Gyrotactic trapping in laminar and turbulent Kolmogorov flow

Francesco Santamaria,1 Filippo De Lillo,1 Massimo Cencini,2 and Guido Boffetta1

1Dipartimento di Fisica and INFN, Università di Torino, via P. Giuria 1, 10125 Torino, Italy
2Istituto dei Sistemi Complessi, CNR, via dei Taurini 19, 00185 Rome, Italy

Phytoplankton patchiness, namely the heterogeneous distribution of microalgae over multiple spatial scales, dramatically impacts marine ecology. A spectacular example of such heterogeneity occurs in thin phytoplankton layers (TPLs), where large numbers of photosynthetic microorganisms are found within a small depth interval. Some species of motile phytoplankton can form TPLs by gyrotactic trapping due to the interplay of their particular swimming style (directed motion biased against gravity) and the transport by a flow with shear along the direction of gravity. Here we consider gyrotactic swimmers in numerical simulations of the Kolmogorov shear flow, both in laminar and turbulent regimes. In the laminar case, we show that the swimmer motion is integrable and the formation of TPLs can be fully characterized by means of dynamical systems tools. We then study the effects of rotational Brownian motion or turbulent fluctuations (appearing when the Reynolds number is large enough) on TPLs. In both cases we show that TPLs become transient, and we characterize their persistence.

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I. INTRODUCTION

Motile aquatic microorganisms in their natural habitats move under the simultaneous and combined effect of ambient transport (currents, turbulence etc.) and swimming.12 The interaction between these different transport mechanisms can give rise to interesting phenomena, such as the generation of inhomogeneous distributions,11,12 and swimming-induced flows like bioconvection3,4 or bacterial turbulence.5 Many aspects of which can be studied within the theoretical framework of dynamical systems theory and fluid mechanics.5,13

For most microorganisms, swimming is biased in specific directions by some kind of taxis in response to chemical (e.g. chemotaxis13) or physical signals (e.g. phototaxis14 and magnetotaxis15). One of those taxes, relevant to several species of phytoplankton, tends to orient cell swimming direction upward against gravity (negative gravitaxis). Although other mechanisms are also possible, vertical orientation typically results from the gravitational torque due to the asymmetric cell-density distribution, leading to bottom heaviness.14,15 In the presence of a flow, gravitational torque combines with the hydrodynamic one giving rise to directed locomotion, dubbed gyrotaxis, which can eventually cause accumulation of cells in specific flow regions. In a laminar downwelling pipe flow, for instance, the interplay of swimming and hydrodynamic shear produces a striking aggregation in the center of the pipe known as gyrotactic focusing.14 In homogeneous isotropic turbulence, numerical simulations have shown that gyrotactic algae generate small-scale clusters with fractal distributions.15 Such findings, which have been rationalized using tools from dynamical systems and fluid mechanics, may be an explanation of why field observations have found that small-scale patchiness appears to be stronger in motile phytoplankton species.15,16

In this paper we consider a case intermediate between laminar flows and homogeneous turbulence: turbulence in the presence of a mean shear flow. The motivation for our study comes from the recent experimental observation that gyrotactic algae swimming within a laminar vertical shear aggregate in horizontal layers around the maximal shear rate, as a consequence of gyrotactic trapping.13 This mechanism has been proposed as a possible explanation, at least for some phytoplankton species, for the formation of the spectacular thin phytoplankton layers (TPLs) often observed in (coastal) ocean. TPLs are high concentrations of phytoplankton, centimeters to one meter thick, which extend horizontally up to kilometers and last from hours to a few days.21,25 They are important to marine ecology by enhancing zooplankton growth rates, thus providing high concentration of preys for fishes and their larvae. Moreover, as many phytoplankton species found in TPLs are toxic, their presence can enhance zooplankton and fish mortality, or induce zooplankton to avoid toxic and mucus rich layers. TPLs can be formed by several motile and non-motile species, therefore very likely there is not a unique mechanism for their formation. See the review Ref.25 and references therein for an up-to-date account on various aspects of TPLs.

It is worth recalling the basic ideas of the microfluidic experiments,2 which have demonstrated gyrotactic trapping for Chlamydomonas nivalis and Heterosigma akashiwo (a toxic species). Swimming algae were injected at the bottom of a centimeter-sized tank where a vertical shear is induced by a rotating belt. Cells swim upwards to about the middle of the tank where the shear rate becomes sufficiently strong to overcome gravitational bias and cause the swimming direction to tumble. Loosing gravitational bias, no net vertical velocity can be maintained. Hence, cells remain trapped, accumulating in horizontal layers. Recent numerical simulations have shown that gyrotactic phytoplankton forms thin layers even in non-stationary Kelvin-Helmholtz flow, where swimming cells are found to be trapped in evolving...
II. MODELS

A. Gyrotactic swimming

We consider spherical cells, which is justified by detailed analysis of cell morphology and dilute suspensions so that alga-alga interactions can be neglected as well as back-reaction on the fluid flow. Moreover, thanks to the small size of the cells ($\sim 10 \mu m$) with respect to the Kolmogorov length scale ($\eta$, namely the smallest scale of turbulent flows, in oceans $\eta \sim 0.3 - 10 mm$) they can be considered as point particles and their motion is akin to that of passive tracers but for their ability to swim. We assume that cells are neutrally buoyant, as their sedimentation speed ($\sim 2.5 - 3 \mu m/s$) is much smaller than their typical swimming speed ($\sim 100 \mu m/s$).

