









Proceedings

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CLINICAL PSYCHOLOGY FOR MEDICAL SETTINGS

Proposer

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Abstract

The present symposium provides an update on the latest research in the field of clinical psychology in different medical settings. In particular, all four studies focused on the close interaction between psychological characteristics and biomedical aspects, and the complex role this dynamic plays in the onset, maintenance and outcome of chronic diseases.

In the first contribution, Conti and colleagues aimed to investigate the influence of the outbreak of Covid-19 on patients with inflammatory bowel disease (IBD). In particular, patients with IBD recruited before or during the Covid-19 outbreak were compared to assess if pandemic-related living conditions, in addition to the clinical and psychological manifestations of the disease, had an additive impact on the health-related quality of life of these patients.

The following two contributions focus on the possible role that psychological factors could have on the development and maintenance of chronic pain disorders. In particular, Romeo and colleagues tried to unravel the complex interconnection between insecure attachment styles, inadequate parental care and alexithymia in the onset and maintenance of fibromyalgia (FM) symptoms. Further, Galli and colleagues focused on the impact that both early life traumas and recent stressful events could have on the outcome of a detoxification program in subjects overusing acute medication for chronic migraine and medication-overuse headache.

Finally, in the last contribution, Landi and colleagues focused on the effects of parental illness on youth and family functioning. In particular, parental illness severity, youth caregiving and stress, psychological flexibility, youth adjustment and family functioning were assessed in youth with parents affected by chronic illness, in order to investigate a moderated mediation model derived from the Family Ecology Framework.