

Investigating in Vitro Amyloid Peptide 1−42 Aggregation: Impact of Higher Molecular Weight Stable Adducts

Angela De Simone, † Marina Naldi, ‡,§ Daniele Tedesco, ‡ Andrea Milelli, † Manuela Bartolini, ‡ Lara Davani,† Darius Widera,[∥] Mark L. Dallas,[∥] and Vincenza Andrisano[*](#page-7-0),[†](#page-7-0)

 † Department for Life Quality Studies, Alma Mater Studiorum Università di Bologna, Rimini 47921, Italy

‡ Department of Pharmacy and Biotechnology, Alma Mater Studiorum Universitàdi Bologna, Bologna 40126, Italy

§ Center for Applied Biomedical Research (C.R.B.A.) S. Orsola-Malpighi Hospital, Bologna 40126, Italy

∥ Reading School of Pharmacy, University of Reading, Reading RG6 6UB, U.K.

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ABSTRACT: The self-assembly of amyloid peptides $(A\beta)$, in particular $A\beta_{1-42}$, into oligomers and fibrils is one of the main pathological events related to Alzheimer's disease. Recent studies have demonstrated the ability of carbon monoxide-releasing molecules (CORMs) to protect neurons and astrocytes from $A\beta_{1-42}$ toxicity. In fact, CORMs are able to carry and release controlled levels of CO and are known to exert a wide range of anti-inflammatory and anti-apoptotic activities at physiologically relevant concentrations. In order to investigate the direct effects of CORMs on $A\beta_{1-42}$, we studied the reactivity of CORM-2 and CORM-3 with $A\beta_{1-42}$ in vitro and the potential inhibition of its aggregation by mass spectrometry (MS), as well as fluorescence and circular dichroism spectroscopies. The application of an electrospray ionization-MS (ESI-MS) method allowed the detection of stable $A\beta_{1-42}/\text{CORMs}$ adducts, involving the addition of the $Ru(CO)_2$ portion of CORMs at histidine

residues on the $A\beta_{1-42}$ skeleton. Moreover, CORMs showed anti-aggregating properties through formation of stable adducts with $A\beta_{1-4}$ as demonstrated by a thioflavin T fluorescence assay and MS analysis. As further proof, comparison of the CD spectra of $A\beta_{1-42}$ recorded in the absence and in the presence of CORM-3 at a 1:1 molar ratio showed the ability of CORM-3 to stabilize the peptide in its soluble, unordered conformation, thereby preventing its misfolding and aggregation. This multimethodological investigation revealed novel interactions between $A\beta_{1-42}$ and CORMs, contributing new insights into the proposed neuroprotective mechanisms mediated by CORMs and disclosing a new strategy to divert amyloid aggregation and toxicity.

1. INTRODUCTION

The aggregated forms of amyloid beta peptide $(A\beta)$ have a significant correlation with a growing number of diseases, including but not limited to neurodegeneration.^{[1](#page-7-0)} Indeed, the assembly of misfolded amyloid peptides into cytotoxic oligomeric and β -sheet-rich fibrillar aggregates^{[2](#page-7-0)} is one of the major pathological events that occur in the progression of Alzheimer's disease $(AD).^{3,4}$ $(AD).^{3,4}$ $(AD).^{3,4}$ $(AD).^{3,4}$ $(AD).^{3,4}$ The synaptotoxicity of A β oligomers,[5](#page-7-0)−[8](#page-7-0) along with their neurotoxicity and proinflammatory effects of $A\beta$ fibrils^{[9](#page-8-0)} make targeting $A\beta$ assembly an interesting therapeutic approach to treat $AD¹⁰$. The effects of Aβs are not restricted to neurons as increasing evidence indicates a modulation of glia physiology.[11](#page-8-0)[−][13](#page-8-0) It has been reported that deposition of Aβs leads to an impairment of astrocytic function 14 and that astrocytes may undergo atrophy and degeneration at the early stages of disease progression in animal models of AD as a result of $A\beta$ exposure.^{[15,16](#page-8-0)} Because of their fundamental role in ionic homoeostasis and cell regeneration, astrocyte dysfunction contributes to brain aging and neurodegeneration. Recently, the use of endogenous molecules to protect neurons from $A\beta_{1-42}$ toxicity by modulation of neuronal or glia processes has been explored. Carbon monoxide (CO) is a well-established gaseous toxic molecule. 17 17 17 Exposure to elevated levels of environmental CO is suggested to promote cognitive decline.^{[18](#page-8-0)} However, recently, CO has received growing attention due to its ability to modulate an array of cell signaling cascades pertinent to neurodegeneration.^{19−[23](#page-8-0)} These studies have used a wide array of reagents to investigate the role for $CO: (1)$ heme oxygenase-1 induction; (2) CO releasing molecules (CORMs); or (3) exposure to CO gas, highlighting a distinct role for both endogenous and exogenous CO. These studies have demonstrated the ability of CORMs to protect both neurons and astrocytes from $A\beta_{1-42}$ toxicity *in vitro*^{[22,23](#page-8-0)} and have

Received: May 24, 2019 Accepted: July 5, 2019 Published: July 18, 2019

highlighted distinct cellular pathways involved in the cytoprotective effects of CORMs. For example, exposure of astrocytes to CO has been reported to result in a reduction of Aβ1−⁴² toxicity via inhibition of NADPH oxidase-derived reactive oxygen species (ROS) production. In contrast, neuronal protection was facilitated by CO suppression of AMP-activated kinase mediated by $A\beta_{1-42}^2$.^{[24](#page-8-0)} Based on these studies and other reports, $25,26$ the opportunity of preventing amyloid-induced cellular degeneration through the use of CO donors or heme oxygenase-1 (HO-1) induction^{[22](#page-8-0),[23](#page-8-0)} deserves further investigation.^{[27](#page-8-0)} In this context, the present work also aimed at assessing additional mechanisms responsible for the reported CORM-mediated reduction of amyloid toxicity in living cells.^{[22](#page-8-0),[23](#page-8-0)} The use of CORMs such as CORM-2 and CORM-3 (Figure 1) precisely suits this purpose. CORMs have

