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**Biomolecules and Natural Medicine Preparations: Analysis of New Sources of Bioactive Compounds from Ribes and Rubus spp. buds**

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1 Article

# 2 BIOMOLECULES AND NATURAL MEDICINE 3 PREPARATIONS: ANALYSIS OF NEW SOURCES 4 OF BIOACTIVE COMPOUNDS FROM *RIBES* AND 5 *RUBUS* SPP. **BUDS**

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10 Grugliasco (TO), ITALY11 \*Corresponding author: e-mail: [dario.donno@unito.it](mailto:dario.donno@unito.it)12 **Running head:** Phytochemical fingerprint of berry-species bud-preparations

## 13 ABSTRACT

14 It is well known that plants are important sources for the preparation of natural remedies as  
15 they contain many biologically active compounds: in particular, polyphenols, terpenic  
16 compounds, organic acids, and vitamins are the most widely occurring groups of phytochemicals.  
17 Some endemic species may be used for the production of herbal preparations containing  
18 phytochemicals with significant bioactivity, as antioxidant activity and anti-inflammatory  
19 capacities, and health benefits: blackberry sprouts and blackcurrant buds are known to contain  
20 appreciable levels of bioactive compounds, including flavonols, phenolic acids, monoterpenes,  
21 vitamin C, and catechins, with several clinical effects.

22 The aim of this research was to perform an analytical study of blackcurrant and blackberry  
23 bud-preparations, in order to identify and quantify the main biomarkers, obtaining a specific  
24 phytochemical fingerprint to evaluate the single botanical class contribution to total phytocomplex  
25 and relative bioactivity, using a High Performance Liquid Chromatograph – Diode Array  
26 Detector; the same analyses were performed both on the University laboratory and commercial  
27 preparations.

28 Different chromatographic methods were used to determine concentrations of biomolecules  
29 in the preparations, allowing for quantification of statistically significant differences in their  
30 bioactive compound content both in the case of *Ribes nigrum* and *Rubus* cultivated varieties at  
31 different harvest stages. In blackcurrant bud-extracts the most important class was organic acids  
32 (50.98%) followed by monoterpenes (14.05%), while in blackberry preparations the main bioactive  
33 classes were catechins (50.06%) and organic acids (27.34%).

34 Chemical, pharmaceutical and agronomic-environmental knowledge could be important for  
35 obtaining label certifications for the valorization of specific genotypes, with high clinical and  
36 pharmaceutical value: this study allowed to develop an effective tool for the natural preparation  
37 quality control and bioactivity evaluation through the chemical fingerprinting of bud  
38 preparations.

39 **Keywords:** biomarkers; *Ribes nigrum*; *Rubus* cultivated varieties; bioactivity; herbal preparations;  
40 phytochemical fingerprint, bud-extracts

41

## 42 1. INTRODUCTION

43 Plants are important sources for the preparation of natural remedies, food additives, and other  
44 ingredients, as they contain many biologically active compounds as polyphenols, vitamins (A, B  
45 group, C, E), terpenes, organic acids, and other very important phytochemicals [1,2]. For this

47 reason, plant material and herbal preparations have been widely used for hundreds of years all  
48 over the world [3]; they have provided a complete storehouse of remedies to cure acute and chronic  
49 diseases. Berry species have been demonstrated to exhibit a broad spectrum of benefits: in  
50 particular, blackberry (*Rubus* cultivated varieties) sprouts and blackcurrant (*Ribes nigrum* L.) buds  
51 are known to contain appreciable levels of vitamins, terpenic and phenolic compounds, including  
52 flavonols, phenolic acids and catechins [4,5]. The most important industrial product of blackcurrant  
53 is fruits; however, leaves and buds, due to their characteristic chemical composition and excellent  
54 flavor, have also found some applications as a raw material for the herbal and cosmetic industries:  
55 many people use its buds as medicinal preparation for its anti-inflammatory activity and against  
56 dermal diseases (eczema and psoriasis) [6,7]. Instead, blackberry sprouts have been used in  
57 traditional medicine for their medicinal properties, as antioxidant, anti-haemorrhoids and anti-  
58 diarrhoea activity [8,9].

59 Phytotherapy is the study of natural extracts used as health-promoting products for medical  
60 care [10]: the idea comes from the observation that certain plants, or parts thereof, taken as food,  
61 may have therapeutic effects. Every early civilization used plants or parts of plants (buds, leaves,  
62 sprouts, flowers, fruits, seeds, bark, roots) as their main source of health care, and this holds true  
63 even today in many rural populations [11]. Moreover, there is also a greater tendency toward  
64 regular use of alternative therapies in the main European countries: 49% and 46% of the population  
65 in France and Germany, respectively, used it regularly, along with 35%, 31%, and 25% of the  
66 population in the United Kingdom, Belgium, and the countries of Northern Europe, respectively  
67 [12]. Natural medicine has not been officially recognized in most countries [13], but it shows an  
68 increasing acceptance by consumers and medical professionals that pushed world demand for  
69 herbal extracts up to 7.5% annually to US \$ 1.95 billion in 2012 [14,15].