According to the classic model of gyrotactic motility, the position $X$ and the swimming orientation $p$ (where $|p| = 1$) of a gyrotactic cell evolve according to the equations

\[
\dot{X} = u + v_s p, \\
\dot{p} = \frac{1}{2B} [\hat{z} - (\hat{z} \cdot p)p] + \frac{1}{2} \omega \times p,
\]

where $\hat{z}$ denotes the vertical unit vector. In Eq. (1), the cell velocity is given by the superposition of the fluid velocity at the cell location, $u(X,t)$, and the swimming velocity, $v_s p$, with $v_s$ assumed to be constant. As for the swimming direction dynamics, the first term on the r.h.s. of Eq. (2) accounts for the bias in the direction opposite to gravitational acceleration, $g = -g\hat{z}$, with a characteristic orientation time $B$ (in a still fluid, $u = 0$, $B$ is the typical time a cell employs to orient upwards). For bottom-heavy, neutrally buoyant and spherical cells in a fluid with kinematic viscosity $\nu$ we have $B = 3\nu/(hg)$, $h$ measuring the distance between the cell center of mass and its geometric center. We remark that this term has, in general, an additional contribution arising from fluid acceleration. However for the formation of TPLs in the oceans, where turbulence is not very intense, with typical values of the turbulent energy dissipation $\epsilon \ll 10^{-4} m/s^3$ (see e.g. Ref [25]), fluid acceleration ($\sim (\epsilon^2/\nu)^{1/4} \approx 0.1 m/s^2 \ll g$) can be safely neglected. Finally, the last term in (2) represents the rotation of the swimming direction due to fluid vorticity $\omega = \nabla \times u$.

By comparing the two terms in Eq. (1), we can define the swimming number $\Psi = v_s U$ where $U$ is a typical velocity of the flow, providing a dimensionless measure of the swimming velocity. While from Eq. (2) we obtain the dimensionless stability number $\Phi = B\omega$, where $\omega$ is a measure of the typical vorticity intensity. The latter number measures the importance of vortical overturning with respect to directional swimming. Given the flow, specified in the following Section, the values of these two numbers determine the behavior of the swimming cells.

In Sect. IV we will also consider the presence of stochastic terms (rotational Brownian motion) in Eq. (2).

B. The Kolmogorov flow

As discussed in the Introduction, gyrotactic cells in vertical shears can form thin layers when shear vorticity exceeds the inverse orientation time, i.e. when $\Psi > 1$, as demonstrated in laboratory experiments. However, shear-induced turbulence can dissolve the layers after a finite lifetime. The process of TPL break-up due to turbulent fluctuations and thus the persistence properties of TPLs are still poorly characterized, mainly because of the experimental difficulties in tracking TPLs from birth to death. Aiming to numerically explore the effects of turbulent fluctuations on the gyrotactic trapping, we consider here the periodic shear flow, originally introduced by Kolmogorov to study the transition to turbulence. Several analytical studies have investigated its linear stability properties and weakly nonlinear behavior.
Moreover, extensive numerical simulations have explored the fully turbulent regime.31,34

The Kolmogorov flow is realized when the Navier-Stokes equation for an incompressible fluid ($\nabla \cdot \mathbf{u} = 0$), is sustained via the Kolmogorov body force, i.e.

$$\partial_t \mathbf{u} + \mathbf{u} \cdot \nabla \mathbf{u} = -\nabla p + \nu \Delta \mathbf{u} + F \cos(z/L) \hat{x}$$

(3)

where $p$ is the pressure, density is taken to unity $\rho = 1$, and $\hat{x}$ denotes the unit vector in the horizontal direction. The physical domain is a cube of size $L_B = 2\pi L$ with periodic boundary conditions in all directions. It is easy to verify that Eq. (3) admits a stationary solution, the laminar Kolmogorov flow $\mathbf{u} = U \cos(z/L) \hat{x}$ with $U = L^2 F/\nu$. This laminar solution becomes unstable with respect to transverse perturbations on scales larger than $L$ when the Reynolds number, $Re = U L / \nu$, exceeds the critical value $Re_c = \sqrt{2}$. The first instability is two-dimensional (thanks to the Squire’s theorem, valid for 2D, parallel flows) but, by increasing $Re$, three-dimensional motion develops and the flow eventually becomes turbulent.31,34 Remarkably, even in the fully developed turbulent state the mean velocity profile $\bar{u}$ (the over-bar denoting time average) remains monochromatic, as in the laminar flow, i.e. $\bar{u} = U \cos(z/L) \hat{x}$, with a different amplitude $U < L^2 F/\nu$.33 By changing the relative amplitude of the turbulent fluctuations with respect to the mean Kolmogorov flow, we will investigate the effects of turbulence on shear-induced gyrotactic trapping, and thus on the persistence and properties of the resulting thin layers.

III. SWIMMING IN THE LAMINAR KOLMOGOROV FLOW

We start considering gyrotactic microorganisms swimming in a laminar Kolmogorov flow $\mathbf{u} = U \cos(z/L) \hat{x}$. It is useful to make Eqs. (1) and (2) non-dimensional by measuring lengths, velocities and times in terms of $L$, $U$ and $L/U$. In particular, Eq. (1) reads

$$\dot{X} = \cos Z + \Phi p_x$$

(4)

$$\dot{Y} = \Phi p_y$$

(5)

$$\dot{Z} = \Phi p_z$$

(6)

where $\Phi = v_s / U$ is the swimming number, while equation (2) becomes

$$\dot{p}_x = -\frac{1}{2\Psi} p_x p_z - \frac{1}{2} \sin Z \ p_z$$

(7)

$$\dot{p}_y = -\frac{1}{2\Psi} p_y p_x$$

(8)

$$\dot{p}_z = \frac{1}{2\Psi} (1 - p_x^2) + \frac{1}{2} \sin Z \ p_x$$

(9)

where $\Psi = BU / L$ is the stability number. The box size in dimensionless units is $L_B / L = 2\pi$.

