

AperTO - Archivio Istituzionale Open Access dell'Università di Torino

Oral mucosa produces cytokines and factors influencing osteoclast activity and endothelial cell proliferation, in patients with osteonecrosis of jaw after treatment with zoledronic acid.

This is the author's manuscript

Original Citation:

Availability:

This version is available http://hdl.handle.net/2318/120331 since 2019-04-30T09:39:24Z

Published version:

DOI:10.1007/s00784-012-0800-7

Terms of use:

Open Access

Anyone can freely access the full text of works made available as "Open Access". Works made available under a Creative Commons license can be used according to the terms and conditions of said license. Use of all other works requires consent of the right holder (author or publisher) if not exempted from copyright protection by the applicable law.

(Article begins on next page)

This is the author's final version of the contribution published as:

Mozzati M; Martinasso G; Maggiora M; Scoletta M; Zambelli M; Carossa S; Oraldi M; Muzio G; Canuto RA. Oral mucosa produces cytokines and factors influencing osteoclast activity and endothelial cell proliferation, in patients with osteonecrosis of jaw after treatment with zoledronic acid.. CLINICAL ORAL INVESTIGATIONS. 17 (4) pp: 1259-1266. DOI: 10.1007/s00784-012-0800-7

The publisher's version is available at: http://link.springer.com/content/pdf/10.1007/s00784-012-0800-7

When citing, please refer to the published version.

Link to this full text: http://hdl.handle.net/2318/120331

This full text was downloaded from iris - AperTO: https://iris.unito.it/

22

1 **Abstract**

- 1 **Introduction**
- 2

3 Bisphosphonates (BPs) are currently used as first-line treatment for osteoporosis and Paget's disease of the bone, and 4 are administered routinely in patients with multiple myeloma or metastatic bone disease [1]. The affinity of BPs for 5 bone mineral, and their inhibitory effect on osteoclast cell function, result in a strong antiresorptive action, a reduction 6 in the risk of osteoporotic fractures, and an improvement in the overall bone health in cancer patients [2].

7 Nitrogen-containing BPs (N-BPs), but not BPs lacking nitrogen, affect the function and survival of osteoclasts by 8 inhibiting the farnesyl pyrophosphate synthase enzyme from the mevalonate pathway, which is responsible for 9 cholesterol and farnesyl synthesis [1, 3].

10 BPs can be administered orally or by intravenous injection. Oral administration of BPs is affected by poor 11 gastrointestinal absorption. After BPs enter the circulation, approximately 50% of the dose is incorporated into the bone. 12 Most of the remainder is excreted unchanged in the urine, and only a negligible amount is transiently exposed to other 13 tissues. During cycles of bone remodelling, BPs are slowly released and re-enter the systemic circulation unmetabolized 14 [4].

15 In the case of the jaw bones, intravenous injection of BPs can cause bone necrosis spontaneously or in consequence of 16 trauma. This bone lesion does not occur in other parts of the skeleton and is, by definition, a necrotic area free of 17 metastatic elements [5]. The mechanisms whereby BPs induce bone necrosis are, at present, unclear. One view 18 considers that BPs reduce bone turnover, reducing osteoclast and osteoblast activity, leading to areas of necrotic bone 19 [6]. Another hypothesis supports the involvement of bone blood supply reduction, pointing to modifications of vascular 20 endothelial growth factor (VEGF) and platelet-derived growth factor [7, 8]. On the contrary, histological examination of 21 samples obtained from patients with osteonecrosis of the jaw (ONJ) induced by BPs showed patent vessels in the 22 majority of patients, and no histological changes [9, 10].

23 Another hypothesis considers that BPs have a direct toxic action on the oral mucosa. As a result, oral pathogens are able 24 to pass through defective or severely-damaged oral mucosa, and infect the bone, eventually leading to its necrosis [11].

