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(Article begins on next page)
Cardiac impairment induced by oxidative stress in rabbits fed a high-fat diet is counteracted by dehydroepiandrosterone supplementation

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Abstract

The role of oxidative stress in the activating of downstream signalling leading to structural and functional changes in the left ventricle of rabbits fed a high-fat diet for 12 wks and the effect of dietary dehydroepiandrosterone supplementation, were analyzed. The animals showed hyperglycemia, insulin-resistance, dyslipidemia and early features of cardiomyopathy, i.e. altered myosin heavy-chain isoforms, tissue degeneration and reduced contractility of the papillary muscle. Dietary supplementation with dehydroepiandrosterone (0.02%, wt/wt) in these animals reduced oxidative stress evaluated as levels of reactive oxygen species and hydroxynonenal levels, without affecting high plasma glucose level or insulin resistance. Dehydroepiandrosterone supplementation also counteracted both the activation of redox-sensitive transcription factor and of nuclear transcription factor-kB, and the expression of tumor necrosis factor-alpha and of C-reactive protein-mRNA. Improvement of the oxidative balance counteracted the shift to myosin heavy chain isoforms, ameliorating the heart contractility. A high-fat diet induced oxidative stress and metabolic syndrome in this rabbit model, and that dehydroepiandrosterone, by restoring oxidative balance, lowering lipid levels and down-regulating inflammation, prevented molecular and functional alterations of the cardiac muscle, thus exerting a beneficial effect and delaying the onset of diabetic cardiomyopathy.
Introduction.

Diabetic cardiomyopathy is characterized by systolic and diastolic dysfunction and has been reported in diabetic patients with no ischemic, valvular or hypertensive heart disease. Its development includes metabolic disturbances, small-vessel diseases, autonomic dysfunction, insulin-resistance and myocardial fibrosis (1,2). Recently, an important role in its pathophysiology has been attributed to the generation of reactive oxygen species, which activates a number of secondary-messenger pathways, finally leading to cardiac dysfunction (3-5). We recently showed recently that free radical overproduction appears early in human type 2 diabetes (6) and that, in a rat model of type 1 diabetes, oxidative damage plays a key role in the early development of cardiomyopathy (7). Antioxidants might counteract insulin resistance associated with type 2 diabetes and cardiovascular diseases (8-10). We reported elsewhere that in streptozotocin rats, the treatment with dehydroepiandrosterone (DHEA), a compound that possesses multi-targeted antioxidant properties (11-15), prevents myocardial damage induced by oxidative stress, while avoiding impairment of cardiac myogenic factors and the switch to myosin heavy chain expression (16). DHEA also counteracts oxidative imbalance and advanced glycation end-product formation in type II diabetic patients (7).

The study targets diabetic cardiomyopathy, in a model of type 2 diabetes induced by a high-fat (HF) diet in rabbits, an animal species that is highly susceptible to cardiovascular damage (17). Data show that DHEA treatment counteracted biochemical changes in the left ventricle induced by oxidative stress, improving myocardial function.

Materials and methods

Experimental procedure.

Male New Zealand White rabbits, 15 wks old (Harlan-Italy, Udine, Italy) weighing 3.0 -3.5 Kg were cared for in compliance with the Declaration of Helsinki as revised in 1983, the Italian Ministry of Health Guidelines (no. 86/609/EEC) and with the Principles Of Laboratory Animal Care (NIH no. 85-23, revised 1985). The rabbits were acclimatized for 2 wks prior to the experiment in a room with 12h light dark cycle, individually housed in stainless steel cages in a temperature- and humidity-
controlled room (23 ± 3°C, 50 ± 5%) and fed 100 g per day of standard rabbit non-purified diet,
composition of 100 g: 16.2 g crude protein, 3.0 g crude fat, 7.3 g crude ash, 14.8 g fiber, 12 g
moisture, added mineral 2.1, 40U/kg vitamin E) with appropriate certificate from the Association of
Official Agricultural Chemists, 1975, and relative procedure analyses (Laboratorio Dottori Piccioni,
Gessate Milanese, Italy). Rabbits were randomly distributed into four groups. The control group (C)
(n=4) received standard rabbit diet; the DHEA-alone treated group (C-D) (n=4) received the same
diet supplemented with 0.02% DHEA (Sigma Aldrich, Milan, Italy); the high-fat group (HF) (n=4)
received a high-fat diet, consisting of standard rabbit non purified diet, composition of 100g: 16.2 g
crude protein, 7.3 g crude ash, 14.8 g fiber, 12 g moisture, added mineral 2.1, 40U/kg vitamin E)
plus 10 g added fat (6.7g com oil and 3.3 g lard) (18); the HF plus DHEA group (HF-D) (n=4)
received the high-fat diet supplemented with 0.02% DHEA. Two days before being killed, the
rabbits were fasted overnight and the glucose tolerance test was performed. The rabbits were killed at
3 mo from the start of the experiment, by aortic exsanguination after anesthetization with Zoletill00
(Tiletamine-Zolazepam, Virbac, Carros, France). Blood was collected and plasma and serum were
isolated. The heart was rapidly excised and weighed, and portions of left ventricle were taken to
obtain nuclear and total extracts. Other heart portions were utilized for histological microscopy. The
papillary muscles were immediately removed for functional parameter detection.