The coordinates $X$ and $Y$ do not enter the dynamics of the other variables, thus we can ignore them and limit our analysis to the four dimensional dynamical system given by Eq. (4) for the vertical position and Eqs. (7)-(9) for the swimming orientation. The condition $|\mathbf{p}| = 1$ implies that the dynamics is three-dimensional.

It is easily seen from Eqs. (7)-(9) that when $\Psi \leq 1$ the gravitational bias dominates allowing cells to swim upwards through the vertical shear. Conversely, for $\Psi > 1$ vorticity becomes important inducing tumbling motion, which in turns gives rise to gyrotactic trapping.33 In fact, seeking for an equilibrium swimming direction in Eqs. (7) when $\Psi > 1$, a refined analysis shows that, thanks to the absence of vorticity along the direction of gravity (as for the Kolmogorov flow here considered), the only possible equilibrium solution is one with $\mathbf{p}$ lying on the plane perpendicular to gravity and is non-linearly unstable. Therefore, if $\Psi > 1$ vertical motion overcomes gravitational bias and cells perform tumbling motion for some height $Z$ where they remain trapped. While this is generic for steady shear flows with vorticity perpendicular to gravity, for the specific case of the Kolmogorov flow it is possible to characterize the dynamical behavior in great details. Indeed we can notice that, besides $|\mathbf{p}|$, Eqs. (4)-(9) admit two additional conserved quantities implying that the system is integrable.

We start our analysis by observing that, when the gravitational bias dominates the orientation dynamics (i.e. $\Psi < 1$), we expect an average upward swimming speed $\langle Z \rangle = \Phi (p_z) > 0$. Since Eq. (4) is formally solved by $p_z(t) = p_y(0) \exp[-\int_0^t p_x(s) \, ds / (2\Psi)]$, at long times we can write $p_y(t) = p_y(0) \exp[-t / (2\Psi)]$, meaning that asymptotically $p_y \rightarrow 0$ and the swimming orientation evolves on the $(p_x, p_z)$ plane. Actually we can say more: dividing (5) by (4) yields $dp_y / dz = -p_y / (2\Psi \Phi)$, which implies that

$$C(p, Z) = p_y e^{-Z/(2\Psi \Phi)}$$

(10)

is invariant under the dynamics (6)-(9). Furthermore, dividing (7) by (4) and solving the resulting ordinary differential equation for $p_x = p_x(Z)$, one easily finds that

$$H(p, Z) = \Phi e^{Z/(2\Psi \Phi)} \left[ p_x - \frac{\Psi (2\Psi \Phi \cos Z - \sin Z)}{1 + 4\Phi^2 \Psi^2} \right]$$

(11)

is also conserved by the dynamics. In Refs. [10] and [11] similar considerations were used for studying prolate cells, such as bacteria, swimming in a Poiseuille flow.

The conservation of $C$ implies that if $Z$ increases $p_y$ has to compensate decreasing exponentially, as discussed above. As a consequence, we can neglect, at this stage, swimming in the $y$ direction (i.e. we set $p_y = 0$) and limit our analysis to the two-dimensional system

$$\dot{\theta} = \frac{1}{2\Psi} \cos \theta + \frac{1}{2} \sin Z$$

(12)

$$\dot{Z} = \Phi \sin \theta$$

(13)

where we have introduced polar coordinates for the swimming orientation, $(p_x, p_z) = (\cos \theta, \sin \theta)$. 


Since equations (12,13) are periodic, we can consider the evolution on the torus \((\theta,z) \in [-\pi,\pi] \times [0:2\pi]\). In the following we will use \(Z\) to denote the vertical coordinate and \(z\) to indicate its restriction to the torus (i.e. \(z = Z \mod 2\pi\)). We observe that the quantity (11) is not periodic in \(Z\): when \(Z \to Z \pm 2\pi n\), we have \(\mathcal{H}(\theta,z) \to \mathcal{H}(\theta,z)e^{\pm i n/(\Phi \Psi)}\), i.e. \(\mathcal{H}\) is multiplied by a constant.

The system (12,13) can be rewritten as

\[
\begin{align*}
\dot{\theta} &= G(\theta,Z)\partial_Z \mathcal{H} \\
\dot{Z} &= -G(\theta,Z)\partial_\theta \mathcal{H}
\end{align*}
\]  

with \(G = \exp[-Z/(2\Phi \Psi)]\) being the inverse integrating factor. Therefore the time change \(t \to tG^{-1}\) makes a Hamiltonian system having exactly the same trajectories of the original system (12,13) but these are traveled with different speeds. As a consequence, while the Lebesgue measure is invariant (from Liouville theorem) for the Hamiltonian system, this is not the case for Eqs. (12,13), which explains why one can observe accumulations of swimmers (see below).

Let us now inspect Eqs. (12,13) more closely. For \(\Psi < 1\) the dynamics does not admit fixed points, and \(Z\) grows in time, as discussed above. The conservation of \(\mathcal{H}\), and in particular the exponential dependence on \(Z\), implies that when cells migrate upwards the term in square brackets in (11) must decrease exponentially with the vertical position to keep \(\mathcal{H} = \text{const}\). Therefore, for large \(Z\), the swimming direction will be given by

\[
\cos \theta = p_x = \frac{\Psi(2\Phi \Psi \cos Z - \sin Z)}{1 + 4\Phi^2 \Psi^2}.
\]

Remarkably, because \(p_x = \sqrt{1 - p_z^2}\) depends on \(Z\), the vertical velocity will change with height and cells will accumulate where it is minimal. A straightforward computation shows that the minima of \(p_x\) occur at \(Z = n\pi - \arctan[1/(2\Phi \Psi)]\), for any integer \(n\). Around these positions one expects to observe ephemeral layers (also for \(\Psi < 1\)) of high density of cells. The transient accumulations last longer for smaller values of the swimming number \(\Phi\). The above picture is confirmed in Fig. 1a showing the time evolution of the vertical probability density distribution (PDF), \(\rho(Z,t)\), resulting from an initially uniform distribution in \(Z \in [0:2\pi]\) for \(\Psi < 1\).