25 A thorough knowledge of bone biology, and of the molecular mechanisms of normal bone remodelling, is important in 26 order to understand bone health. Key factors in bone remodelling include the RANKL ligand (RANKL), which 27 stimulates bone resorption, and osteoprotegerin (OPG), which inhibits bone resorption. The ratio between these two 28 factors regulates osteoclast formation and activity. Very recently, an "in vitro" study on osteoblasts derived from human 29 mesenchymal stem cells showed that nitrogen-containing BPs increased the expression of OPG [12]; similarly, another 30 study evidenced that nitrogen-containing BPs caused a moderate enhancement of OPG gene expression, and a strongly 1 increase of RANKL. Interestingly, non-nitrogen-containing clodronate affected much less OPG and RANKL expression

2 [13]

3 In the light of the above observations, this research aimed to explore the involvement of the oral mucosa in ONJ, 4 examining the production of cytokines implicated in the inflammatory process, factors involved in osteoclast activity, 5 i.e. RANKL and OPG, a factor involved in cell proliferation, namely hydroxymethylglutaryl coenzyme A reductase 6 (HMGR), and a factor involved in angiogenesis, namely VEGF.

7 8

9 **Patients and Methods**

10 Patients

11 Thirty patients with bone metastases from solid tumors or multiple myeloma, and in therapeutic treatment with 12 intravenous BP (zoledronic acid) entered the study. The patients received 4 mg intravenous zoledronic acid (Zometa®; 13 Novartis Pharma SpA, Basel, Switzerland) every 4 weeks for 12 months. The patients did not receive radiotherapy at 14 the head and neck region, and they did not receive any chemotherapeutical medications during BP treatment. Informed 15 consent was obtained from all patients. The study protocol was approved by the Ethics Committee of Turin University 16 (approval number of local ethical board: CEI/396; protocol number 0010469). Patients treated with BPs for 17 osteoporosis were excluded.

18 After 12 months of BP treatment and after 1 month from the last BP medication, the patients were observed for the 19 absence or presence of ONJ, and then subdivided into two groups:

20 1) ONJ negative group (ONJ-). This group included 11 women and 5 men, with mean age 68.56 ± 6.30 years.

21 2) ONJ positive group (ONJ+). This group included 10 women and 4 men, with mean age 65.29 ± 5.24 years.

22 Surgical Protocol

23 In the ONJ- group, tooth extraction was performed under locoregional anaesthesia (mepivacaine 2%), through luxation 24 and avulsion with clamp. In all cases, 3-0 silk sutures were used to suture the alveolar mucosa; they were removed after 25 7 days. Patients were given antibiotic (amoxicillin every 8 hours for 6 days) and oral anti-inflammatory treatment 26 (Ibuprofen every 12 hours for 3 days). Mucosa specimens were taken from area corresponding to the maxillary 27 protuberance before the tooth extraction; excision was half-thickness, to avoid removing the periosteum and exposing 28 the bone. One simple suture was placed. All specimens were placed in RNA Later solution (Oiagen, Milan, Italy), and 29 maintained at –80°C until use.

30 In the ONJ+ group, the patients were treated by resection of the necrotic bone with primary closure of the mucosa over 31 the bony defect using plasma rich in growth factors (PRGF), as described in Mozzati et al. [14]. Mucosa specimens

- 2 removing ONJ; the specimens were placed in RNA Later solution (Qiagen, Milan, Italy), and maintained at –80°C until
- 3 use. Panoramic radiography and computed tomography were performed before and after surgery.
- 4 Radiographic analysis

5 All patients were monitored through dental panoramic radiography and computed tomography (CT), to evaluate the

- 6 presence or absence of ONJ.
- 7 Biological factor analysis
- 8 Mucosa specimens were analyzed to determine expression of inflammatory (interleukin (IL)-1β, IL-6, IL-8 and TNF-α),
- 9 osteoclastogenic (RANKL and OPG), and proliferation parameters (HMGR and VEGF), using real-time polymerase
- 10 chain reaction (PCR).