General parameters.

Body weight and length of rabbits were measured at time zero and prior to death. The body mass
index (BMI) was calculated as body weight in kilograms divided by body length in meters, squared
(kg/m²).

Oral glucose tolerance test

After a fasting period of 12h, a 50% glucose solution was orally administered to the rabbits at 1.5
g/Kg. Blood samples were collected via the auricular artery before 15, 30, 45, 60, 90, 120 and 240
min after glucose loading. Glucose levels were tested using an Accu-Check Compact kit (Roche
Diagnostics Gmbh, Mannheim, Germany)
Parameters in plasma.

Triglyceride (TG), total cholesterol (Te), low density-lipoprotein (LDL)- and high-density-lipoprotein (HDL)-cholesterol were determined by standard enzymatic procedures using reagents kits (Hospitex Diagnostics, Florence, Italy). Aspartate aminotransferase (AST) and lactate dehydrogenase (LDH) were determined using an enzymatic kit (DiaSys Diagnostic Systems GmbH, Holzheim, Germany). Plasma insulin was measured with an ultrasensitive insulin enzyme-linked immunosorbent assay kit from DRG Diagnostics (Marburg, Germany). Insulin sensitivity was calculated using the homeostasis model assessment (HOMA): fasting glucose (mmol/L) x fasting insulin (U/L)/22.5.

Tissue extracts (cytosolic, nuclear and total extracts).

Cytosolic and nuclear extracts from rabbit left ventricle were prepared by the Meldrum et al. modified method (19). Briefly, left ventricle (100 mg) was homogenized at 10% (w/v) in a Potter Elvehjem homogenizer (Wheaton Science Products, Millville, NJ, USA) using a homogenization buffer. Homogenates were centrifuged at 1,000 g for 5 min at 4°C. Supernatants were removed and centrifuged at 15,000 g at 4°C for 40 min to obtain cytosolic extract. The pellets were resuspended in extraction buffer and incubated on ice for 30 min for high-salt extraction, followed by centrifugation at 15,000 g for 20 min at 4°C. The resulting supernatants containing nuclear proteins were carefully removed and samples were stored at -80°C until use. Total extract was obtained by homogenizing at 10% (w/v) directly with extraction buffer and were centrifuged at 1,000 g for 5 min at 4°C. Supernatants (total extract) were stored at -80°C until use.

Protein content was determined using the Bradford assay (20).

Oxidative biochemical parameters.

