene Assay*

We used a nuclear factor of activated T cells (NFAT)-luciferase-based reporter bioassay to assess the activity of the wild-type (WT) and mutant *NDNF* in COS7 cells treated with increasing doses of FGF8 (addgene plasmid 10959).<sup>18,19</sup> NFAT is a reporter for the PLC $\gamma$ /Ca<sup>2+</sup> cascade downstream of FGF8/FGFR1 signaling (see [Supplemental Material and Methods](#)).

### *Recombinant NDNF Protein Production*

Full-length untagged 568 amino acid recombinant human *NDNF* protein (Uniprot: Q8TB73) was produced with the QMCF stable episomal expression system after cDNA codon optimization was performed in CHO cells by Icosagen (see [Supplemental Material and Methods](#)).

### *Cell-Culture and Migration Assays*

Transwell experiments were performed with the GN11 cell line as previously reported.<sup>20</sup> In brief, GN11 cells were seeded on the upper side of 8-mm-pore filters in transwell chambers and incubated for 8 h in 10% fetal bovine serum (FBS) DMEM with or without recombinant *NDNF* (10, 100, 200, 500 ng/mL; Icosagen). r*NDNF* was added either to both chambers ( $n = 5$  for each dose) or only in the upper chamber ( $n = 5$  for each dose). GN11 cells that migrated to the lower side of the filter were then fixed in cold 100% methanol for 5 min, and the nuclei were stained with DAPI for subsequent quantitative analysis. Data were compared by one-way ANOVA for multiple comparisons.

We performed three-dimensional matrix migration assays by coculturing aggregates of GN11 cells with aggregates of COS7 cells<sup>21</sup> transfected with plasmids encoding either mutated *NDNF* or WT *NDNF* as a control. We created cell aggregates by resuspending GN11 and COS7 cells in 2  $\mu$ L or 5  $\mu$ L of growth-factor-free Matrigel (BD Biosciences; 10<sup>6</sup> cells/mL), respectively, placing them on a culture dish, and inverting them until the gel had set. The droplets were then covered with a growth-factor-reduced Matrigel coating and kept in culture for 72 h. For analysis, the aggregates were fixed with paraformaldehyde (PFA) 4% for 40 min and stained with Alexa Fluor 594 Phalloidin (Invitrogen) for 30 min at room temperature. Photographs were taken for quantitative analysis with ImageJ. For illustration, photomicrographs have been digitally inverted, and a pseudo-color (purple) has been superimposed so that the cell distribution is highlighted.

## Zebrafish Experiments

### *Animal Model*

We used the *OMP*<sup>2k</sup>;*gap-CFP*<sup>rw034</sup> and *TRPC2*<sup>4.5k</sup>;*gap-Venus*<sup>rw037</sup> transgenic zebrafish strains<sup>22–24</sup> as reporters to visualize, respectively, the OMP+ and the Trpc2+ neurons and their axonal projections of the zebrafish olfactory system during embryonic development, as previously described.<sup>25</sup> We used the *GnRH3::GFP* strain to visualize the zebrafish GnRH3+ neurons.<sup>25,26</sup> A conventional antisense morpholino oligo (MO)-mediated strategy was used for down-modulation of *z-ndnf*.<sup>27,28</sup> This involved two previously validated anti-*z-ndnf* MOs—one targeting the splice junction

between intron 3 and exon 4 and leading to a premature stop codon upstream of the homeodomain and a second that anneals to the ATG start codon and prevents translation.<sup>29</sup> As a control, a sequence previously shown to have no effect was used.<sup>30</sup> Zebrafish embryos were injected at the one-cell stage with 4 ng of control or anti-*z-ndnf* MO, and then the number, morphology, and position relative to the olfactory placode of GFP+ cells in the frontonasal piece were examined at 72 hours post-fertilization (hpf), as previously described.<sup>25,30</sup>

#### Real-Time qPCR Analysis for Coding mRNAs

Relative mRNA levels of *z-OMPα*, *z-OMPβ*, *z-Trpc2*, and *z-HoxA10b* were determined by real-time qPCR in total RNA samples extracted from the heads of *z-ndnf*- or control-MO injected zebrafish embryos, as previously described.<sup>25</sup> The abundance of *z-β actin* mRNAs was used for normalization because doing so was previously shown to be the best method.<sup>31</sup> The Roche UPS online tool was used for primer design (Supplemental Material and Methods), and the  $\Delta\Delta C_t$  formula (ABI software version 2.1, Applied Biosystems) was used for data analysis.<sup>25</sup>

### Expression Studies in Mice

#### Mouse Model

*GnRH-GFP*<sup>32</sup> mice were graciously provided by Dr. Daniel J. Spergel (Section of Endocrinology, Department of Medicine, University of Chicago). Mice were housed under specific pathogen-free conditions in a temperature-controlled room (21°C–22°C) with a 12 h light/dark cycle and *ad libitum* access to food and water. Animal studies were approved by the Institutional Ethics Committees of Care and Use of Experimental Animals of the University of Lille 2. All experiments were performed in accordance with the guidelines for animal use specified by the European Union Council Directive of September 22, 2010 (2010/63/EU).

#### Fluorescence-Activated Cell Sorting and Gene-Expression Analysis

GnRH-GFP neurons were isolated from embryos at embryonic days 14.5 and 18.5 (E14.5 and E18.5) through the use of a previously validated fluorescence-activated cell sorting (FACS) protocol.<sup>33</sup> Reverse transcription and linear pre-amplification were performed, and *Ndnf* expression was measured by qRT-PCR with Taqman expression assays. Data were compared by one-way ANOVA for multiple comparisons and a subsequent Tukey's least-significant-difference post-hoc test. A detailed description is provided in the Supplemental Material and Methods.

### Collection and Processing of Human Fetuses

Tissues were made available in accordance with French bylaws (*Good Practice Concerning the Conservation, Transformation, and Transportation of Human Tissue to Be Used Therapeutically*, published on December 29, 1998). The studies on human fetal tissue were approved by the French agency for biomedical research (Agence de la Biomédecine, Saint-Denis la Plaine, France, protocol n°: PFS16–002). Non-pathological human fetuses (7 and 11 gestational weeks (GW),  $n = 3$ ) were obtained from voluntarily terminated pregnancies after written informed consent was obtained from the parents (Gynaecology Department, Jeanne de Flandre Hospital, Lille, France). Fetuses were fixed by immersion in 4% PFA at 4°C for 5 days. The tissues were then cryoprotected in PBS containing 30% sucrose at 4°C overnight, embedded in Tissue-Tek OCT compound (Sakura Finetek), frozen in dry ice, and stored at –80°C until sectioning. Frozen samples were cut serially at 20  $\mu\text{m}$  with a Leica CM 3050S cryostat (Leica Biosystems Nussloch GmbH) and immunolabeled, as described above and as previously described,<sup>34,35</sup> with the following primary antibodies:

guinea pig anti-GnRH (dilution 1:10000), a kind gift from Erik Hrabovszky (Institute of Experimental Medicine, University of Budapest); monoclonal mouse TUJ1 (Sigma, 1:1000); and rabbit polyclonal NDNF (1:200; Cat: ARP68872\_P050, Aviva Systems Biology).