11 Total RNA was extracted from specimens using the NucleoSpin RNA II Kit (Macherey-Nagel GmbH & Co. KG, Düren,

- 12 Germany), as previously reported [15]. Real-time PCR was run with single-stranded cDNA prepared from total RNA (1
- 13 µg) using a High-Capacity cDNA Archive kit (Applied Bio Systems, Foster City, CA).
- 14 The forward (FW) and reverse (RV) primers shown in Table 1 were designed using Beacon Designer® software (Bio-15 Rad, Hercules, CA). Twenty-five µl of a PCR mixture containing cDNA template equivalent to 40 ng of total RNA, 5 16 pmoles each of forward and reverse primers, and 2× IQ SYBR Green SuperMix (Bio-Rad, Hercules, CA) were 17 amplified using an iCycler PCR instrument (Bio-Rad, Hercules, CA) with an initial melt at 95°C for 10 min, followed 18 by 35-40 cycles at 95°C for 40 s, annealing temperature for each primer set for 40 s, and 72°C for 40 s. A final 19 extension of 7 min at 72°C was applied. Each sample was tested in duplicate, and threshold cycle (Ct) values from each 20 reaction were averaged. GAPDH was used as house-keeping gene. The changes in expression were defined as those 21 detected in the mucosa specimens taken from ONJ- or ONJ+ patients versus those detected in the mucosa specimens 22 taken from normal subjects, and calculated as $2^{-\Delta\Delta Ct}$, where $\Delta Ct = Ct_{sample}$ - Ct_{GAPDH} and $\Delta\Delta Ct = \Delta Ct_{T sample}$ - ΔCt_{moment} .
- 23 Mucosa specimens from normal subjects were taken during tooth extraction, after obtaining informed consent.
- 24 Statistical analysis
- 25 For each biological factor examined in ONJ- and ONJ+ groups, descriptive analysis of data were performed. For visual
- 26 representation, box plots were created by SPSS software package.
- 27
- 28 **Results**
- 29 Patients

30 Table 2 reports the number, the sex and the age of patients enrolled in this study, and that the distribution of primary

- 31 diseases. The analysis of the latter parameter showed that 47% of ONJ- patients had breast cancer, 40% prostate cancer
- 32 and 13% multiple mieloma; 50% of ONJ+ patients had breast carcinoma, 25% multiple myeloma, 17% prostate cancer
- 33 and 8% kidney cancer. As regards ONJ + patients, ONJ affected the lower jaw in the 62% of cases, and the upper jaw in
- 34 the 38% (data not shown).
- 1 Both ONJ- and ONJ+ patients, at 8 months after tooth extraction or ONJ removing, showed no signs of osteonecrosis,
- 2 as evidenced by dental panoramic radiography and CT imaging.
- 3 Radiographic analysis

4 All patients enrolled were monitored through dental panoramic radiography; since this was found to be of limited use in

- 5 assessing BP-associated ONJ, they were followed by the more informative CT imaging. This is in line with previous
- 6 findings [16].
- 7 Biological factor analysis
- 8 Analysis of the biological factors involved in the inflammation process, namely IL-1β, IL-6, IL-8 and TNF-α, is shown
- 9 in Figure 1. No variation in cytokines was observed between the mucosa specimens taken from the two groups (ONJ-
- 10 and ONJ+), with the exception of IL-6, which was higher in the ONG+ group than in the ONJ- group.
- 11 Figure 2 shows the variation of RANKL and OPG between specimens of mucosa taken from the ONJ- and ONJ+ 12 patients. RANKL was higher in the mucosa from ONJ+ patients versus ONJ- patients. On the contrary, OPG was lower 13 in the mucosa from ONJ+ patients than ONJ- patients. However, the RANKL/OPG ratio was very much higher in 14 ONJ+ than in ONJ- $(9 85 \pm 9 82 \text{ vs } 2 18 \pm 2 14)$.
- 15 As regards factors involved in cell proliferation, i.e. HMGR, and in endothelial cell proliferation, i.e. VEGF, Figure 3 16 shows that both these factors were lower in the mucosa from ONJ+ patients than in that from ONJ- patients.
- 17

18 **Discussion**

19

20 The present study aimed to evaluate involvement of the mucosa in inducing ONJ, since the pathogenetic mechanisms 21 underlying the development of ONJ are still unclear. With this aim, specimens of mucosa were removed from two 22 groups of patients in order to identify any differences in gene expression profiling, in the presence or absence of ONJ; 23 all patients were examined after 12 months of zoledronic acid treatment.