Figure 1. CORM structures. Chemical structures of two widely used CORM molecules, CORM-2 and CORM-3.

been proposed as pharmaceutical agents by Motterlini, Mann, and co-workers in $2002²⁸$ $2002²⁸$ $2002²⁸$ Since then, the transition metal carbonyls, in particular CORM-3 and CORM-2, have been studied in detail.^{[29](#page-8-0)} The biological and therapeutic activity of these compounds have been largely assessed by in vitro, ex vivo, and in vivo studies. $30,31$ $30,31$ Moreover, the water solubility and stability in air of CORM-3 make it more suitable for therapeutic use. Previous studies have indicated that CORM-3 has therapeutic benefits in several animal models for a series of diseases, including rheumatoid arthritis and myocardial infarction. $32,33$ $32,33$ These studies also revealed an important clinical feature of CORM-3; at therapeutic doses, no increase of COHb (CO Hemoglobin) blood levels was detected. Starting from these bases, other studies have been conducted in order to explain the mechanism for the release of CO by CORMs.[34](#page-8-0)[−][38](#page-8-0)

In addition, there is a growing body of evidence indicating the interaction of CORMs with distinct protein substrates.[39](#page-8-0)−[41](#page-8-0) In particular, Santos-Silva and co-workers reported a rapid formation of stable adducts between the His15 residue of lysozyme and the *cis*-Ru(CO)₂ fragment of CORM-3 as the result of the chloride ion, glycinate, and one CO loss (Figure 2).^{[35](#page-8-0)} Silvas et al. demonstrated, by electrospray ionization-MS (ESI-MS) studies, that the Ru carbonyl fragments of a $[Ru(CO)_3Cl_2(1,3-thiazole)]$ species

bind to the His15 residue of lysozyme. 42 The same reactivity was also demonstrated for some Ru-based CORMs with azole ligands.[40](#page-8-0) In both cases, data obtained by ESI-MS experiments were confirmed by crystallographic studies. The collected evidence revealed the tendency of Ru fragments to interact with the N ϵ 2 of His15 of lysozyme. Additional binding sites have been reported to be close to Asp and Arg residues. $40,42$ The same reactivity was also reported for the Ru complex fac- $\left[\text{Ru(CO)}_{3}\text{(Cl}_{2}\text{-}N^{1}\text{-}thz)\right]$ and A β peptide 1–28. Valensin et al. highlighted by 1D NMR the interaction of this complex with the three His residues located in the N-terminal domain of $A\beta$ peptide.^{[43](#page-8-0)}

What makes the study of CORMs interaction with $A\beta$ and the investigation of CORM anti-aggregating properties even more intriguing is the presence of a metal cation in their structure. Indeed, since the discovery and application of the most relevant platinum(II) complex, cis - $[Pt(\mathrm{NH}_3)_2\mathrm{Cl}_2]$, also known as cisplatin, $44,45$ $44,45$ the development of metal complexes addressed to different diseases including neurodegenerative disorders, cancer, diabetes, inflammation, and cardiovascular disease has significantly increased.[46](#page-9-0)−[48](#page-9-0) From an AD perspective, the interest in Aβ-targeted metal complexes as anti-AD agents has increased over the past two decades.^{49–[51](#page-9-0)} This is due to their appealing physiochemical properties and is based on the finding that the amyloid plaques in AD patients are enriched in transition-metal cations such as Cu, Fe, and Zn.^{[52](#page-9-0)−[55](#page-9-0)} The finding that the dyshomeostasis of such metal ions is correlated with AD[56](#page-9-0)−[58](#page-9-0) led to the metal ion hypothesis.[59](#page-9-0),[60](#page-9-0) Indeed, these cations possess a high binding affinity for $A\beta$ and their ability to mediate the aggregation process in vitro has been assessed.^{[57,61](#page-9-0),[62](#page-9-0)} Moreover, they are also implicated in the production of ROS induced by $A\beta$.^{[63,64](#page-9-0)} Many metal complexes have been used in AD as therapeutic, diagnostic, and theranostic agents. The strategies adopted for transition-metal complexes toward modulation of $A\beta$ aggregation are different. Among them, the coordination, oxidation, and hydrolysis of $A\beta$ are the most common.^{[65,66](#page-9-0)} The first metal complexes with anti-aggregating properties were reported by Barnham and co-workers in 2008.^{[50](#page-9-0)} They demonstrated that $Pt^{2+}-1$, 10-phenantroline complexes interacted with the Nterminal domain. The binding of Pt^{2+} to N-terminal histidine residues was shown. This formation of the coordination adduct was able to influence the behavior of the $A\beta$ peptide. Brewer and co-workers studied many complexes containing Pt^{2+} and Ru2+ metal centers.[67](#page-9-0)−[69](#page-9-0) Because of their attractive biological features, ruthenium complexes are considered a valid alternative to platinum-based ones.^{[65](#page-9-0)} More recently, Messori and co-workers presented a Ru^{2+} complex able to protect cortical neurons against $A\beta_{1-42}$ toxicity in an *in vitro* model.⁴⁹ However, it has been shown that most of these complexes possess a higher affinity for fibrils than for oligomers. The fact