The above scenario applies whenever Eq. (15) holds globally, i.e. for any values of \(Z\). As \(|p_x| \leq 1\), it is easy to see that for swimmers with \(\Phi < \Phi_c = 1/2\), Eq. (15) can be satisfied only if \(\Psi \leq \Psi_c\) with

\[
\Psi_c = (1 - 4\Phi^2)^{-1/2}.
\]

For fast enough swimmers, \(\Phi \geq \Phi_c\), Eq. (17) holds for any value of the stability number \(\Psi\). As \(\Psi_c \geq 1\), we must distinguish two cases.

In the first (Fig. 1b), \(1 < \Psi < \Psi_c\), a fraction of cells migrate upwards asymptotically setting their motion on the orbit (15), as in Fig. 1b, for cells with \(\Psi < 1\). Also in this case maxima of cell density correspond to minima of \(p_z\). However, unlike the case \(\Psi < 1\), we now observe a non negligible fraction of cells (depending on the initial conditions) which do not migrate upwards and accumulate in thin layers, now not in correspondence of the minima of \(p_z\) (Fig. 1b).

In the second, \(\Psi > \Psi_c\), we observe that all swimmers become trapped and generate an inhomogeneous vertical density profile which soon becomes stationary in time and organized in thin layers (Fig. 1c).

We can understand the different behaviors observed in Fig. 1 and Fig. 3 by inspecting the phase-space qualitative dynamics for \(1 < \Psi < \Psi_c\) and \(\Psi > \Psi_c\). First, we observe that, for \(\Psi > 1\), Eqs. (12,13) admit the following fixed points (written in the reference torus)

\[
(\theta^*,z^*) = \begin{cases} H1 (0,2\pi - \arcsin(\Psi^{-1})) \\
H2 \left((\pi, \pi - \arcsin(\Psi^{-1}))\right) \\
E1 (0, \pi + \arcsin(\Psi^{-1})) \\
E2 \left((\pi, \arcsin(\Psi^{-1}))\right)
\end{cases}
\]

where \(H\)'s and \(E\)'s are hyperbolic and elliptic fixed points (see Fig. 2) with eigenvalues \(\lambda = \pm(\Phi \sqrt{1 - \Psi^{-1}/2})^{1/2}\) and \(\pm i(\Phi \sqrt{1 - \Psi^{-1}/2})^{1/2}\), respectively.
Below and above the critical value $\Psi_c$, the form of the separatrices, i.e., the orbits emerging from the hyperbolic fixed points, changes qualitatively. For $1 < \Psi < \Psi_c$, the separatrices roll up vertically around the torus with a slip-knot from the hyperbolic point containing the elliptic one (see Fig. 2a). Orbits initially within the slip-knot remain trapped there, while those starting outside the slip-knot migrate vertically, asymptotically following the orbit (15) which asymptotically characterized the vertically migrating cells and is very close to the separatrix. For $\Psi > \Psi_c$, (b) all orbits are trapped.

![FIG. 2. Cells positions in the laminar 2D Kolmogorov flow at a long time on the $(\theta, z)$ torus for (a) $\Psi = 1.06$ and (b) $\Psi = 1.12$ with $\Phi = 0.2$, corresponding to Fig. 4b and c, respectively. Black circles (red squares) mark the hyperbolic (elliptic) fixed points. Black curves denote the separatrices emerging from the hyperbolic fixed points, which are obtained from the isolines of $H$ computed at $H1$ and $H2$. At $\Psi < \Psi_c$, (a) small black dots corresponds to trapped orbits and empty circles to the orbit (15) which asymptotically characterized the vertically migrating cells and is very close to the separatrix. For $\Psi > \Psi_c$, (b) all orbits are trapped.]

![FIG. 3. Behavior of swimming cell in parameter space for the laminar Kolmogorov flow. The white region corresponds to vertically trapped orbits ($\Psi \geq \Psi_c$), the grey one to partially trapped trajectories ($1 < \Psi < \Psi_c$, with coexistence of trapped and vertically migrating cells) and, finally, the black to vertically migrating cells ($\Psi < 1$), whose swimming direction depends on the vertical position as predicted by Eq. (15).]

![FIG. 4. Number density of algae corresponding to the two layers restricted to the domain $z \in [0 : L_B]$, for both 2D and 3D for $\Phi = 0.05$ and three values of $\Psi$ as labeled. Density tends for minor details in the two cases. Notice that layers tend to disappear for large $\Psi$.]

ing as barriers to vertical transport as typically happens in Hamiltonian systems. Hence, whenever $\Psi > \Psi_c$, trajectories remain bounded in the vertical direction for all initial conditions. It is noted that for $\Psi = \Psi_c$, the orbit (15) becomes the separatrix and passes through all the hyperbolic points. Figure 3 summarizes the possible behaviors in parameter space ($\Phi, \Psi$).