#### Ndnf Knockout Mice

A *Ndnf* knockout (KO) mouse strain on the C57BL/6N genetic background was obtained from a NorCOMM B6N-derived C2 ES cell line generated by Geoffrey Hicks at the University of Manitoba (NorCOMM design ID N02206). Most of the coding part of *Ndnf* was deleted by homologous recombination. The targeting cassette replaced part of intron 3, the coding sequence of exon 4, and part of the 3' UTR of the gene with an *E. coli* lacZ reporter construct, thus resulting in a non-functional gene product. Microinjections and production of KO mice were carried out at the Biocenter Oulu Transgenic Core Facility. Genotyping of the mice was performed as described in the Supplemental Material and Methods. The mice were housed with a 12 h light/dark cycle and *ad libitum* access to food and water. Both heterozygous and homozygous *Ndnf* KO mice appeared grossly normal and were able to produce viable pups.

All experiments were performed according to the guidelines for animal experiments at the University of Helsinki and under a license from the Finnish Review Board for Animal Experiments.

### iDISCO Whole-Mount Staining

Experiments were performed as previously described<sup>36</sup> and are detailed in Supplemental Material and Methods.

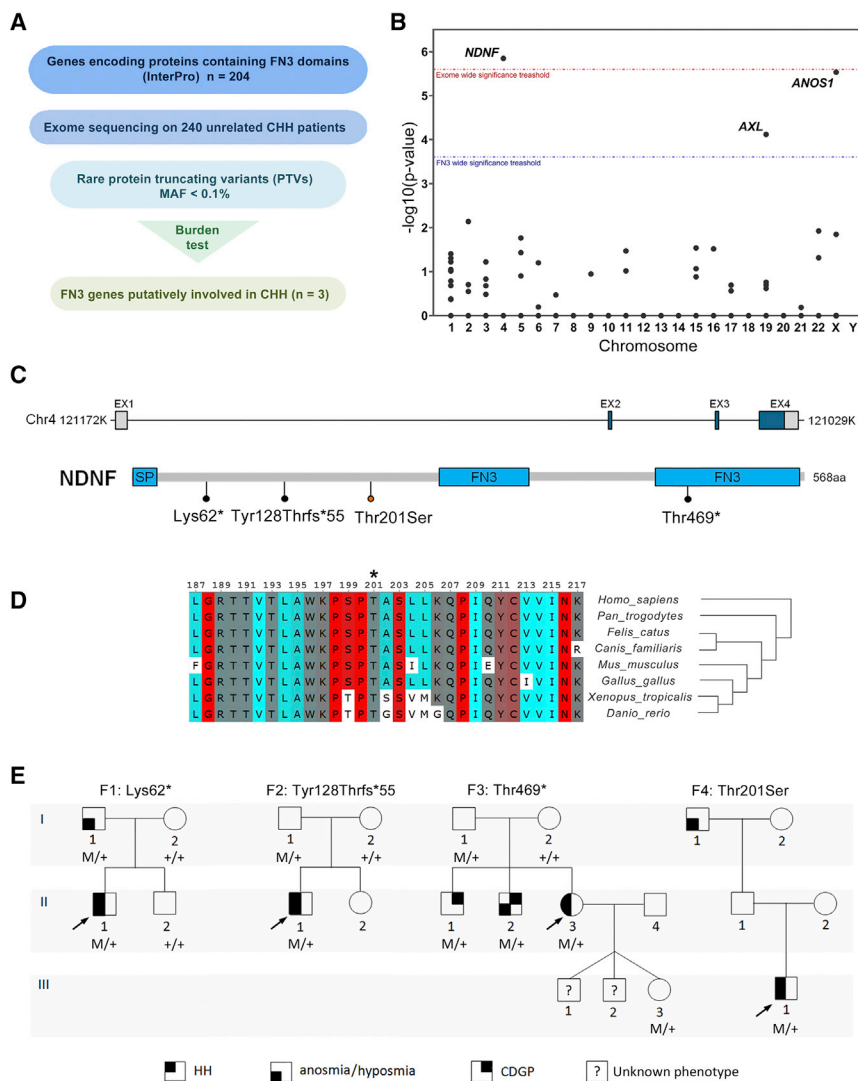
### GnRH Cell Counting

Embryos were harvested at embryonic day 13.5 from *Ndnf* transgenic mice (wild-type,  $n = 5$ ; heterozygous,  $n = 7$ ; and homozygous,  $n = 4$ ). Heads from the embryos were washed thoroughly in cold 0.01 M PBS, preserved in fixative solution (4% PFA, 0.01 M PBS [pH 7.4]) for 6–8 h at 4°C, and immunolabeled for GnRH and peripherin through the use of iDISCO as described above. Primary antibodies used for these experiments were guinea pig anti-GnRH (dilution 1:10000), which was a kind gift from Erik Hrabovszky (Institute of Experimental Medicine, University of Budapest) and rabbit polyclonal anti-peripherin (Millipore, 1:1000). Quantitative analysis of GnRH neuronal number and location was performed over four regions: nose, olfactory bulb, ventral forebrain, and cortex. Both coronal and sagittal views were used for confirming accurate GnRH neuron localization, and counting was performed every 20 planes on the 4 $\times$  zoom tiff series with Fiji and the Cell Counter plug-in.

### Statistical Analysis

Sample sizes for neuroanatomical studies, gene expression, and *in vitro* motility analyses were estimated on the basis of prior experience and similar published studies. For the mouse work, typically, embryos taken from at least two different litters for each group were used.

Quantitative RT-PCR gene-expression data were analyzed with SDS 2.4.1 and Data Assist 3.0.1 software (Applied Biosystems). All other analyses were performed with Prism 5 (GraphPad software). Datasets were assessed for normality (Shapiro-Wilk test) and variance. When appropriate, a one-way ANOVA followed by Bonferroni or Dunnett's post-hoc correction was performed as indicated in the figure legends. Exact  $p$  values and adjusted



**Figure 1. Exome Sequencing Identifies *NDNF* Mutations in KS Patients**

(A) Filtering strategy for identifying novel candidate CHH-related genes.