Figure 2. CORM-3 protein interactions. Interactions of CORM-3 with lysozyme result in the loss of a chloride ion, glycinate, and one CO ligand, leading to the rapid formation of stable adducts between the protein and the remaining $\text{Ru(CO)}_{2}^{\text{,35}}$ $\text{Ru(CO)}_{2}^{\text{,35}}$ $\text{Ru(CO)}_{2}^{\text{,35}}$

that $A\beta$ oligomers are the most toxic species pushes research toward the discovery of new complexes targeting these species. Based on these premises and to the awareness that one of the major strategies pursued for AD is focused on the stabilization of the $A\beta$ monomer in its native non-amyloidogenic state, $10,70,71$ $10,70,71$ our aim was to explore the mechanism by which CORMs 3 and 2 ([Figure 1](#page-1-0)), or carbon monoxide, directly react with $A\beta_{1-42}$ and stabilize the peptide in its native form, impeding the amyloidogenic conformational transition and formation of toxic assemblies and fibrils. We have previously reported that oxidized $A\beta_{25-35}$ peptide is less prone to aggregation.[72](#page-9-0) The aggregation pathway was previously investigated by our group in an $\overrightarrow{A}\beta_{1-42}$ kinetic aggregation study carried out using a multi-methodological approach.^{[73](#page-9-0)} Therefore, the ability of CO-releasing molecules to directly bind to $Aβ$ _{1−42} and affect $Aβ$ conformational transition and aggregation has been investigated here by mass spectrometry (MS), circular dichroism (CD) spectroscopy, and a thioflavin T (ThT)-based fluorescence assay.

Each technique provides information on the interaction of the $A\beta$ amyloid peptide with metal complexes during the different phases of its aggregation[.72](#page-9-0)[−][76](#page-9-0) Liquid chromatograph−MS (LC−MS) experiments provided evidence for the formation of some stable noncovalent adducts between CORMs and plasma proteins.^{[38](#page-8-0)} ESI-MS is indeed one of the most suitable techniques used to characterize complexes formed by metal compounds and proteins, 77 in particular with the $A\beta$ peptide.^{[78](#page-9-0)-[80](#page-9-0)} Consequently, the main question that we address in this work is if CORMs can show other functions in counteracting amyloid toxicity via a specific reactivity with amyloid in addition to the reported beneficial CO effects mediated by HO-1. Additionally, we investigated if CO could react with $A\beta_{1-42}$ in a similar fashion as oxygen.

2. RESULTS AND DISCUSSION

In order to study the CORMs/ $A\beta_{1-42}$ interaction, we carried out a multi-methodological approach, which provides insights into the stabilizing and anti-aggregating properties of amyloid interacting molecules and allows elucidating their mechanism of action. As $A\beta$ toxicity is related to specific prefibrillary species,⁸¹ it is important to follow the kinetics of the A β assembly. Many compounds are characterized in terms of interaction with fibrils but not with prefibrillary species. 82 Therefore, this multi-methodological approach can give a more comprehensive view of the CORMs/ $A\beta$ interaction. For example, the anti-aggregating properties of myricetin were shown by ThT-fluorescence assay, whereas its ability to prevent structural changes in $A\beta_{1-42}$ was confirmed by CD studies.^{[73,74](#page-9-0)} Moreover, MS techniques allowed monitoring the modifications induced by myricetin on the monomer and the first occurring $A\beta_{1-42}$ self-assembly species.^{[75](#page-9-0)} In brief, persistent level of monomers and the decreased formation of ordered $A\beta_{1-42}$ oligomeric aggregates in the presence of myricetin were shown. In addition, these studies highlighted the oxidation of the peptide at Met35 via formation of a sulfoxide that is less prone to aggregation with a concomitant loss of cytotoxicity and decrease in protein oxidation.^{[75](#page-9-0)} Therefore, we applied a similar multi-methodological approach and used myricetin as a reference inhibitor. The choice of myricetin as the reference inhibitor is due to its proven antiaggregating properties. Moreover, its mechanism of action was well characterized by different studies based on MS and our multi-methodological approaches.^{[72,73](#page-9-0),[75,76](#page-9-0)}

2.1. Evaluation of $A\beta_{1-42}$ /CORM-3 Interaction by MS. Evidence of CORMs protective effects against $A\beta_{1-42}$ toxicity in vitro and capacity to form stable adducts with histidine residues of different proteins³⁵ prompted us to investigate their interaction with $A\beta_{1-42}$ by MS analysis. Following the experimental procedure previously reported by Bartolini et al.,^{[74](#page-9-0)} A β_{1-42} was incubated at 30 °C for 3 h in the absence and in the presence of either CORM-2 or CORM-3 to achieve final CORM/A β_{1-42} molar ratios (MRs) ranging from 0.1 to 10 to gain insights into the reaction of CORMs with the His residues of $A\beta_{1-42}$.

In Figure 3a, the characteristic multicharged mass spectrum of native $A\beta_{1-42}$ is shown. The analysis of the ESI-MS spectra

Figure 3. Mass spectra of $A\beta_{1-42}/\text{CORM}$ assemblies. (Upper panel) (a) $A\beta_{1-42}$ multicharged mass spectrum and (b) $A\beta_{1-42}$ deconvoluted mass spectrum. (Lower panel) (c) $A\beta_{1-42}$ deconvoluted mass spectrum after its incubation with CORM-3 for 3 h at 30 °C (molar ratio CORM-3/A $\beta_{1-42} = 10$).

exposed the generation of different charge states of the monomer. The resulting signals were attributed to $A\beta_{1-42}$ charge states ranging from 2 to 5 ions, the most intense being $[M + 4H]^{4+}$ at 1129.3 m/z , $[M + 5H]^{5+}$ at 903.7 m/z , and $[M]$ + 6H]⁶⁺ at 753.3 m/z (Figure 3a). The deconvoluted MS spectrum of $A\beta_{1-42}$, not treated with CORMs (Figure 3b) shows an intense signal at 4514 Da, which corresponds to the molecular weight of the native form of the peptide. However, when $A\beta_{1-42}$ was incubated with CORM-3 at higher concentration (CORM-3/A $\beta_{1-42} = 10$), new species at higher molecular weights were detected (Figure 3c). The deconvoluted mass spectra revealed the addition of Ru(CO)₂ to A β_{1-42} . In particular, a mass increment of 156 Da for the interaction of $Ru(CO)₂$ to each His residue was detectable, producing signals at 4670, 4826, and 4982 Da, related to the addition of 1, 2, and 3 $Ru(CO)_2$ moieties, respectively. These species derive from the formation of stable adducts between $A\beta_{1-42}$ and 1−3