24 BPs have become an important component in treating both bone metastases from solid tumors and multiple myeloma. 25 Their efficacy has been proven in large randomized clinical trials [17, 18].Intravenous injection of BPs is now the 26 standard of care for the treatment and prevention of skeletal complications associated with bone metastases [18]. 27 However, the use of BPs in oncology has been the subject of debate, due to their association, in the presence of other 28 risk factors, with the development of ONJ, a serious adverse event that can negatively affect the patient's quality of life 29 [19, 20]. It is known that invasive dental interventions during BP treatment are one of the main risk factors for ONJ 30 development [21]. It is also been reported that ONJ can also arise spontaneously [22]. Moreover, BP treatment is also 1 intensely debated, due both to the limited knowledge of the etiology and pathogenesis of ONJ, and to the lack of 2 alternative therapeutic options available for patients with metastatic bone disease.

3 In this study, ONJ occurred especially in the lower jaw (more than 50%) than in upper jaw. This observation is in 4 agreement with the data reported by literature, which affirm that lower jaw location is more common, because it has 5 more areas with thin mucosa than the upper jaw [23]

6 It is noteworthy that the ONJ- patients, at 8 months after tooth extraction, showed no signs of ONJ; this seems to be the 7 consequence of the fact that the inflammatory and osteoclastogenic factors were produced in different amount by 8 mucosa in this patient group in comparison with the ONJ+ group.

9 As regards inflammatory factors, IL-6 was found to be increased in the mucosa from ONJ+ patients, whereas the other 10 cytokines tested, such as TNF-α, were not increased. At first sight, this appears to be in contrast with the well-known 11 observation that BPs, and in particular the aminobisphosphonates such as zoledronic acid, have a number of side-effects 12 [24].These include a rise in body temperature and accompanying flu-like symptoms that resemble a typical acute-phase 13 response. These clinical features occur in over a third of patients receiving treatment for the first time. However, 14 cytokine production is maximal within 28–36 h of intravenous administration, and disappears 2–3 days later, despite 15 continuing treatment. This production is characterized by increased circulating levels of IL-6, TNF and interferon 16 [25].Our determinations were on mucosa from patients after the 12th dose of zoledronic acid. It is thus unlikely that the 17 increased IL-6 expression was correlated with a general inflammatory response. It was more probably linked to local 18 mucosal inflammation and bone necrosis, thus being the consequence of the induction of osteoclast differentiation and 19 activity, due to the increased RANKL/OPG ratio. IL-6 is considered to be an osteoclastogenic cytokine, and thus an 20 important mediator of bone loss [26, 27]. "In vitro" experiments have shown that zoledronic acid stimulates γδ T cells, 21 with consequent production of cytokines; BPs appear to activate these cells by inhibiting farnesyl pyrophosphate (FPP) 22 synthase. Inhibition of the mevalonate pathway leads to an accumulation of metabolic intermediates, including 23 isopentenyl pyrophosphate, which is a potent activator of human peripheral blood γδ T cells [28]. Moreover, this latter 24 study found a correlation between the mevalonate pathway and γδ T cell activation by statin administration: statins 25 inhibited the activation of human peripheral blood $\gamma\delta$ T cells in response to endogenous non-sterol mevalonate products. 26 In the mucosa of ONJ+ patients, HMGCoA expression was decreased; these results thus agree with the observation 27 reported above, and suggest that this decrease could be responsible for inducing cells present in the mucosa to produce 28 IL-6. In its turn, IL-6 induced osteoclast activity, as shown by the increase of RANKL and RANKL/OPG ratio.

29 At this point, the following question may be asked: since, in the bone, BPs inhibit osteoclast activity in order to reduce 30 bone loss, why, in the jaw, do they induce osteoclast activity, and thus cause bone necrosis? Our answer is that BPs are 31 known to accumulate in the bone and that, in consequence of minor trauma (dentures or dental prostheses, caries and 1 periodontal disease) [29], they are released from the bone into the environment. In the case of the jaw, the environment 2 is the mucosa, where epithelial cells, fibroblasts and lymphocytes are present. In this context, BPs induce these cells to 3 produce cytokines by inhibiting HMGCoA. IL-6 in contact with alveolar bone stimulates osteoclast activity.