70 Gemmotherapy is the most recent of therapeutic techniques developed on the basis of the plant  
71 medical properties: it uses the properties of extracts obtained by the maceration in ethanol and  
72 glycerol of fresh meristematic plant tissues, mainly buds and sprouts, for medicinal purposes. The  
73 product is commercially known as bud-preparation. In herbal preparations, due to the large  
74 quantity of bioactive compounds, many of which act synergistically, there is a preference to  
75 attribute the pharmacological effect to the “phytochemical” (a combination of different substances,  
76 both active principles and other plant components), rather than to any single active compound, as  
77 in the case of standard medicine [16].

78 In the last years, phytotherapy has become a fully fledged medical discipline, since the  
79 knowledge gleaned from folk medicine has since been subjected to methodical scientific assessment  
80 in order to provide evidence of its efficacy [17]. However, the fast growing industry in herbal  
81 products and the lack of regulations and legislations caused the WHO and other regulatory bodies  
82 to be increasingly concerned with the safety and efficacy of herbal medicines [18,19]. In particular,  
83 research on bud-preparations, until now, has been only focused on their clinical effects: researches  
84 on raw material origin, cultivation and quality still lack [20]. Instead, quality control of natural  
85 products is extremely important, as the effectiveness and quality of herbal medicines depend on the  
86 concentrations of their active ingredients [21]. Key factors that can affect the quality and quantity of  
87 these compounds include the plant genotype, pedoclimatic conditions, applied agronomic  
88 techniques and phenological stage in which the buds are harvested [22,23]. Moreover, the herbal  
89 preparation quality is also determined by the following processing and storage procedures [24].

90 The lack of information on the intrinsic and extrinsic factors that determine the quality and  
91 effectiveness of bud-preparations indicates the need to extend research on this topic: however, due  
92 to variability and complexity of bud-preparations, it is very difficult to control their product quality  
93 [25]. The key factors in achieving this objective are the determination of chemical composition and  
94 the standardization of herbal preparations: the definition of a chromatographic (HPLC) fingerprint  
95 allows for qualitative and quantitative evaluation of phytochemical components [26,27]. In  
96 particular, the best method of identifying preparations is by measuring the concentration of the  
97 main bioactive compounds, called “biomarkers” [28,29].

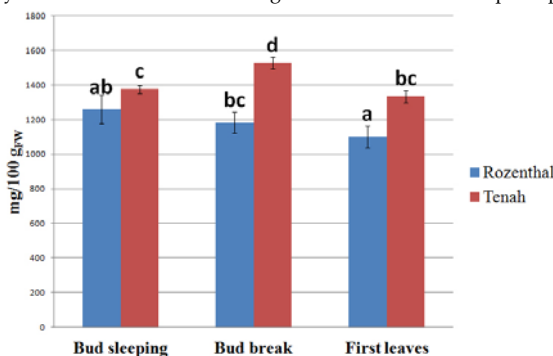
98 Given the above, the aim of this research was to perform an analytical study of blackcurrant  
 99 and blackberry bud-preparations using simple, sensitive and reliable HPLC–diode array detector  
 100 (DAD) methods in order to identify and quantify the main phytochemicals (biomarkers) and to be  
 101 able to obtain a specific botanical fingerprint for the assessment of the single bioactive class  
 102 contribution to total bud preparation phytochemical profile: the influence of genotype and harvest  
 103 stage on these bioactive substances in the bud-extracts was analysed. The same analyses were  
 104 performed both on University lab preparations and on commercial preparations.

## 105 2. RESULTS AND DISCUSSION

106 Recently, many screening studies of different plant materials have been performed in order to  
 107 find naturally occurring antioxidant compounds for use in food or medicinal preparations, as  
 108 replacements for potentially harmful synthetic additives [30]: phenolic acids, flavonols and  
 109 catechins were often selected for quantitative studies [31,32]. In this case, the extracts of the  
 110 analyzed species are recommended by physicians to be consumed as phytochemical supplements,  
 111 and further information could be used to direct future research towards condition-specific  
 112 beneficial properties associated with their therapeutic effects [33,34].

113 Chemical composition of secondary plant metabolites highly depends on several factors as  
 114 climatic conditions, harvesting time, and plant genotype [35–37]: the present study showed that  
 115 bioactive compound concentration in bud-preparations can be properly defined and characterized  
 116 on the basis of chemical, agricultural and environmental knowledge. Different genotypes presented  
 117 different chemical composition, but it was also important to consider pedoclimatic conditions of  
 118 sampling sites strongly influence the presence of these compounds, as comparing the results of  
 119 commercial bud-preparations.