 $Ru(CO)_2$ groups from CORM-3 (molecular weight of 156 Da). As the primary sequence of $A\beta_{1-42}$ contains three histidine residues and CORMs are known to form stable adducts with this amino acid,^{[35](#page-8-0)} the A $\beta_{1-42}/\text{CORMs}$ reaction may reasonably occur at this level [\(Figure 2](#page-1-0)). The extent of $A\beta_{1-42}/\text{CORMs}$ adducts formation was found to be proportional to CORM concentrations. Indeed, increased mono-, di-, and tri-modified forms of the peptide (Figure 4b,c) were detected at increasing CORM-2 and CORM-3 concentration. Indeed, compared to CORM-3, the disappearance of the native

Figure 4. CORMs/ $A\beta_{1-42}$ adducts abundance as a function of CORMs/A β_{1-42} molar ratio. The relative abundance of A β_{1-42} species as a function of CORM-2 or CORM-3/A β_{1-42} molar ratio is reported in panels a and b, respectively. $A\beta_{1-42}$ (50 μ M) and CORMs at different concentrations (0–500 μ M) were incubated at 30 °C for 3 h and analyzed by ESI-MS. The $A\beta_{1-42}$ species relative abundances were derived from the deconvoluted ESI-MS spectrum.

form of $A\beta_{1-42}$ required a lower CORM-2 concentration (MR = 5 instead of 10; Figure 4b,c). At low CORM molar ratio, only the mono modified form of $A\beta_{1-42}$ is evident, with the native $A\beta_{1-42}$ peptide concomitantly being transformed. By increasing the CORM/A β_{1-42} molar ratio, peptide modification was more pronounced, with the modification of the monohistidine-modified form into bis- histidine- and trishistidine-modified $A\beta_{1-42}$ adducts (Figure 4). In particular, CORM-2 induced a complete disappearance of the native $A\beta_{1-42}$ form and the concomitant formation of $A\beta_{1-42}$ modified forms in which two or three histidine residues are modified. This higher reactivity of CORM-2 can be explained by the fact that two ruthenium moieties are present in the CORM-2 structure, whereas CORM-3 bears only one.

2.2. Identification of $A\beta_{1-42}$ Amino Acids Involved in the Formation of Stable Adducts with CORM-3 and CORM-2. A bottom-up approach was employed to assess the $A\beta_{1-42}$ amino acidic residues involved in the formation of stable adducts with CORM-2 and 3. $A\beta_{1-42}$ was incubated for 3 h at 30 °C in the absence and in the presence of CORMs at final CORM/A β_{1-42} molar ratio of 5 or 10 before digestion with trypsin. Peptides from the tryptic digestion of untreated $A\beta_{1-42}$ were all identified [\(Figure 1,](#page-1-0) [Supporting Information](http://pubs.acs.org/doi/suppl/10.1021/acsomega.9b01531/suppl_file/ao9b01531_si_001.pdf)). Analysis of the tryptic digests, resulting from incubation with CORMs, highlighted modification only at peptide 6−16, independently from the type of CORM and molar ratio. In particular, the mono-modified form of the peptide 6−16 (as dicharged form— $m/z = 747.5$) was detected after incubation with CORM-3 at molar ratio equal to 5 [\(Figure 2](#page-1-0), [Supporting](http://pubs.acs.org/doi/suppl/10.1021/acsomega.9b01531/suppl_file/ao9b01531_si_001.pdf) [Information](http://pubs.acs.org/doi/suppl/10.1021/acsomega.9b01531/suppl_file/ao9b01531_si_001.pdf)). The identity of the adduct was confirmed by the characteristic ruthenium isotope pattern, which perfectly matched that previously reported by Hong and co-workers.⁸ MS/MS analysis of this peptide allowed final identification of residue His6 as the amino acid residue involved in $Ru(CO)_{2}$ binding [\(Figure 3](#page-2-0) [Supporting Information](http://pubs.acs.org/doi/suppl/10.1021/acsomega.9b01531/suppl_file/ao9b01531_si_001.pdf)). This finding confirms the tendency of ruthenium-containing molecules to form adducts with His residues and to interact with binding sites close to Asp and Arg residues as previously reported by others[.40](#page-8-0),[42](#page-8-0),[43](#page-8-0) The identification of the second amino acid residue involved in the formation of the di-adduct was not possible because the di-modification of the peptide drastically impacts the ionization efficiency and significantly reduces signal intensity. The same phenomenon is also the cause of not detecting the tri-modified peptide. However, as the modifications occur at 6−16 peptide containing three histidine residues and according to the data reported in literature,^{[43](#page-8-0)} it is quite reasonable to assume that the second and the third modification involve His 13 and 14.

2.3. Inhibition of A β_{1-42} Aggregation by CORM-3. After assessing the capacity of CORMs to form stable adduct with $A\beta_{1-42}$, their anti-aggregation capacity was evaluated. We have previously developed a reproducible $A\beta_{1-42}$ aggregation protocol, which allows the characterization of different assembly species and a definition of their morphology, molecular weight, and relative abundance.^{[14](#page-8-0)} This information is crucial to avoid confusing outcomes from both aggregation studies and screening of inhibitors. Based on this multi-methodological approach,^{[73](#page-9-0)} the effects of CORM-3 on $A\beta_{1-42}$ aggregation was monitored by different methodologies. ESI-MS was applied for the quantification of monomers; CD spectroscopy was used to obtain information on the secondary structure, $74,76$ $74,76$ $74,76$ and a ThT fluorescence assay was applied to assess fibrils formation.^{[84](#page-10-0)} The use of different techniques

allows for a more comprehensive analysis of increasingly complex interactions involved in prefibrillar species formation during the aggregation process.^{[85](#page-10-0)} Indeed, it was established that $A\beta$ toxicity is related to specific intermediates.⁸¹ In this study, we employed the previously proposed multi-methodological approach to follow the $A\beta_{1-42}$ aggregation process over time in the presence and in the absence of CORM-3 at different concentrations, using myricetin as the reference inhibitor.