Reactive oxygen species (ROS) were measured in total extracts using 2',7'-dichlorofluorescein diacetate (DCFH-DA) as a probe (21). Reduced and oxidized glutathione content was measured in cytosolic fractions by Owens's method (22). The difference between total glutathione and GSH content represents the oxidized glutathione (GSSG) content (expressed as μmol proteins); the ratio
between GSSG content and GSH is considered a good parameter of antioxidant status. 4-
hydroxynonenal (HNE) was detected by an HPLC procedure. The extract sample was directly
injected for HPLC (Waters Assoc., Milford, MA, USA) using an RP-18 column (Merck, Darmstadt,
Germany). The mobile phase used was 42% acetonitrile:distilled water (v/v). Serial concentrations
of HNE (0.5-10 μmol/L) were used to prepare a standard curve (23). Catalase activity was evaluated
in the cytosolic fraction following Aebi’s method (24). Total superoxide dismutase (SOD) activity
was assayed by the method described by Flohé and Otting (25). Since the activity of xanthine-
oxidase may vary, sufficient enzyme was used to produce a rate of cytochrome c reduction of at least
0.025 absorbance units/min in the assay without SOD
Advanced glycation end-products (AGE) detection with HPLC-MS.
Cytosol fractions were treated with 6 mol/L hydrochloric acid for 2 h at 40°C and then centrifuged
(1860 g) (26); only the supernatant was utilized. A Thermo-Finnigan Surveyor instrument (Thermo
Electron, Rodano, Milan, Italy) equipped with autosampler and PDA-UV 6000 LP detector was used.
Mass spectrometry analyses were performed using an LCQ Deca XP plus spectrometer, with
electrospray interface and ion trap as mass analyzer. The chromatographic separations were run on a
Varian Polaris C18-A column (150 x 2 mm, 3 μm particle size) (Varian, Leini, Turin, Italy). Flow
rate 200 μL/min. Gradient mobile phase composition was adopted: 95/5 to 0/100 v/v 5 mmol/L
heptafluorobutanoic acid in water/methanol in 13 min. The LC column effluent was delivered to a
UV detector (200-400 nm) and then to the ion source, using nitrogen as sheath and auxiliary gas
(Claind Nitrogen Generator apparatus, Lenno, Como, Italy). The source voltage was set to 4.5 kV in
the positive mode. The heated capillary was maintained at 200°C. The acquisition method used had
previously been optimized in the tuning sections for pentosidine quasi-molecular ion (capillary,
magnetic lenses and collimating octapole voltages) to maximize sensitivity. Collision energy (CE)
was chosen to maintain about 10% of the precursor ion. The tuning parameters adopted for the ESI
source were: source current 80.00 /μA, capillary voltage 3.00 V, tube lens offset 15 V; for ion optics,
multipole 1 offset -5.25 V, inter multipole lens voltage -16.00 V, multipole 2 offset -9.00 V. Mass
spectra were collected in tandem MS mode: MS^2 of (+) 379 m/z with 33 % CE in the range 100-400 m/z.

Western blotting.

NFkB-p65 on cytosol and nuclear extracts of left ventricle were detected by Laemmli's method (27).

Anti-a-actinin antibodies served as loading control for cytosolic proteins and anti-Lamin-B1 for nuclear NFkB. Specific bands were quantified by densitometry using analytic software (Bio-Rad, Multi- Analyst, Munchen, Germany) and the net intensity of bands in each experiment was normalized for the intensity of the corresponding a-actinin or lamin-B1 bands, before comparison between control and treated samples.

RNA isolation and RT-PCR.

Total RNA was isolated using the RNA fast kit (Molecular Systems, San Diego, CA, USA). Total DNA was amplified using sense and antisense primers specific for the C-reactive protein (CRP) gene (sense 5'-AGGATCGGGATTCCCCC-3' and antisense 5'-CACCAGTACTTGATATGTC-3'), the tumor necrosis factor alpha (TNFa) gene (sense 5'-AGGAAGAGTCCCCAAACCT-3' and antisense 5'-GGCCCGAGAAGCTGAC-3'), the myosin heavy-chain a (MHCa) gene (sense 5'-GCCAAGGTGAAGGAGATGA-3' and antisense 5'-GGTCGAATACGTTACCATCTG-3'), the myosin heavy-chain ~ (MHC~) gene (sense 5'-GGTCGAATACGTTACCATCTG-3' and antisense 5'-AA TCGCTGACGACGTGGG-3') or the glyceraldehyde-3-phosphate dehydrogenase (GAPDH) gene (sense 5'-CGCCTGGGAGAA AGCTGCTA-3' and antisense 5'-CCCAGCATCGAAGG TAGA-3').

The PCR reaction system contained 100 nl of RT product, 200 nl of dATP, dGTP, dCTP and dTTP (Finnzymes, Espoo, Finland), 1.25 units of Taq DNA polymerase (Finnzymes, Espoo, Finland) and 50 pmol of sense and antisense primers in a total volume of 50 nl. AH experiments were performed on at least three independent cDNA preparations.