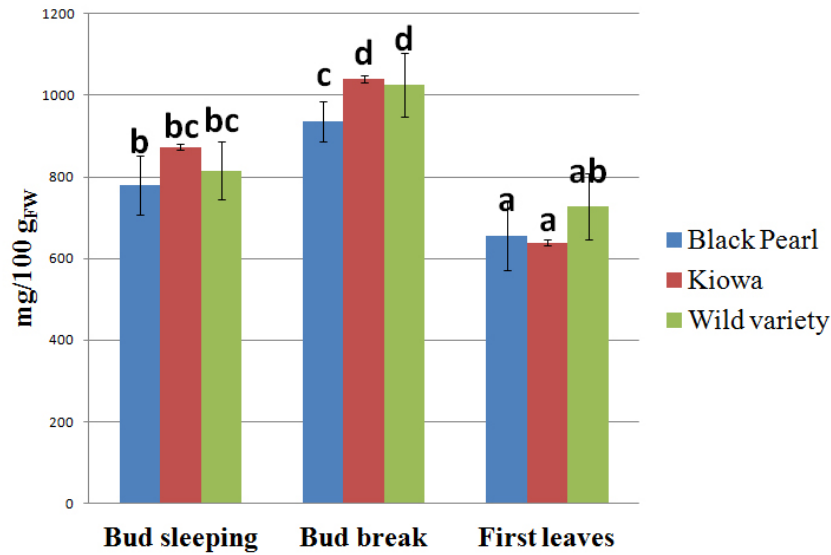
120 Blackcurrant bud-preparations have been identified as herbal products with a high health-  
 121 value (Fig. 1). The second phenological stage (bud break) was the best for the blackcurrant bud  
 122 harvesting because it presented the highest values of bioactive compounds, followed by the first  
 123 step (bud sleeping) and the third one (first leaves). In all the phenological stages, Tenah cultivar  
 124 showed a greater phytochemical content (1527.70 mg/100 g<sub>FW</sub>, bud break) than Rozenthal cultivar  
 125 (1181.11 mg/100 g<sub>FW</sub>, bud break). The blackberry herbal preparations showed a different chemical  
 126 composition with a high antioxidant compound content: bud break was again the best phenological  
 127 stage for the bud harvesting, followed by the first step and third one (Fig. 2). Kiowa cultivar  
 128 (1039.78 mg/100 g<sub>FW</sub>, bud break) and wild variety (1026.73 mg/100 g<sub>FW</sub>, bud break) presented a  
 129 greater total bioactive compound content (TBCC) than Black Pearl cultivar (935.98 mg/100 g<sub>FW</sub>, bud  
 130 break). As reported in similar studies [38], the analysis carried out on commercial bud-products  
 131 highlighted significant statistical differences between species (RC1 vs RRC1 and RC2 vs RRC2), but  
 132 there were not differences between companies (RC1 vs RC2 and RRC1 vs RRC2) (Fig. 3), confirming  
 133 a production supply chain standardized according to the official Pharmacopoeia protocols.



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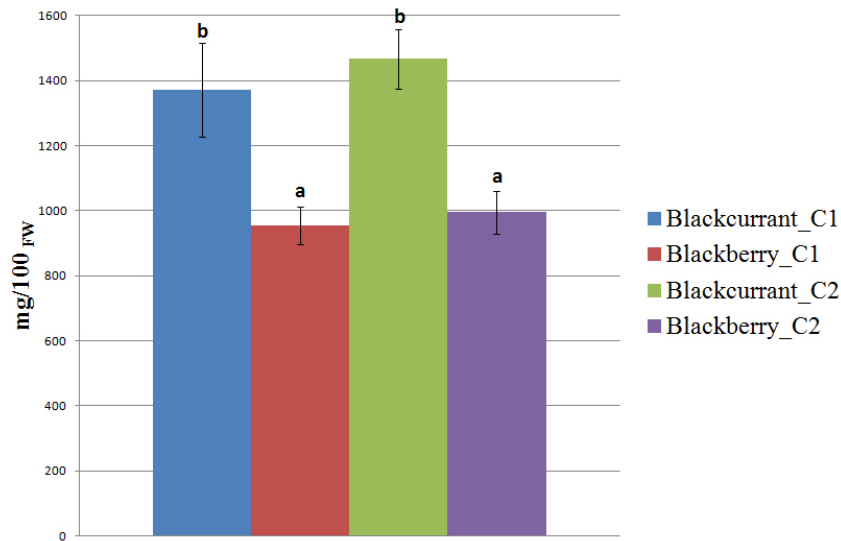
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Fig. 1. Effect of bud phenological stage on the bioactive compound content (TBCC) in final blackcurrant bud-preparations. Different letters for each sample indicate the significant differences at  $P < 0.05$ .