It should be noted that this layered structure is essentially due to the fact that: (i) the velocity on the orbit depends on the vertical position, and the trajectory spends more time where $G$ is smaller (i.e. $Z$ large) as from Eq. (14), (ii) the fact that the separatrices confine the motion. It is easy to understand that (i) and (ii) imply that concentration will be large around the highest allowed vertical value which, for $1 < \Psi < \Psi_c$ (Fig. 2), coincides with the hyperbolic points and, for $\Psi > \Psi_c$ (Fig. 2a), is in between the hyperbolic and elliptic points. Cell accumulation will thus increase going upwards to the top of the separatrices and then will abruptly fall down, as revealed by the vertical asymmetry in density profiles shown in Fig. 4, see also Ref. [25] for a discussion on such asymmetries.

It should be noted that at increasing $\Psi$, the accumulation in layers tends to disappear (see also Fig. 4). Indeed in the limit $\Psi \to \infty$ the dynamics (12-13) becomes Hamiltonian with $H = \Phi \cos \theta - (1/2) \cos(Z)$, corresponding to the well known Harper Hamiltonian, originally introduced to describe crystal electrons in the presence of a magnetic field. Consequently, swimming cells cannot display accumulation as implied by Liouville theorem. Nonetheless, provided $\Phi < \Phi_c$, also in this limit we have that the separatrices act as barriers to vertical migration.

We conclude this section briefly commenting the three dimensional case. As discussed above, thanks to the invariance of (10) upward migrating cells (as in the black and grey region of Fig. 3) follow trajectories which a long times coincide with the two dimensional case (as $P_y \to 0$). In principle, the dynamics of non-vertically-migrating cells can be fully characterized, e.g., studying the conserved quantities. On a qualitative level, the orientation vector will move on the intersection between
the surface determined by $[10]$ and $[11]$ and the sphere $|p| = 1$. The conservation of $[10]$ implies that the extreme values reached by $p_y$ are linked to the extremes of $Z$. The same conservation law also shows that $p_y$ is bounded away from 0 for any finite $Z$ and any initial condition with $p_y \neq 0$. As a consequence, all bounded trajectories will have a finite average drift along $y$, according to the initial sign of $p_y$. However, since $y$ is a slaved variable, the above depicted scenario, including the behavior in parameter space (Fig. 5) is unmodified going from two to three dimensions. Actually, as shown in Fig. 5, the (vertical) density profiles are quantitatively very close in two and three dimensions.

### IV. EFFECTS OF ROTATIONAL DIFFUSION

In this section we focus on the effects of stochasticity on the dynamics of the swimming orientation. Even in a still fluid, indeed, swimming trajectories are not straight lines and usually display a certain degree of randomness because of thermal fluctuations and/or of the swimming process. Thermal fluctuations are important for very small ($\sim 1 \mu m$) microorganisms, such as e.g. bacteria, and can be modeled in terms of rotational Brownian motion (RBM) $[13]$ namely as a diffusion of the swimming direction on the unit sphere. Gyrotactic microalgae are typically too large to be affected by thermal fluctuations. However, in theoretical approaches $[23,24]$ and consistently with experimental observations $[25,13]$ it is still possible to use RBM to model the random fluctuations of the swimming direction due, e.g., to small variations in the cell shape, waving or imperfections in the flagella movement, and bacteria-like run-and-tumble $[15,16]$ due to the desynchronization between the flagella.

For the sake of simplicity, we only consider the 2D Kolmogorov flow, which displays, also quantitatively (see, e.g., Fig. 4), the main features of the 3D flow. In two dimensions, RBM corresponds to diffusion of the angle $\theta$ in Eq. (12) with (rotational) diffusivity $D_r$. As an example, in *Chlamydomonas augustae* $[16]$ $D_r^{-1} \sim 15$ s. It is useful to introduce a non-dimensional measure of diffusion, namely the rotational Pelet number $Pe_r = U/(LD_r)$. Consid-
ering RBM amounts to adding to the r.h.s. of (12) the stochastic term $\sqrt{2Pe_r^{-1}} \eta$, $\eta$ being a zero-mean Gaussian variable with $(\eta(0)\eta(t)) = \delta(t)$.

RBM can cause dramatic effects when gyrotactic trapping is effective (i.e. when $\Psi > \Psi_c$); in principle, for any $Pe_r^{-1} > 0$, thanks to random fluctuations, all swimmers potentially have a way to escape from the “barrier” of the separatrices (by definition, impenetrable in the deterministic case). We therefore expect that a small random component in the swimming dynamics will make layers transient, with a finite lifetime.

This scenario is confirmed in Fig. 5 showing the time evolution of the vertical cell-number density for stability number corresponding to gyrotactic trapping (with $\Psi > \Psi_c$ as in Fig. 4) when RBM is acting on the dynamics. Similarly to the deterministic case, an initially uniform distribution in $(\theta,Z) \in [-\pi : \pi] \times [0 : L_B]$ (quickly) evolves into layers located around the elliptic points. However, unlike the deterministic case, after a typical time depending on $Pe_r$, any layer dissolves and, thanks to the flow periodicity, gives birth to a new layer at distance $L_B/2$ upward. The “length” of the traces in Fig. 5 essentially corresponds to the lifetime of a layer. Clearly, in the case of a non-periodic set-up only a single layer would form, persist for some time and then dissolve unless a continuous in-flow of algae is provided from below. We notice that the lowest layer lasts for about half the duration of the other layers: this is due to the fact that it has no layers below feeding it. The figure shows that the value of $Pe_r$ influences both the lifetime and the focusing of the layers. We shall be more quantitative on this aspect in the following.