PCR products were electrophoresed on 2% agarose gels and amplification products were stained with GelStar nucleic acid gel stain (FMC BioProducts, Rockland, ME, USA). Gels were photographed and analyzed with Kodak 1D Image Analysis software. The net intensity of bands in each experiment
was normalized for the intensity of the corresponding GAPDH band before comparison between control and treated samples. 

**Histological staining.**

For standard histology, portions of left ventricle were fixed in 4% neutralized formalin. Fixed material was processed for hematoxylin and eosin staining. Six-micron paraffin-wax sections of left ventricle were used.

**Isolated papillary muscle and contractility determination.**

Papillary muscles were driven at constant frequency (120 beats/min) with a pair of electrodes connected to a 302 T Anapulse Stimulator via a 305-R Stimulus Isolator (W.P. Instruments, New Haven, CT, USA) operating in constant current mode. Isometric twitches were evaluated by a Harvard transducer (60-2997), visualized on a Tektronix 2211 digital storage oscilloscope and continuously acquired and recorded in a Power Mac computer, using Labview Software (National Instruments Corp., Austin, Texas, USA). The same software was used to measure developed peak mechanical tension (T max), maximum rate of rise and fall of developed mechanical tension (+dT/dt max and -dT/dt max), time-to-peak mechanical tension (tp) and duration of contraction.

**Statistical analysis.**

Results are expressed as means ± SD. ANOVA and post-hoc analyses included Bonferroni’s test were used (28). The SPSS 14.0 package for Windows (SPSS Inc., Chicago, IL) was used for the statistical analysis. A value of P<0.05 was viewed as statistically significant.

**Results.**

**General features.** Body weight, abdomen length, glucose and insulin were significantly increased in rabbits fed a HP diet versus control values (P<0.05) after three months' treatment. DHEA supplementation did not modify these value (TABLE 1). Body mass index (BMI) and HOMA were
also significantly higher in HP rabbits than in controls \((P<0.05)\) but not different from those of HF plus DHEA rabbits. The ratio heart/body weight ratio was the same in all groups, whereas the heart weight of rabbit fed the HF increased vs controls; DHEA supplementation reduced this increase.

The results of the glucose tolerance test are in FIG. 1. After oral loading, glucose levels remained a high level for up to 240 min, in the HP and DHEA treated HF groups. TG, TC and plasma LDL-cholesterol concentrations were significantly higher in HF rabbits versus controls \((P<0.01)\) and were lower in HF plus DHEA rabbits than in the HP alone group \((P<0.05)\). HDL-cholesterol was also significantly lower \((P<0.01)\) in the HF group versus controls; in the HF plus DHEA group its value was similar to that of control animals \((P<0.05)\).

**Oxidative parameters in the left ventricle.**

Rabbits fed a HP diet for 3 mo showed a significant increase in ROS levels in total extract of left ventricle vs the control group \((P<0.01)\). 4-hydroxynonenal, an end-product of lipid peroxidation, also significantly increased in HP rabbits \((P<0.01)\) (FIGURE 2). In rabbits fed with HF plus DHEA, the ROS and HNE levels were significantly lower than in the HP rabbits \((P<0.05)\). Moreover, total SOD and catalase activities were also increased in the HP rabbits, and DHEA supplementation partially restored these activities to control levels. No significant difference in the GSSG/GSH ratio was observed among groups (data not shown). The level of pentosidine was significantly lower in the HF plus DHEA than in the HF alone group \((P<0.05)\) (TABLE 1). In samples from both control and DHEA groups, gas-mass-HPLC analysis failed to detect any peak for pentosidine, apparently indicating its absence in these animals.

**NFkB-p65.**

Western Blot analysis detected NFkB-p65 protein in the nuclear and the cytosolic fractions of left ventricle (FIGURE 3, panel A and panel B). Nuclear p65-NFkB of HF rabbits was increased versus the control groups \((P<0.05)\) (panel A) while p65-NFkB protein was reduced in the cytosolic fraction of HF rabbits \((P<0.05)\) (panel B). In the rabbits fed the HF plus DHEA diet, cytosolic p65 protein content was less markedly reduced than it was in the HF group, corresponding to an increase
of the nuclear level of p65, and thus indicating lower activation of the NFkB transcription factor
\( (P<0.05) \).

Inflammatory parameters.