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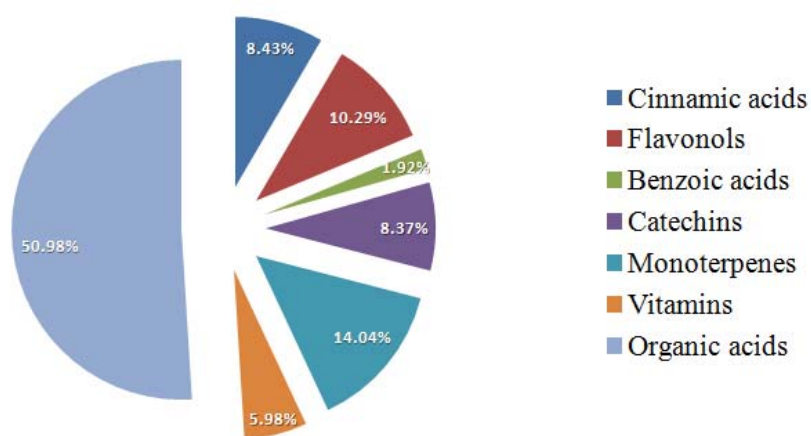
Fig. 2. Effect of bud phenological stage on the bioactive compound content in blackberry final bud-preparations. Different letters for each sample indicate the significant differences at  $P < 0.05$ .



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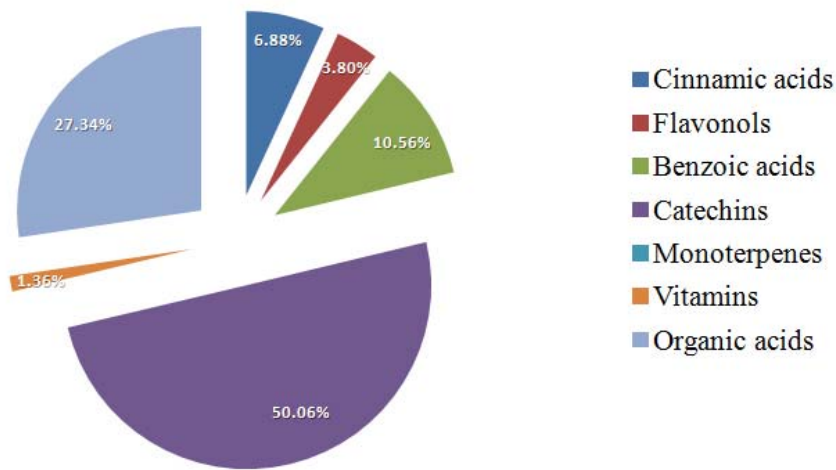
Fig. 3. Total bioactive compound content in commercial bud-preparations. Different letters for each sample indicate the significant differences at  $P < 0.05$ .

144 Bud-preparation phytochemical fingerprint of the selected genotypes was reported: in total, 26  
145 botanicals were evaluated by HPLC/DAD. By single bioactive compound profile, phytochemicals  
146 were grouped into single bioactive classes to evaluate the contribution of each class to total  
147 phytocomplex composition [39]; fingerprint profile showed the prevalence of different bioactive  
148 classes in chemical composition of all the analyzed preparations depending on genotype. In Fig. 4,  
149 the *R. nigrum* bud-preparation phytocomplex (mean values were considered) showed the  
150 prevalence of organic acids (50.98%) and polyphenols (29.39%), followed by monoterpenes (14.04%)  
151 and vitamins (5.98%). In *Rubus* cultivated varieties bud-extracts phytocomplex (Fig. 5), the most  
152 important bioactive class was polyphenols (71.03%), followed by organic acids (27.34%) and  
153 vitamins (1.36%). In blackberry preparations monoterpenes were not detected. Commercial  
154 preparations of the same species from different companies showed similar phytocomplex, while the  
155 differences among species were confirmed according to the previous results obtained on University  
156 lab preparations; moreover, the percentage ratio between bioactive class content (polyphenols,  
157 monoterpenes, organic acids and vitamins) and TBCC confirmed these results (Fig. 6).



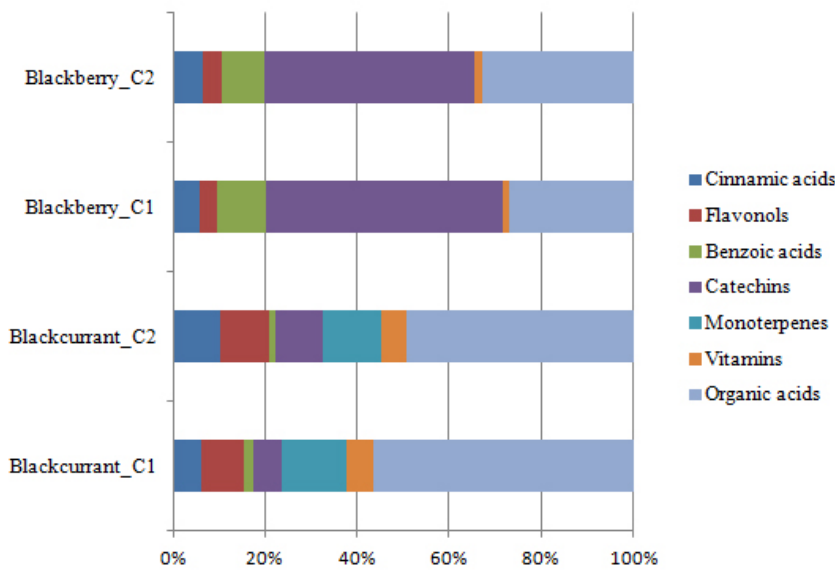
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Fig. 4. Contribution of each bioactive class to blackcurrant total phytocomplex. For the phytocomplex graphical representation, the second phenological stage was selected (bud break). Mean values of all the analyzed genotypes were considered.