4 Moreover, other studies have reported that increased IL-6, induced by pro-inflammatory stimuli, is also accompanied by 5 down-regulation of markers of osteoblastic differentiation [30, 31] The production of IL-6 is not correlated with the 6 general acute-phase response, which comes about after the initial infusion of BP; rather it may be considered the 7 consequence of the local inflammation induced in the mucosa by the release of BP from the alveolar bone. This means 8 that, for the first time, the mucosa comes into contact with BP, setting off cytokine IL-6 production. IL-6 induces the 9 above described events, i.e. the induction of osteoclasts. Moreover, the reduction of VEGF production in mucosa 10 specimens, evidenced in this research, could also contribute to the development of ONJ, blocking bone synthesis and 11 healing. This agrees with antiangiogenic effect of BPs demonstrated by other authors with "in vitro" experiments, 12 animal models and human studies on BP-treated patients with advanced solid cancer and bone metastasis [32, 33]. In 13 fact, the anti-angiogenic action, with reduced capillary formation and inhibition of endothelial and vascular growth 14 factors leading to avascular necrosis, is considered one of the mechanism for ONJ onset. However, there is no evidence 15 in literature for this effect of bisphosphonates in bone: the angiogenesis during bone formation seems to be unaltered by 16 bisphosphonates. However. another recent hypothesis stated that bisphosphonates accumulate in bone in concentrations 17 sufficient to be directly toxic to the oral epithelium, resulting in the failure of healing of soft tissue lesions [33].

18

19 In conclusion, we hypothesize that the mucosa, possibly stimulated by BP released from the bone, can cause ONJ, 20 producing IL-6 in consequence of HMG-CoA reduction; IL-6, in turn, stimulates osteoclast activity, evidenced by the 21 increased RANKL/OPG ratio. ONJ may also in part be due to the reduction of VEGF expression.

22

23 **Conflicts of interest**

24 The authors declared no conflicts of interest.

25

26 **Acknowledgments:** The work was supported by grants from Regione Piemonte and University of Turin, Italy.

 $\overline{1}$

-
- 31 bisphosphonate-related osteonecrosis of the jaw: A report of 32 cases. Oral Oncol 48:469-74

2 following tooth extraction. Photomed Laser Surg 29:565-571 3 [16] Bianchi SD, Scoletta M, Cassione FB et al (2007) Computerized tomographic findings in bisphosphonate-4 associated osteonecrosis of the jaw in patients with cancer. Oral Surg Oral Med Oral Pathol Oral Radiol Endod 5 104:249-258 6 [17] Pavlakis N, Schmidt R, Stockler M (2005) Bisphosphonates for breast cancer. Cochrane Database Syst Rev 7 3:CD003474 8 [18] Aapro M, Abrahamsson PA, Body JJ et al (2008) Guidance on the use of bisphosphonates in solid tumours: 9 recommendations of an international expert panel. Ann Oncol 19:420-432 10 [19] La Verde N, Bareggi C, Garassino M et al (2008) Osteonecrosis of the jaw (ONJ) in cancer patients treated with 11 bisphosphonates: how the knowledge of a phenomenon can change its evolution. Support Care Cancer 16:1311- 12 1315 13 [20] Ruggiero S, Gralow J, Marx RE et al (2006) Practical guidelines for the prevention, diagnosis, and treatment of 14 osteonecrosis of the jaw in patients with cancer. J Oncol Pract 2:7-14 15 [21] Vandone AM, Donadio M, Mozzati M et al (2011) Impact of dental care in the prevention of bisphosphonate-16 associated osteonecrosis of the jaw: a single-center clinical experience. Ann Oncol 23:193-200 17 [22] Lo JC, O'Ryan FS, Gordon NP et al (2010) Prevalence of osteonecrosis of the jaw in patients with oral 18 bisphosphonate exposure. J Oral Maxillofac Surg 68:243-53 19 [23] Shannon J, Shannon J, Modelevsky S et al (2011) Bisphosphonates and Osteonecrosis of the Jaw. J Am Geriatr 20 Soc. doi: 10.1111/j.1532-5415.2011.03713.x 21 [24] Russell RG, Croucher PI, Rogers MJ (1999) Bisphosphonates: pharmacology, mechanisms of action and clinical 22 uses. Oteoporos Int 9:S66-80 23 [25] Santini D, Vincenzi B, Caraglia M et al (2007) A hitherto unreported high incidence of zoledronic acid-induced 24 acute phase reaction in patients with cancer treatment-induced bone loss. Ann Oncol 18:201-202. 25 [26] Rufo A, Del Fattore A, Capulli M et al (2011) Mechanisms inducing low bone density in Duchenne muscular 26 dystrophy in mice and humans. J Bone Miner Res. doi:10.1002/jbmr.410 27 [27] Jimi E, Furuta H, Matsuo K et al (2010) The cellular and molecular mechanisms of bone invasion by oral 28 squamous cell carcinoma. Oral Dis. doi:10.1111/j.1601-0825.2010.01781.x 29 [28] Hewitt RE, Lissina A, Green AE et al (2005) The bisphosphonate acute phase response: rapid and copious 30 production of proinflammatory cytokines by peripheral blood γδ T cells in response to aminobisphosphonates is 31 inhibited by statins. Clin Exp Immunol 139:101-111