Both indices of the proinflammatory state, TNF-α and CRP, were significantly increased in the heart
of rabbits fed the HF diet \( (P<0.01) \) (TNF-α: FIGURE 3, panel C and CRP: FIGURE 3, panel D).

The HF plus DHEA diet significantly decreased expression of both TNF-α and CRP, vs the HF

\( (P<0.05) \).

Myosin expression.

PCR analysis was used to evaluate expression of two isoforms (α and ~) of the myosin heavy-chain
(MHC) protein (FIGURE 4) in the left ventricle of control, DHEA, HF and HF plus DHEA rabbits.

The HF diet determined a significantly \( (P<0.01) \) decreased expression of α-MHC and an increased
expression of ~MHC. When DHEA was added to the HF diet, α-MHC was brought closer to the
control value, and ~MHC was reduced versus the control value \( (P<0.05) \).

Necrosis markers

LDH and AST release were evaluated in the plasma (FIGURE 5). Both LDH (panel A) and AST

( panel B) significantly increased in HF rabbits \( (P<0.01) \). In the HF plus DHEA rabbits, the levels of

LDH and AST were significantly lower than in the HF alone rabbits \( (P<0.05) \).

Histological analysis.

In the left ventricle of the HF rabbits, histological preparations clearly showed extensive and diffuse

l lipid deposition (FIGURE 6, panel C). This lipid infiltration was not observable in either the control

or the DHEA alone group (panel A and panel B). Tissues obtained from HF plus DHEA rabbits

(panel D) showed rare areas of slight lipid deposition.

Cardiac function.

The contractile force developed by electrically-driven papillary muscles was evaluated in basal

conditions (TABLE 2). Basal contractility was weaker in papillary muscles from HF rabbits versus
controls; this was evident not only for maximal developed mechanical tension (Tmax: \( P<0.01 \) by ANOVA), but also for maximum rate of rise (+dT/dtmax; \( P<0.01 \)) and maximum rate of fall of developed mechanical tension (-dT/dtmax; \( P<0.01 \)). In contrast, no significant difference was found between papillary muscles from control and HF rabbits in regard to time to peak mechanical tension (TPT) or duration of contraction. Treatment with DHEA significantly reduced the effects of the HF diet (\( P<0.05 \)). However, DHEA did not per se affect contractile properties of the papillary muscles.

**Discussion**

Male New Zealand rabbits fed a HF diet for 3 mo developed abdominal obesity, hyperglycemia, insulin-resistance, dyslipidemia, and cardiac dysfunction. DHEA supplementation did not affect the high plasma glucose levels induced by the HF diet, nor did it protect against hyperinsulinemia or the HOMA index. There is conflicting evidence about the effect of supplemental DHEA on glucose metabolism and insulin-sensitivity in healthy human subjects (29,30): our results are in agreement with several human studies showing only slight or no effect of DHEA on glucose homeostasis (31-33). As far as the plasma lipid profile is concerned, when DHEA was added to the HF diet, HDL increased in the plasma while triglycerides, total cholesterol and LDL were reduced. These results are in agreement with studies reporting that DHEA decreases serum triglycerides and the body weight in hyperlipidemic rats and diabetic mice (34,35). The mechanisms whereby DHEA exerts its anti-lipid effects are incompletely understood. However, it has been reported that the anti-obesity effect of DHEA may in part be related to changes in lipase activity and in beta-adrenergic receptor density (36,37). Moreover, DHEA accelerates lipid catabolism by direct regulation of hepatic lipid metabolism (38) and also has antiglucocorticoid activity, caused by direct modulation of the hepatic glucocorticoid receptor (39).