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Fig. 5. Contribution of each bioactive class to blackberry total phytochemical complex. For the phytochemical graphical representation, the second phenological stage was selected (bud break). Mean values of all the analyzed genotypes were considered.



166  
167

Fig. 6. Contribution of each bioactive class to total phytochemical complex in commercial bud-preparations.

168 The obtained fingerprints, and relative phytochemicals, were useful for authentication and  
 169 quality control purposes, as shown in other studies [40,41]. Most of the research pointed out that  
 170 the identified antioxidant compounds (polyphenols and vitamins) significantly contribute to the  
 171 total phytochemical complex of herbal preparations [31,42]: the present study confirmed these results,

172 adding as well as the terpenic and organic compounds also significantly contributed to the bud-  
173 preparation phytocomplex, as anti-inflammatory and volatile constituents in herbal preparations.

174 In this study, HPLC–DAD methods were used for fingerprint analysis and component  
175 identification of blackcurrant and blackberry bud-preparations. Comparing with other analytical  
176 studies [5,43], the chromatographic conditions were optimized in order to obtain a fingerprint with  
177 good peak resolution and reasonable analysis time for the separation and quantification of different  
178 bioactive classes in plant material derived-products. These methods could be applied in routine  
179 quality control and standardization of bud-extracts, germplasm evaluation and selection of new  
180 cultivars with high content of biomolecules, and phytochemical fingerprinting of the plant material  
181 to be used in pharmaceutical investigations, in particular avoiding substitutions, changes or  
182 adulterations with other species or synthetic drugs (e.g., sildenafil, diazepam, captopril and  
183 amoxicillin), as shown in other studies [44,45].

184 This study only focused on bud-preparation chemical composition of two berryfruit species, in  
185 order to detect and quantify the most important biologically active classes and single compounds,  
186 but a further quantitative evaluation on the basis of their native structures with NMR or HPLC  
187 coupled to mass spectrometry is necessary.

### 188 3. EXPERIMENTAL SECTION

#### 189 3.1 Plant material

190 University lab preparations and commercial preparations were evaluated. Samples of *Ribes*  
191 *nigrum* L. (buds) and *Rubus* cultivated varieties (sprouts) were picked up in 2014, in three different  
192 phenological stages (bud sleeping, bud break, and first leaves), in two germplasm repositories in  
193 Turin Province (Italy), Grugliasco (*Rubus* cultivated varieties) and San Secondo di Pinerolo (*R.*  
194 *nigrum*). Different genotypes were sampled, in order to test the genotype effect on the final product  
195 chemical composition (blackcurrant: Rozenthal and Tenah; blackberry: Black Pearl, Kiowa and a  
196 wild variety). Buds and sprouts were used fresh to prepare herbal preparations; HPLC samples  
197 were analyzed after being stored for a few days at normal atmosphere (N.A.), at 4°C and 95%  
198 relative humidity (R.H.).

199 Commercial products from two different Italian herbal companies were also analyzed: the  
200 companies are located in San Gregorio di Catania (Catania Province, Company 1), and Predappio  
201 (Forlì-Cesena Province, Company 2). Table 1 shows the genotypes, the sampling times and sites of  
202 analyzed herbal preparations (University and commercial preparations).

203 Table 1. Genotype, sampling time, provenience and identification code of the analyzed bud-  
204 preparations.

<i>University bud-preparations</i>				
Species	Genotype	Year	Germplasm repository	Identification code
<i>Ribes nigrum</i> L.	Rozenthal	2014	San Secondo di Pinerolo, Torino, Italy	RR
	Tenah			RT
<i>Rubus ulmifolius</i> Schott	Black Pearl	2014	Grugliasco, Torino, Italy	RRBP
	Kiowa			RRK
	Wild variety			RRW
<i>Commercial bud-preparations</i>				
Species	Company	Year	Germplasm repository	Identification code
<i>Ribes nigrum</i> L.	Company 1	2013	San Gregorio di Catania, Catania, Italy	RC1
	Company 2		Predappio, Forlì-Cesena, Italy	RC2
<i>Rubus ulmifolius</i> Schott	Company 1	2013	San Gregorio di Catania, Catania, Italy	RRC1
	Company 2		Predappio, Forlì-Cesena, Italy	RRC2

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207 3.2 Solvents and chemicals

208 Ethanol, hydrochloric acid, formic acid and all the standards of organic acids were purchased  
 209 from Fluka Biochemika (Buchs, Switzerland). Analytic HPLC grade acetonitrile, methanol, glycerol,  
 210 all the polyphenolic and terpenic standards, potassium dihydrogen phosphate, 1,2-  
 211 phenylenediamine dihydrochloride (OPDA) and phosphoric acid were purchased from Sigma  
 212 Aldrich. Milli – Q ultrapure water was produced by using Sartorius Stedium Biotech mod. Arrium  
 213 (Sartorius, Goettingen, Germany).