To better understand the process it is useful to inspect the behavior of a typical single swimmer trajectory (Fig. 6). We can clearly identify trapped states interrupted by rapid upward migrations. As from Fig. 2b, trapping is spatially localized at $Z$ values (mainly) in between adjacent elliptic and hyperbolic points, where a swimmer can spend a long time before RBM allows it to escape the separatrix. Out of the trapping region, shear vorticity is low and thus the cell can locally migrate vertically (as globally done when $\Psi < 1$), till it enters a new trapping region shifted of $L_B/2$ above due to the flow pe-
ridity. Then the process starts again. The (stochastic) switch between these two states of motion induces an average vertical drift, $\langle v_z \rangle > 0$ (Fig. 7a). Clearly, in both the deterministic ($Pe^{-1}_r \rightarrow 0$) and RBM dominated (large $Pe^{-1}_r$) we should expect a zero average drift: in the former case because of gyrotactic trapping, in the latter due to fast decorrelation of the swimming orientation due to RBM (this is expected when $\Psi / Pe_r = BD_r$ becomes very large). Consequently, we expect to have an intermediate value of the rotational diffusivity for which the vertical drift is maximal, as confirmed in Fig. 6.

The qualitative features of the trajectory shown in Fig. 6 suggest to look at the statistics of trapping time $T_e$. Thanks to the periodicity and the fact that out of the layer vertical migration is fast (Fig. 5), we can define it as the time $T$ it takes for a swimmer to swim upwards the distance between two consecutive layers (i.e. $L_B/2$ in our model flow). The average exit (or trapping) time $T_e = \langle T \rangle$ shown in Fig. 7a coincides with $L_B/(2\langle v_z \rangle)$. While this is obvious as the two statistics are mathematically equivalent, it can be useful when coping with finite observation times. In fact, exit-time statistics can be strongly biased when the total observation time is not large enough (see Sect. V).

A quantitative comparison between the average exit time $T_e$ of the single trajectory and Fig. 6 suggests however that $T_e$ tends to underestimate the layers time duration. A more sounding definition of the layer persistence time, $T_p$, requires somehow to account for the fact that there could be many swimmers trapped for times longer than the average $T_e$. Heuristically we found that a reasonable estimate is obtained considering that a layer dissolves when, say, $\sim 90\%$ of the cells have escaped from it. In terms of the exit time probability density function $p(T)$ we can thus define $T_p$ implicitly as $\int_0^{T_p} p(T) dT \approx 0.9$. Fig. 7b shows also $T_p$, which appears to be a better proxy of the persistence time, for instance in the case of Fig. 6, i.e. $Pe^{-1}_r = 0.01$, we have $T_p \approx 630$ which is essentially the trace length of the lowest layer, i.e. half of the other layers.

The interpretation of $T_p$ as the layer persistence time, however, becomes meaningless when layers are not well defined. For example, from Fig. 7b, one can get the wrong impression that at large $D_r$ layers last longer and longer. In reality, by increasing $D_r$ (i.e. decreasing the coherence in the swimming orientation) layers spread away, becoming less and less well defined as high cell density locations (as when $\Psi$ becomes too large, see Fig. 4). To quantify such an effect, we introduce a measure based on the quadratic deviation from the uniform distribution on the domain $z \in [0 : L_B]$. In other terms we use the periodicity to restrict the vertical position in $z \in [0 : L_B]$ so that we can define the density $\rho(z,t)$. With RBM such density reaches a statistically stationary profile and we
define the normalized root mean square deviation of the average profile, \( \rho(z) \), from that expected for a uniform distribution, i.e. \( \rho(z) = \rho_0 = 1/LB \). In formulae, this inhomogeneity index is defined as

\[
\chi = \sqrt{\langle (\rho - \rho_0)^2 \rangle / \rho_0},
\]

the angular brackets denoting integration over \( z \). Figure 7 shows that this measure monotonically decreases with \( D_r \), as expected. Also, faster swimmers concentrate less.

V. SWIMMING IN THE TURBULENT KOLMOGOROV FLOW

As discussed in Sect. II B, the steady Kolmogorov flow becomes unstable for \( Re > \sqrt{2} \) and ultimately turbulent, upon further increasing \( Re \). Nonetheless, thanks to the monochromatic character of the (time-averaged) mean flow, we can always decompose velocity and vorticity, entering Eqs. (1), (2), in the mean shear with superimposed fluctuations \( u' \) and \( \omega' \) as

\[
u = U \cos(z/L)\hat{x} + u'(x,t)
\]

\[
\omega = \frac{-U}{L} \sin(z/L)\hat{y} + \omega'(x,t).
\]

Such decomposition suggests that we can consider turbulent fluctuations as a perturbation of the dynamics studied in Sect. III. Actually, even at relatively low \( Re \), the amplitude of turbulent fluctuations is of the same order as the mean flow, in particular \( u'_{rms}/U \approx 0.5 \) In real oceans, however, fluctuations are typically smaller than the mean flow due to different factors such as, e.g., stratification.

In the following we will therefore consider the velocity (and vorticity) field defined as \( U \cos(z/L)\hat{x} + \gamma u' \), where \( u' \) is the fluctuating component in Eq. (19), obtained by a direct numerical simulation (DNS) of Eq. (3). In this way, the parameter \( \gamma \) controls the intensity of turbulent fluctuations so that \( u'_{rms}/U \approx 0.5\gamma \). The ability to control the weight of fluctuations is important to systematically assess the role of fluctuations. Indeed, there are indications24 that in the standard Kolmogorov flow (i.e. \( \gamma = 1 \)), turbulence is so intense to completely dissolve phytoplankton layers. Another advantage of this approach is that the statistical properties of the turbulent fluctuations do not change with \( \gamma \) as they would, for example, by introducing stratification.