2.4. ESI-MS Analysis. ESI-MS has been previously used to highlight the noncovalent interaction of myricetin and other inhibitors with the native peptide.^{[72](#page-9-0),[73](#page-9-0),[75,76](#page-9-0)} Using this approach, it was possible to characterize the inhibitors, determining their potency (IC_{50}) and their capacity to maintain the $A\beta_{1-42}$ in its nonamyloidogenic, soluble monomeric form. In the present study, our aim was to verify whether $A\beta_{1-4}$ /CORMs interaction could favor the stabilization of the nonamyloidogenic soluble form. Hence, an ESI-MSbased approach was exploited for monitoring the decrease of $A\beta_{1-42}$ soluble monomers along with the mono-, di-, and tri- $Ru(CO)_{2}$ -modified monomers formation. In detail, A β_{1-42} (50 μ M) solution was incubated in the presence and in the absence of 50 μ M myricetin, 50 μ M CORM-3, and 250 μ M CORM-3. At selected times, samples were analyzed by ESI-MS upon addition of reserpine (30 μ M) as an internal standard. In a time course experiment, the aggregation was followed by monitoring the ratio between the sum of all $[M + 4H]^{4+}$ monomer species (native, mono, di-, and tri-Ru $(CO)_{2}$ modified) and the internal standard ($I_{\rm A\beta_{1-42}~monomers}/I_{\rm Is}$). The charge state 4 was selected as it is endowed with the highest intensity. As a result of the aggregation process, the signal of the $A\beta_{1-42}$ monomer progressively decreases until it almost disappears in 48 h, when incubated alone (Ctrl sample, Figure 5). Conversely and in agreement with previous reports, 75

Figure 5. Time-dependent inhibition of $A\beta_{1-42}$ aggregation. $I_{\text{A}\beta_{1\rightarrow2} \text{ monomers}}/I_{\text{Is}}$ values after 30 min, 24 and 48 h incubation. $A\beta_{1-42}$ was incubated in the absence (ctrl) and in the presence of myricetin (50 μ M), CORM-3 (50 μ M), and CORM-3 (250 μ M).

myricetin was able to partially prevent monomer inclusion into higher assemblies, slowing down the aggregation process. Interestingly, CORM-3 was also able to interfere with amyloid aggregation (Figure 5).

It is noteworthy that the inhibitory activity of CORM-3 is higher at lower concentrations (1:1 molar ratio). This effect is further elucidated in Figure 6, where the $A\beta_{1-42}$ relative abundance in the presence of CORM-3 at 5:1 and 1:1 ratio is shown in the time course experiment. The $A\beta_{1-42}$ in its native form is not detectable after 24 h, when incubated in the presence of CORM-3 at higher concentration. In contrast, at

Figure 6. Time-dependent disappearance of $A\beta_{1-42}$ monomer in the presence of CORM-3. Relative abundance of native $A\beta_{1-42}$ monomer measured after incubation with CORM-3 at 50 and 250 μ M is reported ranging from 30 min to 48 h.

1:1 molar ratio, CORM-3 seems to have an increased stabilizing effect on the $A\beta_{1-42}$ peptide in its soluble form, as its signal is still detectable after 48 h. To make outcomes trustable, considering the intrinsic variability of an aggregation process, data were collected in duplicate from two independent experiments carried out with different batches of the $A\beta_{1-42}$ peptide. Future work could look to exploit this chemical insight into biological settings to address the physiological relevance of our observations. This could look to exploit human pluripotent stem cells to maximize the translation aspects^{[86](#page-10-0)} and additional *in vivo* use of transgenic rodent models^{[87](#page-10-0)} could look to provide insight into CORMs effects on amyloidogenesis.

2.5. ThT Fluorescent Analysis. The selectivity of ThT binding for β -sheet structures suggests that this assay can prove the ability of compounds to interfere with fibril formation.^{[84](#page-10-0)} $A\beta_{1-42}$ (50 µM) samples were incubated at room temperature with different amounts of CORM-3 to achieve final CORM-3/ $A\beta_{1-42}$ MRs of 0.5, 1.0, and 5.0. After 48 h incubation, the samples were diluted with glycine−NaOH buffer (50 mM, pH 8.5) containing ThT $(1.5 \mu M)$. Fluorescence emission intensity was monitored at 490 nm ($\lambda_{\rm exc}$ = 446 nm) for 300 s. Fluorescence intensities (IF) at 300 s were averaged after subtracting the background fluorescence of 1.5 μ M ThT solution and of the tested compound. Inhibition of fibril formation is expressed as the percent decrease of fluorescence in comparison with the $A\beta_{1-42}$ control sample. As shown in Figure 7, CORM-3 at 25 μ M strongly inhibited the formation of $A\beta_{1-42}$ fibrils to an extent similar to that by myricetin but at

Figure 7. Inhibition of $A\beta_{1-42}$ aggregation by ThT fluorescence assay. Inhibition of fibrils formation obtained in the presence of myricetin 50 μM or CORM-3 at different concentrations is expressed as percentage of fluorescence signal recorded in the presence and in the absence of the inhibitor.

Figure 8. CD spectra of $A\beta_{1-42}$ samples at different times after sample preparation. (a) $A\beta_{1-42}$ in the absence of CORM-3. (b) $A\beta_{1-42}$ in the presence of CORM-3 at 1:1 molar ratio. (c) $A\beta_{1-42}$ in the presence of excess CORM-3 at 5:1 molar ratio.

a 2 times lower concentration. In agreement with the MS data ([Figure 5](#page-4-0)), the inhibitory effect was more pronounced at the lowest CORM-3 concentration (lower IF values) at which the extent of $A\beta$ modification by CORM-3 is lower. This could be explained considering that different degrees of modification could lead to different effects on amyloid aggregation.