214 Cetyltrimethylammonium bromide (cetrimide), ascorbic and dehydroascorbic acids were  
 215 purchased from Extrasynthèse (Genay, France).

216 3.3 Sample preparation protocols

217 The extraction solution was prepared based on the protocol of bud-preparations detailed in  
 218 the monograph "Homeopathic preparations", quoted in the French Pharmacopoeia, 8<sup>th</sup> edition, 1965  
 219 [46]. The bud mother solutions were prepared using one part of the fresh material (calculated as  
 220 dried weight) in 20 parts of glycerol-ethanol solution (1:1 ratio).

221 Bioactive molecules were extracted through a cold maceration process for 21 days, in a solution  
 222 of ethanol (95%) and glycerol, followed by a first filtration (Whatman Filter Paper, Hardened  
 223 Ashless Circles, 185 mm Ø), a manual pressing and, after two days of decanting, a second filtration  
 224 (Whatman Filter Paper, Hardened Ashless Circles, 185 mm Ø).

225 Macerated preparations were filtered with circular pre-injection filters (0.45 µm,  
 226 polytetrafluoroethylene membrane, PTFE) and then stored for a few days at N.A., 4°C and 95% R.H  
 227 until analysis. All samples were analyzed as such without dilution. For vitamin C analysis, 250 µl of  
 228 OPDA solution (18.8 mmol/L) was added to 750 µl of extracted samples for dehydroascorbic acid  
 229 derivatization into the fluorophore 3-(1,2-dihydroxyethyl)furo(3,4-b)quinoxalina-1-one (DFQ). After  
 230 37 min in the dark the samples were analyzed with a High Performance Liquid Chromatograph  
 231 (HPLC) coupled to a diode array detector (DAD) [10].

232 3.4 Apparatus and chromatographic conditions

233 An Agilent 1200 High Performance Liquid Chromatograph, equipped with a G1311A  
 234 quaternary pump, a manual injection valve, and a 20 µL sample loop, coupled to an Agilent G1315D  
 235 UV-Vis diode array detector (Agilent Technologies, Santa Clara, CA, USA), was used for the  
 236 analysis.

237 Five different chromatographic methods were used to analyze the samples, two for  
 238 polyphenols and one for monoterpenes, organic acids, and vitamins, respectively.

239 In all of the used methods, bioactive compound separation was achieved on a KINETEX – C18  
 240 column (4.6 × 150 mm, 5 µm, Phenomenex, Torrance, CA, USA).

241 Different mobile phases were used for a specific bioactive compound identification and UV  
 242 spectra were recorded at 330 nm (A); 280 nm (B); 210, 220, 235, and 250 (C); 214 nm (D); 261, and 348  
 243 nm (E). The chromatographic conditions of each method were reported in Table 2

244 Table 2. Chromatographic conditions of each used method [10].

Method	Compounds of interest	Stationary phase	Mobile phase	Flow (mL min <sup>-1</sup> )	Time of analysis (min)	Gradient	Wavelength (nm)
A	cinnamic acids, flavonols	KINETEX – C18 column (4.6 × 150 mm, 5 µm)	A: 10 mM KH <sub>2</sub> PO <sub>4</sub> , H <sub>2</sub> PO <sub>4</sub> , pH=2.8 B: CH <sub>3</sub> CN	1.5	20 + 2 (CT)	Yes	330
B	benzoic acids, catechins	KINETEX – C18 column (4.6 × 150 mm, 5 µm)	A: H <sub>2</sub> O:CH <sub>3</sub> OH:HCOOH (2:95:0.1 v/v/v), pH=2.5 B: CH <sub>3</sub> OH:HCOOH (100:0.1 v/v)	0.6	23 + 2 (CT)	Yes	280
C	monoterpenes	KINETEX – C18 column (4.6 × 150 mm, 5 µm)	A: H <sub>2</sub> O B: CH <sub>3</sub> CN	1.0	17 + 3 (CT)	Yes	210, 220, 235, 250
D	organic acids	KINETEX – C18 column (4.6 × 150 mm, 5 µm)	A: 10 mM KH <sub>2</sub> PO <sub>4</sub> , H <sub>2</sub> PO <sub>4</sub> , pH=2.8 B: CH <sub>3</sub> CN	0.6	13 + 2 (CT)	No	214
E	vitamins	KINETEX – C18 column (4.6 × 150 mm, 5 µm)	A: 5 mM C <sub>12</sub> H <sub>21</sub> N(CH <sub>3</sub> ) <sub>3</sub> Br + 30 mM KH <sub>2</sub> PO <sub>4</sub> , pH=2.5 B: CH <sub>3</sub> OH	0.9	10 + 5 (CT)	No	261, 348