(B) Manhattan plot of gene-based burden testing for FN3-superfamily genes. The red and blue dotted lines indicate the threshold for statistical significance after correction for multiple testing (red:  $n = 20,000$ ,  $p < 2.5 \times 10^{-6}$ ; blue:  $n = 204$ ,  $p < 2.45 \times 10^{-4}$ ).

(C) Schematic depiction of *NDNF* mRNA and protein; identified mutations are indicated. SP, signal peptide; FN3, fibronectin type 3 domain.

(D) Alignment of partial protein sequences of *NDNF* orthologs shows that the p.Thr201Ser mutation (asterisk) affects evolutionarily conserved amino acid residues across vertebrates (colored highlighting, turn propensity).

(E) Pedigrees of four families harboring *NDNF* mutations. Phenotypes are indicated by hatched symbols as shown in the legend (bottom), and arrows indicate the probands. HH, hypogonadotropic hypogonadism; CDGP, congenital delay of growth and puberty.

*NDNF* PTVs had mutations in the known CHH-affected genes.

### Individuals with KS Harbor *NDNF* Mutations

In addition to the three heterozygous PTVs identified in CHH probands in the burden analysis (GenBank: NM\_024574.3; c.184A>T [p.Lys62\*], c.381del [p.Tyr128Thrfs\*55], c.1406G>A [p.Trp469\*]), we identified

$p$  values are given in the figure legends where possible.  $\alpha$  was set at 0.05 for all experiments except where otherwise specified.

## Results

### Gene-Based Burden Testing Identifies Neuron-Derived Neurotrophic Factor as a Putative CHH-Associated Gene

Given that several CHH-associated genes encode proteins containing FN3 domains, WES data from 240 unselected CHH-affected individuals (143 KS and 97 normosmic CHH) were filtered for rare ( $MAF < 0.1\%$  in gnomAD) PTVs in the 204 FN3-superfamily genes from the Interpro database (Table S1). Next, a gene-based burden analysis comparing the frequency of PTVs in affected individuals to that of individuals in the gnomAD control database was performed. A statistical enrichment for PTVs in CHH-affected probands was demonstrated for three FN3 genes (Figures 1A and 1B), including two known CHH-associated genes (*ANOS1*,  $p = 2.88 \times 10^{-6}$ ; *AXL*,  $p = 7.46 \times 10^{-5}$ ) and one novel gene, *NDNF* [MIM: 616506] ( $p = 1.40 \times 10^{-6}$ ). Notably, none of the probands carrying

one additional heterozygous missense mutation (c.602C>G [p.Thr201Ser]) predicted to be deleterious in 4/6 programs (PolyPhen-2, MutationTaster, LRT, and CADD).

The genetic and clinical information of the probands harboring *NDNF* mutations is summarized in Table 1 and Figure 1E. Notably, all four probands exhibit severe GnRH deficiency and anosmia (related to KS). In addition to prepubertal testes, the male probands had cryptorchidism and micropenis, suggesting an abnormal GnRH activation during mini-puberty.<sup>2</sup> The female proband presented with primary amenorrhea at age 17 (see the Supplemental Information for a description of affected individuals). Furthermore, three of these probands' family members (F1:I,1; F3:II,1; and F3:II,2) also carry *NDNF* mutations and have partial phenotypes (i.e., anosmia or constitutional delay of puberty), suggesting an autosomal-dominant inheritance with variable expressivity (Figure 1E). The presence of asymptomatic carriers (F2:I,1; F3:I,1; and F3:III,3) is consistent with incomplete penetrance.

**Table 1. Phenotype and Genotype of Four Proband with Heterozygous NDNF Mutations**

Subject	Sex	NDNF Mutation	MAF	Diagnosis	Inheritance	Other Phenotypes
F1:II,1	M	p.Lys62*	absent	KS	familial	micropenis cryptorchidism
F2: II,1	M	p.Tyr128Thrfs*55	absent	KS	sporadic	cryptorchidism
F2:II,3	F	p.Trp469*	absent	KS	familial	
F3:III,1	M	p.Thr201Ser	0.10%	KS	familial	micropenis cryptorchidism

Abbreviations are as follows: MAF, minor-allele frequency in gnomAD; KS, congenital hypogonadotropic hypogonadism plus anosmia (Kallmann syndrome); N/A: no DNA available; M, male; F, female.

Overall, NDNF mutations are present in nearly 2% of the CHH cohort (4/240). When only KS probands are considered, the frequency increases to ~3% (4/140).

### Truncating NDNF Mutations Result in Loss of Function *In Vitro*

To evaluate the functionality of NDNF mutants *in vitro*, we assessed COS7 cells that had been transiently transfected with WT and mutant tagged NDNF cDNA for ectopic NDNF protein synthesis and secretion. Western-blot analysis of WT-transfected COS7 cells showed that NDNF protein is detected in both the conditioned medium and in the cell extract (Figures 2A and 2B). A radiolabeled-antibody binding assay showed expression at the cell surface (Figure 2C), suggesting that NDNF has either a direct or an extracellular-matrix-mediated interaction with cell-surface proteins.

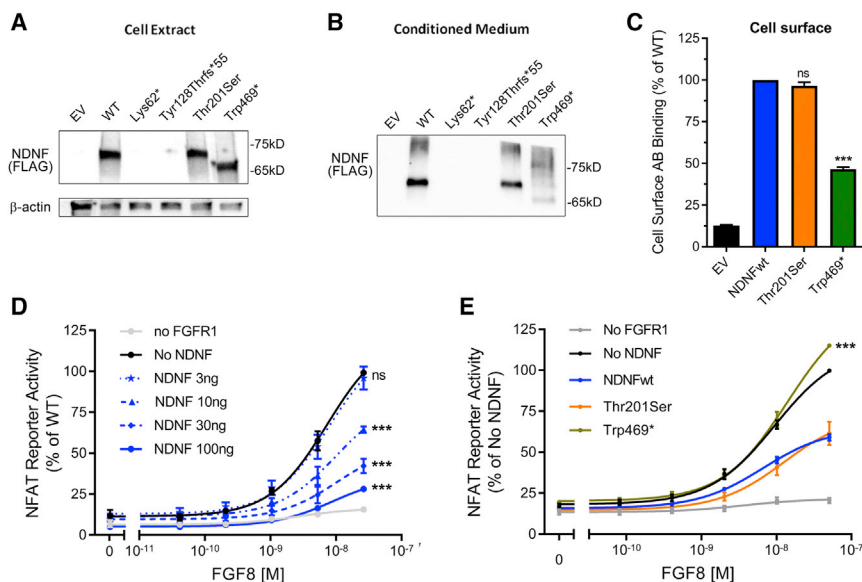
Among the PTVs, the Lys62\* and Tyr128Thrfs\*55 mutants were not detected in whole cell extract or conditioned medium, suggesting disrupted protein synthesis or rapid degradation. In contrast, the Trp469\* mutant is expressed in both the cell extract and conditioned medium but exhibits a reduced expression at the cell surface

(50%). The Thr201Ser mutant displays no overall expression alterations (Figures 2A–2C).