1 [15] Mozzati M, Martinasso G, Cocero N et al (2011) Influence of superpulsed laser therapy on healing processes

11

- 1 [29] Woo SB, Hellstein JW, Kalmar JR (2006) Narrative review: bisphosphonates and osteonecrosis of the jaws. Ann 2 Intern Med 144:753–761
- 3 [30] Kraus D, Deschner J, Jäger A et al (2011) Human β-defensins differently affect proliferation, differentiation, and 4 mineralization of osteoblast-like MG63 cells. J Cell Physiol. doi:10.1002/jcp.22808
- 5 [31] Krishnan V, Shuman LA, Sosnoski DM et al (2011) Dynamic interaction between breast cancer cells and
- 6 osteoblastic tissue: Comparison of Two- and Three-dimensional cultures. J Cell Physiol 226:2150-2158
- 7 [32] Landesberg R, Woo V, Cremers S et al (2011) Potential pathophysiological mechanisms in osteonecrosis of the 8 jaw. Ann N Y Acad Sci 1218:62-79. doi:10.1111/j.1749-6632.2010.05835.x
- 9 [33] Rustemeyer J, Bremerich A (2010) Bisphosphonate-associated osteonecrosis of the jaw: what do we currently
- 10 know? A survey of knowledge given in the recent literature. Clin Oral Investig 14:59-64

9 patients.

 $\overline{1}$

 $\overline{1}$

Gene	Sequence	T annealing
Acc. N°	FW: forward	# cycles
	RV: reverse	
Human GAPDH	FW-5'-TGA AGG TCG GAG TCA ACG GAT TTG GT-3'	52° C
NM_002046	RV-5'-CAT GTG GGC CAT GAG GTC CAC CAC-3'	35
Human IL-1beta	FW-5'-GCA CCT TCT TTC CCT TCA TCT TT-3'	52° C
AF043335	RV-5'-GCG TGC AGT TCA GTG ATC GTA-3'	35
Human IL-6	FW-5'-CCA GTA CCC CCA GGA GAA GAT T-3'	52° C
M14584	RV-5'-GTC AAT TCG TTC TGA AGA GGT GAG-3'	35
Human IL-8	FW-5'-AGC TGG CCG TGG CTC TCT-3'	52° C
NM_000584	RV-5'-TTA GCA CTC CTT GGC AAA ACT G-3'	35
Human TNF-alpha	FW-5'-CTC TGG CCC AGG CAG TCA-3'	52° C
AF043342	RV-5'-GGA GCT GCC CCT CAG CTT-3'	35
Human RANK-L	FW-5'-CAC AGC ACT TCA GAG CAG AG-3'	58°C
NM 033012	RV-5'-ACA GAC TCA CTT TAT GGG AAC C-3'	40
Human OPG	FW-5'-CAG CGG CAC ATT GGA C-3'	55° C
NM_002546	RV-5'-CGT GCA TTA GGC CCT T-3'	30
Human HMGR	FW-5'-CTT GTG TGT CCT TGG TAT TAG AGC TT-3'	56° C
NM 000859	RV-5'-TAA TCA TCT TGA CCC TCT GAG TTA CAG-3'	35
Human VEGF	FW-5'-AGA CGG ACA GAA AGA CAG-3'	54° C
NM 1025366	RV-5'-AAG CAG GTG AGA GTA AGC-3'	35

1 **Table 1.** Forward and reverse primers for real-time PCR analysis.

1 **Table 2. Characteristics of ONJ – and ONJ + patients.**

2 The percentages of primary disease refer to the total of patients enrolled in $ONJ - (16)$

3 and ONG + (14) groups.

4