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247

248 **5 Identification and quantification of bioactive compounds**

249 All the single compounds were identified in samples by comparison and combination of their  
 250 retention times and UV spectra with those of authentic standards in the same chromatographic  
 251 conditions. The external standard method was used for quantitative determinations. Twenty L  
 252 aliquots of each standard solution were used for HPLC analysis and injections were performed in  
 253 triplicate for each concentration level. For reference compounds, the limit of detection (LOD) and  
 254 the limit of quantification (LOQ) were experimentally determined by HPLC analysis of serial  
 255 dilutions of a standard solution to reach a signal-to-noise (S/N) ratio of 3 and 10, respectively. The  
 256 main analytical method validation data are summarized in Table 3.

257 All samples were analyzed in triplicate, and standard deviations are given in order to assess  
 258 the repeatability of the used methods. Accuracy was checked using the recovery test by spiking  
 259 samples with a solution containing each bioactive compound (10 mg·mL<sup>-1</sup>) to reach 100% of the test  
 260 concentration.

261 Table 3. Identification standard codes, standard t<sub>R</sub>, calibration curve equations, R<sup>2</sup>, calibration curve  
 262 ranges, LOD, and LOQ of the used chromatographic methods for each calibration standard [10].

Class	Standard	Identification code	Retention time (t <sub>R</sub> ) (min)	Wavelength (nm)	Method	Calibration curve equation	R <sup>2</sup>	Calibration curve range (mg L <sup>-1</sup> )	LOD (mg L <sup>-1</sup> )	LOQ (mg L <sup>-1</sup> )
Cinnamic acids	caffeic acid	1	4.54	330	A	y = 59.046x - 300.6	0.996	111 - 500	0.505	1.016
	chlorogenic acid	2	3.89	330	A	y = 13.583x + 760.05	0.984	111 - 500	0.940	3.134
	coumaric acid	3	6.74	330	A	y = 8.9342x + 217.4	0.997	111 - 500	2.907	9.690
	ferulic acid	4	7.99	330	A	y = 3.3963x - 4.9524	1.000	111 - 500	1.245	4.150
Flavonols	hyperoside	5	10.89	330	A	y = 7.1322x - 4.583	0.999	111 - 500	3.372	11.241
	isoquercitrin	6	11.24	330	A	y = 8.3073x + 26.621	0.999	111 - 500	0.252	0.840
	quercetin	7	17.67	330	A	y = 2.4092x - 98.307	0.998	111 - 500	4.055	13.518
	quercitrin	8	13.28	330	A	y = 2.7413x + 5.6367	0.998	111 - 500	5.456	18.187
	rutin	9	12.95	330	A	y = 6.5808x + 30.831	0.999	111 - 500	2.937	9.790
Benzoic acids	ellagic acid	10	18.65	280	B	y = 29.954x + 184.52	0.998	62.5 - 250	0.611	2.035
	gallic acid	11	4.26	280	B	y = 44.996x + 261.86	0.999	62.5 - 250	0.435	1.451
Catechins	catechin	12	10.31	280	B	y = 8.9197x + 66.952	1.000	62.5 - 250	2.343	7.809
	epicatechin	13	14.30	280	B	y = 12.88x - 43.816	0.999	62.5 - 250	0.763	2.543
Monoterpenes	limonene	14	3.35	250	C	y = 0.1894x - 5.420	0.999	125 - 1000	8.654	28.847
	phellandrene	15	3.57	210	C	y = 8.783x - 145.3	0.998	125 - 1000	0.562	1.874
	sabinene	16	3.45	220	C	y = 18.14x - 1004	0.998	125 - 1000	0.094	0.314
	γ-terpinene	17	3.28	235	C	y = 0.4886x - 23.02	0.999	125 - 1000	17.577	58.590
	terpinolene	18	4.83	220	C	y = 26.32x + 876.8	0.999	125 - 1000	0.241	0.804
Organic acids	citric acid	19	5.30	214	D	y = 1.0603x - 22.092	1.000	167 - 1000	18.805	62.682
	malic acid	20	4.05	214	D	y = 1.413x - 80.234	0.998	167 - 1000	13.721	52.404
	oxalic acid	21	7.85	214	D	y = 6.4503x + 6.1503	0.998	167 - 1000	0.550	1.835
	quanic acid	22	3.21	214	D	y = 0.8087x - 38.021	0.998	167 - 1000	26.106	87.021
	succinic acid	23	3.16	214	D	y = 0.9226x - 8.0823	0.995	167 - 1000	7.135	23.783
	tartaric acid	24	5.69	214	D	y = 1.8427x + 15.796	1.000	167 - 1000	8.520	28.401
Vitamins	ascorbic acid	25	4.14	261	E	y = 42.71x + 27.969	0.999	100 - 1000	0.836	2.786
	dehydroascorbic acid	26	3.41	348	E	y = 4.1628x + 140.01	0.999	30 - 300	1.095	3.649