We further examined the effect of WT NDNF on PLCgamma/Ca<sup>2+</sup> pathway activation after FGF8 stimulation. As previously shown, FGF8 stimulation of FGFR1-transfected COS7 cells elicits a dose-dependent activation of the NFAT-luciferase reporter (Figure 2D).<sup>37</sup> Notably, when WT NDNF is co-transfected, the FGF8-induced NFAT reporter activity is inhibited in a dose-dependent fashion (Figure 2D). This assay was then used for evaluating the functionality of the expressed NDNF mutants. Whereas WT NDNF suppressed FGF8 signaling by 30%, the Trp469\* mutant had no effect on FGF8 signaling, consistent with loss of function (Figure 2E). The Thr201Ser mutant and the WT suppressed FGF8 signaling similarly. Taken together, these combined *in vitro* results validate the three truncated mutants as causing a loss of function.

### *z-ndnf* Contributes to GnRH Neuron Migration in Zebrafish

Using a previously validated MO-based strategy,<sup>29</sup> we depleted *z-ndnf* in zebrafish embryos and observed no gross morphological defects. We therefore depleted *z-ndnf*



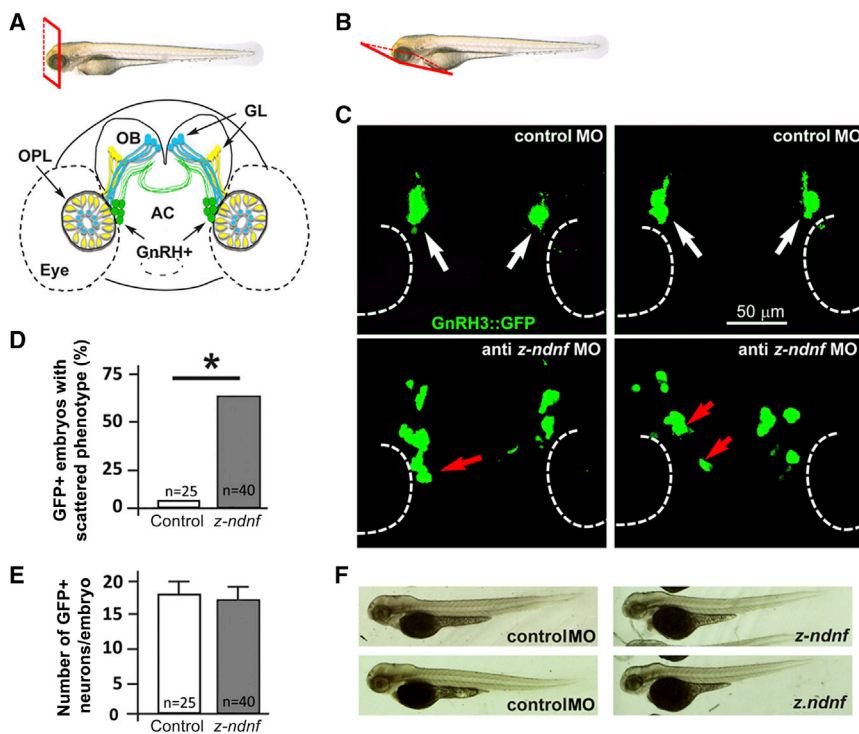
**Figure 2. Truncated NDNF Variants Result in a Loss of Function *In Vitro***

(A and B) Representative experiments showing ectopic expression and secretion of NDNF protein. COS7 cells were transiently transfected with 5 or 100 ng of WT or mutant NDNF and analyzed by western blotting. The Lys62\* and the Tyr128Thrfs\*55 mutants were not detected. Thr201Ser and Trp469\* were expressed at levels similar to those of the WT (means of five independent experiments).

(C) Cell-surface antibody binding of NDNF protein (means of four independent experiments). The expression of the truncated mutant Trp469\* was decreased, whereas Thr201Ser was expressed at levels similar to those of the WT. \*\*\**p* < 0.001; ns, not significant.

(D) NDNF suppresses FGF8 signaling in a dose-dependent manner. COS7 cells were transiently co-transfected with NFAT-luciferase reporter, FGFR1, and increasing doses of WT NDNF and treated with FGF8. \*\*\**p* < 0.001; ns, not significant.

(E) Trp469\* fails to inhibit FGF8 signaling. COS7 cells were transfected as described with 10 ng of WT or mutant NDNF. \*\*\**p* < 0.001; ns, not significant.



**Figure 3. Depletion of *z-ndnf* in Zebrafish Resulted in Altered GnRH Neuron Position**

(A) Schematic depiction showing the frontal view position of GnRH3::GFP+ neurons (green) relative to the olfactory placode (OPL), the olfactory bulb (OB), and the olfactory nerves (yellow and blue). The anterior commissure (AC) is shown at the base of the OB, GL, and glomeruli.

(B) Schematic depiction illustrating the ventral view used for fluorescence imaging.

(C) Micrographs of *GnRH3::GFP* zebrafish embryos at 72 hpf. The upper panels depict embryos injected with a control MO showing no significant alteration (white arrows), and the lower panels show embryos injected with anti-*z-ndnf* MO. The red arrows indicate mis-positioned GFP+ neurons.

(D) Percentage of embryos with “scattered GnRH neuron” phenotype in control versus anti-*z-ndnf* MOs,  $p < 0.05$ .

(E) Number of GFP+ neurons per embryo; there is no significant difference between the two groups.

(F) Whole-mount bright-field micrographs of control and injected embryos; The image shows normal embryonic morphology and size at 72 hpf.

in *GnRH3::GFP* transgenic embryos to specifically examine the number, position, and morphology of GnRH3-GFP+ neurons. Injection of anti-*z-ndnf* MO did not affect GnRH3-GFP+ cell number (average  $16 \pm 1$  per embryo at 72 hpf) or GFP fluorescence intensity (used here as a reporter of GnRH3 promoter). However, it did affect GnRH3-GFP+ neuron positioning along the known migratory route of the terminal nerve (Figure 3). Indeed, GnRH3-GFP+ neurons in embryos treated with control MO form a discrete aggregate between the olfactory placodes and the olfactory bulbs. In contrast, the *z-ndnf* embryos frequently exhibit severely mis-positioned or scattered GnRH3-GFP+ neurons (i.e., > 2 mis-positioned neurons in one half-embryo; 22/40 embryos [54%] in *z-NDNF*-MO versus 1/25 embryos in controls [4%]), consistent with a specific role of NDNF in the migration of GnRH neurons.