2.6. CD Analysis. Misfolding of $A\beta_{1-42}$ is widely recognized as the earliest step of amyloid aggregation. In order to evaluate the inhibitory effect of CORM-3 on the formation of amyloid aggregates, the change of the $A\beta_{1-42}$ secondary structure was monitored over 50 h by CD spectroscopy^{[74](#page-9-0)} (Figures 8 and 9). The CD spectra of $A\beta_{1-42}$

Figure 9. Kinetics of $A\beta_{1-42}$ misfolding as monitored by CD spectroscopy. Samples: $A\beta_{1-42}$ in the absence of CORM-3 (circles, solid line); $A\beta_{1-42}$ in the presence of CORM-3 at 1:1 molar ratio (squares, dashed line). $A\beta_{1-42}$ in the presence of excess CORM-3 at 5:1 molar ratio (diamonds, dotted line).

(Figure 8) show a clear transition from a prevalently unordered conformation, characterized by two weak negative bands at around 205 and 230 nm, to a β -strand structure, characterized by a stronger negative band centered at 218 nm. Based on this observation, the conformational change was monitored using the difference between the CD signals at 205 nm (unordered) and 218 nm (β -strand) as a function of time (Figure 9). Under the used experimental conditions, the misfolding of $A\beta_{1-42}$ is complete in 48 h, with the mid-transition point occurring at 23.6 h.

CORM-3 strongly interferes with the $A\beta_{1-42}$ folding process. The CD spectra of the $A\beta_{1-42}/\text{CORM-3}$ mixture at 1:1 molar ratio (Figure 8b) show a perturbation of the electronic properties of the peptide due to the formation of stable adducts between CORM-3 and a single histidine residue of $A\beta_{1-42}$. The spectroscopic signature of β -strand structures, however, was not observed throughout the considered time frame, indicating that the conformational change was fully inhibited (Figure 9). On the other hand, the formation of double and triple $A\beta_{1-42}/\text{CORM-3}$ adducts in the presence of a 5:1 molar excess of CORM-3 (Figure 8c) induced a conformational change of $A\beta_{1-42}$ toward a β -strand-like arrangement which, nevertheless, did not evolve into an extensive amount of misfolded peptide (Figure 9). This interpretation of CD data is supported by the relative abundance of $A\beta_{1-42}/\text{CORM-3}$ adducts at different times, as shown by the ESI-MS analysis and by the ThT fluorescence assay. Together, this suggests that the inhibition of amyloid aggregation is highest when the interaction of CORM-3 with $A\beta_{1-42}$ involves a single histidine residue. The results obtained via $A\beta_{1-42}$ tryptic digestion confirmed the hypothesis that His6 is the first to be involved by CORM modification.

3. METHODS

3.1. Materials. 1,1,1,3,3,3-Hexafluoro-2-propanol, dimethyl sulfoxide (DMSO), methanol, and acetonitrile (CH_3CN) (Chromasolv) were obtained from Sigma-Aldrich (Milan, Italy). To prepare buffer solutions, potassium dihydrogen phosphate, dipotassium hydrogen phosphate trihydrate, glycine, sodium carbonate, sodium hydroxide, and sodium chloride (Sigma-Aldrich, Milan, Italy) of analysis quality were used. Human $A\beta_{1-42}$ lyophilized powder was purchased from Bachem (AG, Switzerland). Reserpine, myricetin (Myr), CORM-3 and CORM-2, trypsin, and ThT were obtained from Sigma-Aldrich (Milan, Italy). Purified water from Milli-RX system (Millipore, Milford, MA) was used to prepare buffers and standard solutions. Nitrocellulose (0.22 μ m) and nylon $(0.20 \mu m)$ membrane filters (Millipore, Carrigtwohill, Ireland B.V.) were employed to filter buffers and solutions. CORM-3 and CORM-2 stock solutions were obtained by dissolving the compounds in water or DMSO, respectively, in order to get the 100mM starting concentration. Myricetin was solubilized in DMSO at a stock concentration of 1 mg/mL. All compounds were from Sigma-Aldrich (Milan, Italy).

3.2. A β_{1-42} **Preparation.** Following the previously published procedure,^{[73](#page-9-0),[74](#page-9-0)} 1 mg of A β_{1-42} lyophilized powder was pretreated overnight with 1400 μ L of HFIP, portioned, and stored at −20 °C after solvent evaporation.

3.3. Characterization of $A\beta_{1-42}$ -CORMs Adducts. An $A\beta_{1-42}$ aliquot (corresponding to 0.0368 μ mol) was solubilized in 69.5 μ L of a freshly prepared mixture consisting of CH₃CN/ 300 μ M Na₂CO₃/250 mM NaOH (48.3/48.3/3.4, v/v/v) to obtain a 500 μ M stock solution. CORM-2 100 mM stock

solution was prepared in DMSO, whereas the CORM-3 100 mM stock solution was prepared in water. Stock solutions of the CORMs were kept at −20 °C before use.

To study the formation of stable adducts between $A\beta_{1-42}$ and CORM molecules, 3 μ L of the A β_{1-42} stock solution was diluted with 27 μ L of 10 mM phosphate buffer pH 7.7 containing 11 mM NaCl, in the absence and in the presence of CORM-2 or CORM-3 at 5.50, 13.7, 27.5, 55.0, 110, 275, and 550 μ M concentrations to achieve final CORM/A β_{1-42} MR equal to 0.0, 0.1, 0.25, 0.5, 1.0, 2.0, 5.0, and 10, respectively. Samples were incubated at 30 °C for 3 h and finally diluted 1:1 with water before the LC−MS analysis. Experiments were performed in duplicate.

3.4. Inhibition Studies. 3.4.1. MS-Based Assay. $A\beta_{1-42}$ stock solution was diluted 1:10 with 10 mM phosphate buffer pH 7.7 containing NaCl 11 mM, in the absence and in the presence of CORM-3 at 55.0 and 275 μ M concentrations (to achieve the final CORM-3/A β_{1-42} MR equals to 0.0, 1.0, and 5.0, respectively) and in the presence of 55.5 μ M Myr (final Myr/A β_{1-42} MR 1: 1). Samples were incubated at room temperature (RT) and, at selected times, 10 μ L were diluted 1:1 with reserpine solution (30 μ M in water/MeOH, 50/50, v/ v) employed as the internal standard. The analysis was performed by the LC−MS analysis as reported in [Section 2.5](#page-4-0). Two independent experiments, each performed in duplicate, were carried out using two different batches of $A\beta_{1-42}$.