263

264 According to “multi-marker approach” [47], total bioactive compound content (TBCC) was  
 265 determined as the sum of the most important classes of bioactive compounds present in the  
 266 samples. Bioactive markers were selected comparing bud-preparation health-promoting properties  
 267 and the most important compounds in literature with an important role in the positive effects on  
 268 human organism (Fig. 7). Four polyphenolic classes were considered: benzoic acids (ellagic and  
 269 gallic acids), catechins (catechin and epicatechin), cinnamic acids (caffeic, chlorogenic, coumaric,  
 270 and ferulic acids), and flavonols (hyperoside, isoquercitrin, quercetin, quercitrin, and rutin).  
 271 Monoterpenes (limonene, phellandrene, sabinene, γ-terpinene, terpinolene), organic acids (citric,  
 272 malic, oxalic, quinic, succinic, and tartaric acids) and vitamin C (ascorbic and dehydroascorbic  
 273 acids) were also considered to obtain a complete analytical fingerprint. All results were expressed  
 274 as mg per 100 g of fresh weight (FW).

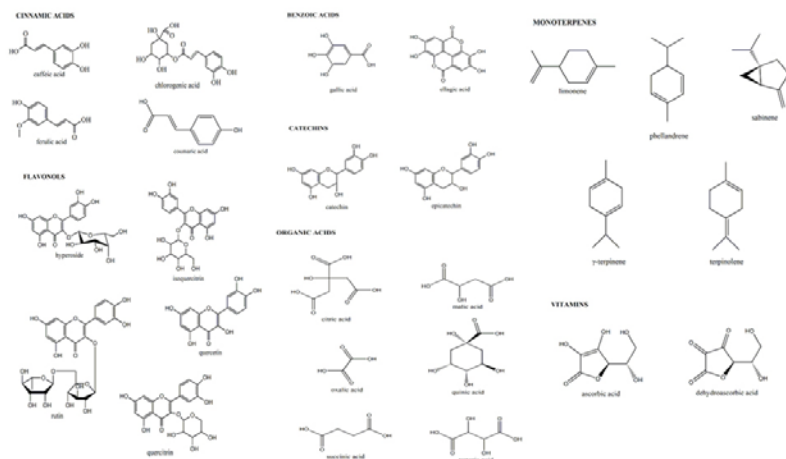


Fig. 7. Chemical structure of the main selected biomarkers.

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### 277 3.6 Statistical Analysis

278 Results were subjected to analysis of variance (ANOVA) test for mean comparison (SPSS 22.0  
279 Software) and HSD Tukey multiple range test ( $P < 0.05$ ).

### 280 4. CONCLUSIONS

281 In this study, *Ribes* and *Rubus* spp. were identified as new sources of natural antioxidants and  
282 other health-promoting compounds for use in herbal products: in particular, the results  
283 demonstrated that these bud-preparations represent a rich source of polyphenolic (catechins and  
284 flavonols) and terpenic compounds and indicated that secondary plant metabolite concentration in  
285 bud preparations highly depends on harvesting time and plant genotype. For this reason, the  
286 concentrations of main bioactive compounds in buds, and consequently in bud-preparations, can be  
287 opportunely defined on the basis of chemical-pharmaceutical, agricultural and environmental  
288 knowledge. The differences in the phytochemical composition of blackcurrant and  
289 blackberry justify the different medical uses of these preparations; in blackcurrant bud-extracts the  
290 most important class was organic acids (50.98%) followed by monoterpenes (14.05%), while in  
291 blackberry preparations the main bioactive classes were catechins (50.06%) and organic acids  
292 (27.34%).

293 The HPLC methods used in this study were simple, sensitive and reliable, and could be used  
294 for the quality evaluation and control of bud-extracts and natural medicines. The results of this  
295 research show that the assessment of chemical composition of the plant-derived products could  
296 help in find out new sources of natural antioxidants and other health-promoting compounds which  
297 could be used as natural medicines, food additives, functional foods and botanical ingredients in  
298 order to develop a new generation of standardized and effect-optimized preparations with high  
299 values of quality and safety.

300 Chemical, genetic and environmental knowledge could be a useful tool for obtaining label  
301 certifications for the valorization of specific genotypes, with high clinical and pharmaceutical value:  
302 chromatographic fingerprinting could be an effective tool for herbal product characterization and  
303 authentication, natural preparation quality control (against contamination and adulteration),  
304 bioactivity evaluation of bud preparations, and standardization of all the supply chain steps.

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