#### NDNF Is Expressed along the Migratory Route of Embryonic GnRH Cells in Mice and Humans

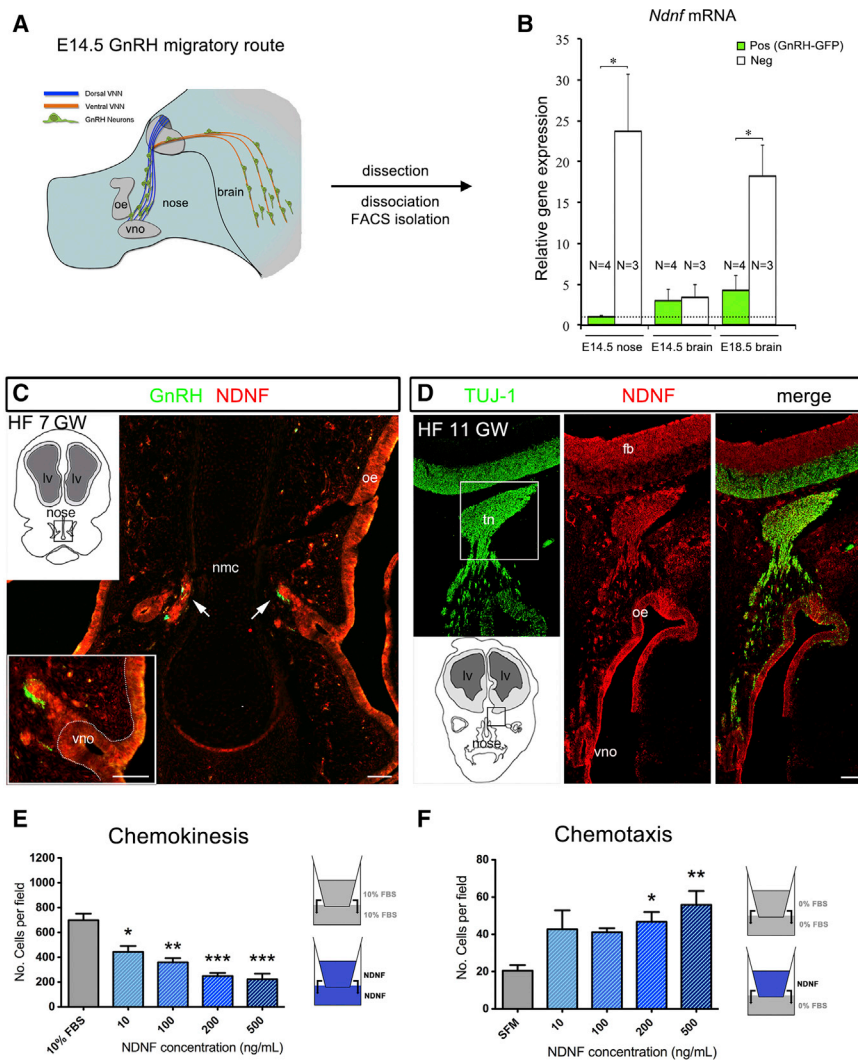
To determine whether *Ndnf* is expressed along the GnRH migratory pathway during mammalian embryonic development, we used a *GnRH::GFP* mouse model combined with FACS and qRT-PCR (Figures 4A and 4B). At E14.5, GnRH neurons are distributed throughout their migratory route, with approximately half in the nose and half in the brain (Figure 4A). *Ndnf* mRNA expression was very low in GnRH-GFP migratory cells in the nose, whereas *Ndnf* was strongly expressed by GFP-negative cells (e.g., olfactory and vomeronasal neurons, mesenchymal cells, and endothelial cells; Figure 4B). In the basal forebrain, *Ndnf* levels

were low in both GnRH neurons and GFP-negative cells, suggesting that the major source of *Ndnf* at this stage is the nasal compartment. At E18.5, the GnRH migratory process is largely complete, and the majority of GnRH neurons have reached their target location in the hypothalamus. At this time point, *Ndnf* expression was significantly higher in GFP-negative cells than in GnRH neurons (Figure 4B).

Using double-immunofluorescence, we next evaluated the expression pattern of NDNF in the nasal compartment of human fetuses (7 and 11 GW) together with the expression of GnRH and TUJ1, a marker of the developing olfactory and vomeronasal systems and differentiated neurons (Figures 4C and 4D). NDNF was found in the developing olfactory epithelium, in the vomeronasal organ (VNO), and along the vomeronasal/terminal nerve (Figures 4C and 4D). At 7 GW, GnRH neurons were observed leaving the vomeronasal organ in close morphological association to NDNF-immunoreactive axons (Figure 4C). However, NDNF expression was absent from human migratory GnRH neurons.

#### NDNF Repels Migrating GnRH Cells *in vitro*

Since NDNF is highly expressed by olfactory and vomeronasal epithelia when GnRH neurons emerge from the VNO, we hypothesized that this soluble molecule could trigger GnRH directional migration by repelling these neurons from their site of origin and differentiation toward the forebrain (fb). We used GN11 cells, an *in vitro* model of migratory GnRH cells,<sup>38</sup> in a transwell plate assay to evaluate the response to increasing doses of recombinant human NDNF (10, 100, 200, 500 ng/mL). We added NDNF to either the upper chamber alone or the upper and lower



**Figure 4. NDNF Expression Delineates the Migratory Route of Embryonic GnRH Cells in Mice and Humans and Repels Immortalized GnRH Cell Migration**

(A) Schematic depiction of the GnRH migratory pathway in E14.5 mouse embryos (sagittal view).

(B) GFP-positive GnRH neurons and GFP-negative cells were isolated by FACS from the nasal region of E14.5 embryos ( $n = 3$  or  $4$ ) and from the developing preoptic area of E14.5 ( $n = 3$  or  $4$ ) and E18.5 ( $n = 3$  or  $4$ ). Real-time PCR analysis helped to determine the expression levels of *Ndnf* mRNA in GFP-positive and -negative cells. Values are expressed relative to values, set at 1, in GnRH neurons at E14.5 and are shown as means  $\pm$  SEM. One-way ANOVA followed by Tukey's Honest Significant Difference post-hoc analysis was used for comparing groups.  $*p < 0.05$ .