However, alongside its effects on lipid metabolism and on insulin axis, we believe that DHEA's key action is against oxidative imbalance (6,7). Indeed, DHEA counteracted the increase in glycoxidative products observed in the plasma of rabbits fed a HF diet, in agreement with a previous rat study (13-16). Oxidative stress was also observed in the cardiac tissue of HF rabbits, in which there were
significant increases in ROS, end-products of lipid peroxidation (HNE) and activation of
transcription factor NFkB. Activation of NFkB, which triggers in the inflammatory cascade, was
demonstrated by the increased expression of TNF-alpha and CRP in cardiac tissue. Here we show
that DHEA, by decreasing oxidative stress and reducing activation of NFkB transcription factor; may
could determine a reduced expression of TNF and of CRP. Moreover, the anti-inflammatory effects
of DHEA, due to cytokine reduction caused by decreased NFkB activation, might be amplified by
the reduction of cholesterol levels, which in turn directly decreases CRP secretion from the tissues
(40). CRP has been shown to predict morbidity and mortality from coronary heart disease (41).
Moreover, it has been shown that high dietary cholesterol intake can increase the production of
atherogenic inflammatory cytokines, such as IL-6 and TNF-a, and that reducing dietary cholesterol
concentration leads to a reduction in CRP production (42).
We suggest that the pro-oxidant and inflammatory states, observed in HF rabbits, cause activation of
intracellular signaling responsible for impaired myocardial function, as been reported in cases of
heart failure (43). HP rabbits showed a switch of cardiac heavy-chain myosin from the alpha to the
beta isoform: this event comprises the heart's "molecular motor" because contractile properties
depend to a great extent on the isoform composition of MHC proteins. A switch in MHC isoform
composition has been reported to cause reduced contractile velocity and energy expenditure (44). In
man as in animals, a reduced content of a-MHC, which is expressed exclusively in the myocardium,
has been reported to be responsible for the reduced myocardial contractility during heart failure (45)
and in diabetes (46). In a previous model of type I diabetes cardiomyopathy (7), we reported that
DHEA treatment, by avoiding impairment of cardiac myogenic factors and producing a switch in
MHC gene expression, protected against tissue damage, an early event in diabetic cardiomyopathy.
DHEA's modulatory effects on MHC expression were also observed in HP rabbits: expression of
two isoforms, alpha and beta, in DHEA treated rats were not significantly different from those of the
control group.
Rabbits on a HF diet clearly showed alterations in papillary muscle contractility. This was shown by altered basal contractility, including reduced maximal developed tension, maximum rate of rise, and maximum rate of fall of developed tension, which are signs of diastolic dysfunction. As in the case of rat cardiac muscle (7), these alterations of the mechanisms controlling intracellular calcium handling within cardiac myocytes are probably related to the structural damage caused by the HF diet.

Histological analysis of tissue from HF rabbits showed extensive and diffuse lipid deposition, as reported in other animal models (47). The increased release of LDH and AST in the plasma of HF rabbits confirmed myocardial damage. Treatment with DHEA protects the cardiac tissue from this altered basal contractility, as well as minimizing histological changes and reducing cells damage caused by the HP diet.

The role of DHEA in the cardiovascular system has been highlighted by the recent finding, in the human heart, of DHEA production and CYP-17 gene expression, a key factor in DHEA synthesis (48,49) and it has recently been proposed that the vascular protective effect of DHEA might be dependent on G-a-GTP-binding protein mediated activation of the phosphatidyl-inositol3-kinase/Akt signaling pathway (50). Several explanations have been put forth for the multi-targeted antioxidant effects of DHEA, including its effect on catalase expression (51), and its up-regulation of the thioredoxin system (52), of the fatty-acid composition of cellular membranes and of cytokine production. However, the precise mechanisms remain to be clarified, and additional non-antioxidant effects cannot yet be ruled out. Whether the effect of DHEA is due to DHEA itself, to its metabolites, or to a combination of both remains unclear. DHEA is also considered to be a pre-hormone, and it has been speculated that, through hormonal effects it might modulate several metabolic pathways which have nothing to do with antioxidant function. However, we found negligible variations of either 17-estradiol or testosterone concentrations in rats treated with 4 mg DHEA. Nevertheless, we report elsewhere that DHEA, but not a variety of other steroids including 17-estradiol, ADIOL and dihydrotosterone, protects bovine retinal capillary pericytes against glucose-induced lipid peroxidation (53).
In conclusion, we show that DHEA supplementation can prevent molecular and functional alterations of the cardiac muscle, restoring oxidative balance and lowering lipid levels, in rabbit fed a high-fat diet. Since similar results have been reported in a model of diabetes type I diabetes, we suggest that heart damage is chiefly dependent on impaired glucose metabolism, and not on insulin-resistance. These data, together with our recent observations on type II diabetes patients (6), suggest that DHEA treatment might prevent many events that lead to the cellular damage induced by hyperglycemia, thus delaying the onset or progression of cardiac complications in type II diabetes.