3.4.2. ThT-Based Fluorometric Assay. $A\beta_{1-42}$ stock solution was diluted 1:10 with 10 mM phosphate buffer pH 7.7 containing 11 mM NaCl, in the absence or presence of CORM-3 at 27.5, 55.0, and 275 μ M concentration to achieve the final CORM-3/A β_{1-42} MR equal to 0.0, 0.5, 1.0, and 5.0, respectively. Samples were incubated at RT for 48 h and finally diluted with the glycine−NaOH buffer (50 mM, pH 8.5) containing ThT (1.5 μ M) to achieve the final volume of 2.0 mL. Fluorescence emission was monitored by a Jasco FP-6200 spectrofluorometer (Jasco, Tokyo, Japan) using a 3 mL quartz cell. For each sample, the fluorescence emission signal was monitored at 490 nm (λ_{ex} = 446 nm) with excitation and emission slits of 2 nm bandwidth. A time scan was performed, and the fluorescence intensity values at the plateau (300 s) were averaged after subtracting the background fluorescence from 1.5 μ M ThT.

3.4.3. LC−MS Analysis. LC−MS analyses were performed by an Agilent 1200 Series (Walbronn, Germany) coupled with an ESI-Q-ToF mass spectrometer equipped with a Z-spray ion source (Micromass, Manchester, UK). Flow injection analyses were performed by employing water/acetonitrile/FA (70/30/ 0.1; $v/v/v$) as the mobile phase at the flow rate of 0.1 mL/min. The injection volume was $5 \mu L$. The capillary voltage was set at 3000 V, the cone voltage was 40 V, the capillary temperature was 100 °C, while the desolvation temperature was 300 °C. Mass spectra were recorded in total ion current (TIC), within 1000 and 2000 m/z , in positive polarity. The A β_{1-42} baselinesubtracted spectrum (m/z 1100−1700) was deconvoluted onto a true mass scale using the maximum entropy (MaxEnt1)-based software supplied with MassLynx software. The output parameters were mass range: 4100−5200 Da and resolution: 2 Da/channel. The uniform Gaussian model was used, with 0.63 Da width at half height. The $A\beta_{1-42}$ (alone or forming a complex with CORMs) relative abundance was calculated by dividing the corresponding form intensity by the sum of all forms intensities and multiplying them by 100. Data were analyzed by Excel.

3.4.4. LC-ESI-MS/MS Analysis. A 3 μ L aliquot of A β_{1-42} stock solution (500 μ M) was diluted ten folds with 10 mM phosphate buffer pH 7.7 containing 11 mM NaCl, in the absence and in the presence of CORM-2 or CORM-3 to achieve final CORM/A β_{1-42} MR equal to 5.0 and 10. Samples were incubated for 3 h at 30 °C, then 1 μ L of trypsin (1 μ g/ μ L; Sigma T1426) was added and samples were incubated overnight at 37 °C to allow peptide digestion. A β_{1-42} tryptic digest (10 μ L), corresponding to 485 pmol, was analyzed by using an Agilent 1100 Series system (Walbronn, Germany). Analyses were performed on a C18 column (Aeris peptide XB-C18; 150 \times 2.1 mm; 3.5 μ m; Phenomenex). Mobile phases A [water/acetonitrile/FA $(99/1/0.1, v/v/v)$] and B [water/ acetonitrile/FA $(1/99/0.1, v/v/v)$] were used to develop a gradient. The solvent gradient was set as follows: A−B from $(98:8, v/v)$ to $(40:60, v/v)$ in 20 min; $(40:60, v/v)$ for 2 min. The column was equilibrated with the mobile phase composition of the starting conditions for 10 min before the next injection. MS analysis was performed on the Q-ToF Micro hybrid analyzer (Micromass, Manchester, UK) with a Zspray ion source. The ESI-Q-ToF source temperature was set at 100 °C, the capillary voltage at 3.0 kV, and the cone voltage at 35 V. Peptide ions within a m/z 400−1700 survey scan mass range were analyzed for subsequent fragmentation. 2^{+} , 3^{+} , and 4⁺ charged ions exceeding a threshold abundance (TIC value: 10 counts/s) were selected for MS/MS analyses. From a single survey scan, 4 ions were selected for subsequent fragmentation. Scan returns to mass survey mode when the ion intensity falls below 5 counts/s or after 8 s. Scan time was 1 s for the parent ion and 1 s for the MS/MS ions. The collision energy was selected using charge state recognition.

3.4.5. CD Analysis. CD measurements were carried out at 25 °C in the 260−200 nm spectral range on a Jasco (Tokyo, Japan) J-810 spectropolarimeter equipped with a PTC-423S Peltier-type temperature control system, using QS quartz cells (Hellma Italia, Milan, Italy) with a 0.1 cm path length, a 2 nm spectral bandwidth, a 0.5 nm data interval, a 20 nm min[−]¹ scanning speed, and a 2 s data integration time. $A\beta_{1-42}$ samples (50 μ M, 200 μ L final volume), either in the absence or in the presence of CORM-3 at both 1 and 5 MR, were prepared as previously described. The CD spectra of all samples were measured at different times after preparation (up to 52 h) to follow the time evolution of the secondary structure of $A\beta_{1-42}$ and evaluate the effect of CORM-3 on the misfolding process. Baseline correction was performed by subtracting the spectral contribution of phosphate buffer (8.7 mM) containing NaCl (10 mM) , Na_2CO_3 (14.5 mM) , NaOH (0.85 mM) , and acetonitrile $(8.2\%, v/v)$; CORM-3 was not included in the blank solution, as it shows no CD signal in the spectral range considered in the analysis. Solvent-corrected CD spectra were then converted to molar units per residue $(\Delta \varepsilon_{\rm res} , M^{-1} \text{ cm}^{-1})$ and plotted using the Bezier smoothing algorithm provided by the Gnuplot software (version 5.2.2, [http://gnuplot.](http://gnuplot.sourceforge.net) [sourceforge.net\)](http://gnuplot.sourceforge.net). The conformational change of $A\beta_{1-42}$ was monitored by plotting the difference between the unsmoothed CD signals at 205 and 218 nm ($\Delta \varepsilon_{res,205}$ – $\Delta \varepsilon_{res,218}$) as a function of time.