(C) Representative coronal section of a human fetus (HF) at 7 gestational weeks. The section is immunolabeled for GnRH and NDNF ( $n = 3$ ). nmc, nasal midline cartilage; vno, vomeronasal organ.

(D) Representative coronal section of a human fetus at 11 gestational weeks. The section is immunolabeled for TUJ1 and NDNF ( $n = 3$ ). tn, terminal nerve; fb, forebrain; oe, olfactory epithelium.

(E) For migration analysis, GN11 cells were used in a transwell assay in the presence or absence of recombinant NDNF (blue, both chambers).

(F) GN11 migration with NDNF in the upper chamber only ( $n = 5$  for each treatment condition);  $*: p < 0.05$ ,  $**:$   $p < 0.01$ ,  $***:$   $p < 0.001$ , one-way ANOVA followed by Tukey's post-hoc test. Scale bars in (C) represent  $30 \mu\text{m}$ ; scale bars in (D) represent  $100 \mu\text{m}$ .

compartments of a transwell plate (Figures 4E and 4F) to specifically evaluate whether NDNF affects GN11 motility. This action can be through either chemokinesis or directional chemotaxis.

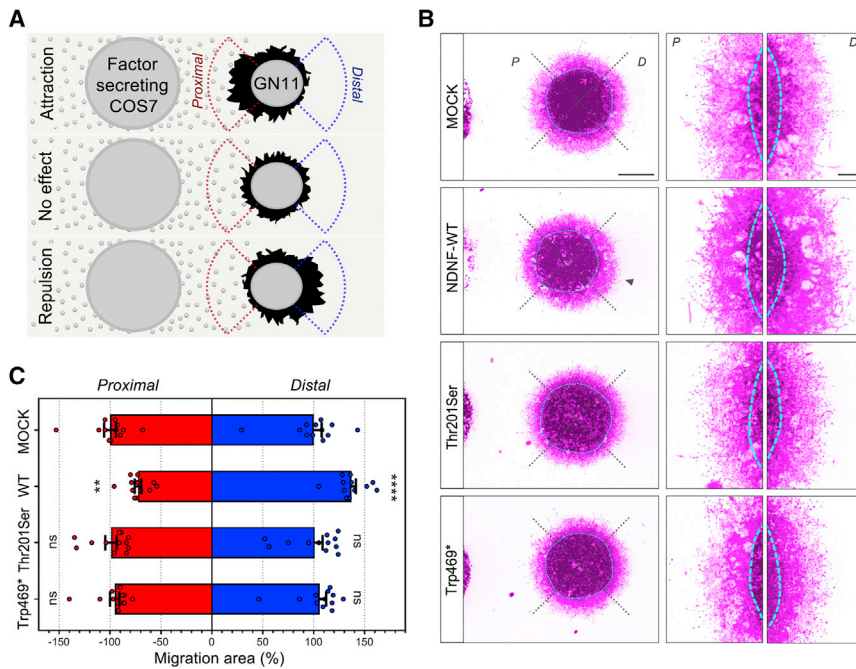
Exposure to increasing doses of NDNF plated in both chambers resulted in a significant reduction of GN11 cell migration to the bottom of the polycarbonate filter in comparison to what occurred in control conditions. This could be due to either an inhibition of cell motility or a repellent NDNF activity that neutralizes oriented migration when NDNF is present in both chambers. To investigate this further, we performed transwell migration assays by plating the same doses of NDNF in only the upper chamber in serum-free conditions (SFM). NDNF produced a significant increase in migration as compared to that in control conditions (Figure 4F). In combination with the expression data, these results suggest that NDNF acts as a chemorepellent molecule on GnRH cell migration.

To assess the functional consequences of NDNF mutants on GN11 directional migration, we performed three-dimensional matrix assays by co-culturing aggre-

gates of GN11 cells for 72 h with aggregates of COS7 cells transiently transfected with a mock construct or with WT or mutant NDNF (Figure 5). Compared to the mock treatment, the WT NDNF GN11 cells displayed an asymmetrical distribution, with fewer cells on the proximal side and more cells on the distal side (Figure 5B). This asymmetrical migration confirmed the chemo-repellent action of NDNF on immortalized GnRH neurons. However, this directional effect was prevented when GN11 cells were co-cultured with COS7 cells expressing any of the NDNF mutants. These results show that WT NDNF acts as a chemorepellent for GnRH cell migration and that this effect is lost in NDNF mutants, including the Thr201Ser mutant.

#### Loss of *Ndnf* in Murine Embryos Alters GnRH Neuron Migration and the Olfactory Axonal Scaffold

We then sought to determine whether genetic deletion of *Ndnf* in a murine model would lead to defects in GnRH neuronal migration. We performed a detailed analysis of E13.5 *Ndnf* WT, heterozygous, and homozygous mutants by using whole-mount immunostaining for



**Figure 5. NDNF Mutants Fail to Induce GnRH Cell Migration *In Vitro***

(A) Schematic illustration of the three-dimensional co-cultures of COS7 and GN11 cell aggregates. After 72 h in culture, the GN11 migration area is measured in the proximal (red) and distal (blue) quadrants as the surface covered by GN11 cells minus the aggregate inner mass area.

(B) Representative pictures of three-dimensional matrix co-cultures of GN11 cells with COS7 cells stained with DAPI and phalloidin red. For illustration, photographs have been digitally inverted, and a pseudo-color (purple) has been superimposed so that cell distribution is highlighted.

(C) Quantitative analysis of GN11 cell-migration aggregates ( $n = 12$  per group) normalized and compared to the control condition (MOCK). Values are expressed as means  $\pm$  SEM and analyzed by two-way ANOVA followed by Sidak's multiple-comparisons test. \*\* $p < 0.01$ ; \*\*\*\* $p < 0.0001$ . d, distal side; p, proximal side.

GnRH and peripherin, a neuron-specific intermediate filament protein expressed by rodent sensory and autonomic axons,<sup>39</sup> including the developing olfactory nerve (ON) and the vomeronasal nerve (VNN).<sup>35,40</sup> This was followed by iDISCO tissue clearing<sup>36</sup> and light-sheet microscopy (LSM) (Figures 6A–6D; Videos S1 and S2). In *Ndnf*<sup>+/+</sup> embryos, GnRH neurons were more clustered in the nasal compartment, and fewer GnRH cells reached the developing hypothalamus at this embryonic stage (Figures 6A–6D, arrowheads; Videos S1 and S2). Moreover, in *Ndnf*<sup>+/+</sup> embryos, peripherin-positive fibers were seen to almost completely innervate the olfactory bulb (Figures 6E and 6G, arrows), whereas in *Ndnf*<sup>-/-</sup> mice olfactory axons only partially innervate their target tissues (Figures 6F and 6H, arrows). The intracranial projections of the terminal and vomeronasal nerve (tn/vnn) did not show any abnormalities in *Ndnf*<sup>-/-</sup> embryos as compared to *Ndnf*<sup>+/+</sup> embryos (Figures 6E and 6F).