Navier-Stokes equations (3) are integrated by means of a standard, fully parallel pseudo-spectral code13 on a cubic domain of size \( L_B \) discretized by 128³ grid points, with periodic boundary conditions in all directions. Lagrangian dynamics (14) (suitable modified with the \( \gamma \)-factor as discussed above) of up to 10⁵ swimmers for each set of parameters \( (\Phi, \Psi, \gamma) \) was performed using linear interpolation of the velocity and vorticity fields, as in Refs.13 and 14. A 2nd-order Runge-Kutta scheme was used for time advancement of both Eulerian and Lagrangian dynamics. Particle positions were re-boxed within the periodic domain in the \( x \) and \( y \) directions, while the absolute displacement was tracked along \( z \). The Reynolds number in our simulation is \( Re = 158 \), the smallest Kolmogorov scale \( \eta \) is well resolved as \( k_{max}\eta \approx 1.8 \).

Turbulent fluctuations, when strong enough, inhibit gyrotactic trapping. This is confirmed in Fig. 8 showing the swimmer vertical-density profiles for \( \Psi = 1.1 \) and \( \Psi = 1.5 \) at varying the intensity of turbulent fluctuations \( \gamma \). Upon increasing \( \gamma \) vertical heterogeneity weakens. This effect is quantified by the inhomogeneity index \( \chi \) Eq. (18), shown in Fig. 9 as a function of the stability parameter \( \Psi \) for three values of the turbulent intensity \( \gamma \). As in the previous Section, we focus here on the case \( \Psi > \Psi_c \), when gyrotactic trapping is effective in the laminar regime. Interestingly, at increasing \( \gamma \) turbulent fluctuations not only smooth the inhomogeneities (decreasing the value of \( \chi \)) but also induce a non-monotonic dependence on \( \Psi \), with maximal inhomogeneity obtained for a value of the stability parameter, \( \Psi > \Psi_c \), weakly depending on \( \gamma \).

Figure 10 shows the formation and disruption of layers, similarly to the phenomenology induced by RBM (Fig. 7). More quantitatively, Figure 11 shows the average inhomogeneity index as a function of \( \gamma \) which plays a similar role of \( Pe^{-1} \) for the laminar case with RBM (compare with Fig. 7).

At moderate values of turbulent intensity, velocity and vorticity fluctuations allow cells to escape from the trapping regions by moving them to regions of lower shear, where upward directed swimming is possible. As a result, the average vertical cell velocity, \( \langle v_z \rangle \), which was zero in the absence of turbulent fluctuations, becomes positive. However, very intense turbulence rotates the cell swimming direction randomly and, moreover, fluctuations of the vertical velocity also mix cells. As a consequence, the average vertical motion \( \langle v_z \rangle \) decreases for large values of \( \gamma \). An intermediate turbulence intensity maximizes the vertical migration velocity (see Fig. 11).

![FIG. 8. Vertical profile of swimmer number density \( \rho(z) \) for two values of the stability parameter \( \Psi = 1.1 \) (black lines) and \( \Psi = 1.5 \) (grey lines) at different turbulent intensities \( \gamma = 0.01, \gamma = 0.05 \) and \( \gamma = 0.2 \) (from left to right).](image-url)
FIG. 9. Inhomogeneity index $\chi$ as a function of $\Psi$ for various $\gamma$. Data symbols are shown only for values of the stability number such that gyrotactic trapping is effective in the laminar case, i.e. $\Psi > \Psi_c$.

FIG. 10. Evolution of vertical density of cells in a turbulent Kolmogorov flow for swimming parameters $\Psi = 1.1$, $\Phi = 0.05$ and turbulence intensity $\gamma = 0.01$ (a), 0.05 (b), 0.2 (c). The initial condition is a random uniform distribution on $[0, L_B]$. Subsequent formation and disruption of layers is evident in panels (b,c) (compare with the laminar case in presence of rotational diffusion shown in Fig. [5]). Time and scale have been made non-dimensional as for the laminar case.

exit time, as already discussed, is determined by the average swimming speed, i.e. $T_e = L_B/(2\langle v_z \rangle)$ (Fig. [11]). However, unlike the laminar case (Fig. [5]), here the agreement is not perfect especially when $T_e$ is large. The reason is that the total integration time of turbulent simulations was shorter and the exit-time statistics does not converge for very large $T$. In realistic situations, where the numerical or experimental time is finite, the evaluation of $T_e$ must be carefully performed and compared with the other statistics such as the average vertical velocity. The most affected cases are the ones with very weak or very intense turbulence. In the latter case $\chi \approx 0$ and thus layering is negligible.

FIG. 11. Quantitative characterization of single cell and layer properties as a function of turbulent intensity $\gamma$, for $\Phi = 0.05$ (circles) and $\Phi = 0.2$ (squares) with $\Psi = 1.1$. (a) Average vertical velocity $\langle v_z \rangle$ normalized to the swimming speed $v_s$. (b) Layer persistence time $T_p$ (semi-filled symbols) and average trapping time $T_e$ (open symbols) for single trajectories, compared to $L_B/(2\langle v_z \rangle)$ (small filled symbols inside the empty ones). Notice the discrepancy between $\pi/\langle v_z \rangle$ and $T_e$ at $\Phi = 0.2$, see text for a discussion. (c) Inhomogeneity index $\chi$ as from Eq. (18).
drift, the probability density function of the exit time $T$ is given by the so called inverse Gaussian function, which we can write as follows

$$P(T) = \frac{L_B}{(4\pi D_z T^3)^{1/2}} \exp\left(-\frac{L_B - L_B/2}{4u_{rms}^2}T^2\right).$$  \hspace{1cm} (21)$$

We thus have a prediction for the exit time PDF which can be directly tested against the measured one. For the drift velocity we have $V_d = \langle v_z \rangle$, which is measured in DNS (Fig. 11a), notice also that Eq. (21) implies $T_e = \langle T \rangle = L_B/(2V_d)$, consistently with Fig. 11a).