4. CONCLUSIONS

The applied multi-methodological approach provides a detailed analysis of the in vitro $A\beta_{1-42}$ kinetics by detailing the formation of diverse assembly species. Combination of ThT assay, ESI-MS analysis, and CD studies grant reliable information on the overall fibrilization process as well as the identification of aggregation inhibitors and the nature of this inhibition (CD or ESI-MS).

Specifically, the ESI-MS data demonstrated that CORM-3 and CORM-2 directly interact with $A\beta_{1-42}$, producing stable soluble adducts. This likely occurs through histidine modification via the addition of the $Ru(CO)_2$ moiety. Indeed, the results obtained by the tryptic digestion experiment confirmed the hypothesis that His6 is the first His residue to be involved in Aβ modification by studied CORMs.

By varying the molar ratio, incubation time and type of CORM, the extent of $A\beta_{1-42}$ modification changed. CORM-2, possessing two Ru atoms per molecule, was effective in modifying $A\beta_{1-42}$ at a lower molar ratio than CORM-3. The higher reactivity highlighted for CORM-2 is certainly due to the different stoichiometry of the beta amyloid: metal reaction. For CORM-2, this rate is twice that for CORM-3. Moreover, Kumar and co-workers reported a much higher binding affinity of the binuclear complex, $[(bpy)_2Ru^{2+} (dpp)Pt^{2+}Cl_2]^{2+}$ instead of the mononuclear $[(\text{dpp})\text{Pt}^{2+}\text{Cl}_2]$ toward $\text{A}\beta$.^{[51](#page-9-0)} The results revealed the mono histidine-modified $A\beta_{1-42}$ to be more soluble and less prone to aggregate than the double- or triplemodified $A\beta_{1-42}$, implying that the higher stabilizing effect is reached at lower $A\beta_{1-42}/CORM-3$ molar ratio. CD studies highlighted that, in the mono-modified form, the β -strand conformational change is fully inhibited. On the other hand, the formation of double and triple $A\beta_{1-42}/\text{CORM-3}$ adducts in the presence of a 1:5 molar excess of CORM-3 induces a conformational change of $A\beta_{1-42}$ toward a β -strand-like arrangement which, nevertheless, does not evolve into an extensive misfolding of the peptide. This interpretation of CD data is supported by the relative abundance of $A\beta_{1-42}/\text{CORM}$ -3 adducts at different times, as observed by ESI-MS analysis, and by a ThT fluorescence assay, suggesting that the inhibition of amyloid aggregation is the highest when the interaction of CORM-3 with $A\beta_{1-42}$ involves a single histidine residue.

Therefore, a novel mechanism of action of the CORMs was determined with reference to their capacity to create some stable adducts with $A\beta_{1-42}$ amino acidic chain.

CORM-3 emerged as a promising inhibitory agent toward $A\beta_{1-42}$ aggregation. MS and ThT studies also supported the identification of the optimal CORM-3/A β_{1-42} ratio for the best inhibitory effect.

This study contributes to the evaluation of the spectrum of activities exerted by CORM-3. In terms of therapeutic potential, the highlighted antiaggregating properties nicely complement the already known neuroprotective and anti-inflammatory properties of CORM-3.^{25,26,[88,89](#page-10-0)} Therefore, we can use these findings as a further potential mechanism explaining the CORMs-mediated reduction of $A\beta$ toxicity previously reported in vitro and additionally in vivo. Furthermore, the fact that CORM-3 does not increase CO levels in $vivo^{90}$ $vivo^{90}$ $vivo^{90}$ and that the CO trapped by hemoglobin in therapeutic conditions is below the toxicity threshold (in humans, this threshold is close to 10% COHb)^{[91](#page-10-0)} make these molecules appealing for further developments.

Taken together, the outcomes of this study open up new avenues to explore the potential of CORMs to inhibit aggregation of other disease-related peptides, such as alpha synuclein.⁹²

■ ASSOCIATED CONTENT

S Supporting Information

The Supporting Information is available free of charge on the [ACS Publications website](http://pubs.acs.org) at DOI: [10.1021/acsome](http://pubs.acs.org/doi/abs/10.1021/acsomega.9b01531)[ga.9b01531](http://pubs.acs.org/doi/abs/10.1021/acsomega.9b01531).

Method and results for the identification of $A\beta_{1-42}$ amino acids involved in the formation of stable adducts with CORM-3 and CORM-2 and overlaid time course fluorescence signals obtained for $A\beta_{1-42}$ samples in thioflavin T-based fluorometric assay ([PDF\)](http://pubs.acs.org/doi/suppl/10.1021/acsomega.9b01531/suppl_file/ao9b01531_si_001.pdf)

E AUTHOR INFORMATION

Corresponding Author

*E-mail: Vincenza.andrisano@unibo.it.

ORCID[®]

Andrea Milelli: [0000-0003-2285-7403](http://orcid.org/0000-0003-2285-7403)

Vincenza Andrisano: [0000-0003-4396-1904](http://orcid.org/0000-0003-4396-1904)

Notes

The authors declare no competing financial interest.

ACKNOWLEDGMENTS

This work was funded in part through an Alzheimer's Association Research Grant to MD (AARG-16-440031). V.A. is grateful for financial support from the University of Bologna (RFO funds).

■ ABBREVIATIONS

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