We then counted the number of GnRH neurons in these embryos and found a comparable total number of GnRH neurons between all genotypes (Figure 6I), indicating that a lack of *Ndnf* has no effect on GnRH neuron survival. However, in *Ndnf*<sup>-/-</sup> mice the number of GnRH cells in the nasal and olfactory bulb region was significantly greater than in *Ndnf*<sup>+/+</sup> or *Ndnf*<sup>+/-</sup> mice (Figure 6J), respectively. As a result, fewer GnRH neurons reached the hypothalamic region in the *Ndnf*-null embryos (Figure 6J). The accumulation of GnRH neurons in the more rostral regions and decreased cell number within the ventral forebrain is suggestive of a delayed GnRH cell migration in *Ndnf*<sup>-/-</sup> mice.

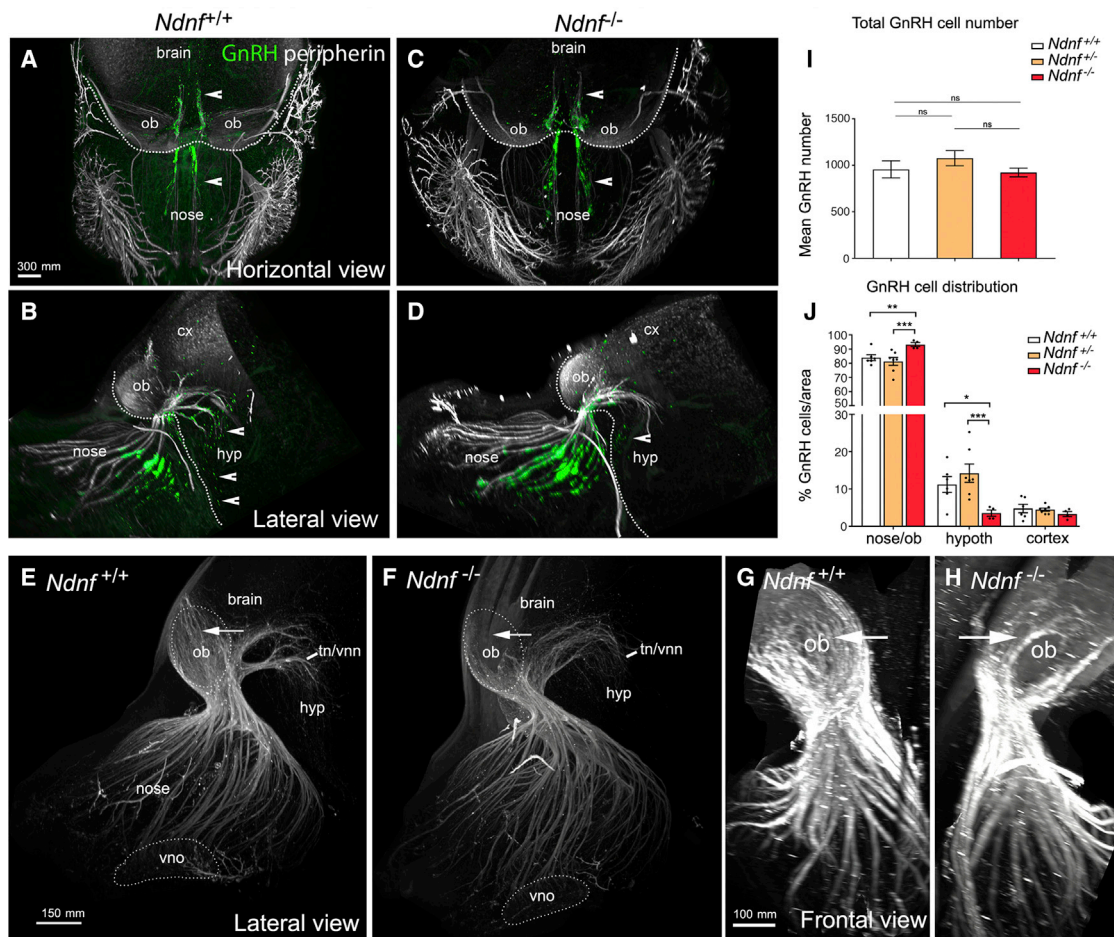
Altogether, these experiments revealed that genetic inactivation of *Ndnf* leads to abnormal development of the olfactory system and defective GnRH migration to the hypothalamus.

## Discussion

*NDNF*, the neuron-derived neurotrophic factor, was identified as a CHH gene via a strategy including WES and bioinformatics and focusing on genes in the FN3 superfamily. We first identified an enrichment of *NDNF* PTVs in our CHH cohort versus gnomAD. The three unrelated CHH probands (~2%) harboring heterozygous protein-truncating *NDNF* mutations had severe GnRH deficiency and anosmia consistent with Kallmann syndrome. Because *Ndnf* had been previously implicated in neuron structural plasticity, we then silenced *z-ndnf* in zebrafish, which resulted in a defect in GnRH neuron migration. *In vitro* studies established *NDNF* as a chemorepellent factor; combined with this protein's high expression in the nasal compartment, this finding could indicate a role for *NDNF* in initiating GnRH neuron migration.

CHH is a complex genetic disorder for which >40 associated loci, each accounting for less than 10% of cases, have been identified to date. Importantly, about half of persons with CHH do not carry mutations in the known CHH-associated genes.<sup>3</sup> Historically, cytogenetics,<sup>41–45</sup> linkage studies,<sup>46,47</sup> homozygosity mapping,<sup>48</sup> candidate gene approaches,<sup>1,49</sup> and other strategies have been used for the discovery of new genes related to CHH. Recently, Guo et al. applied collapsed gene-based burden testing to a population of 393 unrelated CHH probands and demonstrated significant associations to only three of the known CHH-related genes—*FGFR1* [MIM: 136350], *TACR3* [MIM: 162332], and *GNRHR* [MIM: 138850].<sup>16</sup> Limitations of the study included a small population size and an inability to detect significant associations to most of the known CHH-related genes. Our current strategy combined collapsed gene-based burden





### Figure 6. GnRH Migration and Olfactory Innervation Are Perturbed in *Ndnf*<sup>-/-</sup> Mice

(A–D) Representative whole-body iDISCO experiments in E13.5 *Ndnf*<sup>+/+</sup> and *Ndnf*<sup>-/-</sup> embryos immunolabelled for peripherin (white) and GnRH (green). (A and C) Horizontal projections of the embryo heads. (B and D) Lateral projections of the embryo heads. Arrowheads in A–D indicate GnRH cells located in the nasal and brain regions.