The diffusion constant $D_z$ can be estimated by measuring $\langle T^2 \rangle$ in the DNS and noticing that in Eq. (21) $\langle T^2 \rangle = L_B(D_z + LV_d^2)/V_d^2$. In Figure 12b we show the comparison between measured exit-time PDF $p(T)$ and the inverse Gaussian prediction (21), with $D_z$ and $V_d$ obtained as discussed above. The prediction turns out to be very accurate for the right tail (long exit times) for all turbulent intensities $\gamma$, while the left tail reproduces the numerical results only for large values of $\gamma$. Indeed a purely Gaussian model cannot be expected to describe the escape-time statistics accurately in presence of strong trapping. The deviations in the left tails can be interpreted as the result of the suppression of fast escapes due to gyrotactic trapping, which is more effective in the limit $\gamma \to 0$. On the other hand, long escape times allow trajectories to sum-up many uncorrelated contributions, thus producing a diffusive behavior, which explains the good agreement on the right tail.

It is natural to identify $D_z$ with the vertical turbulent eddy diffusivity $D_{turb}^z$, characterizing the large scale diffusive properties of fluid tracers. In Figure 12b we show, as a function of the turbulent intensity $\gamma$, the $D_z$ estimated from the exit-time statistics for different values of $\Phi$ and $\Psi$ and the (vertical) turbulent diffusivity measured from the vertical mean square displacement of tracer particles in the same flow. We start by noticing that the turbulent diffusivity behaves as $D_{turb}^z \propto \gamma^2$, which is consistent with the expectations as $D_{turb}^z \propto (u_{rms})^2 \approx \gamma^2(U/2)^2$. Then we observe that the diffusivity $D_z$ for gyrotactic swimmers, estimated from exit times, is typically larger than the turbulent one, and the deviation is more pronounced at small $\gamma$ for larger swimming number and smaller stability number, more precisely for $\Psi$ closer to $\Psi_c$. These features can be rationalized as follows. In the presence of turbulent fluctuations the vertical diffusivity is expected to have two contributions: one from the fluctuations of the vertical velocity, which can be estimated from turbulent diffusivity, and one from swimming combined with the reorientation of the swimming direction due to vorticity fluctuations. Clearly, the latter contribution will lead to a diffusivity which increases with the swimming speed and thus is more important than the former for small $\gamma$, indeed $v_w/u_{rms} \sim \Phi/\gamma$. This explains the larger discrepancy at small $\gamma$. As for the effect of stability, diffusivity due to swimming is expected to be larger when vertical motion is more coherent, i.e. cells are more stable in their orientation (i.e. $\Psi$ is smaller). Finally, when turbulent fluctuations become the dominant effect, layers tend to disappear and cells are expected to recover a diffusive dynamics which explains the convergence of $D_z$ to the turbulent value for $\gamma \to 1$. Consistently, the PDF of exit-times converges to (21) (see Fig. 12).

VI. CONCLUSIONS

In this paper we have investigated the phenomenon of gyrotactic trapping which has been recently proposed as one of the possible mechanisms responsible for thin phytoplankton layer formation.\[25\]

We derived a detailed theory of the mechanism within the framework of dynamical systems theory for the laminar Kolmogorov flow. The ideas and tools here developed can be generalized to basically any laminar shear flow. In particular, the approach developed in Sect. III can be easily extended to Poiseuille-like velocity fields such as that used in the experiments presented in Ref. [4]. Nonetheless the Kolmogorov flow is advantageous as it allows us to avoid considering boundaries and focus on bulk properties without the need to model the behavior of swimmers close to walls. Moreover, thanks to the fact that the sinusoidal mean profile is preserved in the turbulent case, we studied how gyrotactic trapping is altered by turbulence.

We found that turbulent fluctuations, similarly to random fluctuations of swimming direction due to rotational Brownian motion, make gyrotactic trapping transient. We characterized the phenomenon in terms of trapping (or exit) times and showed that in the presence of turbulence the statistics of exit times can be modeled (at least for long trapping events) by a diffusive process with drift. In particular, the (vertical) drift velocity results from the average upward swimming while diffusion results from

![Figure 12](image-url)
both turbulent diffusivity (as for tracer particles) and swimming combined to fluctuations of the swimming direction. When velocity fluctuations are small compared to the swimming speed, the diffusivity induced by the latter is important. As a consequence, care should be taken when estimating the effect of turbulence on thin layers formed by swimming phytoplankton in terms of turbulent diffusivity alone. Swimming combined to reorientation of the swimming direction can indeed be very important for the diffusion properties, as also recently recognized in simple linear flows.\cite{10}

We found that the average exit time of single trajectories $T_e$ is given by the average swimming speed and typical vertical length characterizing the layers (which in the periodic Kolmogorov flow is $L_B/2$). The persistence time of the layer $T_p$ is of the order of a few (typically $\sim 2-3$) $T_e$ depending on the value of the vertical diffusivity, using e.g. the inverse Gaussian prediction \cite{21}. Thus ignoring the aforementioned difficulties in estimating $D_z$ for realistic oceanic flows, if we consider average swimming speed $\langle v_z \rangle$ in the range $0.2-0.6 \, \mu m/s$, as suggested by Fig.11 (with $v_s \approx 100-200 \, \mu m/s$) and typical lengths $L_B$ of the order of a few centimeters, we obtain an estimation of $T_p$ from a few hours to a few days, which is akin to values found in TPLs observed on the field.

We conclude mentioning that it would be very interesting in future investigations to consider a more realistic model in which modulation of turbulent fluctuations are controlled by stratification, as in real oceans. Moreover, it would be useful to quantitatively assess the diffusion properties of swimming microorganism under the combined effect of swimming and fluid motion.

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