(E and F) High-magnification photomicrographs (lateral view) depicting olfactory and vomeronasal axon innervations (peripherin-positive) to the olfactory bulb and to the presumptive hypothalamus (terminal and vomeronasal nerve, tn/vnn) in E13.5 *Ndnf*<sup>+/+</sup> (E) and *Ndnf*<sup>-/-</sup> embryos (F).

(G and H) High-power view (frontal view) showing olfactory axon innervations of the OB in E13.5 *Ndnf*<sup>+/+</sup> (G) and *Ndnf*<sup>-/-</sup> (H) embryos. Arrows in (E)–(H) indicate noticeable differences in peripherin-positive fibers innervating the OB.

(I) Quantification of the total number of GnRH-immunoreactive neurons in *Ndnf*<sup>+/+</sup> (n = 6), *Ndnf*<sup>+/-</sup> (n = 7), and *Ndnf*<sup>-/-</sup> E13.5 embryos (n = 4). Data are represented as means ± SEM. Statistical analysis was performed by one-way ANOVA ( $F_{2,14} = 0.9$ ,  $p = 0.4$ ) followed by Fisher's LSD post-hoc test.

(J) Quantitative analysis of GnRH neuronal distribution throughout the migratory pathway in the three experimental populations. Statistical analysis was performed by two-way ANOVA ( $F_{4,42} = 7.58$ ,  $p = 0.0001$ ) followed by Fisher's LSD post-hoc test (\* $p < 0.05$ , \*\* $p < 0.005$ , \*\*\* $p < 0.001$ ). Scale bars (A–D) represent 200 μm.

testing with a targeted gene population (FN3 superfamily). This approach was based on the observation that several proteins that were involved in GnRH neuron migration and that were previously implicated in CHH (e.g., such proteins include ANOS1, AXL, DCC, and FLRT3) contain FN3 domains. Through the study of 240 CHH-unrelated probands, we demonstrated a statistical enrichment for PTVs in *NDNF*, which encodes a secreted glycosylated disulfide-bond protein containing FN3 domains. In addition, two known FN3-containing CHH-related genes (*ANOS1* and *AXL*) also gave positive associations.<sup>16</sup>

The enrichment of PTVs in *NDNF* suggests that deletions in *NDNF* might explain some cases of CHH and will be

further studied via whole-genome sequencing. Indeed, pathogenic deletions have been reported for other genes underlying CHH (e.g., such genes include *ANOS1*,<sup>50</sup> *SEMA3A*,<sup>51</sup> *PROKR2*,<sup>52</sup> *FGFR1*,<sup>53</sup> and *SOX10*<sup>54</sup>).

The four probands carrying a heterozygous *NDNF* mutation exhibited both CHH and anosmia (i.e., KS), a condition related to defects in the embryonic development of GnRH neurons.<sup>1</sup> Overall, ~3% of individuals with KS harbor *NDNF* mutations. Notably, several family members carrying *NDNF* mutations also exhibit a partial phenotype (i.e., delay of puberty and/or anosmia), consistent with an autosomal-dominant mode of inheritance with variable expressivity and incomplete penetrance—features seen in

other CHH-related genes.<sup>1,2</sup> None of the probands harbor mutations in other known CHH-related genes.<sup>1,2,55</sup> As new research disentangles the NDNF signaling pathway (including its receptor), novel genetic interactions might be uncovered. Further investigations are needed to dissect the contribution of genetic (e.g., oligogenicity, structural variants, and eQTLs) and environmental factors (e.g., stress, nutrition, and endocrine disruptors) potentially modifying the phenotype of persons carrying *NDNF* loss-of-function mutations.

NDNF is a secreted neurotrophic factor that can promote neuron migration, growth, and survival, as well as neurite outgrowth.<sup>11</sup> *Ndnf* is highly expressed in the olfactory bulb, Cajal-Retzius cells, hippocampus, and cerebellum during murine embryogenesis.<sup>11</sup> Herein, we show that NDNF is expressed in the nasal region after formation of the olfactory placode in mice and humans, although not in GnRH neurons. Furthermore, the NDNF spatio-temporal expression pattern overlaps the GnRH neuron migratory route. In addition to the NDNF expression pattern, the positive effect of recombinant NDNF on GnRH neuron migration *in vitro* and the migratory defect of GnRH neurons in both *z-ndnf* MO-injected zebrafish and *Ndnf*-null mice provides strong evidence for a role of NDNF in GnRH neuron migration.

There are similarities between the two extracellular matrix proteins NDNF and anosmin-1, which is encoded by the first KS-related gene discovered, *ANOS1*. Indeed, both contain FN3 domains that are critical for binding to heparan sulfate proteoglycans.<sup>11,51</sup> Anosmin-1 modulates FGFR1 signaling via a direct interaction of the anosmin-1-FN3 domain with heparan sulfate proteoglycan.<sup>56</sup> Our *in vitro* studies demonstrate that NDNF also modulates FGFR1 signaling by inhibiting FGFR1-induced PLC $\gamma$ /Ca<sup>2+</sup> pathway activation after FGF8 stimulation. Thus, NDNF could interact *in vivo* with FGF8, a well-known morphogen acting during early developmental stages on the fate specification of GnRH neurons in the olfactory placode. Further studies investigating this process *in vivo* are needed.

Finally, NDNF promotes endothelial cell survival and vessel formation and, thus, is a powerful angiogenic factor.<sup>57,58</sup> NDNF modulates endothelial plasticity through AKT/eNOS signaling,<sup>58</sup> which is also known to be crucial for GnRH release in the median eminence.<sup>59–61</sup> This suggests a possible role of NDNF in GnRH neuron biology beyond embryonic development.

In conclusion, we have identified *NDNF* as a novel factor involved in GnRH neuron ontogeny in humans and mice. Identifying the molecular signaling pathway used by NDNF in GnRH neuron ontogeny, along with the which particular receptors and upstream and downstream targets are involved, will be critical. Furthermore, it will also be crucial to study the role of NDNF in the adult GnRH system and homeostasis, specifically in regard to pubertal onset and fertility.

## Supplemental Data

Supplemental Data can be found online at <https://doi.org/10.1016/j.ajhg.2019.12.003>.

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## Declaration of Interests

The authors declare no competing interests.

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## Web Resources

GnomAD, <https://gnomad.broadinstitute.org/>

Interpro, <https://www.ebi.ac.uk/interpro>

HGNC, <https://www.genenames.org/>

OMIM, <http://www.omim.org/>.

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